

**MENSTRUAL RELIEF MAXIMUM STRENGTH- acetaminophen, caffeine and pyrilamine maleate tablet, film coated**  
**Better Living Brands, LLC**

*Disclaimer: Most OTC drugs are not reviewed and approved by FDA, however they may be marketed if they comply with applicable regulations and policies. FDA has not evaluated whether this product complies.*

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**Safeway 44-390-Delist**

***Active ingredients (in each caplet)***

Acetaminophen 500 mg  
Caffeine 60 mg  
Pyrilamine maleate 15 mg

***Purpose***

Pain reliever  
Stimulant  
Diuretic

***Uses***

- for the temporary relief of these symptoms associated with menstrual periods:
  - cramps
  - bloating
  - water-weight gain
  - headache
  - backache
  - breast tenderness
  - fatigue
  - muscle aches

***Warnings***

**Liver warning:** This product contains acetaminophen. Severe liver damage may occur if you take:

- more than 8 caplets in 24 hours, which is the maximum daily amount
- with other drugs containing acetaminophen
- 3 or more alcoholic drinks every day while using this product

**Do not use**

- with any other drug containing acetaminophen (prescription or nonprescription). If you are not sure whether a drug contains acetaminophen, ask a doctor or pharmacist.

**Ask a doctor before use if you have**

- difficulty in urination due to enlargement of the prostate gland
- liver disease
- a breathing problem such as emphysema or chronic bronchitis
- glaucoma

**Ask a doctor or pharmacist before use if you are**

- taking the blood thinning drug warfarin

- taking sedatives or tranquilizers

### **When using this product**

- you may get drowsy
- be careful when driving a motor vehicle or operating machinery
- avoid alcoholic drinks
- excitability may occur, especially in children
- alcohol, sedatives and tranquilizers may increase drowsiness
- limit the use of caffeine-containing medications, foods, or beverages while taking this product because too much caffeine may cause nervousness, irritability, sleeplessness, and, occasionally, rapid heartbeat. The recommended dose of this product contains about as much caffeine as a cup of coffee.

### **Stop use and ask a doctor if**

- new symptoms appear
- redness or swelling is present
- pain gets worse or lasts more than 10 days

These could be signs of a serious condition.

### **If pregnant or breast-feeding,**

ask a health professional before use.

### **Keep out of reach of children.**

**Overdose warning:** Taking more than the recommended dose (overdose) may cause liver damage. In case of overdose, get medical help or contact a Poison Control Center right away.

### **Directions**

- do not take more than the recommended dose  
(see **Overdose warning**)
- adults and children 12 years and older: take 2 caplets with water. Repeat every 6 hours, as needed. Do not exceed 8 caplets in 24 hours.
- children under 12 years: do not use this adult product in children under 12 years of age; this will provide more than the recommended dose (overdose) and may cause liver damage

### **Other information**

- store at controlled room temperature 15°-30°C (59°-86°F)
- see end flap for expiration date and lot number

### **Inactive ingredients**

corn starch, croscarmellose sodium, crospovidone, hypromellose, magnesium stearate, microcrystalline cellulose, polydextrose, polyethylene glycol, povidone, silica gel, stearic acid, titanium dioxide, triacetin

### **Questions or comments?**

**1-888-309-9030**

### **Principal Display Panel**

NDC 21130-390-10

**Compare to Model® Complete** active ingredient†

Maximum Strength

**Menstrual Relief**

**Acetaminophen,**

Caffeine, Pyrilamine maleate

Pain Reliever / Stimulant / Diuretic

- Cramps
- Bloating
- Fatigue
- Backache
- Headache

**40 TABLETS**

**SAFEGWAY™**

†This product is not manufactured or distributed by Pfizer Consumer Healthcare, distributors of Midol® Complete.

50844 REV0913A39010

**TAMPER EVIDENT: DO NOT USE IF IMPRINTED SAFETY SEAL UNDER CAP IS  
BROKEN OR MISSING**

LIMIT A

**TAMPER EVIDENT: DO NOT USE IF IMPRINTED SAFETY SEAL UNDER CAP IS BROKEN OR MISSING**

\*This product is not manufactured or distributed by Bayer HealthCare LLC, distributors of Midol® Complete. 50844 REV0913A39010

**Drug Facts (continued)**  
 microcrystalline cellulose, polydextrose, polyethylene glycol, povidone, silica gel, stearic acid, titanium dioxide, triacetin

**Questions or comments? 1-800-426-9391**

# Maximum Strength Menstrual Relief



**Acetaminophen, Caffeine, Pyrilamine maleate**  
 Pain Reliever / Diuretic / Antihistamine

Multi-Symptom Relief of:

- Cramps
- Bloating
- Fatigue
- Backache
- Headache

Compare to Midol® Complete active ingredients\*  
 NDC 211130-010

40 CAPLETS



DISTRIBUTED BY SAFEMART, INC.  
 P.O. BOX 99, PLEASANTON, CA 94566-0099  
 QUALITY & SATISFACTION GUARANTEED  
 OR YOUR MONEY BACK  
 1-888-SAFEMART / www.safemart.com



**Drug Facts (continued)**

**Directions**  
 Do not take more than the recommended dose (see overdose warning)

**Overdose warning:** Taking more than the recommended dose (overdose) may cause liver damage. In case of overdose, get medical help or contact a Poison Control Center (1-800-222-1222) right away. Quick medical attention is critical for adults as well as for children. Even if you do not notice any signs or symptoms.

