

**BALAHIST DM SYRUP- brompheniramine maleate, phenylephrine hydrochloride,  
dextromethorphan hydrobromide liquid  
Ballay Pharmaceuticals, Inc.**

*Disclaimer: Most OTC drugs are not reviewed and approved by FDA, however they may be marketed if they comply with applicable regulations and policies. FDA has not evaluated whether this product complies.*

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**Balahist DM Syrup**

**Drug Facts**

***Active Ingredients***

***(in each 5 mL teaspoonful)***

Brompheniramine Maleate, USP 4 mg

Dextromethorphan HBr, USP 15 mg

Phenylephrine HCl, USP 7.5 mg

***Purposes***

Chlorpheniramine Maleate	Antihistamine
Dextromethorphan HBr	Cough Suppressant
Phenylephrine HCl	Nasal Decongestant

**▣ *Uses***

temporarily relieves these symptoms due to the common cold, hay fever or other upper respiratory allergies:

- runny nose
- nasal congestion
- sneezing
- itching of the nose or throat
- itchy, watery eyes
- relieves cough associated with the common cold

**▣ *Warnings***

**▣ *Do not use***

- if you are now taking a prescription monoamine oxidase inhibitor (MAOI) (certain drugs for depression, psychiatric, emotional conditions or Parkinson's disease), or for 2 weeks after stopping the MAOI drug. If you do not know if your prescription drug contains an MAOI, ask a doctor or pharmacist before taking this product.

**Ask a doctor before use if you have**

- heart disease

- high blood pressure
- thyroid disease
- diabetes
- glaucoma
- a breathing problem, or persistent or chronic cough such as occurs with smoking, asthma, emphysema or chronic bronchitis
- cough accompanied by excessive phlegm (mucus)
- difficulty in urination due to enlargement of the prostate gland.

**Ask a doctor or pharmacist before use if you are**

□ taking sedatives or tranquilizers.

□ **When using this product**

- **Do not exceed recommended dosage**
- excitability may occur, especially in children
- marked drowsiness may occur; alcohol, sedatives and tranquilizers may increase the drowsiness effect
- use caution when driving a motor vehicle or operating machinery
- avoid alcoholic beverages.

□ **Stop use and ask a doctor if**

- new symptoms occur
- nervousness, dizziness, or sleeplessness occur
- cough or nasal congestion persists for more than 7 days, tends to recur, or is accompanied by fever, rash, or persistent headache. These could be signs of a serious condition.

□ **If pregnant or breast-feeding**

ask a health professional before use.

**Keep out of reach of children.**

In case of overdose, get medical help or contact a Poison Control Center right away.

**Directions**

- **do not exceed 6 doses in a 24 hour period**

adults and children 12 years of age and over	1 teaspoonful (5 mL) every 4 to 6 hours
children 6 years to under 12 years of age	1/2 teaspoonful (2.5 mL) every 4 to 6 hours
children under 6 years of age	ask a doctor

□ **Other information**

- **do not use if tamper evident seal under cap is broken or missing**
- store between 20° - 25° C (68° - 77° F).

□ **Inactive Ingredients**

citric acid, glycerin, purified water, sodium benzoate, sodium citrate, sorbitol, strawberry flavor.

**Questions?**

call 1-800-847-1921

**Manufactured by:**

Ballay Pharmaceuticals, Inc.

Wimberley, Texas 78676

**PRINCIPAL DISPLAY PANEL - 473 mL Bottle Label**

**NDC 63162-520-16**

**Balahis t DM**

**Syrup**

**Antihistamine/Decongestant/**

**Antitussive(Cough Suppressant)**

Each teaspoonful (5 mL) for oral  
administration contains:

Brompheniramine

Maleate ..... 4 mg

Dextromethorphan

Hydrobromide ..... 15 mg

Phenylephrine

Hydrochloride ..... 7.5 mg

**For Professional Use Only**

**Sugar Free/Alcohol Free/**

**Dye Free**

**BALLAY      16 fl oz.(473 mL)**

NDC 63162-520-16

**Drug Facts**

**Active ingredients**      **Purpose**  
(in each 5 mL teaspoonful)

Brompheniramine Maleate 4 mg ..... Antihistamine  
Dextromethorphan HBr 15 mg ... Cough Suppressant  
Phenylephrine HCl 7.5 mg ..... Nasal Decongestant

**Uses** temporarily relieves these symptoms due to the common cold, hay fever or other upper respiratory allergies:  

- runny nose    ■ nasal congestion    ■ sneezing
- itching of the nose or throat    ■ itchy, watery eyes
- relieves cough associated with the common cold.

