

SODIUM IODIDE I-131- sodium iodide i-131

International Isotopes Inc

HIGHLIGHTS OF PRESCRIBING INFORMATION

These highlights do not include all the information needed to use SODIUM IODIDE I-131 safely and effectively. See full prescribing information for SODIUM IODIDE I-131.

SODIUM IODIDE I-131 (for the preparation of sodium iodide I 131 capsules and solution), therapeutic, for oral use.

Initial U.S. Approval: 1971

INDICATIONS AND USAGE

Sodium Iodide I-131 is a radioactive therapeutic agent indicated for the treatment of hyperthyroidism and selected cases of carcinoma of the thyroid. (1)

DOSAGE AND ADMINISTRATION

- The concentrated sodium iodide I 131 solution provided must be diluted. (2.2)
- See Full Prescribing Information for important administration instructions and dilution and preparation instructions for sodium iodide I 131 capsules or oral solution. (2.2, 2.4)
- The recommended dose is based on the thyroid gland uptake as well as the size of the gland:
- Treatment of Hyperthyroidism: Recommended dosage is 148 to 370 megabecquerels (MBq) [4 to 10 millicuries (mCi). (2.3)
- Treatment of Thyroid Carcinoma: Recommended dosage is 1,110 to 33,700 MBq (30 to 100 mCi). (2.3)

DOSAGE FORMS AND STRENGTHS

Vials: Sodium Iodide I-131 solution (with a radioconcentration of 37,000 MBq/mL (1000 mCi/mL) at the time of calibration) for the preparation of sodium iodide I-131 capsules, therapeutic or sodium iodide I-131 solution, therapeutic. (3)

CONTRAINDICATIONS

Patients with vomiting and diarrhea. (4)
Patients with thyroid malignancies shown to have no iodide uptake. (4)
Patients receiving concurrent anti-thyroid therapy.
Pregnancy. (4)
Lactation. (4)

WARNINGS AND PRECAUTIONS

- Radiation-induced thyroiditis may cause or worsen hyperthyroidism. Consider pre-treatment with anti-thyroid medications. (5.1)
- Multiple non-thyroid radiation toxicities, including hematopoietic suppression: Individualize dose and monitor for toxicity. (5.2)
- Fetal toxicity: May cause severe and irreversible hypothyroidism in the neonate. Verify absence of pregnancy before administering the product. (5.4, 8.1, 8.3)
- Radiation exposure to breast tissue with lactation: Sodium iodide I 131 concentrates in the breast of lactating women. Discontinue lactation 6 weeks prior to therapy. (5.5, 8.2)

ADVERSE REACTIONS

Common adverse reactions reported with therapeutic doses of sodium iodide I-131 include local swelling, radiation sickness, sialadenitis, salivary gland dysfunction, bone marrow depression, lacrimal gland dysfunction, hypothyroidism, hyperthyroidism, thyrotoxic crisis.(6)

To report SUSPECTED ADVERSE REACTIONS, contact International Isotopes Inc. at 1-800-699-3108 or FDA at 1-800-FDA-1088 or www.fda.gov/medwatch.

DRUG INTERACTIONS

Many drugs and iodine-containing foods interfere with the accumulation of radioiodide by the thyroid. Instruct patients to maintain a low-iodide diet (2 weeks) and discontinue anti-thyroid therapy (3 days) before administration. (5.8, 7)

USE IN SPECIFIC POPULATIONS

- Females and Males of Reproductive Potential: May impair fertility in females and males. (5.6, 8.3)

- Geriatric Use: Dose selection may be necessary for geriatric patients due to possible decreased renal function. (8.5)
- Renal Impairment: May increase radiation exposure. (5.2, 8.6)

See 17 for PATIENT COUNSELING INFORMATION.

Revised: 10/2021

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FULL PRESCRIBING INFORMATION

1 INDICATIONS AND USAGE

Sodium Iodide I-131 Solution is indicated for the treatment of hyperthyroidism and selected cases of thyroid carcinoma.

2.1 Radiation Safety

- Sodium Iodide I-131 is a radioactive drug. Handle with appropriate safety measures to minimize radiation exposure to the patient and healthcare workers [see Warnings and Precautions (5.7)]:
- Use only by, or under the direction of, physicians who are qualified by specific training and experience in the safe use and handling of radioactive materials, and whose experience and training have been approved by the appropriate governmental agency authorized to license the use of radiopharmaceuticals.
- Use waterproof gloves when handling and administering the product.
- Maintain adequate shielding during the life of the product.
- Measure patient dose with a suitable radioactivity calibration system immediately prior to administration.

2.2 Important Administration Instructions

- Do not directly administer the concentrated Sodium Iodide I-131 solution provided to patients. The concentrated sodium iodide I 131 solution must be diluted and prepared prior to administration [see *Dosage and Administration (2.4)*].
- Obtain a pregnancy test in females of reproductive potential prior to administration to verify the absence of pregnancy [see *Contraindications (4)* and *Use in Specific Populations (8.1,8.3)*].
- Instruct patients to fast at least 2 hours before and 2 hours after administration to ensure absorption.
- Instruct patients to hydrate before and after administration of sodium iodide I-131 and to void frequently to enhance urinary elimination of the radioiodide that is not absorbed by the thyroid gland [see *Warnings and Precautions (5.2)*].
- Instruct patients to maintain a low-iodide diet two weeks prior to radioiodide administration and continue for several days during the uptake or imaging process [see *Warnings and Precautions (5.8)* and *Drug Interactions (7)*].
- Instruct patients to discontinue the anti-thyroid therapy three days before administration of sodium iodide I 131 [see *Warnings and Precautions (5.8)* and *Drug Interactions (7)*].
- For patients with a history of renal impairment, evaluate renal function for therapeutic planning and consider dosimetry [see *Use in Specific Populations (8.6)*].
- Obtain a complete blood count within one month of therapy. If patients show leukopenia or thrombocytopenia, dosimetry should be used to determine a safe sodium iodide I 131 activity, while delivering less than 2 Gy to the bone marrow [see *Warnings and Precautions (5.2)*].

