

**365 EVERYDAY VALUE ARNICA - arnica montana gel**  
**WFM Private Label, LP**

*Disclaimer: This homeopathic product has not been evaluated by the Food and Drug Administration for safety or efficacy. FDA is not aware of scientific evidence to support homeopathy as effective.*

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**365 Everyday Value Arnica**

Stop use and ask a doctor if condition persists for more than 3 days or worsens.

Store at 68-77°F (20-25°C)

Alcohol, carbomer, dimethicone copolyol, purified water, sodium hydroxide

Whole Foods Market

550 Bowie Street \* Austin, TX 78703

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**Made in France**

Arnica Montana 1X HPUS-7% ---- Trauma, bruises, stiffness, muscle soreness

Keep out of reach of children

For relief of muscle aches and stiffness due to minor injuries, such as strains, falls and blows. Reduces pain, swelling and discoloration from bruises.

Apply a thin layer of Arnica Gel to affected area as soon as possible after minor injury. Repeat 3 times a day or as needed.

For external use only

Avoid contact with eyes and with open wounds. Do not use on broken skin.

If swallowed, get medical help or contact a Poison Control Center right away.

Arnica Gel

NDC 42681-0512-5



# Arnica GEL



Fast Pain Relief of  
Sore Muscles, Swelling,  
Stiffness & Bruising

HOMEOPATHIC MEDICINE  
NET WT 2.6 OZ (75g)

**Drug Facts (continued)**  
**Questions, Comments?**  
www.wholefoodsmarket.com  
privatelabel.customerservice  
@wholefoods.com

Distributed by:  
Whole Foods Market  
550 Bowie Street  
Austin, TX 78703  
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Market IP, LP

Made in France



| Drug Facts   |  |
|--|--|
| Active ingredient  | Purpose  |
| Arnica montana .....<br>1X HPUS-7%   | Trauma,<br>bruises,<br>stiffness,<br>muscle soreness |
| The letters HPUS indicate that this ingredient is officially included in the Homeopathic Pharmacopoeia of the United States.                             |  |
| Uses   |  |
| For relief of muscle aches and stiffness due to minor injuries, such as strains, falls and blows. Reduces pain, swelling and discoloration from bruises. |  |
| Warnings   |  |
| <b>For external use only.</b>  |  |
| Avoid contact with eyes and with open wounds. Do not use on broken skin.   |  |
| <b>Stop use and ask a doctor</b> if condition persists for more than 3 days or worsens.  |  |
| <b>Keep out of reach of children.</b>  |  |
| If swallowed, get medical help or contact a Poison Control Center right away.  |  |
| Directions   |  |
| Apply a thin layer of Arnica Gel to affected area as soon as possible after minor injury. Repeat 3 times a day or as needed.                             |  |
| Other information  |  |
| Store at 68-77°F (20-25°C)   |  |
| Do not use if tube seal is broken.   |  |
| Inactive ingredients   |  |
| Alcohol, carbomer, dimethicone copolyol, purified water, sodium hydroxide  |  |

PLEASE RECYCLE

## 365 EVERYDAY VALUE ARNICA

arnica montana gel

### Product Information

|                         |                |                    |                |
|-------------------------|----------------|--------------------|----------------|
| Product Type            | HUMAN OTC DRUG | Item Code (Source) | NDC:42681-0512 |
| Route of Administration | TOPICAL        |                    |                |

### Active Ingredient/Active Moiety

| Ingredient Name  | Basis of Strength | Strength |
|--|-------------------|----------|
| ARNICA MONTANA (UNII: O80TY208ZW) (ARNICA MONTANA - UNII:O80TY208ZW) | ARNICA MONTANA    | 1 [hp_X] |

### Inactive Ingredients

| Ingredient Name                                 | Strength |
|---|----------|
| WATER (UNII: 059QF0K00R)                        |          |
| ALCOHOL (UNII: 3K9958V90M)                      |          |
| CARBOMER HOMO POLYMER TYPE C (UNII: 4Q93RCW27E) |          |
| DIMETHICONE (UNII: 92RU3N3Y1O)                  |          |

**SODIUM HYDRO XIDE** (UNII: 55X04QC32I)

### Packaging

| # | Item Code        | Package Description                           | Marketing Start Date | Marketing End Date |
|---|------------------|---|----------------------|--------------------|
| 1 | NDC:42681-0512-5 | 1 in 1 BOX; Type 0: Not a Combination Product |                      |                    |

### Marketing Information

| Marketing Category     | Application Number or Monograph Citation | Marketing Start Date | Marketing End Date |
|------------------------|--|----------------------|--------------------|
| unapproved homeopathic |  | 09/01/2008           |                    |

**Labeler** - WFM Private Label, LP (196175616)

Revised: 5/2015

WFM Private Label, LP