

MEIJER ENEMA- saline laxative enema

Meijer Distribution Inc

Disclaimer: Most OTC drugs are not reviewed and approved by FDA, however they may be marketed if they comply with applicable regulations and policies. FDA has not evaluated whether this product complies.

MEIJER READY TO USE ENEMA LAXATIVE

Drug Facts

<i>Active ingredients (in each 118 mL delivered dose)</i>	<i>Purpose</i>
Dibasic Sodium Phosphate 7 g	Saline laxative
Monobasic Sodium Phosphate 19 g	Saline laxative

Use

- relieves occasional constipation
- this product generally produces bowel movement in 1 to 5 minutes

Warnings

For rectal use only.

Dosage warning: Using more than one enema in 24 hours can be harmful.

Do not use

- on children under 2 years of age

Ask a doctor before use if you

- have already used a laxative for more than 3 days
- have kidney disease, have heart problems, or are dehydrated
- are 55 years of age or older
- are on a sodium-restricted diet
- have abdominal pain, nausea, or vomiting
- have a sudden change in bowel habits lasting more than 2 weeks

Ask a doctor or pharmacist before use if you are taking any other drug. Take this product two or more hours before or after other drugs. Laxatives may affect how other drugs work.

When using this product

- **do not use more than directed. Serious side effects may occur from excess dosage**
- do not use for more than 3 days, without asking a doctor

Stop use and ask a doctor if

- you have rectal bleeding
- you have no bowel movement within 30 minutes of enema use
- you have symptoms of dehydration (thirstiness, dizziness, vomiting, urinating less often than normal)

These symptoms may indicate a serious condition.

If pregnant or breast-feeding, ask a health professional before use.

Keep out of reach of children. If swallowed, get medical help or contact a Poison Control Center right away: 800-222-1222.

Directions (or as directed by a doctor)

Single daily dosage (per 24 hours)

Do not use if taking another sodium phosphate product.

Do not use more unless directed by a doctor. See Warnings.

Adults and children 12 years of age and older	1 bottle once daily
Children 2 to under 12 years of age	Use Pediatric Enema
Children under 2 years of age	DO NOT USE

Other information

- **each 118 ml contains** 4.3 g sodium
- store at 15 to 30°C (59 to 86°F)
- additional liquids by mouth are recommended while using this product
- **Tamper Evident:** DO NOT USE IF TOP OR BOTTOM FLAP OF CARTON IS TORN OR MISSING.

Inactive ingredients

benzalkonium chloride, disodium EDTA, purified water

Questions or comments?

866-323-0107 or www.natureplex.com

DIST. BY MEIJER DISTRIBUTION, INC.
GRAND RAPIDS, MI 49544

PRINCIPAL DISPLAY PANEL - 133 mL Bottle Carton

meijer®

NDC 41250-111-37

Compare to Fleet® Enema Saline
active ingredients*

READY-TO-USE
enema

SALINE LAXATIVE

FOR RELIEF OF
OCCASIONAL
CONSTIPATION

SOFT, FLEXIBLE
COMFORT TIP

NOT MADE
WITH NATURAL

RUBBER LATEX

6 Bottles

4.5 Fl Oz (133 mL) each

meijer

READY-TO-USE
enema

SALINE LAXATIVE

meijer

MDL 41254-111-37

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READY-TO-USE
enema

SALINE LAXATIVE

Protective shield
prevents contamination

Comfortable, lubricated
tip for ease of insertion

One-way safety valve
controls flow and
prevents reflux

Easy, soft squeeze bottle



PL31052B
V01

TAMPER EVIDENT: BOTTLE SEALED FOR SAFETY. DO NOT USE IF PRINTED SEAL AROUND NECK OF BOTTLE IS BROKEN OR MISSING.

Drug Facts	
Active ingredients (in each 118 mL delivered dose)	Purpose
Dibasic Sodium Phosphate 7 g	Saline laxative
Monobasic Sodium Phosphate 19 g	Saline laxative
Use	
<ul style="list-style-type: none"> relieves occasional constipation this product generally produces bowel movement in 1 to 5 minutes 	
Warnings	
Dosage warning: Using more than one enema in 24 hours can be harmful. For rectal use only. Do not use on children under 2 years of age	
Ask a doctor before use if you <ul style="list-style-type: none"> have already used a laxative for more than 3 days have kidney disease, have heart problems, or are dehydrated are 65 years of age or older are on a sodium-restricted diet have abdominal pain, nausea, or vomiting have a sudden change in bowel habits lasting more than 2 weeks 	
Ask a doctor or pharmacist before use if you are taking any other drug. Take this product two or more hours before or after other drugs. Laxatives may affect how other drugs work.	
When using this product <ul style="list-style-type: none"> do not use more than directed. Serious side effects may occur from excess dosage do not use for more than 3 days, without asking a doctor 	
Stop use and ask a doctor if <ul style="list-style-type: none"> you have rectal bleeding you have no bowel movement within 30 minutes of enema use you have symptoms of dehydration (thirstiness, dizziness, vomiting, urinating less often than normal) These symptoms may indicate a serious condition.	
If pregnant or breast-feeding, ask a health professional before use. Keep out of reach of children. If swallowed, get medical help or contact a Poison Control Center right away: 800-222-1222.	
Directions (or as directed by a doctor)	
Single daily dosage (per 24 hours) Do not use if taking another sodium phosphate product. Do not use more unless directed by a doctor. See Warnings.	
Adults and children 12 years of age and older	1 bottle once daily
Children 2 to under 12 years of age	Use Pediatric Enema
Children under 2 years of age	DO NOT USE
Other information	
<ul style="list-style-type: none"> each 118 mL contains sodium 4.3 g store at 15 to 30°C (59 to 86°F) additional liquids by mouth are recommended while using this product Tamper Evident: DO NOT USE IF TOP OR BOTTOM FLAP OF CARTON IS TORN OR MISSING. 	
Inactive ingredients	
benzalkonium chloride, disodium EDTA, purified water	
Questions or comments? 866-323-0107 or www.natureplex.com	

