

**NIGHTTIME SLEEP AID MAXIMUM STRENGTH- diphenhydramine hcl capsule  
Harris Teeter, LLC**

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**Drug Facts**

**Active ingredient (in each softgel)**

Diphenhydramine HCl 50 mg

**Purpose**

Nighttime sleep-aid

**Use**

for relief of occasional sleeplessness.

**Warnings**

**Do not use**

- for children under 12 years of age
- with any other product containing diphenhydramine, even one used on skin

**Ask a doctor before use if you have**

- a breathing problem such as emphysema or chronic bronchitis
- glaucoma
- trouble urinating due to an enlarged prostate gland

**Ask a doctor or pharmacist before use if you are**

taking sedatives or tranquilizers.

**When using this product**

avoid alcoholic drinks.

**Stop use and ask a doctor if**

sleeplessness persists continuously for more than 2 weeks. Insomnia may be a symptom of a serious underlying medical illness.

**If pregnant or breast-feeding,**

ask a health professional before use.

**Keep out of reach of children.**

In case of overdose, get medical help or contact a Poison Control Center (1-800-222-1222) right away.

## **Directions**

- adults and children 12 years of age and over: 1 softgel (50 mg) at bedtime if needed, or as directed by a doctor

## **Other information**

- store between 15-30°C (59°-86°F)

## **Inactive ingredients**

FD&C blue #1, gelatin, glycerin, lecithin, light mineral oil, mannitol, polyethylene glycol, purified water, sorbitol, sorbitan, white ink

## **Principal Display Panel**

\*\*Compare to the Active Ingredient in Unisom® SleepGels®

Sleep-Aid Softgels

Maximum Strength

Diphenhydramine HCL 50 mg

Safe, Non-Habit Forming

NIGHTTIME SLEEP-AID

Softgels LIQUID FILLED

One Softgel Per Dose

**TAMPER EVIDENT: DO NOT USE IF PRINTED SAFETY SEAL UNDER CAP IS  
BROKEN OR MISSING.**

**KEEP OUTER CARTON FOR COMPLETE WARNINGS AND PRODUCT  
INFORMATION.**

\*\*This product is not manufactured or distributed by Chattem, Inc., distributor of Unisom® SleepGels®.

DISTRIBUTED BY:

HARRIS TEETER, LLC

MATTHEW, NC 28105

## **Package Label**



# Sleep-Aid Softgels

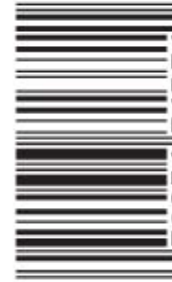
\*\*Compare to the active ingredient in Unisom® SleepGels®

## Maximum Strength Diphenhydramine HCl, 50 mg

Safe, Non-Habit Forming

**NIGHTTIME SLEEP-AID**

**32 Softgels** LIQUID FILLED  
One Softgel Per Dose



0 720367 1371 1

Lot No.:  
Exp. Date:

KEEP OUTER CARTON FOR COMPLETE WARNINGS AND PRODUCT INFORMATION.

TAMPER EVIDENT: DO NOT USE IF PRINTED SAFETY SEAL UNDER CAP IS BROKEN OR MISSING.

PLD-C632A  
FC006493

yourph<sup>ins</sup>guarantee.  
If you are not 100% satisfied with this product, simply return it with your VIC card for a full refund. Plus we will replace it with a like item of your choice. For full details: 1-800-432-6111 or harrisiteer.com.

PRODUCED AND DISTRIBUTED BY:  
HARRIS TEETER, LLC  
MATTHEWS, NC 28105

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<b>Drug Facts</b>
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<b>Use</b> For relief of occasional sleeplessness.
<b>Warnings</b> Do not use ■ for children under 12 years of age ■ with any other product containing diphenhydramine, even one used on skin Ask a doctor before use if you have ■ a breathing problem such as emphysema or chronic bronchitis ■ glaucoma ■ trouble urinating due to an enlarged prostate gland Ask a doctor or pharmacist before use if you are taking sedatives or tranquilizers.
<b>Directions</b> ■ adults and children 12 years of age and over: 1 softgel (50 mg) at bedtime if needed, or as directed by a doctor ■ store between 15-30°C (59-86°F)
<b>Inactive ingredients</b> FD&C blue #1, gelatin, glycerin, lecithin, light mineral oil, mannitol, polyethylene glycol, purified water, sorbitan, sorbitol, white ink
<b>Questions or comments?</b> Call 1-877-753-3935 Monday-Friday 9AM-5PM EST

HARRIS TEETER Sleep Aid Softgels

**NIGHTTIME SLEEP AID MAXIMUM STRENGTH**

diphenhydramine hcl capsule

## Product Information

<b>Product Type</b>	HUMAN OTC DRUG	<b>Item Code (Source)</b>	NDC:69256-916
<b>Route of Administration</b>	ORAL		

## Active Ingredient/Active Moiety

Ingredient Name	Basis of Strength	Strength
<b>DIPHENHYDRAMINE HYDROCHLORIDE</b> (UNII: TC2D6JAD40) (DIPHENHYDRAMINE - UNII:8GTS82S83M)	DIPHENHYDRAMINE HYDROCHLORIDE	50 mg

## Inactive Ingredients

Ingredient Name	Strength
<b>FD&amp;C BLUE NO. 1</b> (UNII: H3R47K3TBD)	
<b>GELATIN</b> (UNII: 2G86QN327L)	
<b>GLYCERIN</b> (UNII: PDC6A3C0OX)	
<b>LECITHIN, SOYBEAN</b> (UNII: 1DI56QDM62)	
<b>POLYETHYLENE GLYCOL, UNSPECIFIED</b> (UNII: 3WJQ0SDW1A)	
<b>WATER</b> (UNII: 059QF0KO0R)	
<b>SORBITAN</b> (UNII: 6O92ICV9RU)	
<b>SORBITOL</b> (UNII: 506T60A25R)	
<b>LIGHT MINERAL OIL</b> (UNII: N6K5787QVP)	
<b>MANNITOL</b> (UNII: 3OWL53L36A)	

## Product Characteristics

<b>Color</b>	blue	<b>Score</b>	no score
<b>Shape</b>	CAPSULE	<b>Size</b>	13mm
<b>Flavor</b>		<b>Imprint Code</b>	PC5
<b>Contains</b>			

## Packaging

#	Item Code	Package Description	Marketing Start Date	Marketing End Date
1	NDC:69256-916-32	1 in 1 BOX	01/31/2020	
1		32 in 1 BOTTLE, PLASTIC; Type 0: Not a Combination Product		

## Marketing Information

Marketing Category	Application Number or Monograph Citation	Marketing Start Date	Marketing End Date
OTC Monograph Drug	M010	01/31/2020	