2.3 Recommended Dosage and Administration

Individualization of Therapy

The recommended dose for orally administered sodium iodide I 131 capsules or solution is based on the thyroid gland uptake as well as the size of the gland. Thyroidal uptake and size should be determined by the physician prior to treatment and may be useful in calculating the therapeutic dose to be administered to the individual patient.

Treatment of Hyperthyroidism

The recommended dose is 148 to 370 MBq (4 to 10 mCi) administered orally. Toxic nodular goiter may require a larger dose.

Treatment of Thyroid Carcinoma

The recommended dose is 1100 to 3700 MBq (30 to 100 mCi) administered orally. For subsequent ablation of metastases, the recommended dose is 3700 to 7400 MBq (100 to 200 mCi) administered orally.

2.4 Dilution and Preparation Instructions

Drug Handling

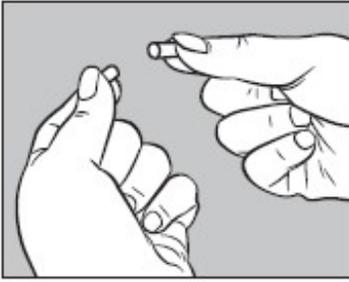
1. Wear waterproof gloves throughout the entire handling and administration procedure.
2. Make all transfers of radioactive solutions with an adequately shielded syringe or remote handling equipment and maintain adequate shielding around the vial during the useful life of the radioactive product.

Preparation of Dilute Sodium Iodide I 131 Solution

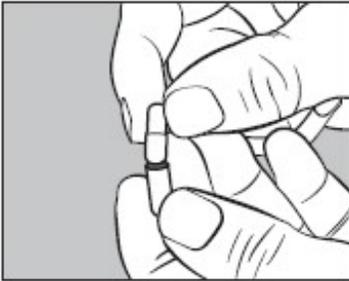
1. Using the calibration date and radionuclidic concentration on the label of the product vial, calculate the required volume to produce the necessary dose in MBq or mCi.
2. Using a shielded syringe, remove the required volume.
3. Using the shielded syringe, transfer the required volume to a suitably shielded receiving vial.
4. Add diluent to the receiving vial to produce a final dose of the desired volume.
5. The recommended diluent is Purified Water USP containing 0.2 % sodium thiosulfate USP as a reducing agent. Acidic diluents should not be used as they may cause the pH to drop below 7.5 and stimulate the volatilization of Iodine I-131 hydriodic acid.
6. Present the dose in a shielded container for administration to the patient with a straw.

Preparation of Sodium Iodide I 131 Capsules

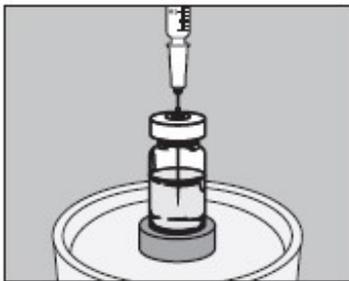
1. Use one **large** gelatin capsule and one **small** gelatin capsule for each dose to be prepared. Each **large** capsule is empty and each **small** capsule contains approximately 300 mg of dibasic sodium phosphate anhydrous as the absorbing buffer.
2. Using the calibration date and radionuclidic concentration on the label of the sodium iodide I-131 lead shield, calculate the required volume to produce the necessary dose in MBq or mCi.
3. Open one **large** capsule by pulling apart the capsule into two pieces as illustrated below:



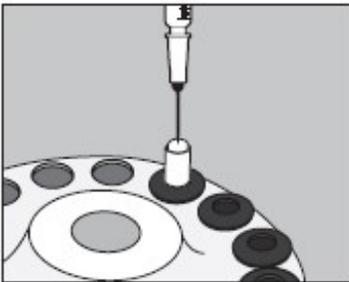
4. Insert an unopened **small** capsule into the bottom half of the empty **large** capsule as illustrated below:



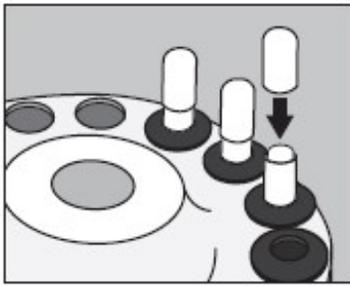
5. With an appropriate syringe, withdraw the required volume of sodium iodide I 131 Solution (maximum 150 microliters) from the vial as illustrated below:



6. Inject into the center of the **small** capsule through the top as illustrated below:



7. Slip the upper half of the **large** capsule over the bottom half to completely cover the **small** capsule and push down gently until locked as illustrated below:



8. Measure the patient dose in a suitable radioactivity calibration system immediately prior to administration.
9. Prepared capsules may be stored in a suitable polypropylene container and place inside a lead pot until use, within seven days.

2.5 Radiation Dosimetry

- The biokinetic modeling and radiation dose distributions associated with thyroid uptake of iodide I 131 depend on dietary intake of stable iodide and presume normal production of thyroid hormone. Table 1 shows a range of uptake percentages in an average adult (73.7 kg reference model). Table 1 is not intended to be used for treatment planning.
- For a thyroid blocked from iodide uptake in the production of hormones, the effective half-life of iodide I 131 is approximately 1.4 hours; for "low" to "high" uptake, the effective half-life of I 131 ranges from approximately 80 to 90 hours.

