

**EPSOM SALT- epsom salt granule
QUALITY CHOICE (Chain Drug Marketing Association)**

Disclaimer: Most OTC drugs are not reviewed and approved by FDA, however they may be marketed if they comply with applicable regulations and policies. FDA has not evaluated whether this product complies.

Drug Facts

Active ingredient

Magnesium sulfate USP 100%

Purpose

Saline laxative

Uses

- relieves occasional constipation (irregularity)
- generally produces bowel movement in 1/2 to 6 hours

Warnings

Ask a doctor before use if you have

- kidney disease
- a magnesium restricted diet
- stomach pain, nausea or vomiting
- noticed a sudden change in bowel habits that lasts more than 2 weeks

Ask a doctor or pharmacist before use if you are

presently taking a prescription drug.

When using this product

- **do not use more than directed**

Stop use and ask a doctor if

- you have rectal bleeding or failure to have a bowel movement after use. This may indicate a serious condition.
- you need to use a laxative for more than 1 week

If pregnancy or breast-feeding,

ask a health professional before use.

Keep out of reach of children.

In case of overdose, get medical help or contact a Poison Control Center (1-800-222-1222) right away.

Directions

- do not exceed more than 2 doses per day; if necessary repeat dosage in 4 hours

| age | dose |
|--|--|
| adults and children 12 years and older | 2-4 level teaspoons dissolved in a full glass (8oz) of water |
| children 6 to 11 years | 1-2 level teaspoons dissolved in a full glass (8oz) of water |

Not recommended for children under 6 years of age.

Other information

- each teaspoon contains:** magnesium 495 mg

Inactive ingredient

none

Questions or comments?

For laxative or soak, call 1-248-449-9300 Monday- Friday 9AM-5PM EST

Principal Display Panel

Epsom Salt

Saline Laxative

Magnesium Sulfate U.S.P.

Relieves Occasional Constipation

Soaking Aid For Minor Sprains and Bruises

Relief Throughout the Year

*Safety Sealed

Net WT LB (kg)

***TAMPER EVIDENT: DO NOT USE IF HEAT SEALED POUCH IS IMPROPERLY SEALED.**

Distributed by: C.D.M.A., Inc. ©

43157 W. Nine Mile

Novi, MI 48375

www.qualitychoice.com

Package Label

RESEALABLE POUCH *TAMPER EVIDENT: DO NOT USE IF HEAT SEALED POUCH IS IMPROPERLY SEALED.

NDC 63868-937-04



Epsom Salt

Saline Laxative

Magnesium Sulfate U.S.P.

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Net Wt 64 oz (4 LB) / 1.81 kg

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For external use

As a soaking solution:
Pour 2 cups of epsom salt under warm, running bath water. Soak for 15 minutes, three times a week, to aid minor sprains and bruises.

As a warm compress:
Dissolve 1 cup of epsom salt in 1 quart of water. Using a towel, apply solution to the affected area for 15-30 minutes to help reduce swelling. Repeat as needed.

Warning:
Where prompt relief is not obtained or where there is evidence of irritation or infection, discontinue use and consult a doctor. Do not use if pregnant or diabetic, unless advised by a doctor.

KEEP OUT OF REACH OF CHILDREN. In case of overdose, get medical help or contact a Poison Control Center (1-800-222-1222) immediately.

Store in cool dry place out of direct sunlight. Package sold by weight not volume. Some settling of content may occur during shipment. If caking occurs, tap pouch gently to free granules.

Epsom Salt is a trusted remedy that is useful every season of the year.

BEAT WINTER BLUES
Simply dissolve two cups of epsom salt in a warm bath:

- For a calm and refreshing soak
- to warm and relax your muscles

A MINERAL SPRING SPA
Springtime is your fresh start to working out, often times leading to overexertion.
Just dissolve two cups of epsom salt in warm bath water, settle in, and experience the relief and relaxation.

FIRST AID SUMMER SALTS
Mix 1 cup of epsom salt in 1 quart of cold water to make a compress. Apply with a washcloth as a wet dressing to relieve mild sunburn, mosquito bites, and bee stings.

RELAX INTO AUTUMN
By dissolving two cups of epsom salt in a warm bath, you'll be able to:

- revitalize tired and aching muscles
- feel refreshed and rejuvenated

100% SATISFACTION GUARANTEED

Distributed by C.D.M.A., Inc.
43157 W 9 Mile Rd
Novi, MI 48375
www.qualitychoice.com
Questions: 248-449-9300

PLD-8831F



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QUALITY CHOICE Epsom Salt

EPSOM SALT

epsom salt granule

Product Information

| | | | |
|--------------------------------|----------------|---------------------------|---------------|
| Product Type | HUMAN OTC DRUG | Item Code (Source) | NDC:63868-937 |
| Route of Administration | ORAL, TOPICAL | | |

Active Ingredient/Active Moiety

| Ingredient Name | Basis of Strength | Strength |
|--|--------------------------------|------------|
| MAGNESIUM SULFATE, UNSPECIFIED (UNII: DE08037SAB) (MAGNESIUM CATION - UNII:T6V3LHY838) | MAGNESIUM SULFATE, UNSPECIFIED | 1 g in 1 g |

Packaging

| # | Item Code | Package Description | Marketing Start Date | Marketing End Date |
|---|------------------|--|----------------------|--------------------|
| 1 | NDC:63868-937-16 | 454 g in 1 POUCH; Type 0: Not a Combination Product | 12/31/2017 | 12/31/2025 |
| 2 | NDC:63868-937-04 | 1814 g in 1 POUCH; Type 0: Not a Combination Product | 12/31/2017 | 12/31/2025 |

Marketing Information

| Marketing Category | Application Number or Monograph Citation | Marketing Start Date | Marketing End Date |
|-------------------------|--|----------------------|--------------------|
| OTC monograph not final | part334 | 12/31/2017 | 12/31/2025 |

Labeler - QUALITY CHOICE (Chain Drug Marketing Association) (011920774)

Revised: 5/2023

QUALITY CHOICE (Chain Drug Marketing Association)