

**TARON-C DHA- ferrous fumarate, iron, ascorbic acid, folic acid, thiamine mononitrate, riboflavin, niacin, calcium pantothenate, pyridoxine hydrochloride, biotin, cyanocobalamin, cupric sulfate, magnesium sulfate, zinc sulfate, and omega-3 fatty acids capsule**  
**Trigen Laboratories, LLC**

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**Taron™ -C DHA**  
**with Ascorbic Acid Precursors**

## **SUPPLEMENT FACTS**

# Supplement Facts

Serving Size: 1 Softgel Capsule

Servings Per Container: 30

	Amount Per Serving	% DV for Pregnant and Lactating Women
<b>Calories</b>	5.0	†
<b>Vitamin C*</b> (Ascorbic Acid)	25 mg	21%
<b>Thiamin</b> (as Thiamin Mononitrate)	2 mg	143%
<b>Riboflavin</b>	3 mg	188%
<b>Niacin</b> (as Niacinamide Ascorbate)	1.8 mg NE	10%
<b>Vitamin B<sub>6</sub></b> (as Pyridoxine HCl)	25 mg	1250%
<b>Folate</b>	1667 mcg DFE (1000 mcg Folic Acid)	278%
<b>Vitamin B<sub>12</sub></b> (Cyanocobalamin)	12.5 mcg	446%
<b>Biotin</b>	300 mcg	857%
<b>Pantothenic Acid</b> (as d-Calcium Pantothenate)	5 mg	71%
<b>Iron</b> (as Ferrous Fumarate and Polysaccharide Iron Complex)	35 mg	130%
<b>Magnesium</b> (as Magnesium Sulfate)	5 mg	1%
<b>Zinc</b> (as Zinc Sulfate)	10 mg	77%
<b>Copper</b> (as Cupric Sulfate)	2 mg	154%
<b>Omega-3 Fatty Acids</b>	200 mg	†
<b>DHA</b> (Docosahexaenoic Acid)	156 mg	†
<b>EPA</b> (Eicosapentaenoic Acid)	39 mg	†

† Daily Value (DV) not established.

\* Also containing Ascorbic Acid Precursors as (1) Acid Metabolites including niacinamide ascorbate, calcium ascorbate, magnesium ascorbate, potassium ascorbate and sodium ascorbate (2) Basic Amino Acids including lysine acetate; (3) Flavonoids including hesperidin; and (4) Glutathione

**Other Ingredients:** Bovine Gelatin, Glycerin, Yellow Beeswax, Soy Lecithin, Purified Water, Orange Cream Flavor O.S, Sorbitol, Titanium Dioxide, Ethyl Vanillin, FD&C Blue #1.

**THIS PRODUCT CONTAINS SOY AND FISH (TUNA, MAY INCLUDE ANCHOVY**

## **AND/OR SARDINE).**

Taron™ -C DHA is a prescription multivitamin/mineral indicated to provide omega-3 fatty acid supplementation throughout pregnancy, during the postnatal period for both lactating and non-lactating mothers, and throughout the childbearing years. Taron™ -C DHA may be useful in improving the nutritional status of women prior to conception.

## **CONTRAINDICATIONS**

Taron™ -C DHA is contraindicated in patients with a known hypersensitivity to any of the ingredients including soy or fish products. All iron compounds are contraindicated in patients with hemochromatosis, hemosiderosis, or hemolytic anemias.

## **WARNINGS**

Administration of omega-3 fatty acids should be avoided in patients taking anticoagulants and in those known to have an inherited or acquired predisposition to bleeding.

**WARNING:Accidental overdose of iron-containing products is a leading cause of fatal poisoning in children under 6. KEEP THIS PRODUCT OUT OF REACH OF CHILDREN. In case of accidental overdose, call a doctor or poison control center immediately.**

## **PRECAUTIONS**

Folic acid alone is an improper therapy in the treatment of pernicious anemia and other megaloblastic anemias where vitamin B<sub>12</sub> is deficient. Folic acid in doses above 0.1 mg daily may obscure pernicious anemia in that hematologic remission can occur while neurologic manifestations remain progressive.

The patient's medical conditions and consumption of other drugs, herbs, and/or supplements should be considered.

Pediatric Use: Safety and effectiveness in pediatric populations have not been established.

Geriatric Use: Safety and effectiveness in elderly populations have not been established.

Biotin levels higher than the recommended daily allowance may cause interference with some laboratory tests, including cardiovascular diagnostic tests (e.g. troponin) and hormone tests, and may lead to incorrect test results. Tell your healthcare provider about all prescription and over-the-counter medicines, vitamins, and dietary supplements that you take, including biotin.

