PAIN RELIEF PM- acetaminophen and diphenhydramine citrate tablet, film coated
Better Living Brands, LLC

Disclaimer: Most OTC drugs are not reviewed and approved by FDA, however they may be marketed if they comply with applicable regulations and policies. FDA has not evaluated whether this product complies.

Signature Care 44-373

Active ingredients (in each tablet)

Acetaminophen 500 mg
Diphenhydramine citrate 38 mg

Purpose

Pain reliever
Nighttime sleep-aid

Uses

for the temporary relief of occasional headaches and minor aches and pains with accompanying sleeplessness

Warnings

Liver warning: This product contains acetaminophen. Severe liver damage may occur if you take:

- more than 2 tablets in 24 hours, which is the maximum daily amount
- with other drugs containing acetaminophen
- 3 or more alcoholic drinks every day while using this product

Do not use

- if you are allergic to acetaminophen
- with any other drug containing acetaminophen (prescription or nonprescription). If you are not sure whether a drug contains acetaminophen, ask a doctor or pharmacist.
- in children under 12 years of age
- with any other product containing diphenhydramine, even one used on skin

Ask a doctor before use if you have

- a breathing problem such as emphysema or chronic bronchitis
- liver disease
- trouble urinating due to an enlarged prostate gland
- glaucoma

Ask a doctor or pharmacist before use if you are

- taking sedatives or tranquilizers
- taking the blood thinning drug warfarin

When using this product

- drowsiness may occur
- avoid alcoholic beverages
- be careful when driving a motor vehicle or operating machinery

Stop use and ask a doctor if

- sleeplessness lasts continuously for more than 2 weeks. Insomnia may be a symptom of a serious underlying medical illness.
- pain gets worse or lasts more than 10 days
- fever gets worse or lasts more than 3 days
- new symptoms occur
- painful area is red or swollen

These could be signs of a serious condition.

If pregnant or breast-feeding,

ask a health professional before use.

Keep out of reach of children.

Overdose warning: Taking more than the recommended dose (overdose) may cause liver damage. In case of overdose, get medical help or contact a Poison Control Center (1-800-222-1222) right away. Quick medical attention is critical for adults as well as for children even if you do not notice any signs or symptoms.

Directions

- **do not take more than directed (see overdose warning)**
- adults and children 12 years of age and over: take 2 tablets at bedtime, if needed, or as directed by a doctor
- children under 12 years: do not use

Other information

- store at 25ºC (77ºF); excursions permitted between 15º-30ºC (59º-86ºF)
- see end flap for expiration date and lot number

Inactive ingredients

corn starch, croscarmellose sodium, crospovidone, FD&C blue #1 aluminum lake, FD&C blue #2 aluminum lake, hypromellose, magnesium stearate, microcrystalline cellulose, polyethylene glycol, polysorbate 80, povidone, shellac, silica gel, stearic acid, titanium dioxide

Questions or comments?

1-800-426-9391

Principal Display Panel

Signature™
care

Quality Guaranteed

COMPARE TO
Excedrin® PM Tablets
active ingredients*

NDC 21130-373-15

Pain Relief **PM**

ACETAMINOPHEN 500 mg
DIPHENHYDRAMINE CITRATE 38 mg
Pain Reliever/Nighttime Sleep-Aid

