

**ALPHA SH- sanguinaria canadensis root, goldenseal, silicon dioxide, potassium chloride, pulsatilla vulgaris tablet**  
**Schwabe Mexico, S.A. de C.V.**

*Disclaimer: This homeopathic product has not been evaluated by the Food and Drug Administration for safety or efficacy. FDA is not aware of scientific evidence to support homeopathy as effective.*

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**Alpha SH**

**Active Ingredient**

Hydraetis canadensis 6X

Kali muriaticum 3X

Pulsatilla 6X

Sanguinaria canadensis 6X

Silcea 6X

**INACTIVE INGREDIENT**

Cellulose

Lactose monohydrate

Magnesium stearate

**Purpose**

Temporarily relieves these symptoms: helps decongest sinus openings and passages, shrinks swollen nasal membranes and promotes sinus drainage.

**Indications & Usage**

Temporarily relieves these symptoms: helps decongest sinus openings and sinus passages, shrinks swollen nasal membrane, promotes sinus drainage.

**Dosage & Administration**

Directions:

Sublingual medication. Place tablets under tongue at least 15 minutes before or 30m minutes after eating, brushing teeth, or drinking anything except water.

Adults and children 12 years of age and older: Take 2 tablets every 2 hours until relieved.

Children 2 to 12: Take 1 every 2 hours until relieved

Children under 2: Consult a physician.

**Warnings**

Do not use this product for headache pain for more than 10 days (for adults) or 5 days (for children).

**Stop use**

Stop use and ask a doctor if symptoms persist, get worse, or are accompanied by a high fever, or if new symptoms occur. These can be signs of a serious condition.

**Pregnancy or Breast Feeding**

If pregnant or breast feeding, ask a healthcare professional before use.

**Keep out of reach of children**

Keep out of reach of children

**Overdose**

In case of overdose, seek medical help or contact a Poison Control Center immediately.

# Alpha<sup>®</sup> SH FOR SYMPTOMS OF HEADACHE & CONGESTION<sup>††</sup>

## MULTI-SYMPTOM RELIEF

### Drug Facts

**Active ingredients (201.94 mg in each tablet)**

Hydrastis canadensis 6X, Kali muraticum 3X, Pulsatilla 6X, Sanguinaria canadensis 6X, Silicea 6X	<b>Purpose</b> Relieves minor pain of sinus headache††
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**Uses** Temporarily relieves these symptoms: ■ helps decongest sinus openings and passages††  
■ shrinks swollen nasal membranes†† ■ promotes sinus drainage††

**Warnings**  
**Do not use** this product for headache pain for more than 10 days (for adults) or 5 days (for children).  
**Stop use and ask a doctor** if symptoms persist, get worse, are accompanied by high fever or if new symptoms occur. These could be signs of a serious condition.

**If pregnant or breast-feeding**, ask a healthcare professional before use. **Keep out of reach of children.** In case of overdose, seek medical help or contact a Poison Control Center immediately.

**Directions** ■ Sublingual medication. Place under tongue at least 15 minutes before or 30 minutes after eating, brushing teeth or drinking anything except water.

Age	Dose
Adults and children 12 years and over	Take 2 tablets every 2 hours until relieved.
Children 6-12 years of age	Take 1 tablet every 2 hours until relieved.
Children under 6 years of age	Consult a physician.

**Other Information** ■ Store at room temperature 20-25° C (68-77° F) ■ Keep in dry place out of direct sunlight.

**Inactive ingredients** cellulose, lactose monohydrate, magnesium stearate

**Questions?** 1-800-9NATURE / naturesway.com

††There are no valid studies using current scientific methods confirming this product's efficacy. These indications are based solely on traditional homeopathic principles.

**TAMPER EVIDENT.** Each tablet is enclosed in a sealed blister unit with specially imprinted foil backing. Do not use if blister unit or foil backing is torn or missing.

