

**EPSOM SALT- epsom salt granule  
Big Lots**

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**Drug Facts**

**Active ingredient**

Magnesium sulfate USP 100%

**Purpose**

Saline laxative

**Uses**

- relieves occasional constipation (irregularity)
- generally produces bowel movement in 1/2 to 6 hours

**Warnings**

**Ask a doctor before use if you have**

- kidney disease
- a magnesium restricted diet
- stomach pain, nausea or vomiting
- noticed a sudden change in bowel habits that lasts more than 2 weeks

**Ask a doctor or pharmacist before use if you are**

presently taking a prescription drug.

**When using this product**

- **do not use more than directed**

**Stop use and ask a doctor if**

- you have rectal bleeding or failure to have a bowel movement after use. This may indicate a serious condition.
- you need to use a laxative for more than 1 week

**If pregnancy or breast-feeding,**

ask a health professional before use.

**Keep out of reach of children.**

In case of overdose, get medical help or contact a Poison Control Center (1-800-222-1222) right away.

**Directions**

- do not exceed more than 2 doses per day; if necessary repeat dosage in 4 hours

age	dose
adults and children 12 years and older	2-4 level teaspoons dissolved in a full glass (8oz) of water
children 6 to 11 years	1-2 level teaspoons dissolved in a full glass (8oz) of water

**Not recommended for children under 6 years of age.**

**Other information**

- **each teaspoon contains:** magnesium 495 mg

**Inactive ingredient**

none

**Questions or comments?**

For laxative or soak, call **1-877-753-3935** Monday-Friday 9AM-5PM EST

**Principal Display Panel**

**EPSOM SALTS**

Magnesium Sulfate U.S.P.

Saline Laxative For Relief of Occasional Constipation

Soaking Aid For Minor Sprains and Bruises

Net Wt oz LB (kg)

**TAMPER EVIDENT: DO NOT USE IF HEAT SEALED POUCH IS IMPROPERLY SEALED**

Distributed By:

Big Lots Stores, Inc.

P.O. Box 28523

Columbus, OH 43228-0523

**Package Label**



**SOUNDBODY Epsom Salt**

<b>EPSOM SALT</b>				
epsom salt granule				
<b>Product Information</b>				
<b>Product Type</b>	HUMAN OTC DRUG	<b>Item Code (Source)</b>	NDC:50594-395	
<b>Route of Administration</b>	ORAL, TOPICAL			
<b>Active Ingredient/Active Moiety</b>				
<b>Ingredient Name</b>		<b>Basis of Strength</b>	<b>Strength</b>	
MAGNESIUM SULFATE HEPTAHYDRATE (UNII: SK47B8698T) (MAGNESIUM CATION - UNII:T6V3LHY838)		MAGNESIUM SULFATE HEPTAHYDRATE	1 g in 1 g	
<b>Packaging</b>				
<b>#</b>	<b>Item Code</b>	<b>Package Description</b>	<b>Marketing Start Date</b>	<b>Marketing End Date</b>
1	NDC:50594-395-08	3629 g in 1 POUCH; Type 0: Not a Combination Product	04/30/2021	
<b>Marketing Information</b>				
<b>Marketing Category</b>	<b>Application Number or Monograph Citation</b>		<b>Marketing Start Date</b>	<b>Marketing End Date</b>
OTC Monograph Drug	M007		04/30/2021	

**Labeler - Big Lots (017885351)**

