

**HOT FLASH RESCUE- capsicum annuum, pulsatilla, sanguinaria canadensis, lotion**  
**Apotheca Company**

*Disclaimer: This homeopathic product has not been evaluated by the Food and Drug Administration for safety or efficacy. FDA is not aware of scientific evidence to support homeopathy as effective.*

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**Hot Flash Rescue**

**ACTIVE INGREDIENTS:** Capsicum annuum 3X, Pulsatilla 3X, Sanguinaria canadensis 3X.

**INDICATIONS:** For temporary relief of menopausal disorders including flushes of heat, heavy menses with pain in left ovarian region and burning palms and soles.

**WARNINGS:** For external use only.

If pregnant, breast-feeding, taking birth control or on hormone replacement therapy, ask a health professional before use.

Keep out of reach of children. If swallowed, get medical help or contact a Poison Control Center right away.

When using this product: Do not get into eyes.

Stop use and ask a doctor if: Condition worsens Symptoms last more than 7 days.

This product is not intended as an alternative hormone therapy.

**DIRECTIONS:** Apply daily to neck, chest, abdomen, inner arms or inner thighs. Begin with two metered pumps morning and evening; adjust dose for your personal needs and comfort.

**INACTIVE INGREDIENTS:** Aloe vera concentrate, Avocado oil, Black cohosh root, Carbomer, Chaste tree fruit, Demineralized water, Edetate disodium, Kukui nut oil, Lavender buds, Macadamia nut oil, Origanum vulgare, Salvia officinalis, Olive oil, PEG-33, PEG-8, Dimethicone, PEG-14, Phenoxyethanol, Caprylyl glycol, Sorbic acid, Polysorbate 20, Potassium sorbate, Rose hips oil, Sodium hydroxide, St. John's Wort aerial parts, Vitamin C, Vitamin E (soy), Wild yam.

**KEEP OUT OF REACH OF CHILDREN.** If swallowed, get medical help or contact a Poison Control Center right away.

**INDICATIONS:** For temporary relief of menopausal disorders including flushes of heat, heavy menses with pain in left ovarian region and burning palms and soles.

**Dist. by Peaceful Mountain, Inc.**

**Woodbine, IA 51579**

**888-303-3388**

**www.peacefulmountain.com**

**patent pending**

**peaceful mountain**

THE HEIGHT OF HEALTH

**hot flash rescue**

**homeopathic lotion**

paraben-free

organic and wild-crafted herbs

formulated in boulder, co

New wt. 3.5 oz (100 g)

Inactive Ingredients: Aloe Vera Concentrate, Avocado Oil, Black Cohosh Root, Carbomer, Chaste Tree Fruit, Edetate Disodium, Kukui Nut Oil, Lavender Buds, Macadamia Nut Oil, Natural Plant Extract, Olive Seed Oil, PEG-33 & PEG-8 Dimethicone & PEG-14, Phenoxyethanol & Caprylyl Glycol & Sorbic Acid, Polysorbate 20, Potassium Sorbate, Purified Water, Rose Hips Seed Oil, Sage Leaf, Sodium Hydroxide, St. John's Wort Aerial Parts, Vitamin C, Vitamin E (soy) and Wild Yam Root

unscented • non-greasy  
no petroleum • no animal testing

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Net wt. 3.5 oz. (100 g)

Indications: For temporary relief of menopausal disorders including flushes of heat, heavy menses with pain in left ovarian region and burning palms and soles.

Active Ingredients: Capsicum Annum 3x, Pulsatilla 3x, Sanguinaria Canadensis 3x

Warnings: **For external use only. If pregnant, breast-feeding, taking birth control or on hormone replacement therapy, ask a health professional before use. Keep out of reach of children.** If swallowed, get medical help or contact a Poison Control Center right away. **When using this product • Do not get into eyes. Stop use and ask a doctor if • Condition worsens • Symptoms last more than 7 days.** This product is not intended as an alternative hormone therapy.

Directions: Apply daily to neck, chest, abdomen, inner arms or inner thighs. Begin with two metered pumps morning and evening; adjust dose for your personal needs and comfort.