Alpha<sup>®</sup> SH  
For relief of symptoms of  
SINUS HEADACHE & CONGESTION<sup>††</sup>

M792-04

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Product of Mexico



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PMS 202	PMS 354	PMS 144	PMS 116

All plates change from previous version.

40 tablets

HOMEOPATHIC

# Alpha<sup>®</sup> SH

SINUS HEADACHE & CONGESTION<sup>††</sup>

Relieves symptoms of

NDC 53499-1391-1

Boericke & Tafel

Alpha<sup>®</sup> SH  
Relief from Symptoms of Sinus  
Headache & Congestion<sup>††</sup>

MULTI-SYMPTOM RELIEF

Non Drying

# Sinus Headache & Congestion<sup>††</sup>

Relieves symptoms of

Multi-Symptom Relief

Relief for Sinus Headaches<sup>††</sup>

## ALPHA SH

sanguinaria canadensis root, goldenseal, silicon dioxide, potassium chloride, pulsatilla vulgaris tablet

**Product Information**

<b>Product Type</b>	HUMAN OTC DRUG	<b>Item Code (Source)</b>	NDC:68466-4191
<b>Route of Administration</b>	SUBLINGUAL		

**Active Ingredient/Active Moiety**

<b>Ingredient Name</b>	<b>Basis of Strength</b>	<b>Strength</b>
<b>SANGUINARIA CANADENSIS ROOT</b> (UNII: N9288CD508) (SANGUINARIA CANADENSIS ROOT - UNII:N9288CD508)	SANGUINARIA CANADENSIS ROOT	6 [hp_X]
<b>GOLDENSEAL</b> (UNII: ZW3Z11D0JV) (GOLDENSEAL - UNII:ZW3Z11D0JV)	GOLDENSEAL	6 [hp_X]
<b>SILICON DIOXIDE</b> (UNII: ETJ7Z6XBU4) (SILICON DIOXIDE - UNII:ETJ7Z6XBU4)	SILICON DIOXIDE	6 [hp_X]
<b>POTASSIUM CHLORIDE</b> (UNII: 660YQ98I10) (POTASSIUM CATION - UNII:295O53K152)	POTASSIUM CHLORIDE	3 [hp_X]
<b>PULSATILLA VULGARIS</b> (UNII: I76KB35JEV) (PULSATILLA VULGARIS - UNII:I76KB35JEV)	PULSATILLA VULGARIS	6 [hp_X]

**Inactive Ingredients**

<b>Ingredient Name</b>	<b>Strength</b>
<b>LACTOSE MONOHYDRATE</b> (UNII: EWQ57Q8I5X)	
<b>MAGNESIUM STEARATE</b> (UNII: 70097M6I30)	
<b>CELLULOSE, MICROCRYSTALLINE</b> (UNII: OP1R32D61U)	

**Product Characteristics**

<b>Color</b>	white (B;T)	<b>Score</b>	no score
<b>Shape</b>	ROUND (B;T)	<b>Size</b>	8mm
<b>Flavor</b>		<b>Imprint Code</b>	B;T
<b>Contains</b>			

**Packaging**

#	Item Code	Package Description	Marketing Start Date	Marketing End Date
1	NDC:68466-4191-1	4 in 1 BOX	10/16/2020	01/31/2027
1		10 in 1 BLISTER PACK; Type 0: Not a Combination Product		

**Marketing Information**

<b>Marketing Category</b>	<b>Application Number or Monograph Citation</b>	<b>Marketing Start Date</b>	<b>Marketing End Date</b>
unapproved homeopathic		10/16/2020	01/31/2027

**Labeler** - Schwabe Mexico, S.A. de C.V. (812805901)

# Establishment

Name	Address	ID/FEI	Business Operations
Schwabe Mexico, S.A. de C.V.		812805901	manufacture(68466-4191)

Revised: 3/2022

Schwabe Mexico, S.A. de C.V.