

**M-NATAL PLUS- vitamin a, vitamin c, vitamin d, vitamin e, thiamine, riboflavin, niacin, vitamin b6, folic acid, vitamin b12, calcium, iron, zinc, copper tablet
METHOD PHARMACEUTICALS, LLC**

Disclaimer: This drug has not been found by FDA to be safe and effective, and this labeling has not been approved by FDA. For further information about unapproved drugs, click here.

M-Natal Plus

M-Natal Plus tablet

Supplement Facts		
Serving Size: 1 Tablet		
	Amount Per Serving	% Daily Value for Pregnant and Lactating Women
Vitamin A (as Acetate and Beta Carotene)	4000 IU	50%
Vitamin C (Ascorbic Acid)	120 mg	200%
Vitamin D (Vitamin D3 as cholecalciferol)	400 IU	100%
Vitamin E (dl-Alpha Tocopheryl Acetate)	22 IU	73%
Thiamine (Vitamin B1 from Thiamine Mononitrate)	1.84 mg	108%
Riboflavin (Vitamin B2)	3 mg	150%
Niacin (Niacinamide)	20 mg	100%
Vitamin B6 (as Pyridoxine HCl)	10 mg	400%
Folic Acid	1 mg	125%
Vitamin B12 (Cyanocobalamin)	12 mcg	150%
Calcium	200 mg	15%
Iron (Ferrous Fumarate)	27 mg	150%
Zinc (Zinc Oxide)	25 mg	167%
Copper (Cupric Oxide)	2 mg	100%

Other Ingredients: Microcrystalline Cellulose, Croscarmellose Sodium, Polyvinyl Alcohol, Stearic Acid, Titanium Dioxide, Polyethylene Glycol, Talc, Magnesium Stearate, Silicon Dioxide, Beet Powder, Caramel, Carnauba Wax.

DESCRIPTION

M-Natal Plus Tablet is an orally administered prenatal/postnatal prescription folic acid-containing dietary supplement and should be administered under the supervision of a licensed medical practitioner.

DOSAGE AND ADMINISTRATION

Before, during and/or after pregnancy, one tablet daily, with a meal, or as directed by a licensed healthcare practitioner regardless of lactation status.

WARNING:

Accidental overdose of iron-containing products is a leading cause of fatal poisoning in children under 6. Keep this product out of reach of children. In case of accidental overdose, call a doctor or poison control center immediately.

CAUTION

High levels of folic acid may, especially in older adults, hide signs of Vitamin B-12 deficiency (such as pernicious anemia), a condition that can cause nerve damage.

Store at 15° – 30°C (59° – 86°F). [See USP Controlled Room Temperature.] Protect from light and moisture. Dispense in a tight, light-resistant container. Notice: Contact with moisture may produce surface discoloration or erosion.

Call your licensed medical practitioner about side effects. You may report side effects by calling Method at 1-877-250-3427 or FDA at 1-800-FDA-1088.

HOW SUPPLIED

Supplied as beige tablet, imprinted "M170" dispensed in bottles of 100 tablets.

Manufactured By:

Method Pharmaceuticals, LLC

Fort Worth, Texas 76118

Rev. 08/2018

PRINCIPAL DISPLAY PANEL

NDC 58657-170-01

M-Natal Plus

tablet

PRENATAL/POSTNATAL

100 Tablets

Rx Only

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Thiamine (Vitamin B ₁ from Thiamine Mononitrate)	1.84 mg	108%
Riboflavin (Vitamin B ₂)	3 mg	150%
Niacin (Nicotinamide)	20 mg	100%
Vitamin B ₆ (as Pyridoxine HCl)	10 mg	400%
Folic Acid	1 mg	125%
Vitamin B ₁₂ (Cyanocobalamin)	12 mcg	150%
Calcium	200 mg	15%
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Lot:
Exp:



NDC 58657-170-01

M-Natal Plus tablet

PRENATAL / POSTNATAL

Prescription Folic Acid-Containing Dietary Supplement

Rx

100 Tablets Made in USA

Other Ingredients: Microcrystalline Cellulose, Croscarmellose Sodium, Polyvinyl Alcohol, Stearic Acid, Titanium Dioxide, Polyethylene Glycol, Talc, Magnesium Stearate, Silicon Dioxide, Beet Powder, Caramel, Carnauba Wax.

