

## **FORMULA 4 PAIN- lidocaine hcl, menthol cream**

### **Lifequest Creations LLC**

*Disclaimer: Most OTC drugs are not reviewed and approved by FDA, however they may be marketed if they comply with applicable regulations and policies. FDA has not evaluated whether this product complies.*

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#### **Active Ingredients**

#### **Purpose**

|                  |                    |
|------------------|--------------------|
| Lidocaine HCl 4% | Topical Anesthetic |
| Menthol 1%       | Topical Analgesic  |

#### **Uses**

Fast Pain Relief

#### **Warnings**

FOR EXTERNAL USE ONLY. NOT INTENDED FOR INGESTION DONT USE ONLARGE AREAS OF THE BODY OR ON CUT, IRRITATED OR SWOLLEN SKIN. Use only as directed, avoid contact with eyes and mucus membranes If pregnant or breast-feeding, ask a health care professional before use. If swallowed, get medical help

#### **Direction**

Apply topically to area.

#### **Inactive ingredients**

Purified water, Arnica, EMU OIL, MCT OIL, Hemp seed oil, Glyceryl stearate, Cetearyl Alcohol, Copaiba, Tea Tree, Basil, Rosemary, Rose, Lavender, Ginger, Capsicum, Bergamot

#### **Other information**

Great for : Sore muscles, aching joints, gout flare-ups and body pain and other sports related pain.

Menthol crystals gives instant cooling and pain relief. Physician formulated (roll-on-blend) glides on is non-sticky, and absorbs quickly.

Arnica reduces bruising and swelling. Lidocaine helps alleviate stiffness, inflammation, joint pain, muscle soreness and more. Hemp seed oil

allows ingredients to cross and absorb into the skin. With its healing properties, Emu oil reduces fibrosis from skin damage caused by radiation

therapy.

# Product label

**• JOINT RELIEF • SORE MUSCLES • PROFESSIONALLY FORMULATED • LIDOCAINE 4% • HEMP OIL • FAST ACTING • MENSTRUAL PAIN AND MORE**

**Drug Facts**

**Active Ingredients**  
 Lidocaine 4% Topical Anesthetic  
 Menthol Crystals 1% Topical Analgesic

**Inactive Ingredients**  
 Purified Water, Olive Oil, Hemp Oil, Shea Butter, Mango Butter, Aloe Vera, Emulsifying Wax, Stearic Acid, Camphor, Palmarosa, French Lavender, Eucalyptus, Tea Tree, Ginger, Capsicum Essential Oils, Optiphen

Distributed by:  
 4F Wellness, Aphoretto, GA 30004



**FORMULA 4 PAIN**  
 RAPID RELIEF PAIN CREAM

www.4FWellness.com

Great for: Sore Muscles, Aching Joints, Gout Flare-ups, Body Pain and other sports related pains. Lidocaine helps alleviate stiffness, inflammation, joint pain, muscle soreness, and more. Hemp Seed Oil allows these ingredients to cross & absorb into the skin.

Menthol Crystals give instant cooling and pain relief. Physician Formulated. Combined with other ingredients 4F Pain Cream is a great way to combat discomfort. Great for before and after workouts.

**DIRECTIONS FOR USE:**  
 Apply topically to area and rub in. Repeat as needed.

These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.

FOR EXTERNAL USE ONLY. NOT INTENDED FOR INGESTION. DO NOT USE ON LARGE AREAS OF THE BODY. AVOID FLESH WOUNDS, IRRITATED, OR SWOLLEN SKIN.

If swallowed get medical help. Use only as directed. Avoid contact with eyes and mucous membranes. If pregnant or breast-feeding, ask a health care professional before use.

**KEEP OUT OF REACH OF CHILDREN**



## FORMULA 4 PAIN

lidocaine hcl, menthol cream

### Product Information

|                                |                |                           |               |
|--------------------------------|----------------|---------------------------|---------------|
| <b>Product Type</b>            | HUMAN OTC DRUG | <b>Item Code (Source)</b> | NDC:58292-005 |
| <b>Route of Administration</b> | TOPICAL        |                           |               |

### Active Ingredient/Active Moiety

| Ingredient Name                                                                                   | Basis of Strength                 | Strength     |
|---------------------------------------------------------------------------------------------------|-----------------------------------|--------------|
| <b>LIDOCAINE HYDROCHLORIDE</b> (UNII: V13007Z41A) (LIDOCAINE - UNII:98PI200987)                   | LIDOCAINE HYDROCHLORIDE ANHYDROUS | 4 g in 100 g |
| <b>MENTHOL, UNSPECIFIED FORM</b> (UNII: L7T10EIP3A) (MENTHOL, UNSPECIFIED FORM - UNII:L7T10EIP3A) | MENTHOL, UNSPECIFIED FORM         | 1 g in 100 g |

### Inactive Ingredients

| Ingredient Name                                    | Strength |
|----------------------------------------------------|----------|
| <b>WATER</b> (UNII: 059QF0KO0R)                    |          |
| <b>OLIVE OIL</b> (UNII: 6UYK2W1W1E)                |          |
| <b>SHEA BUTTER</b> (UNII: K49155WL9Y)              |          |
| <b>MANGO</b> (UNII: I629I3NR86)                    |          |
| <b>CANNABIS SATIVA SEED OIL</b> (UNII: 69VJ1LPN1S) |          |
| <b>.ALPHA.-TOCOPHEROL</b> (UNII: H4N855PNZ1)       |          |
| <b>CETOSTEARYL ALCOHOL</b> (UNII: 2DMT128M1S)      |          |
| <b>PALMAROSA OIL</b> (UNII: 0J3G3O53ST)            |          |
| <b>TEA TREE OIL</b> (UNII: VIF565UC2G)             |          |
| <b>EUCALYPTUS OIL</b> (UNII: 2R04ONI662)           |          |
| <b>CAMPHOR (NATURAL)</b> (UNII: N20HL7Q941)        |          |
| <b>LAVENDER OIL</b> (UNII: ZBP1YXW0H8)             |          |
| <b>GINGER OIL</b> (UNII: SAS9Z1SVUK)               |          |
| <b>CAPSICUM OLEORESIN</b> (UNII: UW86K581WY)       |          |
| <b>ALOE VERA LEAF</b> (UNII: ZY81Z83H0X)           |          |
| <b>PHENOXYETHANOL</b> (UNII: HIE492ZZ3T)           |          |
| <b>ARNICA MONTANA WHOLE</b> (UNII: O80TY208ZW)     |          |

**Packaging**

| # | Item Code        | Package Description                               | Marketing Start Date | Marketing End Date |
|---|------------------|---------------------------------------------------|----------------------|--------------------|
| 1 | NDC:58292-005-01 | 113 g in 1 JAR; Type 0: Not a Combination Product | 05/07/2023           |                    |

**Marketing Information**

| Marketing Category      | Application Number or Monograph Citation | Marketing Start Date | Marketing End Date |
|-------------------------|------------------------------------------|----------------------|--------------------|
| OTC monograph not final | part348                                  | 05/07/2023           |                    |

**Labeler** - Lifequest Creations LLC (053654857)

Revised: 7/2023

Lifequest Creations LLC