Table 1 *

Absorbed dose per unit activity sodium iodide I 131 administered orally (mGy/MBq) in adult (73.7-kg reference model)				
Organ	Thyroid uptake of I 131 (% administered activity A_0)			
	24 h after oral administration			
	Blocked thyroid (0% A_0)	Low uptake † (16% A_0)	Medium uptake † (26% A_0)	High uptake † (36% A_0)
Adrenals	0.044	0.051	0.055	0.059
Bone surfaces	0.030	0.089	0.12	0.16
Brain	0.021	0.093	0.13	0.17
Breast	0.020	0.038	0.048	0.058
Gallbladder wall	0.037	0.043	0.046	0.049
Gastrointestinal tract				
Esophagus	0.024	0.10	0.14	0.19
Stomach wall	0.87	0.77	0.71	0.66
Small intestine wall	0.035	0.033	0.032	0.032
Colon wall	0.14	0.14	0.14	0.14
(Upper large				

(Upper large intestine wall)	0.12	0.12	0.12	0.12
(Lower large intestine wall)	0.17	0.17	0.17	0.16
Heart wall	0.062	0.089	0.10	0.12
Kidneys	0.27	0.27	0.27	0.27
Liver	0.050	0.093	0.12	0.14
Lungs	0.053	0.10	0.13	0.15
Muscles	0.026	0.084	0.12	0.15
Ovaries	0.038	0.037	0.036	0.035
Pancreas	0.060	0.064	0.066	0.068
Red marrow	0.031	0.072	0.095	0.12
Salivary glands	0.27	0.22	0.19	0.16
Skin	0.019	0.043	0.057	0.071
Spleen	0.064	0.069	0.072	0.075
Testes	0.025	0.024	0.023	0.22
Thymus	0.024	0.10	0.14	0.19
Thyroid	2.2	280 †	430 †	580 †
Urinary bladder wall	0.54	0.45	0.39	0.34
Uterus	0.045	0.042	0.040	0.038
Remaining organs	0.029	0.084	0.11	0.15
Effective dose per administered activity (mSv/MBq)	0.28	14 †	22 †	29 †

* Table 1 is not intended for treatment planning.

† These columns are not applicable to estimate organ or effective doses in patients following thyroidectomy. In patients with thyroid cancer following thyroidectomy, organ and effective doses can be estimated from the "blocked"-thyroid-uptake values.

‡ These values presume unimpeded production of thyroid hormone and may not be applicable to estimate thyroid dose and effective dose in patients who have had previous treatment with I 131 for hyperthyroidism

3 DOSAGE FORMS AND STRENGTHS

Sodium Iodide I-131 solution componentis available in customer ordered vials available in 1, 2 and 3 mL V-Vials containing colorless, aqueous concentrated Sodium Iodide I-131 Solution at a strength of 37,000 MBq/mL (1000 mCi/mL) at time of calibration for preparation of sodium iodide I-131 capsules, therapeutic or sodium iodide I-131 solution, therapeutic. **Large** empty gelatin capsules and **small** gelatin capsules containing approximately 300 mg of dibasic sodium phosphate anhydrous as the absorbing buffer are supplied along with the Sodium Iodide I-131 solution for the preparation of sodium iodide I-131 capsules, therapeutic.

Table 2. Sodium Iodide I-131 Dispensing Concentrate Solution *At time of calibration

Vial Type (Stopper)	mCi I-131/mL	Maximum Volume (mL)
1 mL V-Vial (13 mm)	1000	0.75
2 mL V-Vial (13 mm)	1000	1.50
3 mL V-vial (20 mm)	1000	2.25

4 CONTRAINDICATIONS

Sodium Iodide I-131 is contraindicated in:

- Patients with vomiting and diarrhea [*see Warning and Precautions (5.7)*] .
- Patients with thyroid malignancies shown to have no iodide uptake, which include the majority of medullary or anaplastic carcinomas.
- Patients receiving concurrent anti-thyroid therapy [*see Warning and Precautions (5.1) and Drug Interactions (7)*] .
- Pregnancy [*see Warnings and Precautions (5.4), see Use in Specific Populations (8.1)*] .
- Lactation [*see Warnings and Precautions (5.5)*] .

5 WARNINGS AND PRECAUTIONS

5.1 Radiation-induced Thyroiditis

Sodium iodide I 131 may cause thyroiditis with release of thyroid hormone, which may aggravate hyperthyroidism and thyrotoxic cardiac disease [*see Adverse Reactions (6)*] . When treating hyperthyroidism, consider pre-treatment anti-thyroid medication to help deplete the thyroid hormone. Discontinue the anti-thyroid therapy three days before administration of sodium iodide I 131 [*see Drug Interactions (7)*] . Consider a beta-blocker pre or post-treatment to minimize the risk of hyperthyroidism and thyroid storm.

The thyroiditis may cause gland enlargement resulting in tenderness and swelling of the neck, pain on swallowing, sore throat, and cough; which may occur approximately the third day after sodium iodide I 131 administration. Consider management with pain-reliever or anti-inflammatory medications.

5.2 Radiation-induced Toxicities

Sodium Iodide I 131 may cause radiation induced toxicities [*see Adverse Reactions (6)*] :

- Dose-dependent fatalities (bone marrow suppression, malignancy).
- Dose-dependent hematopoietic suppression which manifests as a transient thrombocytopenia or neutropenia 3-5 weeks following sodium iodide I 131 administrations, may lead to increased susceptibility to infections or bleeding.
- Salivary gland toxicity: sialadenitis, xerostomia.
- Lacrimal gland toxicity: conjunctivitis, xerophthalmia, and epiphora.
- Increased risk of developing new solid tumors and leukemias.

