

**MENSTRUAL RELIEF EXTRA STRENGTH- acetaminophen, caffeine, pyrilamine maleate tablet, film coated**  
**Better Living Brands, LLC**

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**Signature Care 44-390**

***Active ingredients (in each caplet)***

Acetaminophen 500 mg  
Caffeine 60 mg  
Pyrilamine maleate 15 mg

***Purpose***

Pain reliever  
Diuretic  
Antihistamine

***Uses***

for the temporary relief of these symptoms associated with menstrual periods:

- bloating
- headache
- water-weight gain
- cramps
- backache
- fatigue
- muscle aches

***Warnings***

**Liver warning:** This product contains acetaminophen. Severe liver damage may occur if you take

- more than 4,000 mg of acetaminophen in 24 hours
- with other drugs containing acetaminophen
- 3 or more alcoholic drinks every day while using this product

**Allergy alert:** Acetaminophen may cause severe skin reactions. Symptoms may include:

- skin reddening
- blisters
- rash

If a skin reaction occurs, stop use and seek medical help right away.

**Do not use**

- with any other drug containing acetaminophen (prescription or nonprescription). If you are not sure whether a drug contains acetaminophen, ask a doctor or pharmacist.
- if you have ever had an allergic reaction to this product or any of its ingredients

**Ask a doctor before use if you have**

- difficulty in urination due to enlargement of the prostate gland
- liver disease
- glaucoma
- a breathing problem such as emphysema or chronic bronchitis

**Ask a doctor or pharmacist before use if you are**

- taking the blood thinning drug warfarin
- taking sedatives or tranquilizers

**When using this product**

- avoid alcoholic beverages
- excitability may occur, especially in children
- alcohol, sedatives, and tranquilizers may increase drowsiness
- be careful when driving a motor vehicle or operating machinery
- you may get drowsy
- limit the use of caffeine-containing medications, foods, or beverages while taking this product because too much caffeine may cause nervousness, irritability, sleeplessness, and, occasionally, rapid heartbeat. The recommended dose of this product contains about as much caffeine as a cup of coffee.

**Stop use and ask a doctor if**

- new symptoms occur
- redness or swelling is present
- pain gets worse or lasts more than 10 days
- fever gets worse or lasts more than 3 days

These could be signs of a serious condition.

**If pregnant or breast-feeding,**

ask a health professional before use.

**Keep out of reach of children.**

In case of accidental overdose, get medical help or contact a Poison Control Center (1-800-222-1222) right away. Prompt medical attention is critical for adults as well as for children even if you do not notice any signs or symptoms.

***Directions***

- **do not take more than the recommended dose**
- adults and children 12 years and over:
  - take 2 caplets with water
  - repeat every 6 hours, as needed

- do not exceed 6 caplets per day
- children under 12 years: ask a doctor

### ***Other information***

- see end flap for expiration date and lot number
- store at 25°C (77°F); excursions permitted between 15°-30°C (59°-86°F)

### ***Inactive ingredients***

corn starch, croscarmellose sodium, crospovidone, hypromellose, magnesium stearate, microcrystalline cellulose, polydextrose, polyethylene glycol, povidone, silicon dioxide, stearic acid, titanium dioxide, triacetin

### ***Questions or comments?***

**1-800-426-9391**

### **Principal Display Panel**

***Signature***<sup>™</sup>

care

Quality Guaranteed

#### **COMPARE TO**

Midol® Complete  
active ingredients\*

NDC 21130-990-10

EXTRA STRENGTH

#### **Menstrual Relief**

**ACETAMINOPHEN** 500 mg

Caffeine 60 mg

Pyriminamine maleate 15 mg

Pain Reliever / Diuretic / Antihistamine

Relief of:

- Cramps • Bloating
- Fatigue • Backache
- Headache

Actual Size

40 CAPLETS

**TAMPER EVIDENT: DO NOT USE IF IMPRINTED  
SAFETY SEAL UNDER CAP IS BROKEN OR MISSING**

\*This product is not manufactured or distributed by Bayer HealthCare LLC,  
distributors of Midol® Complete. 50844 REV0517D39010