- Aspirin free
- Non-habit forming

Actual Size

50 TABLETS

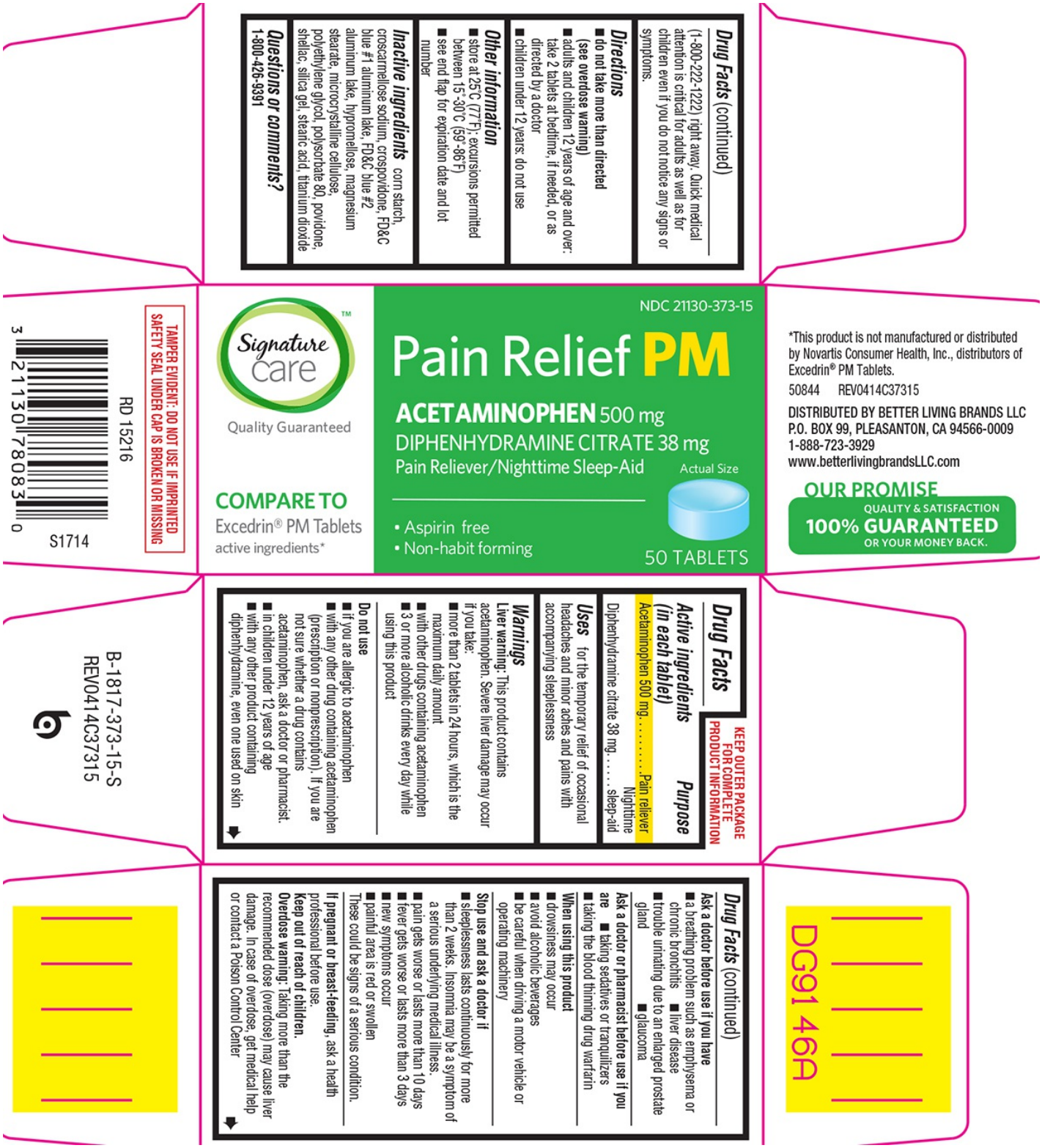
TAMPER EVIDENT: DO NOT USE IF IMPRINTED SAFETY SEAL UNDER CAP IS BROKEN OR MISSING

*This product is not manufactured or distributed by Novartis Consumer Health, Inc., distributors of Excedrin® PM Tablets.
50844 REV0414C37315

DISTRIBUTED BY BETTER LIVING BRANDS LLC
P.O. BOX 99, PLEASANTON, CA 94566-0009
1-888-723-3929
www.betterlivingbrandsLLC.com

OUR PROMISE

QUALITY & SATISFACTION
100% GUARANTEED
OR YOUR MONEY BACK



Signature Care 44-373

PAIN RELIEF PM

acetaminophen and diphenhydramine citrate tablet, film coated

Product Information			
Product Type	HUMAN OTC DRUG	**Item Code (Source)**	NDC:21130-373
Route of Administration	ORAL		

Active Ingredient/Active Moiety

Ingredient Name	Basis of Strength	Strength
ACETAMINOPHEN (UNII: 362O9ITL9D) (ACETAMINOPHEN - UNII:362O9ITL9D)	ACETAMINOPHEN	500 mg
DIPHENHYDRAMINE CITRATE (UNII: 4OD433S209) (DIPHENHYDRAMINE - UNII:8GTS82S83M)	DIPHENHYDRAMINE CITRATE	38 mg

Inactive Ingredients

Ingredient Name	Strength
CROSCARMELLOSE SODIUM (UNII: M28OL1HH48)	
FD&C BLUE NO. 1 (UNII: H3R47K3TBD)	
FD&C BLUE NO. 2 (UNII: L06K8R7DQK)	
HYPROMELLOSES (UNII: 3NXW29V3WO)	
MAGNESIUM STEARATE (UNII: 70097M6I30)	
CELLULOSE, MICROCRYSTALLINE (UNII: OP1R32D61U)	
POLYETHYLENE GLYCOLS (UNII: 3WJQ0SDW1A)	
POLYSORBATE 80 (UNII: 6OZP39ZG8H)	
POVIDONE (UNII: FZ989GH94E)	
STEARIC ACID (UNII: 4ELV7Z65AP)	
TITANIUM DIOXIDE (UNII: 15FIX9V2JP)	
STARCH, CORN (UNII: O8232NY3SJ)	
SILICON DIOXIDE (UNII: ETJ7Z6XBU4)	

Product Characteristics

Color	BLUE	**Score**	no score
Shape	ROUND	**Size**	11mm
Flavor		**Imprint Code**	44;373
Contains			

Packaging

#	Item Code	Package Description	Marketing Start Date	Marketing End Date
1	NDC:21130-373-15	1 in 1 CARTON	06/07/2004	08/08/2019
1		50 in 1 BOTTLE, PLASTIC; Type 0: Not a Combination Product		

Marketing Information

Marketing Category	Application Number or Monograph Citation	Marketing Start Date	Marketing End Date
OTC MONOGRAPH NOT FINAL	part343	06/07/2004	08/08/2019

Labeler - Better Living Brands, LLC (009137209)

Establishment

Name	Address	ID/FEI	Business Operations
LNK International, Inc.		832867894	MANUFACTURE(21130-373)

Establishment

Name	Address	ID/FEI	Business Operations
LNK International, Inc.		038154464	PACK(21130-373)

Revised: 9/2016

Better Living Brands, LLC