Obtain a complete blood count within one month of therapy. If patients show leukopenia or thrombocytopenia, dosimetry should be used to determine a safe sodium iodide I 131 activity, while delivering less than 2 Gy to the bone marrow.

Advise good hydration for one week following sodium iodide I 131 administration and

stimulate salivary flow via a sialogogue (e.g. sugar-free candy or gum, pilocarpine, and ascorbic acid) to reduce radiation exposure to the salivary glands.

Advise patients to void frequently after administration of radioiodide to enhance excretion.

5.3 Hypersensitivity Reactions

Hypersensitivity reactions including anaphylaxis may occur in patients who receive sodium iodide I 131. Although iodide is not considered an allergen, hypersensitivity reactions may occur in relation with excipients or chemical component of the capsule, such as sodium thiosulfate. Obtain and document an allergy history, particularly a sulfite allergy. Emergency resuscitation equipment and personnel should be immediately available [see *Adverse Reactions (6)*].

5.4 Embryo-Fetal Toxicity

Sodium Iodide I-131 Solution is contraindicated in pregnancy because sodium iodide I-131 crosses the placenta and fetal exposure can lead to neonatal hypothyroidism. Multiple reports in the published literature describe hypothyroidism in the neonates following in utero exposure to sodium iodide I-131. Some cases of neonatal hypothyroidism were severe and irreversible. Verify pregnancy status of females of reproductive potential prior to initiating Sodium Iodide I-131 Solution treatment. Advise females and males of reproductive potential to use effective contraception during treatment with Sodium Iodide I-131 Solution and for at least six months after the last dose [see *Use in Specific Populations (8.1, 8.3)*].

5.5 Increased Radiation Exposure to Breast Tissue with Lactation

Sodium Iodide I-131 Solution is contraindicated in lactating women because sodium iodide I-131 concentrates in the breast via the increased expression of the sodium iodide symporter in breast tissue with lactation. The literature describes moderate to marked radioiodine uptake in the breast tissue for 5 to 32 weeks post cessation of breast feeding. Advise lactating women to discontinue breast feeding at least 6 weeks prior to administration of sodium iodide I-131 to allow sufficient time for involution to occur and to avoid excess concentration of sodium iodide I-131 in breast tissue. Consider administration of drugs to suppress lactation. Consider diagnostic scintigraphy before administration of sodium iodide I-131 to assess the persistence of uptake by breast tissue. If sodium iodide I-131 is administered in the postpartum period, the lactating mother should not breastfeed the infant [see *Use in Specific Populations (8.2)*].

5.6 Transient Infertility

Transient dose-related impairment of testicular function in men and transient ovarian insufficiency in women has been reported after sodium iodide I-131 therapy. Sperm banking for men may be considered prior to administration of Sodium Iodide I-131 Solution for thyroid carcinoma [see *Use in Specific Populations (8.3)*].

5.7 Risk of Radiation Exposure

Household Contacts

Instruct patients to follow radiation safety precautions after receiving Sodium Iodide I-131 to minimize the radiation contamination of other persons or the environment.

Patients should avoid close contact with others, especially pregnant women and children, and take care to avoid contamination of other persons or the environment with body fluids.

Patients and Healthcare Providers

Sodium Iodide I-131 contributes to a patient's overall long-term cumulative radiation exposure, which is associated with an increased risk of cancer. Follow safe handling and administration to minimize radiation exposure to the patient and healthcare providers.

5.8 Risk of Decreased Effectiveness of Therapy

Certain food or drugs may alter the thyroid uptake of sodium iodide I 131 and diminish its effectiveness. Recent intake of stable iodide in any form, or the use of thyroid or anti-thyroid drugs may diminish thyroid uptake of sodium iodide I 131 [see *Drug Interactions (7)*].

6 ADVERSE REACTIONS

The following clinically significant adverse reactions are described below and elsewhere in labeling:

- Radiation-induced Thyroiditis [see *Warnings and Precautions (5.1)*].
- Radiation-induced Toxicities [see *Warnings and Precautions (5.2)*].
- Hypersensitivity Reactions [see *Warnings and Precautions (5.3)*].
- Embryo-Fetal Toxicity [see *Warnings and Precautions (5.4), Use in Specific Population (8.1)*].
- Increased Radiation Exposure to Breast Tissue with Lactation [see *Warnings and Precautions (5.5), Use in Specific Populations (8.2)*].
- Transient Infertility [see *Warnings and Precautions (5.6), Use in Specific Population (8.3)*].
- Radiation Exposure to Other Individuals [see *Warnings and Precautions (5.7)*].
- Risk of Decreased Effectiveness of Therapy [see *Warnings and Precautions (5.8)*].

6.1 Postmarketing Experience

The following adverse reactions have been reported during post-approval use of sodium iodide I-131 (Table 3). Because these reactions are reported voluntarily from a population of uncertain size, it is not always possible to reliably estimate their frequency or establish a causal relationship to drug exposure.

