

**VANATAB DM- dextromethorphan hbr, guaifenesin, phenylephrine hcl tablet
GM Pharmaceuticals, Inc.**

VanaTab™ DM

Active Ingredients

Each caplet contains:

Dextromethorphan HBr 9 mg

Guaifenesin 198 mg

Phenylephrine HCl 5 mg

Purpose

Cough Suppressant

Expectorant

Nasal Decongestant

Uses

- helps loosen phlegm (mucus) and thin bronchial secretions to rid the bronchial passageways of bothersome mucus and make coughs more productive
- temporarily relieves:
- cough due to minor throat and bronchial irritation as may occur with the common cold or inhaled irritants
- the intensity of coughing
- the impulse to cough to help you get to sleep
- nasal congestion due to a cold

Warnings

Do not use if you are now taking a prescription monoamine oxidase inhibitor (MAOI) (certain drugs for depression, psychiatric, or emotional conditions, or Parkinson's disease), or for 2 weeks after stopping the MAOI drug. If you do not know if your prescription drug contains an MAOI, ask a doctor or pharmacist before taking this product

Ask a doctor before use if you have

- heart disease
- high blood pressure
- thyroid disease
- diabetes
- a cough that lasts or is chronic such as occurs with smoking
- asthma, or emphysema
- a cough that occurs with too much phlegm (mucus)

- difficulty in urination due to enlargement of the prostate gland

When using this product do not use more than directed

Stop use and ask a doctor if:

- nervousness, dizziness or sleeplessness occurs
- symptoms do not improve within 7 days or are accompanied by a fever, rash or persistent headache. A persistent cough may be a sign of a serious condition.
- new symptoms occur

If pregnant or breast-feeding, ask a health professional before use.

Keep out of reach of children.

In case of overdose, get medical help or contact a Poison Control Center right away.

Directions

- do not take more than 6 doses in any 24-hour period
- dose as follows or as directed by a doctor

adults and children 12 years of age and over:	2 caplets every 4 hours
children 6 to under 12 years of age:	1 caplet every 4 hours
children under 6 years of age:	consult a doctor

Other information

- Store at 68-77 °F (20-25 °C).

Inactive Ingredients

croscarmellose sodium, magnesium stearate, menthol, microcrystalline cellulose, polyethylene glycol, polysorbate, polyvinyl alcohol, pregelatinized starch, silicon dioxide, talc

Questions or Comments?

Call 1-888-535-0305 9 a.m. - 5 p.m. CST.

Distributed by:

GM Pharmaceuticals

Arlington, TX 76015

Tamper evident by foil seal under cap. Do not use if foil seal is broken or missing.

NDC 58809-198-60

LIFT HERE FOR DRUG FACTS

Drug Facts

Active Ingredients (in each tablet)	Purpose
Dextromethorphan HBr 9 mg.....	Cough suppressant
Guaifenesin 198 mg.....	Expectorant
Phenylephrine HCl 5 mg.....	Nasal decongestant

Uses

- helps loosen phlegm (mucus) and thin bronchial secretions to rid the bronchial passageways of bothersome mucus and make coughs more productive
- temporarily relieves:
 - cough due to minor throat and bronchial irritation as may occur with the common cold or inhaled irritants
 - the intensity of coughing
 - nasal congestion due to a cold

GM Pharmaceuticals, Inc.
Distributed by: GM Pharmaceuticals, Inc. Arlington, TX 76015

VanaTab DM

Each tablet contains:

Dextromethorphan HBr	9 mg
Guaifenesin	198 mg
Phenylephrine HCl	5 mg

**Cough Suppressant • Expectorant
Nasal Decongestant**

60 Tablets Dye, Gluten, and Sugar Free



Drug Facts (continued)

