

**PHENTERMINE HCL- phentermine hcl capsule  
DIRECT RX**

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**PHENTERMINE HCL C-IV**

Phentermine hydrochloride capsules are indicated as a short-term (a few weeks) adjunct in a regimen of weight reduction based on exercise, behavioral modification and caloric restriction in the management of exogenous obesity for patients with an initial body mass index  $\geq 30$  kg/m<sup>2</sup>, or  $\geq 27$  kg/m<sup>2</sup> in the presence of other risk factors (e.g., controlled hypertension, diabetes, hyperlipidemia).

Below is a chart of body mass index (BMI) based on various heights and weights.

BMI is calculated by taking the patient's weight, in kilograms (kg), divided by the patient's height, in meters (m), squared. Metric conversions are as follows: pounds  $\div$  2.2 = kg; inches  $\times$  0.0254 = meters.

BODY MASS INDEX (BMI), kg/m<sup>2</sup>

Height (feet, inches)

Weight

(pounds) 5'0" 5'3" 5'6" 5'9" 6'0" 6'3"

140 27 25 23 21 19 18

150 29 27 24 22 20 19

160 31 28 26 24 22 20

170 33 30 28 25 23 21

180 35 32 29 27 25 23

190 37 34 31 28 26 24

200 39 36 32 30 27 25

210 41 37 34 31 29 26

220 43 39 36 33 30 28

230 45 41 37 34 31 29

240 47 43 39 36 33 30

250 49 44 40 37 34 31

The limited usefulness of agents of this class, including phentermine, [see Clinical Pharmacology (12.1, 12.2)] should be measured against possible risk factors inherent in their use such as those described below.

Exogenous Obesity

Dosage should be individualized to obtain an adequate response with the lowest effective dose.

The usual adult dose is 15 mg to 30 mg as prescribed by the physician, at approximately 2 hours after breakfast for appetite control. Administration of one 30 mg capsule daily has been found to be adequate in depression of the appetite for 12 to 14 hours. Phentermine is not recommended for use in pediatric patients  $\leq 16$  years of age.

Late evening medication should be avoided because of the possibility of resulting insomnia.

Phentermine hydrochloride capsules USP, 15 mg (equivalent to 12 mg phentermine base): powder-filled capsules, gray/orange; imprinted logo LANNETT on the cap and 1742 on the body.

Phentermine hydrochloride capsules USP, 30 mg (equivalent to 24 mg phentermine base): powder-filled capsules, natural/blue; imprinted logo LANNETT on the cap and 1308 on the body.

Phentermine hydrochloride capsules USP, 30 mg (equivalent to 24 mg phentermine base): powder-filled capsules, yellow/yellow; imprinted logo LANNETT on the cap and 1310 on the body.

Phentermine hydrochloride capsules USP, 30 mg (equivalent to 24 mg phentermine base): powder-filled capsules, black/black; imprinted logo LANNETT on the cap and logo 0597 logo on the body.

Phentermine hydrochloride capsules USP, 30 mg (equivalent to 24 mg phentermine base): pellet-filled capsules, natural/blue; imprinted logo LANNETT on the cap and 1438 on the body.

History of cardiovascular disease (e.g., coronary artery disease, stroke, arrhythmias, congestive heart failure, uncontrolled hypertension)

During or within 14 days following the administration of monoamine oxidase inhibitors

Hyperthyroidism

Glaucoma

Agitated states

History of drug abuse

Pregnancy [see Use in Specific Populations (8.1)]

Nursing [see Use in Specific Populations (8.3)]

Known hypersensitivity, or idiosyncrasy to the sympathomimetic amines

### 5.1 Coadministration with Other Drug Products for Weight Loss

Phentermine hydrochloride capsules are indicated only as short-term (a few weeks) monotherapy for the management of exogenous obesity. The safety and efficacy of combination therapy with phentermine and any other drug products for weight loss including prescribed drugs, over-the-counter preparations, and herbal products, or serotonergic agents such as selective serotonin reuptake inhibitors (e.g., fluoxetine, sertraline, fluvoxamine, paroxetine), have not been established. Therefore, coadministration of phentermine and these drug products is not recommended.

### 5.2 Primary Pulmonary Hypertension

Primary Pulmonary Hypertension (PPH) - a rare, frequently fatal disease of the lungs - has been reported to occur in patients receiving a combination of phentermine with fenfluramine or dexfenfluramine. The possibility of an association between PPH and the use of phentermine alone cannot be ruled out; there have been rare cases of PPH in patients who reportedly have taken phentermine alone. The initial symptom of PPH is usually dyspnea. Other initial symptoms may include angina pectoris, syncope or lower extremity edema. Patients should be advised to report immediately any deterioration in exercise tolerance. Treatment should be discontinued in patients who develop new, unexplained symptoms of dyspnea, angina pectoris, syncope or lower extremity edema, and patients should be evaluated for the possible presence of pulmonary hypertension.

