EXTRA STRENGTH ACETAMINOPHEN PM- acetaminophen and diphenhydramine hydrochloride tablet
KROGER COMPANY

Extra Strength Acetaminophen PM caplets

Drug Facts

Active ingredients (in each caplet)	***Purpose***
Acetaminophen 500mg	Pain reliever
Diphenhydramine HCl 25 mg	Nighttime sleep aid

Uses

temporary relief of occasional headaches and minor aches and pains with accompanying sleeplessness

Warnings

Liver warning

This product contains acetaminophen. Severe liver damage may occur if you take
- more than 4,000 mg of acetaminophen in 24 hours
- with other drugs containing acetaminophen
- 3 or more alcoholic drinks every day while using this product

Allergy alert: acetaminophen may cause severe skin reactions. Symptoms may include:
- skin reddening
- blisters
- rash

If a skin reaction occurs, stop use and seek medical help right away.

Do not use
- in children under 12 years of age
- with any other drug containing acetaminophen (prescription or nonprescription). If you are not sure whether a drug contains acetaminophen, ask a doctor or pharmacist.
- with any other product containing diphenhydramine, even one used on skin
- if you have ever had an allergic reaction to this product or any of its ingredients

Ask a doctor before use if you have
- liver disease
- a breathing problem such as emphysema or chronic bronchitis
- trouble urinating due to an enlarged prostate gland

- glaucoma

Ask a doctor or pharmacist before use if you are
- taking the blood thinning drug warfarin
- taking sedatives or tranquilizers

When using this product
- drowsiness will occur
- avoid alcoholic drinks
- do not drive a motor vehicle or operate machinery

Stop use and ask a doctor if
- sleeplessness persists continuously for more than 2 weeks. Insomnia may be a symptom of serious underlying medical illness.
- pain gets worse or lasts more than 10 days
- fever gets worse or lasts more than 3 days
- redness or swelling is present
- new symptoms occur

These could be signs of a serious condition.

If pregnant or breast-feeding, ask a health professional before use.

Keep out of reach of children.

Overdose warning

In case of overdose, get medical help or contact a Poison Control Center right away. Quick medical attention is critical for adults as well as for children even if you do not notice any signs or symptoms.

Directions
- **do not take more than directed (see overdose warning)**

adults and children 12 years and over	▪ take 2 caplets at bedtime ▪ do not take more than 2 caplets of this product in 24 hours
children under 12 years	do not use

Other information
- Store at room temperature between 20-25°C (68-77°F)

Inactive ingredients

croscarmellose sodium, FD&C blue #1 aluminum lake, FD&C blue #2 aluminum lake,

Hypromellose, magnesium stearate, microcrystalline cellulose, polyethylene glycol, polyvinyl alcohol, povidone, purified water, silicon dioxide, sodium starch glycolate, corn starch, talc, titanium dioxide

Questions or comments?

call **1-800-632-6900**

PRINCIPAL DISPLAY PANEL - 100 Caplet Bottle Carton

COMPARE TO the active ingredients of
TYLENOL® PM EXTRA STRENGTH CAPLETS *See side panel

NDC 30142-755-01

Kroger®
for adults

Extra Strength

Acetaminophen PM
Acetaminophen,
Diphenhydramine HCl

Pain Reliever/Nighttime Sleep-Aid
Non-Habit Forming

OUR PHARMACIST RECOMMENDED

actual
size

100 CAPLETS

EXTRA STRENGTH ACETAMINOPHEN PM

acetaminophen and diphenhydramine hydrochloride tablet

Product Information			
Product Type	HUMAN OTC DRUG	**Item Code (Source)**	NDC:30142-755
Route of Administration	ORAL		

Active Ingredient/Active Moiety

Ingredient Name	Basis of Strength	Strength
ACETAMINOPHEN (UNII: 362O9ITL9D) (ACETAMINOPHEN - UNII:362O9ITL9D)	ACETAMINOPHEN	500 mg
DIPHENHYDRAMINE HYDROCHLORIDE (UNII: TC2D6JAD40) (DIPHENHYDRAMINE - UNII:8GTS82S83M)	DIPHENHYDRAMINE HYDROCHLORIDE	25 mg

Inactive Ingredients

Ingredient Name	Strength
CROSCARMELLOSE SODIUM (UNII: M28OL1HH48)	
FD&C BLUE NO. 1 (UNII: H3R47K3TBD)	
FD&C BLUE NO. 2 (UNII: L06K8R7DQK)	
HYPROMELLOSE, UNSPECIFIED (UNII: 3NXW29V3WO)	
MAGNESIUM STEARATE (UNII: 70097M6I30)	
MICROCRYSTALLINE CELLULOSE (UNII: OP1R32D61U)	
POLYETHYLENE GLYCOL, UNSPECIFIED (UNII: 3WQ0SDW1A)	
POLYVINYL ALCOHOL, UNSPECIFIED (UNII: 532B59J990)	
POVIDONE, UNSPECIFIED (UNII: FZ989GH94E)	
WATER (UNII: 059QF0KO0R)	
SILICON DIOXIDE (UNII: ETJ7Z6XBU4)	
SODIUM STARCH GLYCOLATE TYPE A (UNII: H8AV0SQX4D)	
STARCH, CORN (UNII: O8232NY3SJ)	
TALC (UNII: 7SEV7J4R1U)	
TITANIUM DIOXIDE (UNII: 15FIX9V2JP)	

Product Characteristics

Color	BLUE	**Score**	no score
Shape	OVAL	**Size**	18mm
Flavor		**Imprint Code**	S149
Contains			

Packaging

#	Item Code	Package Description	Marketing Start Date	Marketing End Date
1	NDC:30142-755-05	1 in 1 CARTON	05/01/2021	
1		50 in 1 BOTTLE; Type 0: Not a Combination Product		
2	NDC:30142-755-01	1 in 1 CARTON	05/01/2021	
2		100 in 1 BOTTLE; Type 0: Not a Combination Product		
3	NDC:30142-755-20	2 in 1 CARTON	05/01/2021	
3		100 in 1 BOTTLE; Type 0: Not a Combination Product		

Marketing Information

Marketing Category	Application Number or Monograph Citation	Marketing Start Date	Marketing End Date
OTC Monograph Drug	M013	05/01/2021	

Labeler - KROGER COMPANY (006999528)

Revised: 1/2024 KROGER COMPANY