Table 3 Postmarket Adverse Reactions by System Organ Class

System Organ Class*	Symptoms*
Cardiac disorders	Chest pain, tachycardia
Congenital, familial and genetic disorders	Chromosomal abnormalities, congenital hypothyroidism
Endocrine disorders	Hyperthyroidism, hypoparathyroidism, hypothyroidism, thyrotoxic crisis
Eye disorders	Lacrimal gland dysfunction
Gastrointestinal disorders	Gastritis, nausea, salivary gland dysfunction, sialadenitis, vomiting
General disorders and administration site	Local swelling of thyroid or sites of iodide avid

conditions	tumor
Hematologic and lymphatic disorders including fatalities	Anemia, blood dyscrasia, bone marrow depression, leukopenia, thrombocytopenia
Immune system disorders	Bronchospasm
Neoplasms benign, malignant and unspecified (including cysts and polyps)	Acute leukemia, solid cancer
Nervous system disorders	+Cerebral edema, headache
Respiratory, thoracic and mediastinal disorders	◆Pulmonary fibrosis, ◆radiation pneumonitis
Skin and subcutaneous tissue disorders	Hives, itching, rash

* In alphabetical order
+ In patients with iodide-avid brain metastases
◆ In patients with iodide-avid lung metastases

7 DRUG INTERACTIONS

- Concomitant use of bone marrow depressants may enhance the depression of the hematopoietic system caused by the use of large doses of sodium iodide I 131 [see *Warnings and Precautions (5.2)*].
- Many drugs and iodide-containing foods interfere with the accumulation of radioiodide by the thyroid. Review the patients history, current medications, and recent diagnostic tests prior to the administration of sodium iodide I 131 [see *Warnings and Precautions (5.8)*].
- Advise patients to maintain a low-iodide diet two weeks prior to radioiodide administration and continue for several days during the uptake or imaging process and to discontinue taking the following products before they undergo the procedure as shown in Table 4.

Table 4 Pharmaceuticals/OTCs/Agents Blocking Radioiodine Uptake

Type of Medication	Recommended time of withdrawal
Thionamide medications (e.g., propylthiouracil, methimazole, carbimazole)	3 days
Multivitamins containing iodide	10 days
<u>Natural or synthetic thyroid hormones</u> triiodothyronine	2 weeks
thyroxine	4 weeks
Iodide-containing foods: iodized salt, dairy products, egg yolks, seafood, turkey and liver	2 weeks
Kelp, agar, carrageenan, Lugol solution	3 weeks

Saturated solution of potassium iodide	3 weeks
Topical iodide (e.g., surgical skin preparation)	3 weeks
<u>Intravenous radiographic contrast agents</u>	
Water soluble	2 months
Lipophilic	6 months
Amiodarone	6 months

8.1 Pregnancy

Risk Summary

Sodium Iodide I-131 is contraindicated in pregnancy because fetal exposure can lead to neonatal hypothyroidism, which in some cases is severe and irreversible [see *Warnings and Precautions (5.4)*]. Data from the published literature describe thyroid abnormalities after fetal exposure; including agenesis of the thyroid and hypothyroidism (see *Data*). No animal reproductive studies have been conducted.

Clinical Considerations.

Fetal/ Neonatal Adverse Reactions

A fetus exposed to sodium iodide I 131 can develop neonatal hypothyroidism. Delay in diagnosis of neonatal hypothyroidism after exposure to sodium iodide I 131 in utero can result in severe sequelae such as decreased mental capacity and delayed bone age. Monitor thyroid function in any infant born after in utero exposure to sodium iodide I 131.

Data

Human Data

Sodium iodide I 131 crosses the placenta and the fetal thyroid begins to concentrate iodide during the 10-12th week of gestation. In literature reports of maternal exposures to sodium iodide I 131 at doses of 333 - 8325 MBq (9 - 225 mCi) during 4-26 weeks gestational age, the most common adverse outcomes were hypothyroid infants and children.

8.2 Lactation

Risk Summary

Sodium Iodide I-131 Solution is contraindicated during lactation because I-131 concentrates in the breast during lactation via the increased expression of the sodium iodide symporter in breast tissue and can lead to hypothyroidism in the infant through breastfeeding. If sodium iodide I-131 is administered postpartum, breastfeeding should not be restarted for the remainder of the postpartum period. In addition, to minimize the absorbed radiation dose to the breast tissue, breastfeeding and breast-pumping should

be discontinued for at least 6 weeks before administration of sodium iodide I-131 [see *Warnings and Precautions (5.5)*]. Infants exposed to sodium iodide I-131 through breast milk are at risk for development of hypothyroidism because sodium iodide I-131 is distributed into breast milk and may reach concentrations equal to or greater than concentrations in maternal plasma(see *Data*).

Data

Published literature describes sodium iodide I-131 transfer into breast milk and uptake by the thyroid of the breastfed infant. The amount of sodium iodide I-131 detected in the breast milk at 36 to 48 hours after administration is 1% to 27% of the injected dose (with injected doses between 1.1 MBq to 5,143 MBq).

8.3 Females and Males of Reproductive Potential

Sodium Iodide I-131 is contraindicated in pregnancy because of the risk of fetal hypothyroidism [see *Warnings and Precautions (5.4)* and [see *Use in Specific Populations (8.1)*].

Pregnancy Testing

Obtain a pregnancy test in females of reproductive potential and verify the absence of pregnancy before initiating treatment [see *Dosage and Administration (2.2)*].

Contraception

Advise females and males of reproductive potential to use effective contraception during treatment with Sodium Iodide I-131 Solution and for at least six months after the last dose of Sodium Iodide I-131 Solution.

Infertility

Females

Fertility may be impaired with Sodium Iodide I-131 Solution treatment. Transient amenorrhea and ovarian insufficiency have been observed after sodium iodide I-131 therapy in females. The literature describes reports of transient menstrual cycle irregularities, including amenorrhea, and ovarian failure in females treated with cumulative doses of 1,000 MBq to 59,000 MBq (27 mCi to 1,595 mCi) sodium iodide I-131. In a published literature analysis, the effects on fertility occurred in up to 30% of women treated with sodium iodide I-131, and may resolve 12 months after treatment.

Males

Fertility may be impaired with Sodium Iodide I-131 Solution treatment. Discuss sperm banking for males who are expected to receive a high cumulative dose of sodium iodide I-131. Transient dose-related impairment of testicular function after sodium iodide I-131 therapy has been reported in the published literature. The literature describes reports of males treated with sodium iodide I-131 at doses of 370 MBq to 22,000 MBq (10 mCi to 595 mCi) resulting in transiently impaired testicular function (including spermatogenesis). The risk of persistent testicular dysfunction increases after administration of repeated or high cumulative radioiodide exposure.

