

EPSOM SALT- magnesium sulfate granule Meijer

**Meijer Epsom Salt 3 in 1
029.003/029AA**

Active ingredient

Magnesium sulfate USP (heptahydrate) 100%

Purpose

Saline Laxative

Uses

- for relief of occasional constipation (irregularity)
- this product generally produces bowel movement in 1/2 to 6 hours

Warnings

Ask a doctor before use if you have

- kidney disease
- a magnesium-restricted diet
- abdominal pain, nausea, or vomiting
- noticed a sudden change in bowel habits that persists over a period of 2 weeks
- already used a laxative for a period longer than 1 week

Ask a doctor or pharmacist before use if you are

taking any other drug. Take this product 2 or more hours before or after other drugs. Laxatives may affect how other drugs work.

Stop use and ask a doctor if

you have rectal bleeding or failure to have a bowel movement after use. These could be signs of a serious condition.

If pregnant or breast-feeding

ask a health professional before use.

Keep out of reach of children.

In case of overdose, get medical help or contact a Poison Control Center right away.

Directions

- do not exceed recommended daily dosage
- drink a full glass (8 ounces) of liquid with each dose
- may be taken as a single daily dose or in divided doses
- dissolve the dose in 8 ounces of water. lemon juice may be added to improve the taste

adults and children 12 years and over - 2 to 6 level teaspoons (10 to 30 grams) daily

children 6 to under 12 years - 1 to 2 level teaspoons (5 to 10 grams) daily

children under 6 years - consult a doctor

Other information

- **each teaspoon (5 grams) contains:magnesium 495 mg**

Inactive Ingredients

None

Questions?

1-888-593-0590

Adverse reaction

DIST. BY MEIJER DISTRIBUTION, INC.

GRAND RAPIDS, MI 49544

www.meijer.com

Meijer Pharmacist Recommended

Money Back Guarantee

Side Panel

Meijer

FRAGRANCE-FREE

epsom salt magnesium sulfate U.S.P.

For external use as a soaking aid for minor sprains and bruises

Soaking AID DIRECTIONS: For a relaxing bath/soak, generously sprinkle Meijer Epsom Salt into warm, running bath water.

FOOT SOAK DIRECTION: Dissolve the product in a small basin of water. Soak feet for 15-20 minutes.

Caution: If prompt relief is not obtained or there is evidence of infection, discontinue use and consult your physician. Hot or warm soaks should not be used by individuals with

diabetes except on the advice of a physician. Keep out of reach of children.

For use as a fertilizer apply at the following rates:

Lawns - Apply at a rate of 1/2 pound per one thousand square feet of lawn.

For use as a plant food supplement apply at the following rates:

Tomatoes, Roses - One teaspoon per foot plant height every two weeks.

Evergreens, Azaleas, Rhododendrons-apply one tablespoon per nine sq. ft. (3' x 3') over the root zone every two to four weeks.

Garden Plants and Shrubbery -Sprinkle 2 tablespoons around the base of each plant.

Trees -Apply two tablespoons per nine sq. ft. (3' x3') over root zone once every four months.

Garden Startup -Sprinkle approximately one cup per 100 sq. ft. (10' x 10') and mix into soil prior to planting.

Houseplants -Mix one teaspoon per gallon of water and feed to plants every one to four weeks.

For quicker results water plants after applying this product.

GUARANTEED ANALYSIS*

Magnesium (Mg) 9.8% - 9.8% Soluble Magnesium (Mg)

Sulfur (S) 12.9% - 12.9% Combined Sulfur (S)

Derived from: magnesium sulfate

F-1253

Information regarding the contents and levels of metals in this product is available on the Internet at:

<http://agr.wa.gov>

*GUARANTEED BY: Vi-Jon, Inc 8515 Page Ave. St. Louis, MO 63114

Side panel

Epsom salt is useful every season of the year.

Beat winter blues - Simply dissolve two cups of Meijer Epsom Salt in a warm bath to provide soothing relief from stress and stiffness.

A mineral spring spa - Spring is your fresh start to working out and physical activity, often leading to overexertion. Just dissolve two cups of Meijer Epsom Salt into warm bath water, settle in, and experience the relief and relaxation.

First aid summer salt - Dissolve two cups of Meijer Epsom Salt in two cups of warm water to make a compress. Apply as a wet dressing towel to provide soothing relief from overexertion from sports. Dissolve two cups of Meijer Epsom Salt into a gallon of water to make a foot soak to relieve and soothe tired feet.

Relax into autumn - Dissolve two cups of Meijer Epsom Salt into a gallon of warm water. This will soak away tiredness, soreness and help soothe away stress.

Principal Panel Display

Resealable Pouch Tamper evident packaging.

Caution: this package has been sealed for your protection. Do not use if package is open, torn or mutilated.

Value Size 8 lbs

Meijer

FRAGRANCE-FREE

epsom salt

MAGNESIUM SULFATE U.S.P.

saline laxative

soaking aid

plant food supplement

NATURALLY DERIVED

For relief of occasional constipation

For minor sprains and bruises

For bigger, more vigorous plants

NET WT 8 LB (3.62 kg)



EPSOM SALT

magnesium sulfate granule

Product Information

Product Type	HUMAN OTC DRUG	Item Code (Source)	NDC:41250-929
Route of Administration	ORAL		

Active Ingredient/Active Moiety

Ingredient Name	Basis of Strength	Strength
MAGNESIUM SULFATE HEPTAHYDRATE (UNII: SK47B8698T) (MAGNESIUM CATION - UNII:T6V3LHY838)	MAGNESIUM SULFATE HEPTAHYDRATE	1 g in 1 g

Packaging

#	Item Code	Package Description	Marketing Start Date	Marketing End Date
1	NDC:41250-929-80	3628 g in 1 POUCH; Type 0: Not a Combination Product	04/10/2017	

Marketing Information

Marketing Category	Application Number or Monograph Citation	Marketing Start Date	Marketing End Date
OTC Monograph Drug	M007	07/03/2013	

Labeler - Meijer (006959555)

Registrant - Vi Jon, LLC (088520668)

Establishment

Name	Address	ID/FEI	Business Operations
Consumer Product Partners, LLC		119091514	manufacture(41250-929)

Revised: 2/2024

Meijer