

**THERAFLU POWERPODS NIGHTTIME SEVERE COLD- acetaminophen,  
diphenhydramine hcl, phenylephrine hcl powder, for solution  
Haleon US Holdings LLC**

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**Drug Facts**

***Active ingredients (in each pod)***

Acetaminophen 650 mg  
Diphenhydramine HCl 25 mg  
Phenylephrine HCl 10 mg

***Purposes***

Pain reliever/Fever reducer  
Antihistamine/cough suppressant  
Nasal decongestant

***Uses***

- temporarily relieves these symptoms due to a cold:
  - minor aches and pains
  - minor sore throat pain
  - headache
  - nasal and sinus congestion
  - runny nose
  - sneezing
  - itchy nose or throat
  - itchy, watery eyes due to hay fever
  - cough due to minor throat and bronchial irritation
- temporarily reduces fever

***Warnings***

**Liver warning:** This product contains acetaminophen. Severe liver damage may occur if you take

- more than 4,000 mg of acetaminophen in 24 hours
- with other drugs containing acetaminophen
- 3 or more alcoholic drinks every day while using this product

**Allergy alert:** Acetaminophen may cause severe skin reactions. Symptoms may include:

- skin reddening
- blisters
- rash

If a skin reaction occurs, stop use and seek medical help right away.

**Sore throat warning:** If sore throat is severe, persists for more than 2 days, is accompanied or followed by fever, headache, rash, nausea, or vomiting consult a doctor promptly.

### **Do not use**

- in a child under 12 years of age
- if you are allergic to acetaminophen
- with any other drug containing acetaminophen (prescription or nonprescription). If you are not sure whether a drug contains acetaminophen, ask a doctor or a pharmacist.
- with any other product containing diphenhydramine, even one used on the skin
- if you are now taking a prescription monoamine oxidase inhibitor (MAOI) (certain drugs for depression, psychiatric, or emotional conditions, or Parkinson's disease), or for 2 weeks after stopping the MAOI drug. If you do not know if your prescription drug contains an MAOI, ask a doctor or pharmacist before taking this product.

### **Ask doctor before use if you have**

- liver disease
- heart disease
- high blood pressure
- thyroid disease
- diabetes
- glaucoma
- trouble urinating due to an enlarged prostate gland
- a breathing problem such as emphysema or chronic bronchitis
- cough that occurs with too much phlegm (mucus)
- cough that lasts or is chronic such as occurs with smoking, asthma or emphysema

### **Ask a doctor or pharmacist before use if you are**

- taking sedatives or tranquilizers
- taking the blood thinning drug warfarin

### **When using this product**

- **do not exceed recommended dosage**
- avoid alcoholic drinks
- marked drowsiness may occur
- alcohol, sedatives and tranquilizers may increase drowsiness
- be careful when driving a motor vehicle or operating machinery
- excitability may occur, especially in children

### **Stop use and ask a doctor if**

- nervousness, dizziness, or sleeplessness occurs
- fever gets worse or lasts more than 3 days
- redness or swelling is present
- new symptoms occur
- pain, cough or nasal congestion gets worse or lasts more than 7 days
- cough comes back or occurs with rash or headache that lasts. These could be signs of a serious condition.

**If pregnant or breast-feeding,**

ask a health care professional before use.

**Keep out of reach of children.**

In case of overdose, get medical help or contact a Poison Control Center right away. Prompt medical attention is critical for adults as well as for children even if you do not notice any signs or symptoms.

**Directions**

- **do not use more than directed**
- take every 4 hours, while symptoms persist. Do not take more than 5 pods in 24 hours unless directed by a doctor.

<b>Age</b>	<b>Dose</b>
adults and children 12 years of age and over	one pod
children under 12 years of age	do not use

- do not remove the foil seal as the pod will not work properly and could result in hot water burns
- place pod in compatible brewer
- use a minimum of 8 oz. of water
- when finished, the pod will be hot and may drip. Tilt the pod during removal to avoid dripping.
- remove used pod and flush brewer after each use with a minimum of 8 oz. of water
- sip while hot. Consume entire drink within 10-15 minutes.

**Other information**

- **each pod contains:** potassium 10 mg, sodium 23 mg
- **phenylketonurics:** contains phenylalanine 13 mg per pod
- do not open pouch until time of use
- store at controlled room temperature 20°-25°C (68°-77°F). Protect product from heat and moisture.

**Inactive ingredients**

acesulfame potassium, anhydrous citric acid, aspartame, D&C yellow no. 10, FD&C blue no. 1, FD&C red no. 40, flavors, maltodextrin, silicon dioxide, sodium citrate, sucrose, tribasic calcium phosphate

**Questions or comments?**

call **1-855-328-5259**

**Principal Display**

**NDC 0067-6095-01**

**NEW**

**THERAFLU**

**POWERPODS**

**NIGHTTIME**

**SEVERE COLD**

**ACETAMINOPHEN - PAIN RELIEVER/FEVER REDUCER**

**DIPHENHYDRAMINE HCl - ANTIHISTAMINE/COUGH SUPPRESSANT**

**PHENYLEPHRINE HCl - NASAL DECONGESTANT**

- Nasal Congestion
- Sore Throat Pain
- Cough
- Headache
- Body Ache
- Fever
- Runny Nose
- Sneezing

**HONEY LEMONINFUSED WITH CHAMOMILE & WHITE TEA FLAVORS**

**8 PODS**

**FOR USE ONLY WITH COMPATIBLE SINGLE SERVE BREWING MACHINES INCLUDING KEURIG AND MR. COFFEE\***

\*This product is not affiliated with Keurig Incorporated or Mr. Coffee.