8.4 Pediatric Use

The safety and effectiveness of Sodium Iodide I-131 Solution have not been established

in pediatric patients. Pediatric patients are at an increased lifetime risk for malignancy from radiation exposure.

8.5 Geriatric Use

Clinical experience has not identified differences in safety or effectiveness in geriatric patients compared to younger patients. However, elderly patients are more likely to have decreased renal function and radiation exposure is greater in patients with impaired renal function [see *Use in Specific Populations (8.6)*, *Clinical Pharmacology (12.3)*].

8.6 Renal Impairment

Sodium Iodide I 131 is primarily excreted by the kidneys. Renal function impairment decreases excretion of sodium iodide I 131 and increases the radiation exposure and risk of radiation toxicity. For patients with a history of renal impairment, evaluate renal function for therapeutic planning and consider dosimetry. Sodium Iodide I 131 is dialyzable. Hemodialysis can be used to reduce total body radiation exposure [see *Clinical Pharmacology (12.3)*].

10 OVERDOSAGE

In case of exposure to a radioactive dose of sodium iodide I 131 exceeding the intended therapeutic dose, provide general supportive care, promote frequent voiding, monitor for bone marrow and thyroid suppression. Consider administering a thyroid blocking agent (e.g. potassium iodide (KI) or perchlorate) promptly within 4 to 6 hours after the exposure. Assess the benefit of administering a thyroid blocking agent against the risk of failure of sodium iodide I 131 therapy. Appropriate replacement therapy is recommended if hypothyroidism occurs.

11 DESCRIPTION

11.1 Chemical Characteristics

Sodium Iodide I-131 Solution, a radioactive therapeutic agent, provides a concentrated solution of sodium iodide I-131 with a radioconcentration of 37,000 MBq/mL (1,000 mCi/mL). Each mL of the concentrated solution contains 37,000 MBq of no-carrier-added sodium iodide I-131, disodium edetate dihydrate USP as a stabilizer, sodium thiosulfate pentahydrate USP as a reducing agent, and dibasic sodium phosphate anhydrous USP. The pH of the concentrated solution is between 7.5 and 10.

The concentrated solution provided with Sodium Iodide I-131 Solution is used for the preparation of sodium iodide I-131 capsules or sodium iodide I-131 solution of varying strengths for oral administration for therapy.

Sodium iodide I-131 solution is designated chemically as Na ¹³¹I and has a molecular weight of 153.99 g/mol. Hard gelatin capsules, provided for the preparation of the sodium iodide I-131 capsules final dosage form, contain approximately 300 mg of dibasic sodium phosphate anhydrous USP as the absorbing buffer.

11.2 Physical Characteristics

Iodine I-131 decays by beta emission and associated gamma emission with a physical

half-life of 8.02 days. The principal radiation emissions are listed in Table 5.

Table 5 Principal Radiation Emission Data from Decay of Sodium Iodide I 131

Radiation	Mean % per Disintegration	Mean Energy (keV)
Beta-1	2.1%	69.4
Beta-3	7.2%	96.6
Beta-4	89.4%	191.6
Gamma-7	6.1%	284.3
Gamma-14	81.2%	364.5
Gamma-18	7.1%	637.0

11.3 External Radiation

The specific gamma-ray constant for iodide I 131 is $4.26 \times 10^{-13} \text{ C}\cdot\text{m}^2\cdot\text{kg}^{-1}\cdot\text{MBq}^{-1}\cdot\text{s}^{-1}$ ($2.2 \text{ R}\cdot\text{cm}^2/\text{mCi}\cdot\text{hr}$). The first half-value thickness of lead (Pb) for iodide I 131 is 0.27 cm. A range of values for the relative attenuation of the radiation emitted by iodide I 131 that results from interposition of various thicknesses of Pb is shown in Table 6. For example, the use of 2.59 cm of Pb will decrease the external radiation exposure by a factor of about 1,000.

Table 6 Radiation Attenuation of Iodine I 131 by Lead Shielding

Shield Thickness (Pb) cm	Coefficient of Attenuation
0.27	0.5
0.56	0.25
0.99	10^{-1}
2.59	10^{-2}
4.53	10^{-3}

To correct for physical decay of iodine I 131, the fractions that remain at selected intervals after the time of calibration are shown in Table 7.

Table 7 Physical Decay Chart: Iodine I-131 Half-Life 8.02 days

Days	Fraction Remaining	Days	Fraction Remaining	Days	Fraction Remaining
0*	1.000	11	.386	22	.149
1	.917	12	.354	23	.137
2	.841	13	.325	24	.126
3	.772	14	.298	25	.115

4	.708	15	.274	26	.106
5	.649	16	.251	27	.097
6	.595	17	.230	28	.089
7	.546	18	.211	29	.082
8	.501	19	.194	30	.075
9	.459	20	.178		
10	.421	21	.163		

*Calibration time

12 CLINICAL PHARMACOLOGY

12.1 Mechanism of Action

Iodide is actively transported by the sodium-iodide symporter (NIS) protein, in thyroid follicular cells. Iodide is concentrated in follicular cells to levels up to 50 times higher than in the plasma. Iodide is metabolically oxidized by thyroid peroxidase to iodinium (I^+) which in turn iodinates tyrosine residues of thyroglobulin (tri or tetra-iodinated tyrosine). The beta emission of I 131 is responsible for the therapeutic effect.

12.2 Pharmacodynamics

The relationship between the extent of iodide I 131 exposure and pharmacologic effects has not been explored in clinical trials.

