

**DIUREX MAX- pamabrom tablet, film coated**  
**Alva-Amco Pharmacal Companies, Inc.**

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**Diurex Max**

**Active ingredient (in each caplet)**

Pamabrom, 50 mg

**Purpose**

Diuretic

**Uses**

For the relief of

- temporary water retention
- bloating
- swelling
- full feeling

associated with the premenstrual and menstrual periods.

**Warnings**

**Ask a doctor or pharmacist before use if you are** taking any other medications.

**Stop use and ask a doctor if** symptoms last more than ten consecutive days.

**If pregnant or breastfeeding,** ask a health professional before use.

**Keep out of reach of children.** In case of overdose, get medical help or contact a poison control center right away.

**Directions**

- Read all package directions and warnings before use.
- Use only as directed.
- Adults: One (1) pill after breakfast with a full glass of water.
- Dose may be repeated after 6 hours, not to exceed four (4) pills in 24 hours.
- Start taking 5 or 6 days before onset of period and continue until desired relief is obtained or end of period.
- Drink 6 to 8 glasses of water daily.
- For use by normally healthy adults only.
- Persons under 18 years of age should use only as directed by a doctor.

## Other information

Calcium content: 160 mg/pill. **\*\*Contents sealed:** Each DIUREX Max, light blue colored, oval shaped pill bears the identifying mark "ALVA" plus a "1" on the pill's reverse side and is sealed in a clear plastic blister with a foil backing. Do not use if seal appears broken or if product contents do not match product description. NOTE: The appearance of golden tinted urine which may occur after taking Diurex Water Pills is a normal and temporary effect. You may report serious side effects to the phone number provided under *Questions?* below.

## Inactive ingredients

Calcium sulfate dihydrate, croscarmellose sodium, dicalcium phosphate, FDC Blue No. 1, hypromellose, magnesium stearate, mineral oil, polyethylene glycol, potassium gluconate, riboflavin, sodium lauryl sulfate, stearic acid, talc and titanium dioxide.

**Questions? 1-800-792-2582**

### **Datos Farmacológicos**

<b>Ingrediente activo (en cada comprimido)</b>	<b>Propósito</b>
Pamabrom, 50 mg.....	Diurético

**Usos** Para el alivio de la retención temporal de líquidos  
■ distensión abdominal ■ hinchazón ■ sensación de saciedad asociadas con los períodos menstruales y premenstruales.

### **Advertencias**

**Consulte con su médico o farmacéutico antes de usarlo si está** tomando cualquier otro medicamento.

**Interrumpa el uso y consulte con su médico si los síntomas** duran más de diez días consecutivos.

**Si está embarazada o está amamantando,** consulte con un profesional de la salud antes de usarlo. ■ **Mantener fuera del alcance de los niños.** En caso de sobredosis, obtenga ayuda médica o comuníquese de inmediato con un centro de toxicología.

**Indicaciones** ■ Lea todas las indicaciones y advertencias del envase antes de usarlo. ■ Úselo solo de acuerdo con las indicaciones. ■ **Adultos:** Un (1) comprimido después del desayuno con un vaso lleno de agua. ■ La dosis puede repetirse después de 6 horas, sin exceder los cuatro (4) comprimidos en 24 horas. ■ Comience a tomarlo 5 o 6 días antes del inicio del período y

continúe hasta que se obtenga el alivio deseado o hasta el final del período. ■ Tome de 6 a 8 vasos de agua todos los días. ■ Solo para uso en adultos normalmente sanos. ■ Las personas menores de 18 años deben usarlo solo según las indicaciones de un médico. ▼

## **Datos Farmacológicos (continuación)**

**Información adicional** Contenido de calcio: 160 mg/comprimido.\*\***El contenido está sellado:** Cada comprimido DIUREX, de color azul claro y forma ovalada lleva la marca identificatoria "ALVA" y un "1" en el dorso, y está sellado en un blíster de plástico transparente con un recubrimiento posterior de papel aluminio. No lo use si el sello parece estar roto o si el producto no coincide con la descripción del producto. NOTA: La aparición de orina de color dorado que puede ocurrir después de tomar los comprimidos contra la retención de líquido DIUREX es un efecto normal y temporal. ■ Puede informar efectos secundarios graves al número de teléfono que aparece en la sección *¿Tiene preguntas?* a continuación.