## **DRUG INTERACTIONS**

Taron™ -C DHA is not recommended for and should not be given to patients receiving levodopa because the action of levodopa is antagonized by pyridoxine. There is a possibility of increased bleeding due to pyridoxine interaction with anticoagulants (e.g., Aspirin, Heparin, Clopidogrel).

## **ADVERSE REACTIONS**

**Folic Acid:** Allergic sensitization has been reported following both oral and parenteral administration of folic acid.

**Ferrous Fumarate:** Gastrointestinal disturbances (anorexia, nausea, diarrhea, constipation) occur occasionally, but are usually mild and may subside with continuation of therapy. Although the absorption of iron is best when taken between meals, giving Taron™ -C DHA after meals may control occasional G.I. disturbances. Taron™ -C DHA is best absorbed when taken at bedtime.

## **OVERDOSAGE**

Iron is toxic. Acute overdosage of iron may cause nausea and vomiting and, in severe cases, cardiovascular collapse and death. Other symptoms include pallor and cyanosis, melena, shock, drowsiness, and coma. The estimated overdose of orally ingested iron is 300-mg/kg body weight. When overdoses are ingested by children, severe reactions, including fatalities, have resulted. Taron™ -C DHA should be stored beyond the reach of children to prevent against accidental iron poisoning.

Treatment: For specific therapy, exchange transfusion and chelating agents should be used. For general management, perform gastric lavage with sodium bicarbonate solution or milk. Administer intravenous fluids and electrolytes and use oxygen.

## **DESCRIPTION**

Taron™ -C DHA is a blue, oval softgel capsule containing a dark brown oil, imprinted with "T536".

## **DIRECTIONS FOR USE**

Adults (over 12 years of age) may take one capsule daily between meals or as prescribed by a physician. Do not exceed recommended dosage. Do not administer to children under the age of 12.

## **HOW SUPPLIED**

Taron™ -C DHA is dispensed in child-resistant bottles of 30 softgel capsules.

**PRODUCT CODE 13811-536-30**

## **STORAGE**

Store at 20°-25°C (68°-77°F); excursions permitted to 15°-30°C (59°- 86°F). [See USP Controlled Room Temperature].

## **KEEP OUT OF REACH OF CHILDREN**

**For use on the order of a healthcare practitioner.**

**Call your doctor about side effects. To report side effects, call Trigen Laboratories, LLC at 1-770-509-4500 or FDA at 1-800-FDA-1088 or [www.fda.gov/medwatch](http://www.fda.gov/medwatch).**

**Rev. 12/2021**

**PLR-TARONCDHA-00001-2**

**Manufactured for:  
Trigen Laboratories, LLC  
Alpharetta, GA 30005  
[www.trigenlab.com](http://www.trigenlab.com)**



**PRINCIPAL DISPLAY PANEL - 30 Capsule Bottle Label**

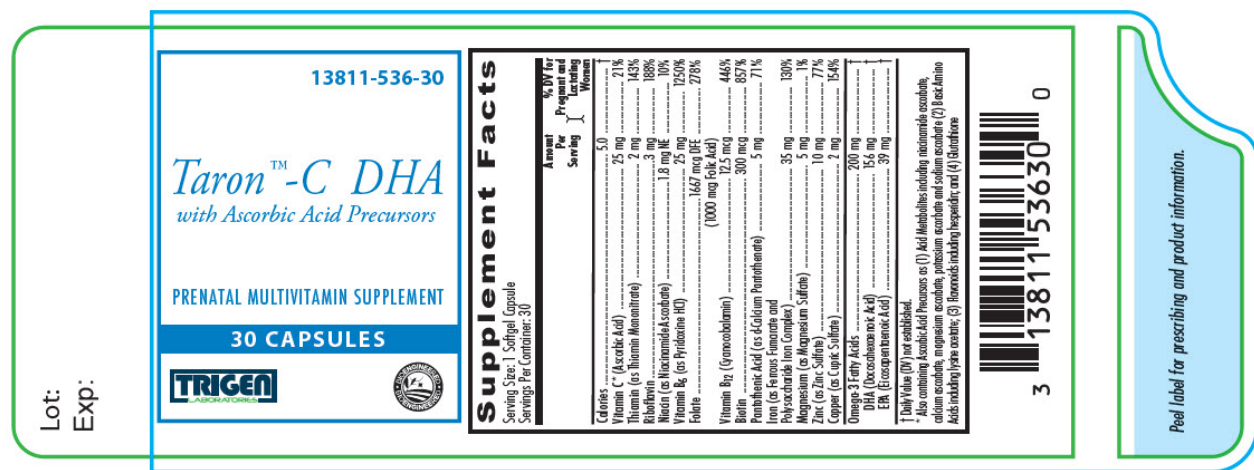
**13811-536-30**

***Taron™ -C DHA***  
*with Ascorbic Acid Precursors*

**PRENATAL MULTIVITAMIN SUPPLEMENT**

**30 CAPSULES**

**TRIGEN  
LABORATORIES**



## TARON-C DHA

ferrous fumarate, iron, ascorbic acid, folic acid, thiamine mononitrate, riboflavin, niacin, calcium pantothenate, pyridoxine hydrochloride, biotin, cyanocobalamin, cupric sulfate, magnesium sulfate, zinc sulfate, and omega-3 fatty acids capsule