12.3 Pharmacokinetics

Absorption

Following oral administration of sodium iodide I 131, 90% of the administered radioactivity of iodide I 131 is systemically absorbed in the first 60 minutes.

Distribution

Following absorption, I 131 is distributed within the extra-cellular space. It is actively transported by the sodium-iodide symporter (NIS) protein, and binds to thyroglobulin resulting in accumulation in the thyroid. The thyroid uptake of iodide is usually increased in hyperthyroidism and in goiter, and is decreased in hypothyroidism. Sodium Iodide I 131 also accumulates in the stomach, choroid plexus, salivary glands, breast, liver, gall bladder, and kidneys.

Elimination

Metabolism

In thyroidal follicular cells iodide is oxidized through the action of thyroid peroxidase to iodinium (I^+) which in turn iodinates tyrosine residues of thyroglobulin.

Excretion

Sodium iodide I 131 is excreted in urine and feces. The normal range of urinary excretion is 37% to 75% of the administered dose, varying with the thyroid and renal function of the patient. Fecal excretion is about 10%.

16 HOW SUPPLIED/STORAGE AND HANDLING

16.1 How Supplied

The Sodium Iodide I-131 Solution provides a concentrated solution of sodium iodide I-131 with a radioconcentration of 37,000 MBq/mL (1,000 mCi/mL) at the time of calibration and can be supplied in any of the following vials: 1, 2 and 3 mL clear glass V-vials.

The concentrated solution is intended for use in the preparation of capsules and solutions of varying strengths for oral administration.

Concentrated Sodium Iodide I-131 Solution

NDC Code	Size/type Container
69208-001-15	1 mL V-vial
69208-001-25	2 mL V-vial
69208-001-35	3 mL V-vial

A minimum of one carton of capsules containing 2 blister packs of capsules may be provided with each shipment. Each blister pack includes 5 empty #1 capsules and 5 filled #2 capsules containing approximately 300 mg of dibasic sodium phosphate anhydrous USP as the absorbing buffer. The capsules may be supplied along with the Sodium Iodide I-131 Solution for the preparation of sodium iodide I-131 capsules, therapeutic.

16.2 Storage

The Sodium Iodide I-131 Solution should be stored between 2 °C and 25 °C (36 °F and 77 °F). Store and dispose of Sodium Iodide I-131 Solution in compliance with the appropriate regulations of the government agency authorized to license the use of this radionuclide. Use Sodium Iodide I-131 Solution per the expiry date on the lead shield label. Use prepared capsules within 7 days of preparing.

Discard unused capsules after all Sodium Iodide I-131 Solution has been dispensed or expired. New blister packages of hard gelatin capsules may be provided with each new shipment of Sodium Iodide I-131 Solution.

This radiopharmaceutical is approved for use by persons under license by the Nuclear Regulatory Commission or the relevant regulatory authority of an Agreement State.

17 PATIENT COUNSELING INFORMATION

Radiation Safety Precautions [see *Warnings and Precautions (5.7)*].

- Advise patients treated for hyperthyroidism to monitor for and seek medical care for signs and symptoms of thyrotoxicosis and thyroid storm arising during the post-treatment period. For mild radiation-induced thyroiditis, patients may be advised to consider symptomatic management with pain-relievers or anti-inflammatory medications [see *Warnings and Precautions (5.1)*].
- Advise patients to hydrate and void frequently and to use a sialagogue after administration of radioiodide to minimize radiation dose [see *Warnings and Precautions (5.2)*].

- Advise patients to avoid close contact with others, especially pregnant women and children, and to take care to avoid contamination of other persons or the environment with body fluids [see Warnings and Precautions (5.7)] .

Embryo-Fetal Toxicity

- Advise female patients of the risk to a fetus [see Warnings and Precautions (5.4) , Use in Specific Populations (8.1)] .
- Advise females and males of reproductive potential to use effective contraception during treatment with sodium iodide I 131 and for at least 6 months after the last dose [see Warnings and Precautions (5.4) , Use in Specific Populations (8.3)] .
- Advise female patients to contact their healthcare provider with a known or suspected pregnancy.

Lactation

- Instruct women to stop breastfeeding and breast-pumping at least 6 weeks prior to sodium iodide I 131 administration [see Contraindications (4), Warnings and Precautions (5.5) and Use in Specific Populations (8.2)].

Effects on Fertility

- Advise females and males of reproductive potential of the potential for impaired fertility with Sodium Iodide I-131 treatment [see Warnings and Precautions (5.6) and Use in Specific Populations (8.3)].

Manufactured by:

