

**LUCKY EPSOM SALT- magnesium sulfate granule**  
**Delta Brands Inc**

*Disclaimer: Most OTC drugs are not reviewed and approved by FDA, however they may be marketed if they comply with applicable regulations and policies. FDA has not evaluated whether this product complies.*

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**Lucky Epsom Salt**

***Active Ingredient***

Magnesium sulfate USP 100%

***Purpose***

Saline laxative

***Uses***

- relieves occasional constipation (irregularity)
- generally produces bowel movement in 1/2 to 6 hours

***Warnings***

**Ask a doctor before use if you have**

- kidney disease
- a magnesium restricted diet
- stomach pain, nausea or vomiting
- noticed a sudden change in bowel habits that lasts more than 2 weeks

**Ask a doctor or pharmacist before using if you are**

presently taking a prescription drug

**When using this product**

- do not use more than directed

**Stop use and ask a doctor if**

- you have rectal bleeding or failure to have a bowel movement after use. This may indicate a serious condition.
- you need to use a laxative for more than 1 week.

**If pregnant or breast-feeding**

ask a health professional before use

**Keep out of reach of children**

In case of overdose, get medical help or contact a Poison Control Center (1-800-222-1222) right away

## Directions

do not exceed more than 2 doses per day; if necessary repeat dosage in 4 hours

age dose

adults and children 2-4 level teaspoons dissolved

12 years and older in a full glass (8oz) of water

children 6 to 11 years in a full glass (8oz) of water

11 years in a full glass (8oz) of water

**Not recommended for children under 6 years of age**

## Inactive ingredients

NONE

## Other information

each teaspoon contains magnesium 493 mg

## Product Label

TAMPER EVIDENT: DO NOT USE IF HEAT SEALED POUCH IS IMPROPERLY SEALED. Tear Here ▶ Resealable Pouch

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# Epsom Salt

Magnesium Sulfate U.S.P.

NATURAL MAGNESIUM SULFATE CRYSTALS

- Saline laxative
- Calming & relaxing soak
- Soothes minor aches, sprains & sore muscles
- Great for gardening

UNSCENTED

Net Wt. 19.2 oz. (544g)

**20% MORE**  
ounces than 16 oz.

## Epsom Salt

Magnesium Sulfate U.S.P.

Saline Laxative Soothe Minor Aches  
Soaking Solution Use In Gardening

### Drug Facts

Active ingredient	Purpose
Magnesium sulfate USP 100%	Saline laxative

**Uses**

- relieves occasional constipation (irregularity)
- generally produces bowel movement in 1/2 to 6 hours

**Warnings**

Ask a doctor before use if you have kidney disease, a magnesium restricted diet, stomach pain, nausea or vomiting, or noticed a sudden change in bowel habits that lasts more than 2 weeks.

Ask a doctor or pharmacist before using if you are presently taking a prescription drug.

When using this product do not use more than directed.

Stop use and ask a doctor if you have rectal bleeding or failure to have a bowel movement after use. This may indicate a serious condition. If you need to use a laxative for more than 1 week.

If pregnant or breast-feeding, ask a health professional before use.

Keep out of reach of children. In case of overdose, get medical help or contact a Poison Control Center (1-800-222-1222) right away.

**Directions** do not exceed more than 2 doses per day, if necessary repeat dosage in 4 hours.

age	dose
adults and children 12 years and older	2-4 level teaspoons dissolved in a full glass (8oz) of water
children 6 to 11 years	1-2 level teaspoons dissolved in a full glass (8oz) of water

Not recommended for children under 6 years of age.

**Other information** each teaspoon contains: magnesium 493 mg

**For external use**

**As a soaking solution:** Pour 2 cups of epsom salt under warm, running bath water. Soak for 20 minutes to soothe sore, tired muscles.

**As a warm compress:** Dissolve 1 cup of epsom salt in 1 quart of warm water. Using a towel, apply solution to the affected area for 15-30 minutes.