**Ingredientes inactivos** Sulfato de calcio dihidratado, croscarmelosa sódica, fosfato dicálcico, FD&C azul n.º 1 Lake, hipromelosa, estearato de magnesio, aceite mineral, polietilenglicol, gluconato de potasio, riboflavina, lauril sulfato sódico, ácido esteárico, talco y dióxido de titanio.

**¿Tiene preguntas? 1-800-792-2582**

Relieve  
water bloat



49/24A-11RC,  
0121

gentle diuretic  
**diurex**<sup>®</sup>**MAX**

**Water  
Pills**  
CAFFEINE FREE

3

gentle diuretic  
**diurex**<sup>®</sup>  
**MAX**

**DOCTOR  
RECOMMENDED**

**NEW LOOK!**

gentle diuretic  
**diurex**<sup>®</sup>  
**MAX**

**Water Pills** **CAFFEINE  
FREE**

**Feel Better &  
Less Heavy**

**Effective Bloat Relief**

**24  
CAPLETS**

Relieves Periodic Water Bloat

gentle diuretic  
**diurex**<sup>®</sup>  
**MAX**  
**Water Pills** **CAFFEINE  
FREE**



Prod. No. 49524

**\*\*Contents Sealed**

Dist.: ALVA-AMCO Pharmaceutical Cos., LLC  
Niles, IL 60714, U.S.A.  
© 1973-2021 ALVA



**Alva**<sup>®</sup>

PROTECT PRODUCT FROM EXCESSIVE HEAT AND MOISTURE.

**LOT:**

**EXP:**

CP-435136  
02/2021



149524RC11



149524RC11

**Water Pills**  
**CAFFEINE FREE**  
**Píldoras Diuréticas**  
**SIN CAFEÍNA**  
Vea las instrucciones en español adentro

**CONTAINS NO GLUTEN INGREDIENTS** [WWW.DIUREX.COM](http://WWW.DIUREX.COM)

The active ingredient in DIUREX Max Water Pills has been recognized to be safe and effective by an FDA expert advisory panel when used as directed.

**Questions? 1-800-792-2582**

**Inactive ingredients** Calcium sulfate dihydrate, croscarmellose sodium, dicalcium phosphate, FD&C Blue #1 Lake, hypromellose, magnesium stearate, mineral oil, polyethylene glycol, potassium gluconate, riboflavin, sodium lauryl sulfate, stearic acid, talc and titanium dioxide.

**Other information** Calcium content: 160 mg/pill. **\*\*Contents sealed:** Each DIUREX, light blue colored, oval shaped pill bears the identifying mark "ALVA" plus a "1" on the pill's reverse side and is sealed in a clear plastic blister with a foil backing. Do not use if seal appears broken or if product contents do not match product description. NOTE: The appearance of golden tinted urine which may occur after taking DIUREX Water Pills is a normal and temporary effect. ■ You may report serious side effects to the phone number provided under **Questions?** below.

**Directions** ■ Read all package directions and warnings before use. ■ Use only as directed. ■ Adults: One (1) pill after breakfast with a full glass of water. ■ Dose may be repeated after 6 hours, not to exceed four (4) pills in 24 hours. ■ Start taking 5 or 6 days before onset of period and continue until desired relief is obtained or end of period. ■ Drink 6 to 8 glasses of water daily. ■ For use by normally healthy adults only. ■ Persons under 18 years of age should use only as directed by a doctor.

**If pregnant or breast-feeding**, ask a health professional before use. **Keep out of reach of children.** In case of overdose, get medical help or contact a poison control center right away.

days.

**Drug Facts**

**Active ingredient (in each pill)** Pamabrom, 50 mg . . . . . Diuretic

**Uses** For the relief of ■ temporary water retention ■ bloating ■ swelling ■ full feeling associated with the premenstrual and menstrual periods.