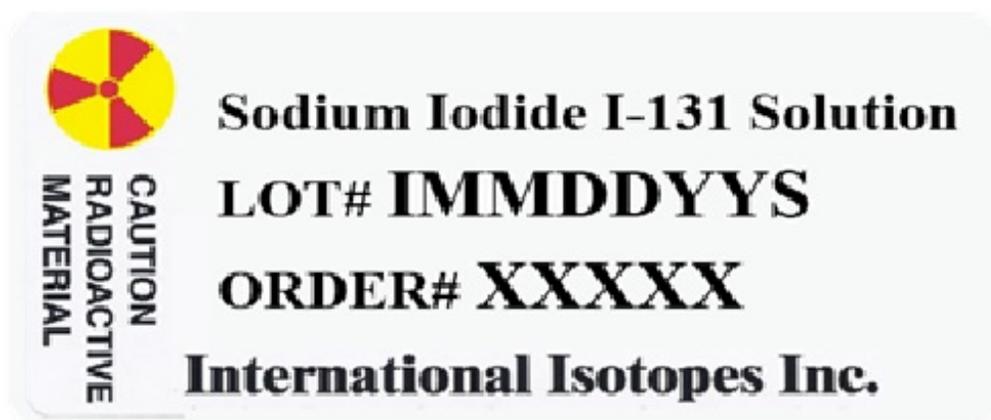
Idaho Falls, Idaho 83401, USA

1-208-524-5300

www.intisoid.com

PRINCIPAL DISPLAY PANEL

Sodium Iodide I-131 Solution Immediate Container Label



Sodium Iodide I-131 Solution - Lead Shield Label

<p align="center">Sodium Iodide (¹³¹I) Solution</p> <p align="center">Therapeutic Oral</p> <p>USES: Compounding of therapeutic oral solution or capsules</p> <p>Each ml of the aqueous solution contains carrier-free Sodium Iodide 1-131 Solution. <2 mg of Disodium Edetate Dihydrate USP, <22 mg of Sodium Thiosulfate Pentahydrate USP, and <40 mg of Dibasic Sodium Phosphate Anhydrous USP The pH of the solution is between 7.5 and 10.0. Store upright in a shielded container at 2° - 25°C Calculate dosage from Calibration Date</p> <p align="center">RX Only</p> <p align="center">¹³¹I HALF LIFE = 8.02 DAYS</p> <p align="center"></p>	<p>Order# _____ Lot #: _____</p> <p>Calibration Date: _____ XX/XX/XXXX</p> <p>Calibration Time: _____ 12:00 (MT)</p>
	<p>Total radioactivity @ calibration: MBq mCi</p> <p>Total Volume @ calibration: mL</p> <p>Radioconcentration @ calibration: MBq/mL mCi/mL</p> <p>Expiration Date: XX/XX/XXXX</p> <p>NDC Code: 69208-003-XX</p> <p align="center">Caution: Radioactive Material</p> <p align="center">Manufactured by International Isotopes Inc. Idaho Falls, ID</p>

Capsule Blister Pack Label

Empty #1 Gelatin Capsules

EMPTY
(5 Capsules)

For Use with Sodium Iodide 1-131 solution

#2 Inner Gelatin Capsules

300 mg dibasic Sodium Phosphate Anhydrous
(5 Capsules)

International Isotopes Inc.
Idaho Falls, ID 83401

Lot #: _____
Exp: _____

Capsule Carton Label

Gelatin Capsule Pack

For use with the Sodium Iodide I-131 Solution Kit

Lot:

Expiration:

International Isotopes Inc.
Idaho Falls, ID 83401

SODIUM IODIDE I-131

sodium iodide i-131 kit

Product Information

Product Type	HUMAN PRESCRIPTION DRUG	Item Code (Source)	NDC:69208-000
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Packaging

#	Item Code	Package Description	Marketing Start Date	Marketing End Date
1	NDC:69208-000-00	1 in 1 BOX	03/16/2020	

Quantity of Parts

Part #	Package Quantity	Total Product Quantity
Part 1	1 VIAL, DISPENSING	1
Part 2	0 BLISTER PACK	1

Part 1 of 2

SODIUM IODIDE I-131

sodium iodide i-131 solution, concentrate

Product Information

Item Code (Source)	NDC:69208-003
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Route of Administration	ORAL
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Active Ingredient/Active Moiety

Part of

Ingredient Name	Basis of Strength	Strength
SODIUM IODIDE I-131 (UNII: 29VCO8ACHH) (IODIDE ION I-131 - UNII:4GC1FOQ22U)	IODIDE ION I-131	1000 mCi

Inactive Ingredients

Ingredient Name	Strength
EDETATE DISODIUM (UNII: 7FLD91C86K)	
SODIUM THIOSULFATE (UNII: HX1032V43M)	
SODIUM PHOSPHATE, DIBASIC, DIHYDRATE (UNII: 9425516E2T)	

Packaging

#	Item Code	Package Description	Marketing Start Date	Marketing End Date
1	NDC:69208-003-15	1 in 1 VIAL, DISPENSING; Type 0: Not a Combination Product		
2	NDC:69208-003-25	2 in 1 VIAL, DISPENSING; Type 0: Not a Combination Product		
3	NDC:69208-003-35	3 in 1 VIAL, DISPENSING; Type 0: Not a Combination Product		

Marketing Information

Marketing Category	Application Number or Monograph Citation	Marketing Start Date	Marketing End Date
ANDA	ANDA209166	03/16/2020	

Part 2 of 2

SODIUM PHOSPHATE

sodium phosphate capsules capsule

Product Information

Item Code (Source)	NDC:69208-002
Route of Administration	ORAL

Inactive Ingredients

Ingredient Name	Strength
SODIUM PHOSPHATE, DIBASIC, ANHYDROUS (UNII: 22ADO53M6F)	300 mg

Product Characteristics

Color	white (opaque)	Score	no score
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Shape	CAPSULE	Size	17mm
Flavor		Imprint Code	
Contains			

Packaging

#	Item Code	Package Description	Marketing Start Date	Marketing End Date
1		1 in 1 BOX		
1		2 in 1 CARTON		
1		10 in 1 BLISTER PACK; Type 0: Not a Combination Product		

Marketing Information

Marketing Category	Application Number or Monograph Citation	Marketing Start Date	Marketing End Date
ANDA	ANDA209166	03/16/2020	

Marketing Information

Marketing Category	Application Number or Monograph Citation	Marketing Start Date	Marketing End Date
ANDA	ANDA209166	03/16/2020	

Labeler - International Isotopes Inc (933155509)

Registrant - International Isotopes Inc (933155509)

Establishment

Name	Address	ID/FEI	Business Operations
International Isotopes Inc		933155509	manufacture(69208-000, 69208-003, 69208-002) , api manufacture(69208-003, 69208-002)

Revised: 1/2024

International Isotopes Inc