

**SLEEP AID MAXIMUM STRENGTH- diphenhydramine hcl capsule  
P & L Development, LLC**

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**Drug Facts**

**Active ingredient (in each softgel)**

Diphenhydramine HCL 50 mg

**Purpose**

Nighttime sleep-aid

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Nighttime sleep-aid

**Use**

For relief of occasional sleeplessness.

**Warnings**

**Do not use**

- for children under 12 years of age
- with any other product containing diphenhydramine, even one used on skin

**Ask a doctor before use if you have**

- a breathing problem such as emphysema or chronic bronchitis
- glaucoma
- trouble urinating due to an enlarged prostate gland

**Ask a doctor or pharmacist before use if you are**

taking sedatives or tranquilizers.

**When using this product**

avoid alcoholic drinks.

**Stop use and ask a doctor if**

sleeplessness persists continuously for more than 2 weeks. Insomnia may be a symptom of a serious underlying medical illness.

**If pregnant or breast-feeding,**

ask a health professional before use.

## **Keep out of reach of children.**

In case of overdose, get medical help or contact a Poison Control Center right away (1-800-222-1222)

## **Directions**

- adults and children 12 years of age and over: 1 softgel (50 mg) at bedtime if needed, or as directed by a doctor

## **Other information**

- store between 15°-30°C (59°-86°F)

## **Inactive ingredients**

FD&C blue #1, gelatin, glycerin, lecithin, light mineral oil, mannitol, polyethylene glycol, propylene, purified water, sorbitol, sorbitan, white ink

## **Questions or comments?**

Call **1-877-753-3935** Monday-Friday 9AM-5PM EST

## **Principal Display Panel**

Maximum Strength

Sleep-Aid

diphenhydramine HCl 50 mg

nighttime sleep-aid

safe, non-habit forming

softgels

One Softgel Per Dose

†Compare to the active ingredient in Unisom® SleepGels®

†This product is not manufactured or distributed by Chattem, Inc., distributor of Unisom® SleepGels®.

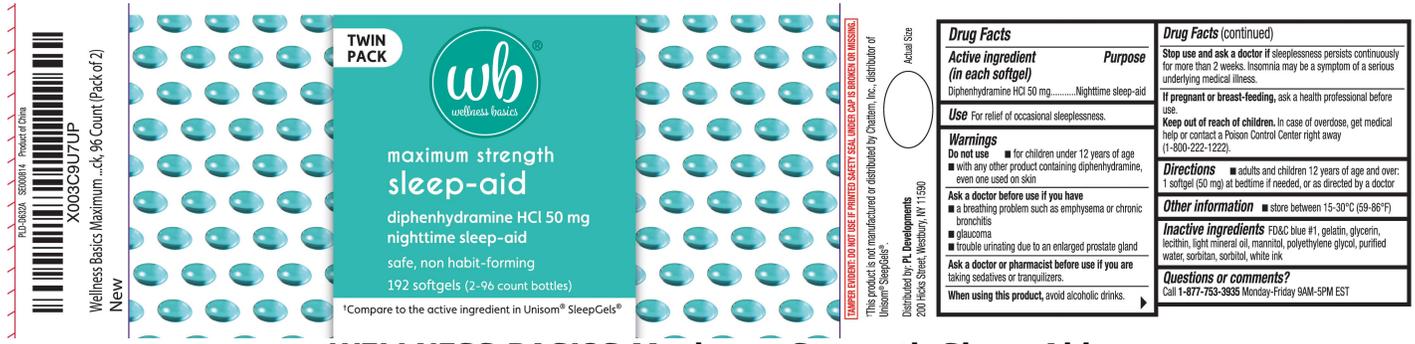
**TAMPER EVIDENT: DO NOT USE IF PRINTED SAFETY SEAL UNDER CAP IS BROKEN OR MISSING.**

Distributed by: **PL Developments**

200 Hicks Street

Westbury, NY 11590

## **Package Label**



## WELLNESS BASICS Maximum Strength Sleep Aid

SLEEP AID MAXIMUM STRENGTH			
diphenhydramine hcl capsule			
Product Information			
Product Type	HUMAN OTC DRUG	Item Code (Source)	NDC:59726-816
Route of Administration	ORAL		
Active Ingredient/Active Moiety			
Ingredient Name		Basis of Strength	Strength
DIPHENHYDRAMINE HYDROCHLORIDE (UNII: TC2D6JAD40) (DIPHENHYDRAMINE - UNII:8GTS82S83M)		DIPHENHYDRAMINE HYDROCHLORIDE	50 mg
Inactive Ingredients			
Ingredient Name			Strength
FD&C BLUE NO. 1 (UNII: H3R47K3TBD)			
GELATIN (UNII: 2G86QN327L)			
GLYCERIN (UNII: PDC6A3C0OX)			
LECITHIN, SOYBEAN (UNII: 1DI56QDM62)			
POLYETHYLENE GLYCOL, UNSPECIFIED (UNII: 3WJQ0SDW1A)			
WATER (UNII: 059QF0KO0R)			
SORBITAN (UNII: 6O921CV9RU)			
SORBITOL (UNII: 506T60A25R)			
LIGHT MINERAL OIL (UNII: N6K5787QVP)			
MANNITOL (UNII: 3OWL53L36A)			
Product Characteristics			
Color	blue	Score	no score
Shape	CAPSULE	Size	13mm
Flavor		Imprint Code	PC5
Contains			

**Packaging**

#	Item Code	Package Description	Marketing Start Date	Marketing End Date
1	NDC:59726-816-92	96 in 1 BOTTLE, PLASTIC; Type 0: Not a Combination Product	11/29/2019	
2	NDC:59726-816-64	1 in 1 BOX	11/29/2019	
2		64 in 1 BOTTLE, PLASTIC; Type 0: Not a Combination Product		
3	NDC:59726-816-29	2 in 1 BOX	11/29/2019	
3		96 in 1 BOTTLE, PLASTIC; Type 0: Not a Combination Product		

**Marketing Information**

Marketing Category	Application Number or Monograph Citation	Marketing Start Date	Marketing End Date
OTC Monograph Drug	M012	11/29/2019	

**Labeler** - P & L Development, LLC (800014821)

Revised: 10/2023

P &amp; L Development, LLC