Contains FD&C Red #40 (Lakes), FD&C Blue #2 Aluminum Lake, and FD&C Yellow Lake #5.

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Lift Here

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Product Information

Product Type	HUMAN PRESCRIPTION DRUG	Item Code (Source)	NDC:58657-170
Route of Administration	ORAL		

Active Ingredient/Active Moiety

Ingredient Name	Basis of Strength	Strength
VITAMIN A (UNII: 81G40H8B0T) (VITAMIN A - UNII:81G40H8B0T)	VITAMIN A	4000 [iU]
ASCORBIC ACID (UNII: PQ6CK8PD0R) (ASCORBIC ACID - UNII:PQ6CK8PD0R)	ASCORBIC ACID	120 mg
VITAMIN D (UNII: 9VU1KI44GP) (CHOLECALCIFEROL - UNII:1C6V77QF41)	VITAMIN D	400 [iU]
.ALPHA.-TOCOPHEROL ACETATE (UNII: 9E8X80D2L0) (.ALPHA.-TOCOPHEROL - UNII:H4N855PNZ1)	.ALPHA.-TOCOPHEROL ACETATE	22 [iU]
THIAMINE (UNII: X66NSO3N35) (THIAMINE ION - UNII:4ABT0J945J)	THIAMINE	1.84 mg
RIBOFLAVIN (UNII: TLM2976OFR) (RIBOFLAVIN - UNII:TLM2976OFR)	RIBOFLAVIN	3 mg
NIACIN (UNII: 2679MF687A) (NIACIN - UNII:2679MF687A)	NIACIN	20 mg
PYRIDOXINE HYDROCHLORIDE (UNII: 68Y4CF58BV) (PYRIDOXINE - UNII:KV2JZ1BI6Z)	PYRIDOXINE	10 mg
FOLIC ACID (UNII: 935E97BOY8) (FOLIC ACID - UNII:935E97BOY8)	FOLIC ACID	1 mg
CYANOCOBALAMIN (UNII: P6YC3EG204) (CYANOCOBALAMIN - UNII:P6YC3EG204)	CYANOCOBALAMIN	12 ug
CALCIUM (UNII: SY7Q814VUP) (CALCIUM - UNII:SY7Q814VUP)	CALCIUM	200 mg
FERROUS FUMARATE (UNII: R5L488RY0Q) (FERROUS CATION - UNII:GW89581OWR)	FERROUS CATION	27 mg
ZINC (UNII: J41CSQ7QDS) (ZINC - UNII:J41CSQ7QDS)	ZINC	25 mg
COPPER (UNII: 789U1901C5) (COPPER - UNII:789U1901C5)	COPPER	2 mg

Inactive Ingredients

Ingredient Name	Strength
MICROCRYSTALLINE CELLULOSE (UNII: OP1R32D61U)	
CROSCARMELOSE SODIUM (UNII: M28OL1HH48)	
POLYVINYL ALCOHOL, UNSPECIFIED (UNII: 532B59J990)	
STEARIC ACID (UNII: 4ELV7Z65AP)	
TITANIUM DIOXIDE (UNII: 15FIX9V2JP)	
POLYETHYLENE GLYCOL, UNSPECIFIED (UNII: 3WJQ0SDW1A)	
TALC (UNII: 7SEV7J4R1U)	
MAGNESIUM STEARATE (UNII: 70097M6I30)	
SILICON DIOXIDE (UNII: ETJ7Z6XBU4)	
CARAMEL (UNII: T9D99G2B1R)	
CARNAUBA WAX (UNII: R12CBM0EIZ)	

Product Characteristics

Color	brown (baige)	Score	no score
Shape	RECTANGLE (oblong)	Size	19mm
Flavor		Imprint Code	M170
Contains			

Packaging

#	Item Code	Package Description	Marketing Start Date	Marketing End Date
1	NDC:58657-170-01	100 in 1 BOTTLE; Type 0: Not a Combination Product	10/01/2018	

Marketing Information

Marketing Category	Application Number or Monograph Citation	Marketing Start Date	Marketing End Date
unapproved drug other		10/01/2018	

Labeler - METHOD PHARMACEUTICALS, LLC (060216698)

Revised: 12/2023

METHOD PHARMACEUTICALS, LLC