**Warnings**  
 Ask a doctor or pharmacist before use if you are taking any other medications.  
 Stop use and ask a doctor if symptoms last for more than ten consecutive

\*Based on independent syndicated market research data.



## DIUREX MAX

pamabrom tablet, film coated

### Product Information

<b>Product Type</b>	HUMAN OTC DRUG	<b>Item Code (Source)</b>	NDC:52389-249
<b>Route of Administration</b>	ORAL		

### Active Ingredient/Active Moiety

Ingredient Name	Basis of Strength	Strength
PAMABROM (UNII: UA8U0KJM72) (BROMOTHEOPHYLLINE - UNII:FZG87K1MQ6)	PAMABROM	50 mg

### Inactive Ingredients

Ingredient Name	Strength
CROSCARMELLOSE SODIUM (UNII: M28OL1HH48)	
DIBASIC CALCIUM PHOSPHATE DIHYDRATE (UNII: O7TSZ97GEP)	
FD&C BLUE NO. 1 (UNII: H3R47K3TBD)	
HYPROMELLOSES (UNII: 3NXW29V3WO)	
MAGNESIUM STEARATE (UNII: 70097M6I30)	
LIGHT MINERAL OIL (UNII: N6K5787QVP)	
POLYETHYLENE GLYCOL 400 (UNII: B6978945GQ)	
POTASSIUM GLUCONATE (UNII: 12H3K5QKN9)	
CALCIUM SULFATE DIHYDRATE (UNII: 4846Q921YM)	
RIBOFLAVIN (UNII: TLM2976OFR)	
SODIUM LAURYL SULFATE (UNII: 368GB5141J)	
STEARIC ACID (UNII: 4ELV7Z65AP)	
TITANIUM DIOXIDE (UNII: 15FIX9V2JP)	
TALC (UNII: 7SEV7J4R1U)	

### Product Characteristics

<b>Color</b>	blue	<b>Score</b>	no score
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<b>Shape</b>	OVAL	<b>Size</b>	15mm
<b>Flavor</b>		<b>Imprint Code</b>	ALVA;1
<b>Contains</b>			

### Packaging

#	Item Code	Package Description	Marketing Start Date	Marketing End Date
1	NDC:52389-249-20	1 in 1 CARTON	07/18/2006	04/18/2011
1		30 in 1 BLISTER PACK; Type 0: Not a Combination Product		
2	NDC:52389-249-40	1 in 1 CARTON	10/01/2015	03/31/2019
2		40 in 1 BOTTLE, PLASTIC; Type 0: Not a Combination Product		
3	NDC:52389-249-24	1 in 1 CARTON	04/18/2011	
3		24 in 1 BLISTER PACK; Type 0: Not a Combination Product		
4	NDC:52389-249-48	2 in 1 CARTON	07/18/2013	
4		24 in 1 BLISTER PACK; Type 0: Not a Combination Product		
5	NDC:52389-249-16	2 in 1 CARTON	04/18/2011	05/31/2019
5		8 in 1 BLISTER PACK; Type 0: Not a Combination Product		
6	NDC:52389-249-10	4 in 1 CARTON	11/10/2017	
6		10 in 1 BLISTER PACK; Type 0: Not a Combination Product		
7	NDC:52389-249-72	3 in 1 CARTON	06/12/2018	
7		24 in 1 BLISTER PACK; Type 0: Not a Combination Product		
8	NDC:52389-249-30	3 in 1 CARTON	07/12/2021	
8		10 in 1 BLISTER PACK; Type 0: Not a Combination Product		
9	NDC:52389-249-50	5 in 1 CARTON	07/18/2022	
9		10 in 1 BLISTER PACK; Type 0: Not a Combination Product		

### Marketing Information

Marketing Category	Application Number or Monograph Citation	Marketing Start Date	Marketing End Date
OTC Monograph Drug	M027	12/20/1995	

**Labeler** - Alva-Amco Pharmacial Companies, Inc. (042074856)

