

SLEEP AID- sleep aid capsule, liquid filled
Better Living Brands LLC

410 - Sleep Aid

Active ingredient(s)

Diphenhydramine HCl 50mg

Purpose

Nighttime sleep aid

Use(s)

for relief of occasional sleeplessness

Warnings

Do not use

- for children under 12 years of age
- with any other products containing diphenhydramine, even one used on skin

Ask a doctor before use if

- a breathing problem such as emphysema or chronic bronchitis
- glaucoma
- trouble urinating due to an enlarged prostate gland

Ask a doctor or pharmacist before use if

you are taking sedatives or tranquilizers

When using this product

avoid alcoholic drinks

Stop use and ask a doctor if

sleeplessness persists continuously for more than 2 weeks. Insomnia may be a symptom of a serious underlying medical illness.

If pregnant or breastfeeding,

ask a health professional before use.

Keep out of reach of children

In case of overdose, get medical help or contact a Poison Control Center (1-800-222-1222) right away.

Directions

Adults and children 12 years and over: Take 1 softgel (50mg) at bedtime if needed, or as directed by a doctor

Other information

- store at room temperature 15° to 30°C (59° to 86°F)
- avoid excessive heat
- do not use if imprinted safety seal under cap is broken or missing

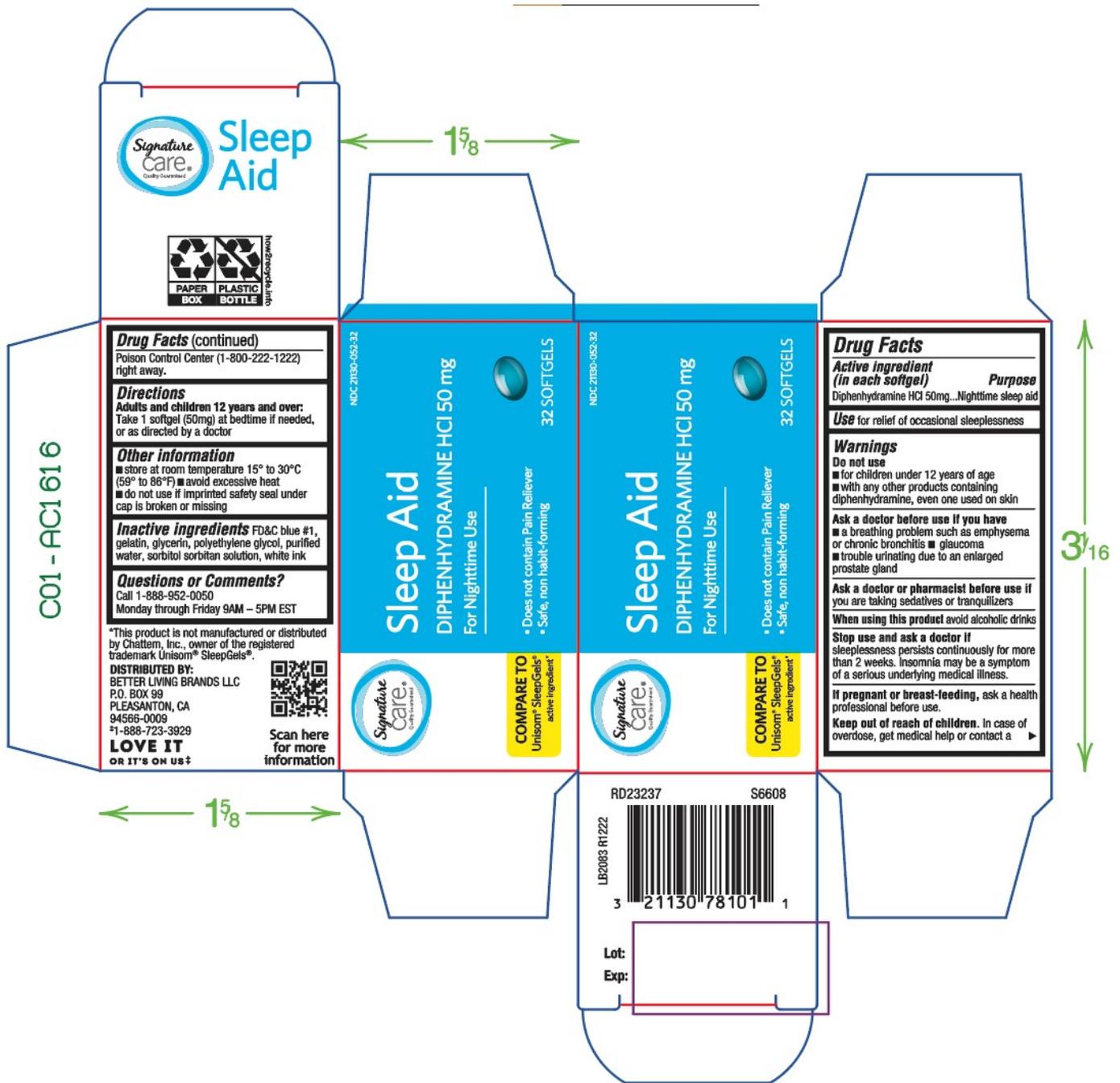
Inactive ingredients

FD&C blue #1, gelatin, glycerin, polyethylene glycol, purified water, sorbitol sorbitan solution, white ink

Questions/Comments

Call 1-888-952-0050 (Mon-Fri 9AM-5PM EST)

Principal Display Panel



Sleep Aid

SLEEP AID

sleep aid capsule, liquid filled

Product Information

Product Type	HUMAN OTC DRUG	Item Code (Source)	NDC:21130-052
Route of Administration	ORAL		

Active Ingredient/Active Moiety

Ingredient Name	Basis of Strength	Strength
DIPHENHYDRAMINE HYDROCHLORIDE (UNII: TC2D6JAD40)	DIPHENHYDRAMINE	50 mg

(DIPHENHYDRAMINE - UNII:8GTS82S83M)

HYDROCHLORIDE

50 mg

Inactive Ingredients

Ingredient Name	Strength
FD&C BLUE NO. 1 (UNII: H3R47K3TBD)	
GELATIN (UNII: 2G86QN327L)	
GLYCERIN (UNII: PDC6A3C0OX)	
POLYETHYLENE GLYCOL, UNSPECIFIED (UNII: 3WJQ05DW1A)	
WATER (UNII: 059QF0K00R)	
SORBITOL SOLUTION (UNII: 8KW3E207O2)	

Product Characteristics

Color	blue	Score	no score
Shape	OVAL	Size	13mm
Flavor		Imprint Code	PC5
Contains			

Packaging

#	Item Code	Package Description	Marketing Start Date	Marketing End Date
1	NDC:21130-052-96	96 in 1 BOTTLE; Type 0: Not a Combination Product	11/08/2023	
2	NDC:21130-052-32	1 in 1 CARTON	11/08/2023	
2		32 in 1 BOTTLE; Type 0: Not a Combination Product		

Marketing Information

Marketing Category	Application Number or Monograph Citation	Marketing Start Date	Marketing End Date
OTC Monograph Drug	M010	11/08/2023	

Labeler - Better Living Brands LLC (009137209)

Revised: 7/2023

Better Living Brands LLC