DISTRIBUTED BY  
BETTER LIVING BRANDS LLC  
P.O. BOX 99, PLEASANTON, CA 94566-0009  
1-888-723-3929  
[www.betterlivingbrandsLLC.com](http://www.betterlivingbrandsLLC.com)

**OUR PROMISE**  
QUALITY & SATISFACTION  
**100% GUARANTEED**  
OR YOUR MONEY BACK.

**Signature care 44-390**

## MENSTRUAL RELIEF EXTRA STRENGTH

acetaminophen, caffeine, pyrilamine maleate tablet, film coated

Product Information				
Product Type		HUMAN OTC DRUG	Item Code (Source)	
Route of Administration		ORAL	NDC:21130-990	
Active Ingredient/Active Moiety				
Ingredient Name			Basis of Strength	Strength
ACETAMINOPHEN (UNII: 362O9ITL9D) (ACETAMINOPHEN - UNII:362O9ITL9D)			ACETAMINOPHEN	500 mg
CAFFEINE (UNII: 3G6A5W338E) (CAFFEINE - UNII:3G6A5W338E)			CAFFEINE	60 mg
PYRILAMINE MALEATE (UNII: R35D29L3ZA) (PYRILAMINE - UNII:HPE317O9TL)			PYRILAMINE MALEATE	15 mg
Inactive Ingredients				
Ingredient Name				Strength
STARCH, CORN (UNII: O8232NY3SJ)				
CROSCARMELLOSE SODIUM (UNII: M28OL1HH48)				
CROSPVIDONE, UNSPECIFIED (UNII: 2S7830E561)				
HYPROMELLOSE, UNSPECIFIED (UNII: 3NXW29V3WO)				
MAGNESIUM STEARATE (UNII: 70097M6I30)				
MICROCRYSTALLINE CELLULOSE (UNII: OP1R32D61U)				
POLYDEXTROSE (UNII: VH2XOU12IE)				
POLYETHYLENE GLYCOL, UNSPECIFIED (UNII: 3WJQ0SDW1A)				
POVIDONE, UNSPECIFIED (UNII: FZ989GH94E)				
SILICON DIOXIDE (UNII: ETJ7Z6XBU4)				
STEARIC ACID (UNII: 4ELV7Z65AP)				
TITANIUM DIOXIDE (UNII: 15FIX9V2JP)				
TRIACETIN (UNII: XHX3C3X673)				
Product Characteristics				
Color	white	Score	no score	
Shape	OVAL	Size	17mm	
Flavor		Imprint Code	44;390	
Contains				
Packaging				
#	Item Code	Package Description	Marketing Start Date	Marketing End Date
1	NDC:21130-990-10	1 in 1 CARTON	04/29/2002	
1		40 in 1 BOTTLE, PLASTIC; Type 0: Not a Combination Product		
Marketing Information				
Marketing Category		Application Number or Monograph Citation	Marketing Start Date	Marketing End Date

OTC Monograph Drug	M013	04/29/2002	
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**Labeler -** Better Living Brands, LLC (009137209)

## Establishment

Name	Address	ID/FEI	Business Operations
LNK International, Inc.		038154464	pack(21130-990)

## Establishment

Name	Address	ID/FEI	Business Operations
LNK International, Inc.		832867837	manufacture(21130-990) , pack(21130-990)

## Establishment

Name	Address	ID/FEI	Business Operations
LNK International, Inc.		832867894	manufacture(21130-990)

## Establishment

Name	Address	ID/FEI	Business Operations
LNK International, Inc.		967626305	pack(21130-990)

## Establishment

Name	Address	ID/FEI	Business Operations
LNK International, Inc.		117025878	manufacture(21130-990)

Revised: 10/2023

Better Living Brands, LLC