

**PAIN RELIEVER PM EXTRA STRENGTH- acetaminophen, diphenhydramine  
hcl tablet, coated  
P & L Development, LLC**

*Disclaimer: Most OTC drugs are not reviewed and approved by FDA, however they may be marketed if they comply with applicable regulations and policies. FDA has not evaluated whether this product complies.*

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**Drug Facts**

**Active ingredients (in each caplet)**

**Acetaminophen 500 mg**

Diphenhydramine HCl 25 mg

**Purpose**

**Pain reliever**

Nighttime sleep-aid

**Uses**

temporary relief of occasional headaches and minor aches and pains with accompanying sleeplessness.

**Warnings**

**Liver warning:** This product contains acetaminophen. Severe liver damage may occur if you take:

- more than 4,000 mg of acetaminophen in 24 hours
- with other drugs containing acetaminophen
- 3 or more alcoholic drinks every day while using this product

Allergy alert: Acetaminophen may cause severe skin reactions. Symptoms may include:

- skin reddening
- blisters
- rash

**Do not use**

- with any other drug containing acetaminophen (prescription or nonprescription). If you are not sure whether a drug contains acetaminophen, ask a doctor or pharmacist.
- with any other product containing diphenhydramine, even one used on skin
- in children under 12 years of age

**Ask a doctor before use if you have**

- liver disease
- a breathing problem such as emphysema or chronic bronchitis
- trouble urinating due to an enlarged prostate gland
- glaucoma

**Ask a doctor or pharmacist before use if you are**

- taking the blood thinning drug warfarin
- taking sedatives or tranquilizers

**When using this product**

- drowsiness will occur
- avoid alcoholic drinks
- do not drive a motor vehicle or operate machinery

**Stop use and ask a doctor if**

- sleeplessness persists continuously for more than 2 weeks. Insomnia may be a symptom of a serious underlying medical illness.
- new symptoms occur
- redness or swelling is present
- pain gets worse or lasts more than 10 days
- fever gets worse or lasts more than 3 days

These could be signs of a serious condition.

**If pregnant or breast-feeding,**

ask a health professional before use.

**Keep out of reach of children.**

**Overdose warning:** In case of overdose, get medical help or contact a Poison Control Center right away. Quick medical attention is critical for adults as well as for children even if you do not notice any signs or symptoms.

**Directions**

- **do not take more than directed (see overdose warning)**
- adults and children 12 years and over: take 2 caplets at bedtime. Do not take more than 2 caplets of this product in 24 hours.
- children under 12 years: do not use

**Other information**

- store at room temperature 15°-30°C (59°-86°F)
- avoid high humidity and excessive heat

**Inactive ingredients**

carnauba wax\*, croscarmellose sodium\*. FD&C Blue #1 aluminium lake, FD&C Blue #2 aluminium lake, hypromellose, magnesium stearate\*, microcrystalline cellulose,

polyethylene glycol, polysorbate 80\*. polyvinyl alcohol\*, povidone K30, pregelatinized starch, purified water\*, silicon dioxide\*, sodium starch glycolate\*, stearic acid\*, talc\*, titanium dioxide

\*contains one or more of these ingredients

### **Questions or comments?**

Call **1-877-753-3935** Monday-Friday 9AM-5PM EST

### **Principal Display Panel**

†Compare to the active ingredients in **Extra Strength Tylenol® PM**

Extra Strength

### **Pain Reliever PM**

**Acetaminophen 500 mg**, Diphenhydramine HCl 25 mg

Pain reliever/Nighttime Sleep-Aid

Non-Habit Forming

†This product is not manufactured or distributed by McNeil Consumer Healthcare, owner of the registered trademark Extra Strength Tylenol® PM.