**READ ALL WARNINGS AND DIRECTIONS ON CARTON BEFORE USE.**

**KEEP CARTON FOR REFERENCE. DO NOT DISCARD.**

**TAMPER EVIDENT POUCH. PRODUCT IS PACKAGED IN INDIVIDUAL SEALED POUCHES. DO NOT USE IF POUCH IS TORN OR BROKEN. DO NOT OPEN POUCH UNTIL TIME OF USE.**

**POWERFUL RELIEF FOR COLD SYMPTOMS**

**PRESS**

Press the 8 oz. setting on your machine to brew.

**SIP**

Sip while hot. Consume entire drink within 10-15 minutes. Remove used pod and flush brewer after use with a minimum of 8 oz. of water.

**CAUTION: PRODUCT LIQUID AND POD WILL BE HOT.**

**RELIEF**

Prepare to experience powerful cold & flu multi-symptom relief.

**1-855-328-5259**

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NDC 0067-6095-01



**NEW**



# POWERPODS

## NIGHTTIME SEVERE COLD

ACETAMINOPHEN – PAIN RELIEVER/FEVER REDUCER  
DIPHENHYDRAMINE HCl – ANTIHISTAMINE/COUGH SUPPRESSANT  
PHENYLEPHRINE HCl – NASAL DECONGESTANT



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*Nasal Congestion  
Sore Throat Pain • Cough  
Headache • Body Ache • Fever  
Runny Nose • Sneezing*

8 PODS



 **NIGHT**

**HONEY LEMON INFUSED  
WITH CHAMOMILE &  
WHITE TEA FLAVORS**

### THERAFLU POWERPODS NIGHTTIME SEVERE COLD

acetaminophen, diphenhydramine hcl, phenylephrine hcl powder, for solution

**Product Information**

<b>Product Type</b>	HUMAN OTC DRUG	<b>Item Code (Source)</b>	NDC:0067-6095
<b>Route of Administration</b>	ORAL		

**Active Ingredient/Active Moiety**

<b>Ingredient Name</b>	<b>Basis of Strength</b>	<b>Strength</b>
<b>ACETAMINOPHEN</b> (UNII: 362O9ITL9D) (ACETAMINOPHEN - UNII:362O9ITL9D)	ACETAMINOPHEN	650 mg
<b>DIPHENHYDRAMINE HYDROCHLORIDE</b> (UNII: TC2D6JAD40) (DIPHENHYDRAMINE - UNII:8GTS82S83M)	DIPHENHYDRAMINE HYDROCHLORIDE	25 mg
<b>PHENYLEPHRINE HYDROCHLORIDE</b> (UNII: 04JA59TNSJ) (PHENYLEPHRINE - UNII:1WS297W6MV)	PHENYLEPHRINE HYDROCHLORIDE	10 mg

**Inactive Ingredients**

<b>Ingredient Name</b>	<b>Strength</b>
<b>ACESULFAME POTASSIUM</b> (UNII: 23OV73Q5G9)	
<b>ANHYDROUS CITRIC ACID</b> (UNII: XF417D3PSL)	
<b>ASPARTAME</b> (UNII: Z0H242BBR1)	
<b>D&amp;C YELLOW NO. 10</b> (UNII: 35SW5USQ3G)	
<b>FD&amp;C BLUE NO. 1</b> (UNII: H3R47K3TBD)	
<b>FD&amp;C RED NO. 40</b> (UNII: WZB9127XOA)	
<b>MALTODEXTRIN</b> (UNII: 7CVR7L4A2D)	
<b>SILICON DIOXIDE</b> (UNII: ETJ7Z6XBU4)	
<b>SODIUM CITRATE, UNSPECIFIED FORM</b> (UNII: 1Q73Q2JULR)	
<b>SUCROSE</b> (UNII: C151H8M554)	
<b>TRIBASIC CALCIUM PHOSPHATE</b> (UNII: 91D9GV0Z28)	

**Product Characteristics**

<b>Color</b>		<b>Score</b>	
<b>Shape</b>		<b>Size</b>	
<b>Flavor</b>	HONEY, LEMON	<b>Imprint Code</b>	
<b>Contains</b>			

**Packaging**

<b>#</b>	<b>Item Code</b>	<b>Package Description</b>	<b>Marketing Start Date</b>	<b>Marketing End Date</b>
1	NDC:0067-6095-01	8 in 1 CARTON	07/28/2018	
1	NDC:0067-6095-02	1 in 1 POUCH; Type 0: Not a Combination Product		
2	NDC:0067-6095-03	1 in 1 CARTON	01/20/2019	
2		1 in 1 POUCH; Type 0: Not a Combination Product		

## Marketing Information

Marketing Category	Application Number or Monograph Citation	Marketing Start Date	Marketing End Date
OTC Monograph Drug	M012	07/28/2018	

**Labeler** - Haleon US Holdings LLC (079944263)

Revised: 1/2024

Haleon US Holdings LLC