#### TOPCARE ZZZ SLEEP- diphenhydramine hcl solution Topco Associates LLC

Disclaimer: Most OTC drugs are not reviewed and approved by FDA, however they may be marketed if they comply with applicable regulations and policies. FDA has not evaluated whether this product complies.

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# Topco Associates LLC. ZZZ Sleep<sup>®</sup> Drug Facts

# Active ingredient (in each 30 mL)

Diphenhydramine HCl 50 mg

## Purpose

Nighttime sleep-aid

#### Uses

- for the relief of occasional sleeplessness
- reduces time to fall asleep if you have difficulty falling asleep

## Warnings

#### Do not use

- for children under 12 years of age
- with any other product containing diphenhydramine, even one used on skin

## Ask a doctor before use if you have

- a breathing problem such as emphysema or chronic bronchitis
- glaucoma
- difficulty in urination due to enlargement of the prostate gland

## Ask a doctor or pharmacist before use if you are

taking sedatives or tranquilizers

#### When using this product

• avoid alcoholic beverages

## Stop use and ask a doctor if

sleeplessness persists continuously for more than 2 weeks. Insomnia may be a symptom of serious underlying medical illness.

# If pregnant or breast-feeding,

ask a health professional before use.

## Keep out of reach of children.

In case of overdose, get medical help or contact a Poison Control Center right away (1-800-222-1222).

#### Directions

- take only one dose per day (24 hours)
- only use the dose cup provided

adults & children 12 yrs & over30 mL at bed time if needed or as directed by a doctorchildren under 12 yrsdo not use

#### Other information

- each 30 mL contains: sodium 20 mg
- store at 20-25°C (68-77°F)

#### Inactive ingredients

alcohol, anhydrous citric acid, FD&C blue #1, FD&C red #40, flavor, high fructose corn syrup, poloxamer 407, propylene glycol, purified water, saccharin sodium, sodium benzoate, sodium citrate

## Questions or comments?

1-888-423-0139

## Package/Label Principal Display Panel

TopCare<sub>®</sub> health

NIGHTTIME

COMPARE TO VICKS<sup>®</sup> ZZZQUIL<sup>®</sup> ACTIVE INGREDIENT

ZZZ Sleep<sup>®</sup>

DIPHENHYDRAMINE HCl 50 mg per 30 mL

NIGHTTIME SLEEP-AID

- Non-Habit Forming
- Not for Treating Cold or Flu

ALCOHOL 10%

# 6 FL OZ (177 mL) BERRY FLAVOR



store at 20-25°C (68-77°F)

# **TOPCARE ZZZ SLEEP**

professional before use.

diphenhydramine hcl solution

Product Information						
Product Type	HUMAN OTC DRUG	Item Code (Source)		NDC:368	NDC:36800-200	
Route of Administration	ORAL					
Active Ingredient/Active Moiety						
Active ingredient/Active Profety						
Ingredient Name			Basis of Strength		Strength	
DIPHENHYDRAMINE HYDROCHLO (DIPHENHYDRAMINE - UNII:8GTS82S			DIPHENHYDRAMINI HYDROCHLORIDE	E	50 mg in 30 mL	
Inactive Ingredients						
indente ingredients						
	Ingredient Name			S	trength	
ALCOHOL (UNII: 3K9958V90M)						

ANHYDROUS CITRIC ACID (UNII: XF417D3PSL)	
FD&C BLUE NO. 1 (UNII: H3R47K3TBD)	
FD&C RED NO. 40 (UNII: WZ B9127XOA)	
HIGH FRUCTOSE CORN SYRUP (UNII: XY6UN3QB6S)	
POLOXAMER 407 (UNII: TUF2IVW3M2)	
PROPYLENE GLYCOL (UNII: 6DC9Q167V3)	
WATER (UNII: 059QF0KO0R)	
SACCHARIN SODIUM (UNII: SB8ZUX40TY)	
SODIUM BENZOATE (UNII: OJ245FE5EU)	
SODIUM CITRATE, UNSPECIFIED FORM (UNII: 1Q73Q2JULR)	

Product Characteristics			
Color	PURPLE	Score	
Shape		Size	
Flavor	BERRY	Imprint Code	
Contains			

# Packaging

#	ltem Code	Package Description	Marketing Start Date	Marketing End Date		
1	NDC:36800-200- 30	177 mL in 1 BOTTLE; Type 0: Not a Combination Product	08/23/2013			
2	NDC:36800-200- 40	355 mL in 1 BOTTLE; Type 0: Not a Combination Product	08/20/2013			
3	NDC:36800-200- 34	236 mL in 1 BOTTLE; Type 0: Not a Combination Product	09/19/2013	09/30/2020		
4	NDC:36800-200- 50	2 in 1 PACKAGE	08/20/2013			
4		355 mL in 1 BOTTLE; Type 0: Not a Combination Product				
M	Marketing Information					
	Marketing	Application Number or Monograph	<b>Marketing Start</b>	Marketing End		

Marketing	Application Number or Monograph	Marketing Start	Marketing End
Category	Citation	Date	Date
OTC monograph final	part338	08/20/2013	

Labeler - Topco Associates LLC (006935977)

Revised: 1/2023

Topco Associates LLC