**KEEP OUTER CARTON FOR COMPLETE WARNINGS AND PRODUCT INFORMATION.**

**TAMPER EVIDENT: DO NOT USE IF PRINTED SAFETY SEAL UNDER CAP IS BROKEN OR MISSING.**

Distributed by:

### **PL Developments**

200 Hicks Street

Westbury, NY 11590

### **Package Label**



FD-81316  
FC020444  
Epo. Date:



Developed by:  
P.L. Development  
200 Hicks Street  
Westbury, NY 11590

**Drug Facts (continued)**

**Stop use and ask a doctor if**

- sleeplessness persists continuously for more than 2 weeks. Insomnia may be a symptom of a serious underlying medical illness.
- new symptoms occur
- redness or swelling is present
- pain gets worse or lasts more than 10 days
- fever gets worse or lasts more than 3 days
- These could be signs of a serious condition.

**If pregnant or breastfeeding, ask a health professional before use.**

**Warnings:**

- **Do not take more than directed (see overdose warning)**
- adults and children 12 years and over: take 2 caplets at bedtime. Do not take more than 2 caplets of this product in 24 hours.
- children under 12 years: do not use

**Other information**

- Store at controlled room temperature 15°-30°C (59°-86°F)
- avoid high humidity and excessive heat

**Inactive ingredients** carmellose gum, croscarmellose sodium, FD&C blue #1 aluminum lake, FD&C blue #2 aluminum lake, hypromellose, magnesium stearate, microcrystalline cellulose, polyethylene glycol, polyethylene glycol 400, polyethylene glycol 600, pregelatinized starch, purified water, silicon dioxide, sodium starch glycolate, stearic acid, "lac", titanium dioxide, contains one or more of these ingredients

**Questions or comments?**  
Call 1-877-835-3636 **Monday-Friday 9AM-5PM EST**

This product is not manufactured or distributed by McNeil Consumer Healthcare, owner of the registered trademark Core Strength Tylenol<sup>®</sup> PM.

**TAMPER EVIDENT: DO NOT USE IF PRINTED SAFETY SEAL UNDER CAP IS BROKEN OR MISSING.**

**KEEP OUT OF REACH OF CHILDREN FOR COMPLETE WARNINGS AND PRODUCT INFORMATION.**

**Drug Facts**

**Active ingredients (in each caplet)**  
Acetaminophen 500 mg, Diphenhydramine HCl 25 mg

**Purpose**  
Pain reliever  
Sedative

**Uses**  
Temporary relief of occasional headaches and minor aches and pains with accompanying sleeplessness.

**Warnings**  
This product contains acetaminophen. Severe liver damage may occur if you take:  

- more than 4,000 mg of acetaminophen in 24 hours
- with other drugs containing acetaminophen
- 3 or more alcoholic drinks every day while using this product

 Allergic alert: Acetaminophen may cause severe skin reactions. Tell your doctor if you have:  

- skin rash
- hives
- asthma
- rash

**Do not use**  

- with any other drug containing acetaminophen (prescription or nonprescription), if you are not sure whether a drug contains acetaminophen, ask a doctor or pharmacist.
- with any other product containing diphenhydramine, even one used on in children under 12 years of age

**Ask a doctor before use if you have**  

- a breathing problem such as emphysema or chronic bronchitis
- trouble urinating due to an enlarged prostate gland
- glaucoma

**Ask a doctor or pharmacist before use if you are**  

- taking the blood thinning drug warfarin
- taking sedatives or tranquilizers

**When using this product**  

- drowsiness will occur
- avoid alcoholic drinks
- do not drive a motor vehicle or operate machinery

**150 caplets**

**Wellness BASICS**

**Extra Strength Pain Reliever PM**  
Acetaminophen 500 mg,  
Diphenhydramine HCl 25 mg  
Pain Reliever/Nighttime Sleep-Aid  
Non-habit forming

**wellness BASICS**

†Compare to the active ingredients in **Extra Strength Tylenol<sup>®</sup> PM**  
NDC 59726-031-15

**Extra Strength Pain Reliever PM**  
Acetaminophen 500 mg, Diphenhydramine HCl 25 mg  
Pain Reliever/Nighttime Sleep-Aid  
Non-habit forming