### 5.3 Valvular Heart Disease

Serious regurgitant cardiac valvular disease, primarily affecting the mitral, aortic and/or tricuspid valves, has been reported in otherwise healthy persons who had taken a combination of phentermine with fenfluramine or dexfenfluramine for weight loss. The possible role of phentermine in the etiology of these valvulopathies has not been established and their course in individuals after the drugs are stopped is not known. The possibility of an association between valvular heart disease and the use of phentermine alone cannot be ruled out; there have been rare cases of valvular heart disease in patients who reportedly have taken phentermine alone.

### 5.4 Development of Tolerance, Discontinuation in Case of Tolerance

When tolerance to the anorectant effect develops, the recommended dose should not be exceeded in an attempt to increase the effect; rather, the drug should be discontinued.

### 5.5 Effect on the Ability to Engage in Potentially Hazardous Tasks

Phentermine may impair the ability of the patient to engage in potentially hazardous activities such as operating machinery or driving a motor vehicle; the patient should therefore be cautioned accordingly.

### 5.6 Risk of Abuse and Dependence

Phentermine is related chemically and pharmacologically to amphetamine (d- and dl-amphetamine) and other related stimulant drugs that have been extensively abused. The possibility of abuse of phentermine should be kept in mind when evaluating the desirability of including a drug as part of a weight reduction program. See Drug Abuse and Dependence (9) and Overdosage (10).

The least amount feasible should be prescribed or dispensed at one time in order to minimize the possibility of overdose.

### 5.7 Usage with Alcohol

Concomitant use of alcohol with phentermine may result in an adverse drug reaction.

#### 5.8 Use in Patients with Hypertension

Use caution in prescribing phentermine for patients with even mild hypertension (risk of increase in blood pressure).

#### 5.9 Use in Patients on Insulin or Oral Hypoglycemic Medications for Diabetes Mellitus

A reduction in insulin or oral hypoglycemic medications in patients with diabetes mellitus may be required.

#### 7.1 Monoamine Oxidase Inhibitors

Use of phentermine is contraindicated during or within 14 days following the administration of monoamine oxidase inhibitors because of the risk of hypertensive crisis.

#### 7.2 Alcohol

Concomitant use of alcohol with phentermine may result in an adverse drug reaction.

#### 7.3 Insulin and Oral Hypoglycemic Medications

Requirements may be altered [see Warnings and Precautions (5.9)].

#### 7.4 Adrenergic Neuron Blocking Drugs

Phentermine may decrease the hypotensive effect of adrenergic neuron blocking drugs.

#### 9.1 Controlled Substance

Phentermine is a Schedule IV controlled substance.

#### 9.2 Abuse

Phentermine is related chemically and pharmacologically to the amphetamines. Amphetamines and other stimulant drugs have been extensively abused and the possibility of abuse of phentermine should be kept in mind when evaluating the desirability of including a drug as part of a weight reduction program.

#### 9.3 Dependence

Abuse of amphetamines and related drugs may be associated with intense psychological dependence and severe social dysfunction. There are reports of patients who have increased the dosage of these drugs to many times than recommended. Abrupt cessation following prolonged high dosage administration results in extreme fatigue and mental depression; changes are also noted on the sleep EEG.

Manifestations of chronic intoxication with anorectic drugs include severe dermatoses, marked insomnia, irritability, hyperactivity and personality changes. A severe manifestation of chronic intoxication is psychosis, often clinically indistinguishable from schizophrenia.

The least amount feasible should be prescribed or dispensed at one time in order to minimize the possibility of overdose.

#### 10.1 Acute Overdosage

Manifestations of acute overdose include restlessness, tremor, hyperreflexia, rapid respiration, confusion, assaultiveness, hallucinations, and panic states. Fatigue and depression usually follow the central stimulation. Cardiovascular effects include arrhythmia, hypertension or hypotension, and circulatory collapse. Gastrointestinal symptoms include nausea, vomiting, diarrhea and abdominal cramps. Overdosage of pharmacologically similar compounds has resulted in fatal poisoning usually terminates in convulsions and coma.

Management of acute phentermine hydrochloride intoxication is largely symptomatic and includes lavage and sedation with a barbiturate. Experience with hemodialysis or peritoneal dialysis is inadequate to permit recommendations in this regard. Acidification of the urine increases phentermine excretion. Intravenous phentolamine (Regitine®, CIBA) has been suggested on pharmacologic grounds for possible acute, severe hypertension, if this complicates overdose.

