OB COMPLETE PRENATAL- .beta.-carotene, ascorbic acid, cholecalciferol, .alpha.-tocopherol succinate, d-, thiamine mononitrate, riboflavin, niacinamide, pyridoxine hydrochloride, folic acid, cyanocobalamin, pantothenic acid, iron pentacarbonyl, magnesium oxide, zinc oxide, and copper gluconate tablet Vertical Pharmaceuticals, LLC

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## **OB COMPLETE<sup>®</sup> PRENATAL MULTIVITAMIN**

#### SUPPLEMENT FACTS

Supplement Facts Serving Size: 1 Caplet Servings Per Box: 100				
	Amount per Serving	% Daily Value for Pregnant and Lactating Women		
Vitamin A (as Beta Carotene)	630 mcg RAE (2100 IU)	48%		
Vitamin C (Ascorbic Acid)	120 mg	100%		
Vitamin D (as Cholecalciferol)	8 mcg (315 IU)	53%		
Vitamin E (as d-Alpha Tocopheryl Succinate	e) 13 mg* (20 IU)	68%		
Thiamin (as Thiamine Mononitrate)	2 mg	143%		
Riboflavin	3.4 mg	213%		
Niacin (as Niacinamide)	10 mg NE	56%		
Vitamin B <sub>6</sub> (as Pyridoxine HCI)	10 mg	500%		
	2083 mcg DFE mcg Folic Acid)	347%		
Vitamin B <sub>12</sub> (as Cyanocobalamin)	15 mcg	536%		
Pantothenic Acid	5 mg	71%		
Iron (as Ferronyl <sup>®</sup> Carbonyl)	50 mg	185%		
Magnesium (as Magnesium Oxide)	15 mg	4%		
Zinc (as Zinc Oxide)	10 mg	77%		
Copper (as Copper Gluconate)	1 mg	77%		
*Equal to mg alpha-tocopherol				

**Other Ingredients:** Microcrystalline Cellulose, Di Cal Phosphate, Croscarmellose Sodium, Pink Color Coating (Hydroxypropylmethyl Cellulose, Polyvinyl Alcohol, Titanium Dioxide, Polyethylene Glycol, Talc and FDC Red #40 Lake), Fumed Silica, Stearic Acid, Magnesium Stearate, Povidone K30, Acacia

# **GLUTEN-, LACTOSE- AND SUGAR-FREE**

OB Complete<sup>®</sup> is a prescription multivitamin/multimineral indicated for use in improving the nutritional status of women prior to conception, throughout pregnancy, and in the postnatal period for both lactating and non-lactating mothers.

**Other Ingredients:** Microcrystalline Cellulose, Di Cal Phosphate, Croscarmellose Sodium, Pink Color Coating (Hydroxypropylmethyl Cellulose, Polyvinyl Alcohol, Titanium Dioxide, Polyethylene Glycol, Talc, FD&C Red #40 Lake), Fumed Silica, Stearic Acid, Magnesium Stearate, Povidone K30, Acacia.

## **GLUTEN, SUGAR AND LACTOSE FREE**

## CONTRAINDICATIONS

OB Complete<sup>®</sup> should not be used by patients with a known hypersensitivity to any of the listed ingredients.

## WARNINGS

WARNING: Accidental overdose of iron-containing products is a leading cause of fatal poisoning in children under 6. KEEP THIS PRODUCT OUT OF REACH OF CHILDREN. In case of accidental overdose, call a doctor or poison control center immediately.

## PRECAUTIONS

Folic acid alone is an improper therapy in the treatment of pernicious anemia and other megaloblastic anemias where vitamin  $B_{12}$  is deficient. Folic acid in doses above 0.1 mg daily may obscure pernicious anemia in that hematologic remission can occur while neurologic manifestations remain progressive. Allergic sensitization has been reported following both oral and parenteral administration of folic acid.

The patient's medical conditions and consumption of other drugs, herbs, and/or supplements should be considered.

## **DRUG INTERACTIONS**

OB Complete<sup>®</sup> caplets are not recommended for and should not be given to patients receiving levodopa because the action of levodopa is antagonized by pyridoxine. There is a possibility of increased bleeding due to pyridoxine interaction with anticoagulants (e.g., Aspirin, Heparin, Clopidogrel).

## **ADVERSE REACTIONS**

Adverse reactions have been reported with specific vitamins and minerals but generally at levels substantially higher than those contained herein. However, allergic and idiosyncratic reactions are possible at lower levels. Iron, even at the usual recommended levels, has been associated with gastrointestinal intolerance in some patients

#### DESCRIPTION

OB Complete<sup>®</sup> is pink, capsule shaped caplet imprinted with "VP010".

#### **DIRECTIONS FOR USE**

Take one caplet by mouth daily or as directed by a physician.

#### HOW SUPPLIED

OB Complete<sup>®</sup> is supplied in a unit dose pack of 100 (10x10) caplets.

## Product Code: 68025-010-10

#### STORAGE

Store at controlled room temperature 15°-30°C (59°-86°F) [See USP]. Protect from light, moisture and avoid excessive heat.

#### **KEEP THIS PRODUCT OUT OF REACH OF CHILDREN.**

For use on the order of a healthcare practitioner

Call your doctor about side effects. To report side effects, call Vertical Pharmaceuticals at 1-770-509-4500 or FDA at 1-800-FDA-1088 or www.fda.gov/medwatch.