### Product Information

<b>Product Type</b>	DIETARY SUPPLEMENT	<b>Item Code (Source)</b>	NHRIC:13811-536
<b>Route of Administration</b>	ORAL		

### Active Ingredient/Active Moiety

Ingredient Name	Basis of Strength	Strength
<b>ferrous fumarate</b> (UNII: R5L488RY0Q) (FERROUS CATION - UNII:GW895810WR)	FERROUS CATION	17.5 mg
<b>IRON</b> (UNII: E1UOL152H7) (IRON - UNII:E1UOL152H7)	IRON	17.5 mg
<b>ascorbic acid</b> (UNII: PQ6CK8PD0R) (ASCORBIC ACID - UNII:PQ6CK8PD0R)	ascorbic acid	25 mg
<b>folic acid</b> (UNII: 935E97BOY8) (FOLIC ACID - UNII:935E97BOY8)	folic acid	1 mg
<b>thiamine mononitrate</b> (UNII: 8K0I04919X) (THIAMINE ION - UNII:4ABT0J945J)	THIAMINE	2 mg
<b>riboflavin</b> (UNII: TLM2976OFR) (RIBOFLAVIN - UNII:TLM2976OFR)	riboflavin	3 mg
<b>Niacin</b> (UNII: 2679MF687A) (NIACIN - UNII:2679MF687A)	Niacin	1.8 mg
<b>calcium pantothenate</b> (UNII: 568ET80C3D) (PANTOTHENIC ACID - UNII:19F5HK2737)	PANTOTHENIC ACID	5 mg
<b>pyridoxine Hydrochloride</b> (UNII: 68Y4CF58BV) (PYRIDOXINE - UNII:KV2JZ1BI6Z)	pyridoxine Hydrochloride	25 mg
<b>biotin</b> (UNII: 6S06U10H04) (BIOTIN - UNII:6S06U10H04)	biotin	300 ug
<b>cyanocobalamin</b> (UNII: P6YC3EG204) (CYANOCOBALAMIN - UNII:P6YC3EG204)	cyanocobalamin	12.5 ug
<b>Cupric Sulfate</b> (UNII: LRX7AJ16DT) (CUPRIC CATION - UNII:8CBV67279L)	CUPRIC CATION	2 mg
<b>MAGNESIUM SULFATE ANHYDROUS</b> (UNII: ML30MJ2U7I) (MAGNESIUM CATION - UNII:T6V3LHY838)	MAGNESIUM SULFATE ANHYDROUS	5 mg
<b>zinc sulfate</b> (UNII: 89DS0H96TB) (ZINC CATION - UNII:13S1S8SF37)	ZINC CATION	10 mg

Omega-3 fatty acids (UNII: 71M78END5S) (OMEGA-3 FATTY ACIDS - UNII:71M78END5S)		Omega-3 fatty acids	200 mg	
Inactive Ingredients				
Ingredient Name			Strength	
GELATIN TYPE B BOVINE (160 BLOOM) (UNII: 1T8387508X)				
glycerin (UNII: PDC6A3C0OX)				
water (UNII: 059QF0KO0R)				
lecithin, soybean (UNII: 1DI56QDM62)				
yellow wax (UNII: 2ZA36H0S2V)				
titanium dioxide (UNII: 15FIX9V2JP)				
ethyl vanillin (UNII: YC9ST449YJ)				
FD&C blue No. 1 (UNII: H3R47K3TBD)				
SORBITOL (UNII: 506T60A25R)				
ORANGE OIL (UNII: AKN3KSD11B)				
Packaging				
#	Item Code	Package Description	Marketing Start Date	Marketing End Date
1	NHRIC:13811-536-30	30 in 1 BOTTLE, PLASTIC		
Marketing Information				
Marketing Category	Application Number or Monograph Citation		Marketing Start Date	Marketing End Date
DIETARY SUPPLEMENT			12/01/2009	

<b>Supplement Facts</b>	
<b>Serving Size :</b>	<b>Serving per Container :</b>
<b>Amount Per Serving</b>	<b>% Daily Value</b>
color	
flavor	
imprint	
scoring	1
shape	
size (solid drugs)	15 mm

<b>Labeler</b> - Trigen Laboratories, LLC (830479668)
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