Positions for using this enema

Left side position: Lie on left side with knees bent and arms resting comfortably.



Knee-chest position: Kneel, then lower head and chest forward until left side of face is resting on surface with left arm folded comfortably.



How to use this enema

Remove protective shield from enema tip before inserting.

Hold bottle upright, grasping bottle cap with fingers. Grasp protective shield with other hand and pull gently to remove.



Administering enema:

- With steady pressure, gently insert enema tip into rectum with a slight side-to-side movement, with tip pointing toward navel. Insertion may be easier if person receiving enema bears down, as if having a bowel movement. Doing so helps relax muscles around anus.
- Do not force enema tip into rectum. Stop using if tip is hard to insert. Forcing the tip into the rectum can cause injury (especially if you have hemorrhoids). If enema tip causes rectal bleeding or pain, get immediate medical care.
- Squeeze bottle until nearly all liquid is gone. It is not necessary to empty bottle completely, as it contains more liquid than needed.
- Remove tip from rectum and stay in position until urge to evacuate is strong (usually 1 to 5 minutes). If no urge is felt after 5 minutes of using, try to empty bowel. Call a doctor promptly if no liquid comes out of the rectum after 30 minutes because dehydration could occur.

* This product is not manufactured or distributed by C.S. Fleet Company Inc., owner of the registered trademark Fleet®.

DIST. BY MEIJER DISTRIBUTION, INC.
GRAND RAPIDS, MI 49544

RD15CTR

MADE IN USA

REF: MJ-PH-9-24



www.meijer.com/site/irection

PID 4038019 0pk



MEIJER ENEMA

saline laxative enema

Product Information

Product Type	HUMAN OTC DRUG	Item Code (Source)	NDC:41250-111	
Route of Administration	RECTAL			
Active Ingredient/Active Moiety				
Ingredient Name		Basis of Strength	Strength	
SODIUM PHOSPHATE, DIBASIC, UNSPECIFIED FORM (UNII: GR686LBA74) (PHOSPHATE ION - UNII:NK08V8K8HR, SODIUM CATION - UNII:LYR4M0NH37)		SODIUM PHOSPHATE, DIBASIC, UNSPECIFIED FORM	7 g in 118 mL	
SODIUM PHOSPHATE, MONOBASIC, UNSPECIFIED FORM (UNII: 3980JIH2SW) (PHOSPHATE ION - UNII:NK08V8K8HR, SODIUM CATION - UNII:LYR4M0NH37)		SODIUM PHOSPHATE, MONOBASIC, UNSPECIFIED FORM	19 g in 118 mL	
Inactive Ingredients				
Ingredient Name			Strength	
BENZALKONIUM CHLORIDE (UNII: F5UM2KM3W7)				
EDETATE DISODIUM (UNII: 7FLD91C86K)				
WATER (UNII: 059QF0K00R)				
Packaging				
#	Item Code	Package Description	Marketing Start Date	Marketing End Date
1	NDC:41250-111-35	1 in 1 CARTON	05/10/2013	
1		133 mL in 1 BOTTLE; Type 0: Not a Combination Product		
2	NDC:41250-111-36	2 in 1 CARTON	05/10/2013	
2		133 mL in 1 BOTTLE; Type 0: Not a Combination Product		
3	NDC:41250-111-37	6 in 1 CARTON	01/30/2020	
3		133 mL in 1 BOTTLE; Type 0: Not a Combination Product		
Marketing Information				
Marketing Category	Application Number or Monograph Citation	Marketing Start Date	Marketing End Date	
OTC monograph not final	part334	05/10/2013		

Labeler - Meijer Distribution Inc (006959555)

Establishment

Name	Address	ID/FEI	Business Operations
Natureplex LLC		062808196	MANUFACTURE(41250-111)