## HOT FLASH RESCUE

capsicum annuum, pulsatilla, sanguinaria canadensis, lotion

### Product Information

Product Type	HUMAN OTC DRUG	Item Code (Source)	NDC:57520-0455
Route of Administration	TOPICAL		

**Active Ingredient/Active Moiety**

<b>Ingredient Name</b>	<b>Basis of Strength</b>	<b>Strength</b>
<b>CAPSICUM</b> (UNII: 00UK7646FG) (CAPSICUM - UNII:00UK7646FG)	CAPSICUM	3 [hp_X] in 1 g
<b>PULSATILLA VULGARIS</b> (UNII: I76KB35JEV) (PULSATILLA VULGARIS - UNII:I76KB35JEV)	PULSATILLA VULGARIS	3 [hp_X] in 1 g
<b>SANGUINARIA CANADENSIS ROOT</b> (UNII: N9288CD508) (SANGUINARIA CANADENSIS ROOT - UNII:N9288CD508)	SANGUINARIA CANADENSIS ROOT	3 [hp_X] in 1 g

**Inactive Ingredients**

<b>Ingredient Name</b>	<b>Strength</b>
<b>ALOE VERA LEAF</b> (UNII: ZY81Z83H0X)	
<b>AVOCADO OIL</b> (UNII: 6VNO72PFC1)	
<b>BLACK COHOSH</b> (UNII: K73E24S6X9)	
<b>CARBOMER INTERPOLYMER TYPE A (55000 CPS)</b> (UNII: 59TL3WG5CO)	
<b>CHASTE TREE</b> (UNII: 433OSF3U8A)	
<b>WATER</b> (UNII: 059QF0KO0R)	
<b>EDETATE DISODIUM</b> (UNII: 7FLD91C86K)	
<b>KUKUI NUT OIL</b> (UNII: TP11QR7B8R)	
<b>LAVANDULA ANGUSTIFOLIA FLOWER</b> (UNII: 19AH1RAF4M)	
<b>MACADAMIA OIL</b> (UNII: 515610SU8C)	
<b>OREGANO FLOWERING TOP</b> (UNII: 7K91ZBK8GJ)	
<b>SAGE</b> (UNII: 065C5D077J)	
<b>OLIVE OIL</b> (UNII: 6UYK2W1W1E)	
<b>POLYETHYLENE GLYCOL 1500</b> (UNII: 1212Z7S33A)	
<b>POLYETHYLENE GLYCOL 400</b> (UNII: B697894SGQ)	
<b>DIMETHICONE</b> (UNII: 92RU3N3Y1O)	
<b>POLYETHYLENE GLYCOL 700</b> (UNII: 762678AC5R)	
<b>PHENOXYETHANOL</b> (UNII: HIE492ZZ3T)	
<b>CAPRYLYL GLYCOL</b> (UNII: 00YIU5438U)	
<b>SORBIC ACID</b> (UNII: X045WJ989B)	
<b>POLYSORBATE 20</b> (UNII: 7T1F30V5YH)	
<b>POTASSIUM SORBATE</b> (UNII: 1VPU26JZZ4)	
<b>ROSA CANINA FRUIT OIL</b> (UNII: CR7307M3QZ)	
<b>SODIUM HYDROXIDE</b> (UNII: 55X04QC32I)	
<b>ST. JOHN'S WORT</b> (UNII: UFH8805FKA)	
<b>ASCORBIC ACID</b> (UNII: PQ6CK8PD0R)	
<b>ALPHA-TOCOPHEROL</b> (UNII: H4N855PNZ1)	
<b>DIOSCOREA VILLOSA ROOT</b> (UNII: IWY3IWX2G8)	

**Packaging**

<b>#</b>	<b>Item Code</b>	<b>Package Description</b>	<b>Marketing Start Date</b>	<b>Marketing End Date</b>
1	NDC:57520-0455-1	100 g in 1 BOTTLE, PUMP; Type 0: Not a Combination Product	06/21/2011	10/03/2023

## Marketing Information

Marketing Category	Application Number or Monograph Citation	Marketing Start Date	Marketing End Date
unapproved homeopathic		06/21/2011	10/03/2023

**Labeler** - Apotheca Company (844330915)

**Registrant** - Apotheca Company (844330915)

## Establishment

Name	Address	ID/FEI	Business Operations
Apotheca Company		844330915	manufacture(57520-0455) , api manufacture(57520-0455) , label(57520-0455) , pack(57520-0455)

Revised: 4/2022

Apotheca Company