**Warning:** Where prompt relief is not obtained or where there is evidence of irritation or infection, discontinue use and consult a doctor. Do not use if pregnant or diabetic, unless advised by a doctor.

KEEP OUT OF REACH OF CHILDREN. In case of overdose, get medical help or contact a Poison Control Center (1-800-222-1222) right away.

Store in cool dry place out of direct sunlight. Package sold by weight not volume. Some settling of content may occur during shipment. If caking occurs, tap pouch gently to free granules.

### Fertilizer uses

**Guaranteed Analysis**

Magnesium (Mg)	9.87%
16.2% Water Soluble Magnesium (Mg)	
Sulfur (S)	12.98%
12.98% Combined Sulfur (S)	

Derived from magnesium sulfate

**Directions for use (fertilizer)**

**Lawns:** Apply at a rate of 1/2 pound per one thousand square feet of lawn.

**Garden Plants and Shrubbery:** Sprinkle 2 tablespoons around the base of each plant.

For use as a plant food supplement apply at the following rates:

**Tomatoes, Roses** One teaspoon per foot plant height every 2 weeks.

**Lawns** Three pounds per 1250 sq. ft.

**Evergreens, Azaleas, Rhododendrons** Apply one tablespoon per 9 sq. ft. (3'x3') over the root zone every 2-4 weeks.

**Trees** Apply two tablespoons per 9 sq. ft. (3'x3') over the root zone once every 4 months.

**Garden Startup** Sprinkle approximately one cup per 100 sq. ft. (10'x10') and mix into soil prior to planting.

**House Plants** Mix one teaspoon per gallon of water and feed to plants every 1-4 weeks.

For quicker results water plants after applying this product.

**Lucky Super Soft® Epsom Salt** provides soothing relief as well as warming comfort to sore muscles. Simply dissolve two cups of Lucky Super Soft® Epsom Salt in a warm bath or, to make a compress, in hot water and apply as a wet dressing with a towel. See drug facts for use as an effective saline laxative to relieve occasional constipation. Also makes an excellent fertilizer!

This finished product is not tested on animals.



DELTA BRANDS INC.  
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www.deltabrands.com  
Made in CHINA

PRIME VALUE FOR YOUR FAMILY!

ITEM NO: 11140



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JUN 14 2023

# LUCKY EPSOM SALT

magnesium sulfate granule

## Product Information

<b>Product Type</b>	HUMAN OTC DRUG	<b>Item Code (Source)</b>	NDC:20276-330
<b>Route of Administration</b>	ORAL		

## Active Ingredient/Active Moiety

<b>Ingredient Name</b>	<b>Basis of Strength</b>	<b>Strength</b>
MAGNESIUM SULFATE, UNSPECIFIED FORM (UNII: DE08037SAB) (MAGNESIUM CATION - UNII:T6V3LHY838)	MAGNESIUM SULFATE, UNSPECIFIED FORM	100 g in 100 g

## Inactive Ingredients

<b>Ingredient Name</b>	<b>Strength</b>
MAGNESIUM CATION (UNII: T6V3LHY838)	

## Packaging

<b>#</b>	<b>Item Code</b>	<b>Package Description</b>	<b>Marketing Start Date</b>	<b>Marketing End Date</b>
1	NDC:20276-330-19	544 g in 1 POUCH; Type 0: Not a Combination Product	09/05/2016	
2	NDC:20276-330-16	454 g in 1 POUCH; Type 0: Not a Combination Product	09/05/2016	
3	NDC:20276-330-04	1810 g in 1 POUCH; Type 0: Not a Combination Product	09/05/2016	
4	NDC:20276-330-22	624 g in 1 POUCH; Type 0: Not a Combination Product	09/05/2016	

## Marketing Information

<b>Marketing Category</b>	<b>Application Number or Monograph Citation</b>	<b>Marketing Start Date</b>	<b>Marketing End Date</b>
OTC monograph not final	part334	09/05/2016	

**Labeler** - Delta Brands Inc (102672008)

Revised: 10/2020

Delta Brands Inc