

**CONSTIPATION- magnesium carbonate, magnesium chloride, aesculus hippocastanum, flos, potassium alum, aluminum oxide, bryonia alba root, strychnos nux-vomica seed, silicon dioxide liquid**  
**Natural Creations, Inc.**

*Disclaimer: This homeopathic product has not been evaluated by the Food and Drug Administration for safety or efficacy. FDA is not aware of scientific evidence to support homeopathy as effective.*

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**CONSTIPATION**

ACTIVE INGREDIENTS (HPUS\*): Magnesium Carbonicum 3X, Magnesium Muriaticum 3X, Aesculus Hippocastanum 12X, Alumen 12X, Alumina 12X, Bryonia Alba 12X, Nux Vomica 12X, Silicea 12X

USES: Temporarily relieves great straining, large, dry, hard, knotty stools, &/or other symptoms of constipation.

**KEEP OUT OF THE REACH OF CHILDREN.** In case of overdose (or accidental ingestion) get medical help or contact a Poison Control Center.

USES: Temporarily relieves great straining, large, dry, hard, knotty stools, &/or other symptoms of constipation.

**WARNING:**

Consult a physician for use in children under 12 years of age. **IF PREGNANT OR BREAST-FEEDING**, ask a health professional before use. **KEEP OUT OF THE REACH OF CHILDREN.** In case of overdose (or accidental ingestion) get medical help or contact a Poison Control Center right away.

DIRECTIONS: Adults & children above 12 years: 10 drops orally 3 times daily, or as directed by a health care professional.

INACTIVE INGREDIENTS: Purified Water, USP Ethanol Alcohol 20%

NDC: 43406-0070-1

**CONSTIPATION**

Constipation

**HOMEOPATHIC**

1 fl oz (30 mL) / 20% Alcohol

UPC: 877730001030



NDC: 43406-0070-1

# CONSTIPATION

Constipation

HOMEOPATHIC

1 fl oz (30 mL) / 20% Alcohol



## DRUG FACTS

**ACTIVE INGREDIENTS (HPUS\*):** Mag Carb 3X, Alumen 12X, Bryonia 12X, Nux Vom 12X (Relieves Constipation), Mag Mur 3X, Aesculus Hipp 12X (Relieves Dry, Hard, Knotty Stools), Alumina 12X, Silicea 12X (Relieves Great Straining).

**USES:** Temporarily relieves great straining, large, dry, hard, knotty stools, &/or other symptoms of constipation.

**WARNING:**  
Consult a physician for use in children under 12 years of age. IF PREGNANT OR BREAST-FEEDING, ask a health professional before use. KEEP OUT OF THE REACH OF CHILDREN. In case of overdose (or accidental ingestion) get medical help or contact a Poison Control Center right away.

**DIRECTIONS:** Adults & children above 12 years:  
10 drops orally 3 times daily, or as directed by a health care professional.

**OTHER INFORMATION:** Tamper Seal: "Sealed for your protection". Do not use if seal is broken or missing.

**INACTIVE INGREDIENTS:** Purified Water, USP Ethanol Alcohol 20%.

**QUESTIONS AND COMMENTS?**  
MFG FOR: Natural Creations / Woodbine, IA 51579 / 712-647-1600

\*The letters "HPUS" indicate the components in this product are officially monographed in the Homeopathic Pharmacopeia of the United States.

LOT:

## CONSTIPATION

magnesium carbonate, magnesium chloride, aesculus hippocastanum, flos, potassium alum, aluminum oxide, bryonia alba root, strychnos nux-vomica seed, silicon dioxide liquid

### Product Information

<b>Product Type</b>	HUMAN OTC DRUG	<b>Item Code (Source)</b>	NDC:43406-0070
<b>Route of Administration</b>	ORAL		

### Active Ingredient/Active Moiety

Ingredient Name	Basis of Strength	Strength
<b>MAGNESIUM CARBONATE</b> (UNII: 0E53J927NA) (CARBONATE ION - UNII:7UJQ50PE7D)	MAGNESIUM CARBONATE	3 [hp_X] in 1 mL
<b>MAGNESIUM CHLORIDE</b> (UNII: 02F3473H9O) (MAGNESIUM CATION - UNII:T6V3LHY838)	MAGNESIUM CHLORIDE	3 [hp_X] in 1 mL
<b>AESCULUS HIPPOCASTANUM FLOWER</b> (UNII: KK0Z92II8M) (AESCULUS HIPPOCASTANUM FLOWER - UNII:KK0Z92II8M)	AESCULUS HIPPOCASTANUM FLOWER	12 [hp_X] in 1 mL
<b>POTASSIUM ALUM</b> (UNII: 1L24V9R23S) (ALUMINUM HYDROXIDE - UNII:5QB0T2IUN0)	POTASSIUM ALUM	12 [hp_X] in 1 mL
<b>ALUMINUM OXIDE</b> (UNII: LM26O6933) (ALUMINUM OXIDE - UNII:LM26O6933)	ALUMINUM OXIDE	12 [hp_X] in 1 mL
<b>BRYONIA ALBA ROOT</b> (UNII: T7J046YI2B) (BRYONIA ALBA ROOT - UNII:T7J046YI2B)	BRYONIA ALBA ROOT	12 [hp_X] in 1 mL
<b>STRYCHNOS NUX-VOMICA SEED</b> (UNII: 269XH13919) (STRYCHNOS NUX-VOMICA SEED - UNII:269XH13919)	STRYCHNOS NUX-VOMICA SEED	12 [hp_X] in 1 mL
<b>SILICON DIOXIDE</b> (UNII: ETJ7Z6XBU4) (COLLOIDAL SILICON DIOXIDE - UNII:ETJ7Z6XBU4)	SILICON DIOXIDE	12 [hp_X] in 1 mL

### Inactive Ingredients

Ingredient Name	Strength
<b>WATER</b> (UNII: 059QF0K00R)	

ALCOHOL (UNII: 3K9958V90M)

### Packaging

#	Item Code	Package Description	Marketing Start Date	Marketing End Date
1	NDC:43406-0070-1	30 mL in 1 BOTTLE, DROPPER		

### Marketing Information

Marketing Category	Application Number or Monograph Citation	Marketing Start Date	Marketing End Date
unapproved homeopathic		05/29/2007	

**Labeler** - Natural Creations, Inc. (018022074)

### Establishment

Name	Address	ID/FEI	Business Operations
OHM Pharma, Inc.		030572478	manufacture(43406-0070)

Revised: 1/2013

Natural Creations, Inc.