#### 10.2 Chronic Intoxication

Manifestations of chronic intoxication with anorectic drugs include severe dermatoses, marked insomnia, irritability, hyperactivity and personality changes. The most severe manifestation of chronic

intoxications is psychosis, often clinically indistinguishable from schizophrenia. See Drug Abuse and Dependence (9.3).

### 13.1 Carcinogenesis, Mutagenesis, Impairment of Fertility

Studies have not been performed with phentermine to determine the potential for carcinogenesis, mutagenesis or impairment of fertility.

Store at 20° to 25°C (68° to 77°F) [See USP Controlled Room Temperature].

Dispense in a tight container as defined in the USP, with a child-resistant closure (as required).

Keep out of the reach of children.



## PHENTERMINE HCL

phentermine hcl capsule

### Product Information

|                                |                         |                           |  |
|--------------------------------|-------------------------|---------------------------|--|
| <b>Product Type</b>            | HUMAN PRESCRIPTION DRUG | <b>Item Code (Source)</b> | NDC:61919-244-30<br>244(NDC:0527-1438) |
| <b>Route of Administration</b> | ORAL                    | <b>DEA Schedule</b>       | CIV                                    |

### Active Ingredient/Active Moiety

| Ingredient Name  | Basis of Strength         | Strength |
|--|---------------------------|----------|
| PHENTERMINE HYDROCHLORIDE (UNII: 0K2I5050TV) (PHENTERMINE - UNII:C045TQL4WP) | PHENTERMINE HYDROCHLORIDE | 30 mg    |

### Inactive Ingredients

| Ingredient Name                         | Strength |
|---|----------|
| POLYSORBATE 80 (UNII: 6OZP39ZG8H)       |          |
| FD&C BLUE NO. 2 (UNII: L06K8R7DQK)      |          |
| FD&C YELLOW NO. 6 (UNII: H77VEI93A8)    |          |
| D&C RED NO. 28 (UNII: 767IP0Y5NH)       |          |
| SHELLAC (UNII: 46N107B71O)              |          |
| ALCOHOL (UNII: 3K9958V90M)              |          |
| BUTYL ALCOHOL (UNII: 8PJ61P6TS3)        |          |
| SUCROSE (UNII: C151H8M554)              |          |
| STARCH, CORN (UNII: O8232NY3SJ)         |          |
| HYPROMELLOSES (UNII: 3NXW29V3WO)        |          |
| POLYETHYLENE GLYCOLS (UNII: 3WJQ0SDW1A) |          |

|                                       |  |
|---------------------------------------|--|
| TITANIUM DIOXIDE (UNII: 15FIX9V2JP)   |  |
| FD&C BLUE NO. 1 (UNII: HBR47K3TBD)    |  |
| ALUMINUM OXIDE (UNII: LM26O6933)      |  |
| GELATIN (UNII: 2G86QN327L)            |  |
| FERROSFERRIC OXIDE (UNII: XM0M87F357) |  |
| PROPYLENE GLYCOL (UNII: 6DC9Q167V3)   |  |
| METHYL ALCOHOL (UNII: Y4S76JWI15)     |  |
| FD&C RED NO. 40 (UNII: WZB9127XOA)    |  |
| D&C YELLOW NO. 10 (UNII: 35SW5USQ3G)  |  |

**Product Characteristics**

|                 |  |                     |                          |
|-----------------|--|---------------------|--------------------------|
| <b>Color</b>    | blue ((blue/clear capsule filled with blue/white pellets)) , white ((blue/clear capsule filled with blue/white pellets)) | <b>Score</b>        | score with uneven pieces |
| <b>Shape</b>    | CAPSULE  | <b>Size</b>         | 18mm                     |
| <b>Flavor</b>   |  | <b>Imprint Code</b> | LANNETT;1438             |
| <b>Contains</b> |  |                     |                          |

**Packaging**

| # | Item Code        | Package Description                               | Marketing Start Date | Marketing End Date |
|---|------------------|---|----------------------|--------------------|
| 1 | NDC:61919-244-30 | 30 in 1 BOTTLE; Type 0: Not a Combination Product | 07/11/2016           |                    |

**Marketing Information**

| Marketing Category | Application Number or Monograph Citation | Marketing Start Date | Marketing End Date |
|--------------------|--|----------------------|--------------------|
| ANDA               | ANDA091359                               | 07/11/2016           |                    |

**Labeler - DIRECT RX (079254320)**

**Establishment**

| Name      | Address | ID/FEI    | Business Operations |
|-----------|---------|-----------|---------------------|
| DIRECT RX |         | 079254320 | repack(61919-244)   |