PLR-OBCPRE-00002-1

**Rev. 12/2021** 

Distributed by:

Vertical Pharmaceuticals, LLC

Alpharetta, GA 30005

www.verticalpharma.com



## **OB** Complete<sup>®</sup> Prenatal Multivitamin

#### NDC 68025-010-10 100 CAPLETS



NO COATING AREA

# **OB COMPLETE PRENATAL**

.beta.-carotene, ascorbic acid, cholecalciferol, .alpha.-tocopherol succinate, d-, thiamine mononitrate, riboflavin, niacinamide, pyridoxine hydrochloride, folic acid, cyanocobalamin, pantothenic acid, iron pentacarbonyl, magnesium oxide, zinc oxide, and copper gluconate tablet

Product Information					
Product Type	DIETARY SUPPLEMENT	Item Code (Source) NHRIC:68		025-010	
Route of Administration	ORAL				
Active Ingredient/Active	Moiety				
	redient Name			is of ngth	Strength
BETA CAROTENE (UNII: 01YAE03M	17J) (BETA CAROTENE - UNII:0	LYAE03M7J)	BETA CAR	OTENE	2100 [iU]
ascorbic acid (UNII: PQ6CK8PD0R)	(ascorbic acid - UNII:PQ6CK	3PD0R)	ascorbic a	cid	120 mg
cholecalciferol (UNII: 1C6V77QF4	1) (cholecalciferol - UNII:1C6	77QF41)	cholecalcif	erol	315 [iU]
.alphatocopherol succinate, D UNII:N9PR3490H9)	- (UNII: LU4B53JYVE) (.alpha.	tocopherol, D	.alphatoo D-	opherol,	20 [iU]
THIAMINE MONONITRATE (UNII: 8	3K0I04919X) (THIAMINE ION -	UNII:4ABT0J945J)	THIAMINE		2 mg
Riboflavin (UNII: TLM29760FR) (Rib	ooflavin - UNII:TLM2976OFR)		Riboflavin		3.4 mg
NIACINAMIDE (UNII: 25X5118RD4) (	Niacinamide - UNII:25X51I8RI	04)	NIACINAMI	DE	10 mg
Pyridoxine Hydrochloride (UNII:	68Y4CF58BV) (Pyridoxine - UI	III:KV2JZ1BI6Z)	Pyridoxine Hydrochlor		10 mg
Folic Acid (UNII: 935E97BOY8) (Fo	ic Acid - UNII:935E97BOY8)		Folic Acid		1.25 mg
Cyanocobalamin (UNII: P6YC3EG2	204) (Cyanocobalamin - UNII:I	P6YC3EG204)	Cyanocoba	alamin	15 ug
Pantothenic Acid (UNII: 19F5HK27	37) (Pantothenic Acid - UNII:1	.9F5HK2737)	Pantothen	ic Acid	5 mg
IRON PENTACARBONYL (UNII: 6W UNII:GW895810WR)	Q62TAQ6Z) (FERROUS CATIO	N -	FERROUS	CATION	50 mg
Magnesium Oxide (UNII: 3A3U0G	71G) (Magnesium Cation - UI	NII:T6V3LHY838)	Magnesiur	n Cation	15 mg
Zinc Oxide (UNII: SOI2LOH54Z) (Z	inc Cation - UNII:13S1S8SF37	')	Zinc Catio	n	10 mg
COPPER GLUCONATE (UNII: RV82	3G6G67) (CUPRIC CATION - U	NII:8CBV67279L)	CUPRIC CA	TION	1 mg

Inactive Ingredients			
Ingredient Name	Strength		
cellulose, microcrystalline (UNII: OP1R32D61U)			
CALCIUM PHOSPHATE, DIBASIC, ANHYDROUS (UNII: L11K75P92J)			
Croscarmellose Sodium (UNII: M28OL1HH48)			
hypromelloses (UNII: 3NXW29V3WO)			
POLYVINYL ALCOHOL, UNSPECIFIED (UNII: 532B59J990)			
titanium dioxide (UNII: 15FIX9V2JP)			
POLYETHYLENE GLYCOL, UNSPECIFIED (UNII: 3WJQ0SDW1A)			
Talc (UNII: 7SEV7J4R1U)			
FD&C Red No. 40 (UNII: WZB9127XOA)			
SILICON DIOXIDE (UNII: ETJ7Z6XBU4)			
stearic acid (UNII: 4ELV7Z65AP)			
Magnesium Stearate (UNII: 70097M6I30)			
povidone K30 (UNII: U725QWY32X)			
acacia (UNII: 5C5403N26O)			

Packaging						
#	Item Code	<b>Package Description</b>	Marketing	Start Date	Marketi	ing End Date
1	NHRIC:68025-010-10	10 in 1 CARTON				
1		10 in 1 BLISTER PACK				
M	larketing Info					
Μ	larketing Info Marketing Category	<b>Ormation</b> Application Number or Mo Citation	nograph	Marketing St Date	tart M	arketing End Date

Supplement Facts			
Serving Size :		Serving per Container :	
	Amount Per Serving	% Daily Value	
color			
imprint			
scoring	1		
shape			
size (solid drugs)	19 mm		

Labeler - Vertical Pharmaceuticals, LLC (173169017)

Revised: 12/2019

Vertical Pharmaceuticals, LLC