

**SALINE LAXATIVE- sodium phosphate enema**  
**Supervalu Inc**

*Disclaimer: Most OTC drugs are not reviewed and approved by FDA, however they may be marketed if they comply with applicable regulations and policies. FDA has not evaluated whether this product complies.*

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**Saline Laxative**

**Drug Facts**

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| <b>Active ingredients (in each 118mL delivered dose)</b> | <b>Purpose</b>  |
|--|-----------------|
| Dibasic Sodium Phosphate 7 g                             | Saline laxative |
| Monobasic Sodium Phosphate 19 g                          | Saline laxative |

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**Use**

- relieves occasional constipation
- this product generally produces bowel movement in 1 to 5 minutes

**Warnings**

**For rectal use only.**

**Dosage warning**

**Using more than one enema in 24 hours can be harmful.**

**Do not use**

- on children under 2 years of age

**Ask a doctor before use if you**

- have already used a laxative for more than 3 days
- have kidney disease, have heart problems, or are dehydrated
- are 55 years of age or older
- are on a sodium-restricted diet
- have abdominal pain, nausea, or vomiting
- have a sudden change in bowel habits lasting more than 2 weeks

**Ask a doctor or pharmacist before use if you** are taking any other drug. Take this product two or more hours before or after other drugs. Laxatives may affect how other drugs work.

**When using this product**

- **do not use more than directed. Serious side effects may occur from excess dosage**
- do not use for more than 3 days, without asking a doctor

**Stop use and ask a doctor if**

- you have rectal bleeding
- you have no bowel movement within 30 minutes of enema use
- you have symptoms of dehydration (thirstiness, dizziness, vomiting, urinating less often than normal)  
These symptoms may indicate a serious condition.

**If pregnant or breast-feeding,** ask a health professional before use.

**Keep out of reach of children.** If swallowed, get medical help or contact a Poison Control Center right away: 800-222-1222.

**Directions (or as directed by a doctor)**

**Single daily dosage (per 24 hours)**

**Do not use if taking another sodium phosphate product.**

**Do not use more unless directed by a doctor. See Warnings.**

|   |                     |
|---|---------------------|
| Adults and children 12 years of age and older | 1 bottle once daily |
| Children 2 to under 12 years of age           | Use Pediatric Enema |
| Children under 2 years of age                 | DO NOT USE          |

**Other information**

- **each 118 mL contains** 4.3 g sodium
- store at 15 to 30°C (59 to 86°F)
- additional liquids by mouth are recommended while using this product
- **Tamper Evident:** DO NOT USE IF TOP OR BOTTOM FLAP OF CARTON IS TORN OR MISSING.

**Inactive ingredients**

benzalkonium chloride, disodium EDTA, purified water

**Questions or comments?**

**1-877-932-7948**

**DISTRIBUTED BY SUPERVALU INC.  
EDEN PRAIRIE, MN 55344**

**PRINCIPAL DISPLAY PANEL - 133 mL Bottle Carton**

NDC 41163-005-11

compare to  
Fleet®

Enema Saline

active ingredients\*

EQUALINE®

complete and  
ready-to-use

enema

saline laxative

for relief of  
occasional  
constipation

- premixed
- soft, flexible

comfort tip

1 BOTTLE  
4.5 FL OZ  
(133mL)

PL31151B  
V03

## Positions for using this enema

**Left side position:** Lie on left side with knees bent and arms resting comfortably.



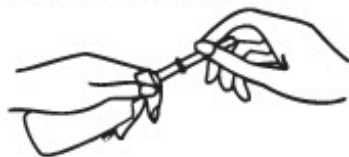
**Knee-chest position:** Kneel, then lower head and chest forward until left side of face is resting on surface with left arm folded comfortably.



## How to use this enema

- Remove protective shield from enema tip before inserting:

Hold bottle upright, grasping bottle cap with fingers. Grasp protective shield with other hand and pull gently to remove.



- Administering enema:

- With steady pressure, gently insert enema tip into rectum with a slight side-to-side movement, with tip pointing toward navel. Insertion may be easier if person receiving enema bears down, as if having a bowel movement. Doing so helps relax muscles around anus.
- Do not force enema tip into rectum. Stop using if tip is hard to insert. Forcing the tip into the rectum can cause injury (especially if you have hemorrhoids). If enema tip causes rectal bleeding or pain, get immediate medical care.
- Squeeze bottle until nearly all liquid is gone. It is not necessary to empty bottle.

complete and  
ready-to-use  
enema  
saline laxative

EQUALINE®

NDC 41163-005-11

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completely, as it contains more liquid than needed.

- Remove tip from rectum and stay in position until urge to evacuate is strong (usually 1 to 5 minutes). If no urge is felt after 5 minutes of using, try to empty bowel. Call a doctor promptly if no liquid comes out of the rectum after 30 minutes because dehydration could occur.



\*This product is not manufactured or distributed by C.B. Fleet Co., Inc., the distributor of Fleet® Enema Saline.

