

FIBER THERAPY- methylcellulose powder, for solution
Preferred Pharmaceuticals Inc.

MAJOR FIBER THERAPY ORANGE FLAVOR

Active ingredient (in each 19g adult dose/ rounded tablespoon)

Methylcellulose 2g (a non-allergenic fiber)

Purpose

Bulk-forming fiber laxative

Uses

- relieves constipation (irregularity)
- helps to restore and maintain regularity
- for treating bowel disorders when recommended by a doctor
- generally provide effect in 12-72 hours

Warnings

CHOKING: taking this product without adequate fluid may cause it to swell and block your throat or esophagus and may cause choking. Do not take this product if you have difficulty in swallowing. If you experience chest pain, vomiting, or difficulty in swallowing or breathing after taking this product, seek immediate medical attention.

Ask a doctor before use if you have

- abdominal pain, nausea or vomiting
- a sudden change in bowel habits that persists over a period of 2 weeks
- sensitivity to any of the ingredients

Stop use and ask a doctor if

- you have rectal bleeding
- you fail to have a bowel movement after use.
- These could be signs of a serious condition.

Keep out of reach of children.

In case of overdose, get medical help or contact a Poison Control Center right away at 1-800-222-1222.

When using this product

- do not exceed recommended maximum daily dose unless directed by a doctor

- do not use laxative products for a period longer than one week unless directed by a doctor

Directions

- **MIX THIS PRODUCT (CHILD OR ADULT DOSE) WITH AT LEAST 8 OUNCES (A FULL GLASS) OF WATER OR OTHER FLUID. TAKING THIS PRODUCT WITHOUT ENOUGH LIQUID MAY CAUSE CHOKING. SEE CHOKING WARNING**
- use product at the first sign of constipation or irregularity
- put one dose in a full glass of cold water
- stir briskly and drink promptly
- drinking another glass of water is helpful

| Age | Dose |
|---|---|
| adults & children above 12 years of age and over | one rounded tablespoon. (19 g) in 8 ounces of water fluid up to 3 times daily at the first sign of constipation or irregularity |
| children 6 - 12 years of age | half the adult dose in 8 ounces of water once daily. |
| children under 6 years of age | ask a doctor |

Other information

- each adult dose contains approximately
- 3 mg of sodium
- 105 mg potassium
- contributes 60 calories from sucrose and sorbitol
- store at room temperature
- protect contents from humidity
- keep tightly closed

TAMPER EVIDENT: DO NOT USE IF PRINTED SEAL UNDER CAP IS TORN OR MISSING

Inactive ingredients

citric acid, FD&C yellow 6 aluminum lake, maltodextrin, flavor (natural and artificial), potassium citrate, silica, sucrose,

Questions or comments?

1-800-616-2471

*This product is not manufactured or distributed by GlaxoSmithKline the distributor of CITRUCEL®

Distributed by:

MAJOR® PHARMACEUTICALS

17177 N Laurel Park Drive, Suite 233

Relabeled By: Preferred Pharmaceuticals Inc.

Livonia, MI 48152, USA

Relabeled By: Preferred Pharmaceuticals Inc.

DIRECTIONS FOR USE



1. Fill glass with at least 8 ounces of cold water.



2. Add the adult or child dose listed in the directions. 3. Stir briskly until dissolved and drink promptly. Drinking an additional glass of water is helpful.

Principal Display Panel

NDC 68788-7995-4

Compare to the Active Ingredient in CITRUCEL[®]*

FIBER THERAPY

Methylcellulose

Easy to Mix No Gritty Texture

100% Soluble Fiber for Controlled Regularity

ORANGE FLAVOR

NET WT 16 OZ (454 GRAMS)

Fiber Therapy (Orange Flavored)

Generic for Citrucel®

Each rounded teaspoon (19g) contains:
methylcellulose 2g (a non allergic fiber)...bulk
forming laxative

Pkg Size: Exp Date:

Lot#:

Batch#:

Ins:

Mfg: Major Pharm.; Livonia, MI

Prod#:

Warning

Store at room temperature. Protect contents from
humidity. Keep tightly closed. Taking this product
without adequate fluid may cause it to swell and block
your throat or esophagus and may cause choking. Do
not take this product if you have difficulty swallowing. If
you experience chest pain, vomiting or difficulty in
swallowing or breathing after taking this product, seek
immediate medical attention. Keep out of reach of children.