**150 caplets**

**wellness BASICS**

†Compare to the active ingredients in **Extra Strength Tylenol<sup>®</sup> PM**  
NDC 59726-031-15

**Extra Strength Pain Reliever PM**  
Acetaminophen 500 mg, Diphenhydramine HCl 25 mg  
Pain Reliever/Nighttime Sleep-Aid  
Non-habit forming

**150 caplets**

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0 3 2 7 6 5 7 1

**Extra Strength Pain Reliever PM**

<b>PAIN RELIEVER PM EXTRA STRENGTH</b> acetaminophen, diphenhydramine hcl tablet, coated			
<b>Product Information</b>			
<b>Product Type</b>	HUMAN OTC DRUG	<b>Item Code (Source)</b>	NDC:59726-031
<b>Route of Administration</b>	ORAL		

## Active Ingredient/Active Moiety

Ingredient Name	Basis of Strength	Strength
<b>ACETAMINOPHEN</b> (UNII: 362O9ITL9D) (ACETAMINOPHEN - UNII:362O9ITL9D)	ACETAMINOPHEN	500 mg
<b>DIPHENHYDRAMINE HYDROCHLORIDE</b> (UNII: TC2D6JAD40) (DIPHENHYDRAMINE - UNII:8GTS82S83M)	DIPHENHYDRAMINE HYDROCHLORIDE	25 mg

## Inactive Ingredients

Ingredient Name	Strength
<b>CARNAUBA WAX</b> (UNII: R12CBM0EIZ)	
<b>CROSCARMELOSE SODIUM</b> (UNII: M28OL1HH48)	
<b>FD&amp;C BLUE NO. 1</b> (UNII: H3R47K3TBD)	
<b>FD&amp;C BLUE NO. 2</b> (UNII: L06K8R7DQK)	
<b>ALUMINUM OXIDE</b> (UNII: LMI26O6933)	
<b>HYPROMELLOSES</b> (UNII: 3NXW29V3WO)	
<b>MAGNESIUM STEARATE</b> (UNII: 70097M6130)	
<b>CELLULOSE, MICROCRYSTALLINE</b> (UNII: OP1R32D61U)	
<b>POLYETHYLENE GLYCOL, UNSPECIFIED</b> (UNII: 3WJQ0SDW1A)	
<b>POLYSORBATE 80</b> (UNII: 6OZP39ZG8H)	
<b>POLYVINYL ALCOHOL, UNSPECIFIED</b> (UNII: 532B59J990)	
<b>POVIDONE K30</b> (UNII: U725QWY32X)	
<b>STARCH, CORN</b> (UNII: O8232NY3SJ)	
<b>WATER</b> (UNII: 059QF0KO0R)	
<b>SILICON DIOXIDE</b> (UNII: ETJ7Z6XBU4)	
<b>SODIUM STARCH GLYCOLATE TYPE A CORN</b> (UNII: AG9B65PV6B)	
<b>STEARIC ACID</b> (UNII: 4ELV7Z65AP)	
<b>TALC</b> (UNII: 7SEV7J4R1U)	
<b>TITANIUM DIOXIDE</b> (UNII: 15FIX9V2JP)	

## Product Characteristics

<b>Color</b>	blue	<b>Score</b>	no score
<b>Shape</b>	CAPSULE	<b>Size</b>	18mm
<b>Flavor</b>		<b>Imprint Code</b>	S525;P525;G651
<b>Contains</b>			

## Packaging

#	Item Code	Package Description	Marketing Start Date	Marketing End Date
1	NDC:59726-031-15	1 in 1 BOX	01/05/2015	01/05/2025
1		150 in 1 BOTTLE, PLASTIC; Type 0: Not a Combination Product		

## Marketing Information

Marketing Category	Application Number or Monograph Citation	Marketing Start Date	Marketing End Date
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OTC monograph final	part341	01/05/2015	01/05/2025
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**Labeler** - P & L Development, LLC (800014821)

Revised: 4/2023

P & L Development, LLC