**Warnings**  
Do not use  

- if you are now taking a prescription monoamine oxidase inhibitor (MAOI)(certain drugs for depression, psychiatric, emotional conditions or Parkinson's disease), or for 2 weeks after stopping the MAOI drug. If you do not know if your prescription drug contains an MAOI, ask a doctor or pharmacist before taking this product.

**Ask a doctor before use if you have**  

- heart disease    ■ high blood pressure
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- a breathing problem, or persistent or chronic cough such as occurs with smoking, asthma, emphysema or chronic bronchitis
- cough accompanied by excessive phlegm (mucus)
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## Balahist DM Syrup

Antihistamine/Decongestant/  
Antitussive(Cough Suppressant)

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Dextromethorphan Hydrobromide ..... 15 mg

Phenylephrine Hydrochloride ..... 7.5 mg

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**Sugar Free/Alcohol Free/  
Dye Free**

**BALLAY**      16 fl. oz. (473 mL)

**Drug Facts (continued)**

**Stop use and ask a doctor if**  

- new symptoms occur
- nervousness, dizziness, or sleeplessness occur
- cough or nasal congestion persists for more than 7 days, tends to recur, or is accompanied by fever, rash, or persistent headache.

 These could be signs of a serious condition.

**If pregnant or breast-feeding**, ask a health professional before use.  
**Keep out of reach of children.** In case of overdose, get medical help or contact a Poison Control Center right away.

**Directions**  

- do not exceed 6 doses in a 24 hour period

adults and children 12 years of age and over	1 teaspoonful (5 mL) every 4 to 6 hours
children 6 years to under 12 years of age	1/2 teaspoonful (2.5 mL) every 4 to 6 hours
children under 6 years	ask a doctor.

**Other information**  

- do not use if tamper evident seal under cap is broken or missing
- dispense in a tight, light-resistant container with a child-resistant cap
- store between 20°- 25°C (68°- 77°F).

**Inactive Ingredients** citric acid, glycerin, purified water, saccharin sodium, sodium benzoate, sodium citrate, sorbitol, strawberry flavor.

**Questions?** call 1-800-847-1921

Manufactured by:  
Ballay Pharmaceuticals, Inc.  
Wimberley, Texas 78676

Lot #:

Exp:

Rev. 10/13

## BALAHIST DM SYRUP

brompheniramine maleate, phenylephrine hydrochloride, dextromethorphan hydrobromide liquid

### Product Information

<b>Product Type</b>	HUMAN OTC DRUG	<b>Item Code (Source)</b>	NDC:63162-520
<b>Route of Administration</b>	ORAL		

### Active Ingredient/Active Moiety

Ingredient Name	Basis of Strength	Strength
<b>BROMPHENIRAMINE MALEATE</b> (UNII: IXA7C9ZN03) (BROMPHENIRAMINE - UNII:H57G17P2FN)	BROMPHENIRAMINE MALEATE	4 mg in 5 mL
<b>PHENYLEPHRINE HYDROCHLORIDE</b> (UNII: 04JA59TNSJ) (PHENYLEPHRINE - UNII:1WS297W6MV)	PHENYLEPHRINE HYDROCHLORIDE	7.5 mg in 5 mL
<b>DEXTROMETHORPHAN HYDROBROMIDE</b> (UNII: 9D2RTI9KYH) (DEXTROMETHORPHAN - UNII:7355X3ROTS)	DEXTROMETHORPHAN HYDROBROMIDE	15 mg in 5 mL

### Inactive Ingredients

Ingredient Name	Strength
<b>ANHYDROUS CITRIC ACID</b> (UNII: XF417D3PSL)	
<b>GLYCERIN</b> (UNII: PDC6A3C0OX)	
<b>WATER</b> (UNII: 059QF0K0OR)	
<b>SODIUM BENZOATE</b> (UNII: OJ245FE5EU)	
<b>SODIUM CITRATE</b> (UNII: 1Q73Q2JULR)	
<b>SORBITOL</b> (UNII: 506T60A25R)	

**Product Characteristics**

<b>Color</b>		<b>Score</b>	
<b>Shape</b>		<b>Size</b>	
<b>Flavor</b>	STRAWBERRY	<b>Imprint Code</b>	
<b>Contains</b>			

**Packaging**

#	Item Code	Package Description	Marketing Start Date	Marketing End Date
1	NDC:63162-520-16	473 mL in 1 BOTTLE		

**Marketing Information**

Marketing Category	Application Number or Monograph Citation	Marketing Start Date	Marketing End Date
OTC monograph final	part341	01/06/2014	

**Labeler** - Ballay Pharmaceuticals, Inc. (035888200)**Establishment**

Name	Address	ID/FEI	Business Operations
Ballay Pharmaceuticals, Inc.		035888200	manufacture(63162-520)

Revised: 11/2013

Ballay Pharmaceuticals, Inc.