Warnings

- Do not exceed recommended dosage.
- Do not use this product if you are now taking a prescription monoamine oxidase inhibitor (MAOI) (certain drugs for depression, psychiatric, or emotional conditions, or Parkinson's disease), or for 2 weeks after stopping the MAOI drug. If you do not know if your prescription drug contains an MAOI, ask a doctor or pharmacist before taking this product.
- Ask a doctor before use if you have
 - heart disease
 - high blood pressure
 - thyroid disease
 - diabetes
- a cough that lasts or is chronic such as occurs with smoking, asthma, chronic bronchitis, or emphysema
- a cough with too much phlegm (mucus)
- trouble urinating due to an enlarged prostate gland
- Stop use and ask a doctor if
 - nervousness, dizziness, or sleeplessness occurs
 - symptoms do not improve within 7 days or are accompanied by a fever, rash or persistent headache. A persistent cough may be a sign of a serious condition.
 - new symptoms occur
- If pregnant or breast-feeding, ask a health professional before use. Keep out of reach of children. In case of overdose, get medical help or contact a Poison Control Center right away.

Directions

- do not take more than 6 doses in any 24-hour period
- do as follows or as directed by a doctor

adults and children 12 years and over:	2 tablets every 4 hours
children 6 to under 12 years of age:	1 tablet every 4 hours
children under 6 years:	consult a doctor.

Other information

- store at room temperature 20° to 30°C (68° to 86°F) with permitted excursions of 15° to 30°C (59° to 86°F)

Inactive ingredients croscarmellose sodium, magnesium stearate, menthol, microcrystalline cellulose, polyethylene glycol, polyorbital, polyvinyl alcohol, pregelatinized starch, silicon dioxide, talc

Questions? Call 1-888-535-0305 9 a.m. - 5 p.m.

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VANATAB DM

dextromethorphan hbr, guaifenesin, phenylephrine hcl tablet

Product Information

Product Type	HUMAN OTC DRUG	Item Code (Source)	NDC:58809-198
Route of Administration	ORAL		

Active Ingredient/Active Moiety

Ingredient Name	Basis of Strength	Strength
GUAIFENESIN (UNII: 495W7451VQ) (GUAIFENESIN - UNII:495W7451VQ)	GUAIFENESIN	198 mg
DEXTROMETHORPHAN HYDROBROMIDE (UNII: 9D2RTI9KYH) (DEXTROMETHORPHAN - UNII:7355X3ROTS)	DEXTROMETHORPHAN HYDROBROMIDE	9 mg
PHENYLEPHRINE HYDROCHLORIDE (UNII: 04JA59TNSJ) (PHENYLEPHRINE - UNII:1WS297W6MV)	PHENYLEPHRINE HYDROCHLORIDE	5 mg

Inactive Ingredients

Ingredient Name	Strength
POLYSORBATE 20 (UNII: 7T1F30V5YH)	
MAGNESIUM STEARATE (UNII: 70097M6I30)	
POLYETHYLENE GLYCOL, UNSPECIFIED (UNII: 3WJQ0SDW1A)	

POLYVINYL ALCOHOL, UNSPECIFIED (UNII: 532B59J990)	
STARCH, PREGELATINIZED CORN (UNII: O8232NY3SJ)	
SILICON DIOXIDE (UNII: ETJ7Z6XBU4)	
TALC (UNII: 7SEV7J4R1U)	
CROSCARMELLOSE SODIUM (UNII: M28OL1HH48)	
MENTHOL 1-PROPYLENE GLYCOL CARBONATE, (-)- (UNII: 2WL8FX4EEZ)	
MICROCRYSTALLINE CELLULOSE (UNII: OP1R32D61U)	

Product Characteristics

Color	white (white/off white)	Score	no score
Shape	OVAL	Size	15mm
Flavor		Imprint Code	19
Contains			

Packaging

#	Item Code	Package Description	Marketing Start Date	Marketing End Date
1	NDC:58809-198-60	60 in 1 BOTTLE, PLASTIC; Type 0: Not a Combination Product	03/01/2017	

Marketing Information

Marketing Category	Application Number or Monograph Citation	Marketing Start Date	Marketing End Date
OTC Monograph Drug	M012	03/01/2017	

Labeler - GM Pharmaceuticals, Inc. (793000860)

Revised: 1/2024

GM Pharmaceuticals, Inc.