- *premixed*
- *soft, flexible comfort tip*



**1 BOTTLE**  
**4.5 FL OZ**  
**(133mL)**

**EQUALINE®**

complete and

**TAMPER EVIDENT: CARTON SEALED FOR SAFETY. IF PRINTED SEAL ON BOTTOM OR TOP FLAP IS BROKEN OR MISSING, DO NOT USE.**

**Drug Facts**

| <b>Active ingredients</b><br><i>(in each 118mL delivered dose)</i> | <b>Purpose</b> |
|--|----------------|
| Dibasic Sodium   |                |

ready-to-use  
**enema**  
saline laxative

for relief of  
occasional  
constipation

• *this item is not  
made with natural  
rubber latex*

Protective shield  
prevents  
contamination

Comfortable,  
lubricated tip for  
ease of insertion

One-way safety valve  
controls flow and  
prevents reflux

Easy, soft squeeze  
bottle



**DISTRIBUTED BY SUPERVALU INC.**  
EDEN PRAIRIE, MN 55344

**100% Quality  
GUARANTEED**

Like it or let us make it right.  
That's our quality promise.  
877-932-7948  
supervaluprivatebrands.com

Phosphate 7 g .....Saline laxative  
Monobasic Sodium  
Phosphate 19 g .....Saline laxative

**Use**

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**Dosage warning:** Using more than one enema in 24 hours can be harmful.

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**Ask a doctor before use if you** ■ have already used a laxative for more than 3 days ■ have kidney disease, have heart problems, or are dehydrated ■ are 55 years of age or older ■ are on a sodium-restricted diet ■ have abdominal pain, nausea, or vomiting ■ have a sudden change in bowel habits lasting more than 2 weeks

**Ask a doctor or pharmacist before use if you** are taking any other drug. Take this product two or more hours before or after other drugs. Laxatives may affect how other drugs work.

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**Stop use and ask a doctor if** ■ you have rectal bleeding ■ you have no bowel movement within 30 minutes of enema use ■ you have symptoms of dehydration (thirstiness, dizziness, vomiting, urinating less often than normal) These symptoms may indicate a serious condition.

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**Directions (or as directed by a doctor)**

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Do not use if taking another sodium phosphate product.  
Do not use more unless directed by a doctor. See Warnings.

|  |                        |
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| Children under<br>2 years of age                 | DO NOT USE             |

**Other information**

■ each 118 mL contains 4.3 g sodium ■ store at 15 to 30°C (59 to 86°F) ■ additional liquids by mouth are recommended while using this product ■ **Tamper Evident: DO NOT USE IF TOP OR BOTTOM FLAP OF CARTON IS TORN OR MISSING.**

**Inactive ingredients**

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**Questions or comments?**

1-877-932-7948

## SALINE LAXATIVE

sodium phosphate enema

### Product Information

|                                |                |                           |               |
|--------------------------------|----------------|---------------------------|---------------|
| <b>Product Type</b>            | HUMAN OTC DRUG | <b>Item Code (Source)</b> | NDC:41163-005 |
| <b>Route of Administration</b> | RECTAL         |                           |               |

### Active Ingredient/Active Moiety

| Ingredient Name   | Basis of Strength                                | Strength          |
|---|--|-------------------|
| <b>SODIUM PHOSPHATE, DIBASIC, UNSPECIFIED FORM</b> (UNII: GR686LBA74)<br>(PHOSPHATE ION - UNII: NK08V8K8HR)   | SODIUM PHOSPHATE, DIBASIC,<br>UNSPECIFIED FORM   | 7 g<br>in 118 mL  |
| <b>SODIUM PHOSPHATE, MONOBASIC, UNSPECIFIED FORM</b> (UNII:<br>3980JIH2SW) (PHOSPHATE ION - UNII: NK08V8K8HR) | SODIUM PHOSPHATE, MONOBASIC,<br>UNSPECIFIED FORM | 19 g<br>in 118 mL |

### Inactive Ingredients

| Ingredient Name                                 | Strength |
|---|----------|
| <b>BENZALKONIUM CHLORIDE</b> (UNII: F5UM2KM3W7) |          |
| <b>EDETATE DISODIUM</b> (UNII: 7FLD91C86K)      |          |
| <b>WATER</b> (UNII: 059QF0KO0R)                 |          |

### Packaging

| # | Item Code        | Package Description                                   | Marketing Start Date | Marketing End Date |
|---|------------------|---|----------------------|--------------------|
| 1 | NDC:41163-005-11 | 1 in 1 BOX  | 08/31/2012           |                    |
| 1 |                  | 133 mL in 1 BOTTLE; Type 0: Not a Combination Product |                      |                    |
| 2 | NDC:41163-005-35 | 2 in 1 BOX  | 08/31/2012           |                    |
| 2 |                  | 133 mL in 1 BOTTLE; Type 0: Not a Combination Product |                      |                    |

### Marketing Information

| Marketing Category      | Application Number or Monograph Citation | Marketing Start Date | Marketing End Date |
|-------------------------|--|----------------------|--------------------|
| OTC monograph not final | part334                                  | 08/31/2012           |                    |

**Labeler** - Supervalu Inc (006961411)

**Establishment**

| <b>Name</b>    | <b>Address</b> | <b>ID/FEI</b> | <b>Business Operations</b> |
|----------------|----------------|---------------|----------------------------|
| Natureplex LLC |                | 062808196     | MANUFACTURE(41163-005)     |

Revised: 1/2019

Supervalu Inc