**Keep out of reach of children. professional before use. If pregnant or breast-feeding, ask a health**

**Other information**  
 ■ store at 25°C (77°F); excursions permitted between 15°-30°C (59°-86°F)  
 ■ see end flap for expiration date and lot number

**Inactive ingredients**  
 corn starch, croscarmellose sodium, crospovidone, hypromellose, magnesium stearate.

**Drug Facts (continued)**

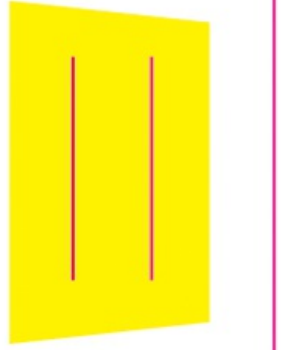
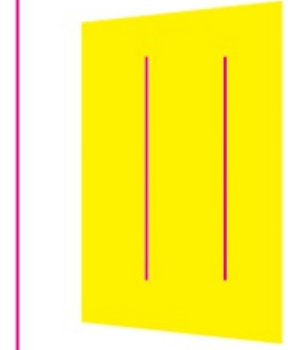
**Do not use**  
 ■ with any other drug containing acetaminophen (prescription or nonprescription). If you are not sure whether a drug contains acetaminophen, ask a doctor or pharmacist.  
 ■ if you have ever had an allergic reaction to this product or any of its ingredients  
 ■ liver disease ■ glaucoma ■ difficulty in urination due to enlargement of the prostate gland  
 ■ breathing problem such as emphysema or chronic bronchitis

**Ask a doctor or pharmacist before use if you are**  
 ■ taking the blood thinning drug warfarin ■ taking sedatives or tranquilizers

**When using this product**  
 ■ you may get drowsy ■ avoid alcoholic drinks

**Stop use and ask a doctor if**  
 ■ new symptoms occur  
 ■ redness or swelling is present  
 ■ pain gets worse or lasts more than 10 days  
 ■ fever gets worse or lasts more than 3 days

**Drug Facts (continued)**  
 ■ alcohol, sedatives, and tranquilizers may increase drowsiness  
 ■ excitability may occur, especially in children  
 ■ be careful when driving a motor vehicle or operating machinery  
 ■ limit the use of caffeine-containing medications, foods, or beverages while taking this product because too much caffeine may cause nervousness, irritability, sleeplessness, and, occasionally, rapid heartbeat. The recommended dose of this product contains about as much caffeine as a cup of coffee.



LEBG428T A2375

# MENSTRUAL RELIEF MAXIMUM STRENGTH

acetaminophen, caffeine and pyrilamine maleate tablet, film coated

## Product Information

<b>Product Type</b>	HUMAN OTC DRUG	<b>Item Code (Source)</b>	NDC:21130-390
<b>Route of Administration</b>	ORAL		

## Active Ingredient/Active Moiety

Ingredient Name	Basis of Strength	Strength
ACETAMINOPHEN (UNII: 362O9ITL9D) (ACETAMINOPHEN - UNII:362O9ITL9D)	ACETAMINOPHEN	500 mg
CAFFEINE (UNII: 3G6A5W338E) (CAFFEINE - UNII:3G6A5W338E)	CAFFEINE	60 mg
PYRILAMINE MALEATE (UNII: R35D29L3ZA) (PYRILAMINE - UNII:HPE317O9TL)	PYRILAMINE MALEATE	15 mg

## Inactive Ingredients

Ingredient Name	Strength
CROSCARMELLOSE SODIUM (UNII: M28OL1HH48)	
HYPROMELLOSES (UNII: 3NXW29V3WO)	
MAGNESIUM STEARATE (UNII: 70097M6I30)	
POLYDEXTROSE (UNII: VH2XOU12IE)	
POLYETHYLENE GLYCOLS (UNII: 3WJQ0SDW1A)	
STEARIC ACID (UNII: 4ELV7Z65AP)	
TITANIUM DIOXIDE (UNII: 15FIX9V2JP)	
TRIACETIN (UNII: XHX3C3X673)	
CROSPVIDONE (UNII: 68401960MK)	
CELLULOSE, MICROCRYSTALLINE (UNII: OP1R32D61U)	

## Product Characteristics

<b>Color</b>	WHITE	<b>Score</b>	no score
<b>Shape</b>	OVAL	<b>Size</b>	17mm
<b>Flavor</b>		<b>Imprint Code</b>	44;390
<b>Contains</b>			

## Packaging

#	Item Code	Package Description	Marketing Start Date	Marketing End Date
1	NDC:21130-390-10	1 in 1 CARTON	04/29/2002	12/30/2017
1		40 in 1 BOTTLE, PLASTIC; Type 0: Not a Combination Product		

## Marketing Information

Marketing Category	Application Number or Monograph Citation	Marketing Start Date	Marketing End Date
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OTC MONOGRAPH NOT FINAL	part343	04/29/2002	12/30/2017
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**Labeler** - Better Living Brands, LLC (009137209)

**Establishment**

Name	Address	ID/FEI	Business Operations
LNK International, Inc.		038154464	PACK(21130-390)

**Establishment**

Name	Address	ID/FEI	Business Operations
LNK International, Inc.		832867894	MANUFACTURE(21130-390)

Revised: 6/2016

Better Living Brands, LLC