CAUTION: Federal law PROHIBITS transfer of
this drug to any person other than the patient for
whom it was prescribed



Directions English
Take as Directed
Drink plenty of fluids
while taking this
medication

Instrucciones Espanol:
Tomelo como se indica
Beba muchos liquidos al
tomar esta medicina

Fiber Therapy (Orange Flavored)

Qty: Ins:
Lot#: Bat#:

Prod# (NDC):

Fiber Therapy (Orange Flavored)

Qty: Ins:
Lot#: Bat#:
Prod# (NDC):

Fiber Therapy (Orange Flavored)

Qty: Ins:
Insurance NDC:
Lot#: Bat#:

Fiber Therapy (Orange Flavored)

Qty: Ins:
Lot#: Bat#:
Prod# (NDC):

Log

Chart

Billing

Patient

FIBER THERAPY

methylcellulose powder, for solution

Product Information

| | | | |
|--------------------------------|----------------|---------------------------|-------------------------------|
| Product Type | HUMAN OTC DRUG | Item Code (Source) | NDC:68788-7995(NDC:0904-5675) |
| Route of Administration | ORAL | | |

Active Ingredient/Active Moiety

| Ingredient Name | Basis of Strength | Strength |
|---|------------------------------|----------------|
| METHYLCELLULOSE (4000 MPA.S) (UNII: MRJ667KA5E) (METHYLCELLULOSE (4000 MPA.S) - UNII:MRJ667KA5E) | METHYLCELLULOSE (4000 MPA.S) | 2 g in 19 g |

Inactive Ingredients

| Ingredient Name | Strength |
|---|----------|
| CITRIC ACID MONOHYDRATE (UNII: 2968PHW8QP) | |
| FD&C YELLOW NO. 6 (UNII: H77VEI93A8) | |
| MALTODEXTRIN (UNII: 7CVR7L4A2D) | |
| POTASSIUM CITRATE (UNII: EE90ONI6FF) | |
| SILICON DIOXIDE (UNII: ETJ7Z6XBU4) | |
| SUCROSE (UNII: C151H8M554) | |

Product Characteristics

| | | | |
|-----------------|--------|---------------------|--|
| Color | ORANGE | Score | |
| Shape | | Size | |
| Flavor | ORANGE | Imprint Code | |
| Contains | | | |

Packaging

| # | Item Code | Package Description | Marketing Start | Marketing End |
|---|-----------|---------------------|-----------------|---------------|
|---|-----------|---------------------|-----------------|---------------|

| # | Item Code | Package Description | Date | Date |
|---|------------------|--|------------|------|
| 1 | NDC:68788-7995-4 | 454 g in 1 BOTTLE; Type 0: Not a Combination Product | 08/09/2021 | |

| Marketing Information | | | |
|-----------------------|--|----------------------|--------------------|
| Marketing Category | Application Number or Monograph Citation | Marketing Start Date | Marketing End Date |
| OTC Monograph Drug | 334 | 08/09/2021 | |

Labeler - Preferred Pharmaceuticals Inc. (791119022)

Registrant - Preferred Pharmaceuticals Inc. (791119022)

| Establishment | | | |
|--------------------------------|---------|-----------|---------------------|
| Name | Address | ID/FEI | Business Operations |
| Preferred Pharmaceuticals Inc. | | 791119022 | RELABEL(68788-7995) |

Revised: 4/2024

Preferred Pharmaceuticals Inc.