

**VIVA PATCH- camphor, lidocaine, and methyl salicylate patch**  
**Terrain Pharmaceuticals**

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**VIVA Patch**

**DRUG FACTS**

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**Active Ingredient**

Camphor 2%

**Purpose**

Topical Analgesic

**Active Ingredient**

Lidocaine 2.5%

**Purpose**

Topical Anesthetic

**Active Ingredient**

Methyl Salicylate 4%

(NSAID: nonsteroidal anti-inflammatory drug)

**Purpose**

Topical Analgesic

**Uses**

Temporarily relieves mild to moderate aches and pains of muscles and joints associated with:

- muscle soreness
- strains
- sprains
- arthritis

- simple backache
- muscle stiffness
- bruises

## **Warnings**

### **For external use only**

#### **Stomach bleeding warning**

This product contains an NSAID, which may cause stomach bleeding. The chance is small, but higher if you

- are age 60 or older
- have had stomach ulcers or bleeding problems
- take other drugs containing an NSAID (Aspirin, Ibuprofen, Naproxen, or others)
- take a blood thinning (anticoagulant) or steroid drug
- have three or more alcoholic drinks every day while using this product
- take more or for a longer time than directed

#### **Do not use**

- on the face or rashes; on wounds or damaged skin
- in the eyes, mouth, or other mucous membranes
- on genitals
- with a heating pad
- if allergic to any NSAIDS
- right before or after heart surgery
- any patch from a pouch that has been opened for 7 or more days

#### **Ask a doctor before use if**

- you are allergic to topical products
- the stomach bleeding warning applies to you
- you are taking a diuretic
- you have high blood pressure, heart disease, or kidney disease
- you are pregnant

#### **When using this product**

- wash hands after applying or removing patch
- avoid contact with eyes. If eye contact occurs, rinse thoroughly with water

- the risk of heart attack or stroke may increase if you use more than directed or for longer than directed.

### **Stop use and consult your physician if**

- stomach pain or upset gets worse or lasts
- rash, irritation, or itching develops
- you feel faint, vomit blood, or have bloody or black stools (these are signs of stomach bleeding)
- condition worsens

### **If pregnant or breast feeding,**

ask a doctor before use while breast feeding and during the first 6 months of pregnancy. Do not use during last 3 months of pregnancy because it may cause problems in the unborn child or complications during delivery.

### **Keep out of reach of children.**

If put in mouth, get medical help or contact a Poison Control Center right away. Package not child resistant. Dispose of the used patches by folding sticky ends together.

### **Directions**

#### **Adults, or children over the age of 12:**

- Apply patch to affected area 1 to 2 times daily or as directed.

### **Instructions for Use**

- clean and dry affected area
- open pouch and remove one patch
- remove protective film from patch
- apply one patch to the affected area of pain and leave in place for 8 to 12 hours
- if pain lasts after using the first patch, a second patch may be applied for up to another 8 to 12 hours
- only use one patch at a time
- do not use more than 2 patches per day
- wash hands with soap and water after applying or removing patch
- reseal pouch containing unused patches immediately after each use

**Children under 12 years of age:** Do not use

### **Other Information**

- some individuals may not experience pain relief until several minutes or hours after applying the patch
- store in a cool, dry place
- protect product from excessive moisture or sunlight
- store at 67-77°F (19-25°C)

Acrylic Acid, Aluminum Hydroxide, Carmellose Sodium, 2-Ethylhexyl Acrylate, Glycerin, Isopropyl Myristate, Methyl Acrylate, Nonoxynol-30, Polyacrylic Acid, Polysorbate 80, Sodium Polyacrylate, Sorbitan Sesquioleate, Starch, Talc, Tartaric Acid, Titanium Dioxide, Water

Terrain Pharmaceuticals

Reno, NV 89501

TerrainRx.com

877-985-8377

Get Back to Life™

VIVAPatch.com

Engineered in Reno-Tahoe

Assembled in China

Lot Number:

Exp Date:

**Principal Display Panel**



NDC 53225-1030-1

VIVA PATCH

SOOTHING PAIN RELIEF

LIDOCAINE - METHYL SALICYLATE - CAMPHOR

- Reduced Scent
- Flexible & Form Fitting
- Deep Penetrating
- Fast Acting

GET BACK TO LIFE™

15 Patches

## VIVA PATCH

camphor, lidocaine, and methyl salicylate patch

### Product Information

<b>Product Type</b>	HUMAN OTC DRUG	<b>Item Code (Source)</b>	NDC:53225-1030
<b>Route of Administration</b>	TOPICAL		

### Active Ingredient/Active Moiety

Ingredient Name	Basis of Strength	Strength
<b>LIDOCAINE</b> (UNII: 98PI200987) (LIDOCAINE - UNII:98PI200987)	LIDOCAINE	2.5 mg in 100 mg
<b>CAMPHOR (NATURAL)</b> (UNII: N20HL7Q941) (CAMPHOR (NATURAL) - UNII:N20HL7Q941)	CAMPHOR (NATURAL)	2 mg in 100 mg
<b>METHYL SALICYLATE</b> (UNII: LAV5U5022Y) (SALICYLIC ACID - UNII:O414PZ4LPZ)	METHYL SALICYLATE	4 mg in 100 mg

### Inactive Ingredients

Ingredient Name	Strength
<b>NONOXYNOL-30</b> (UNII: JJX07DG188)	
<b>POLYACRYLIC ACID (250000 MW)</b> (UNII: 9G2MAD7J6W)	
<b>ACRYLIC ACID</b> (UNII: J94PBK7X8S)	
<b>POLYSORBATE 80</b> (UNII: 6OZP39ZG8H)	
<b>SORBITAN SESQUIOLEATE</b> (UNII: 0W8RRI5W5A)	
<b>STARCH, CORN</b> (UNII: O8232NY3SJ)	
<b>TALC</b> (UNII: 7SEV7J4R1U)	
<b>TARTARIC ACID</b> (UNII: W4888I119H)	
<b>TITANIUM DIOXIDE</b> (UNII: 15FIX9V2JP)	
<b>WATER</b> (UNII: 059QF0KO0R)	
<b>ALUMINUM HYDROXIDE</b> (UNII: 5QB0T2IUN0)	
<b>CARBOXYMETHYLCELLULOSE SODIUM</b> (UNII: K679OBS311)	
<b>2-ETHYLHEXYL ACRYLATE</b> (UNII: HR49R9S6XG)	
<b>GLYCERIN</b> (UNII: PDC6A3C0OX)	
<b>ISOPROPYL MYRISTATE</b> (UNII: 0RE8K4LNJS)	
<b>METHYL ACRYLATE</b> (UNII: WC487PR91H)	
<b>SODIUM POLYACRYLATE (8000 MW)</b> (UNII: 285CYO341L)	

### Packaging

#	Item Code	Package Description	Marketing Start Date	Marketing End Date
1	NDC:53225-1030-1	5 in 1 BOX	08/31/2016	
1		3 in 1 POUCH		
1		8650 mg in 1 PATCH; Type 0: Not a Combination Product		
2	NDC:53225-1030-2	1 in 1 BOX	08/31/2016	12/16/2019
2		3 in 1 POUCH		
2		8650 mg in 1 PATCH; Type 0: Not a Combination Product		

## Marketing Information

Marketing Category	Application Number or Monograph Citation	Marketing Start Date	Marketing End Date
OTC Monograph Drug	M017	08/31/2016	

**Labeler** - Terrain Pharmaceuticals (078358750)

Revised: 12/2023

Terrain Pharmaceuticals