

**DAKOTA MUSCLE RELIEF- menthol, unspecified form spray**  
**LaShe Naturals, LLC**

*Disclaimer: Most OTC drugs are not reviewed and approved by FDA, however they may be marketed if they comply with applicable regulations and policies. FDA has not evaluated whether this product complies.*

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**Dakota Muscle Relief**

**Drug Facts**

**Active Ingredients**

Menthol 6.0%

**Purpose**

Topical Analgesic

**Uses**

For the temporary relief of minor aches and pains associated with

- simple backache
- arthritis
- sprains
- joint pain
- bruises
- strains.

**Warnings**

**For external use only. Avoid contact with eyes. If contact occurs, flush eyes with water immediately.**

**Flammable**

**Keep away from fire or flame.**

**When using this product:**

- Use only as directed
- Do not bandage or use with a heating pad
- Do not apply to wounds or damaged skin
- Discontinue use if irritation develops.

**Stop use and ask your doctor if:**

Condition worsens or if symptoms persist more than 7 days

- redness is present
- excessive irritation of the skin develops.

**If pregnant or breast feeding**, ask a health professional before use.

**Keep out of reach of children**, if ingested get medical help immediately.

## **Directions**

### **Adults / Children 12 years or older:**

- Shake well before use, test for skin sensitivity
- Spray directly on affected area
- Apply externally up to a maximum of 3 to 4 times a day
- Do not rub.

## **Inactive Ingredients**

Clove Bud, Emu Oil, Eucalyptus Oil, Isopropyl Alcohol, Peppermint Oil, Water, White Camphor

### **Distributed by:**

**LaShe Naturals, LLC**

**405 West Main, Suite 5D, West Fargo, ND 58078**

## **PRINCIPAL DISPLAY PANEL - 240 ml Bottle Label**

***Dakota***

**MUSCLE RELIEF**

**FAST ALL NATURAL PAIN RELIEF**

### **Temporary Relief From:**

- **Arthritis**
- **Joint Pain**
- **Back Pain**
- **Sprains**
- **Muscle Aches**
- **Cramps**
- **Congestion**
- **Insect Bites**

**FAST ACTING • NOT GREASY**

**PLEASANT SCENT**

**Spray-On Muscle Relief**

8oz. (240ml.)

<p><b>Drug Facts</b></p> <table border="1" style="width: 100%; border-collapse: collapse;"> <tr> <td style="width: 60%;"><b>Active Ingredients</b></td> <td style="width: 40%;"><b>Purpose</b></td> </tr> <tr> <td>Menthol 6.0%</td> <td>Topical Analgesic</td> </tr> </table> <p><b>Uses:</b> For the temporary relief of minor aches and pains associated with          ■ simple backache ■ arthritis ■ sprains ■ joint pain ■ bruises ■ strains.</p> <p><b>Warnings:</b> For external use only. Avoid contact with eyes. If contact occurs, flush eyes with water immediately.</p> <p><b>Flammable:</b> Keep away from fire or flame.</p> <p><b>When using this product:</b>          ■ Use only as directed ■ Do not bandage or use with a heating pad ■ Do not apply to wounds or damaged skin ■ Discontinue use if irritation develops.</p> <p><b>Stop use and ask your doctor if:</b>          Condition worsens or if symptoms persist more than 7 days ■ redness is present ■ excessive irritation of the skin develops.</p> <p><b>If pregnant or breast feeding,</b> ask a health professional before use.</p> <p><b>Keep out of reach of children,</b> if ingested get medical help immediately.</p> <p><b>Directions:</b>  <b>Adults / Children 12 years or older:</b> ■ Shake well before use, test for skin sensitivity ■ Spray directly on affected area ■ Apply externally up to a maximum of 3 to 4 times a day ■ Do not rub.</p> <p><b>Inactive Ingredients:</b> Clove Bud, Emu Oil, Eucalyptus Oil, Isopropyl Alcohol, Peppermint Oil, Water, White Camphor</p>	<b>Active Ingredients</b>	<b>Purpose</b>	Menthol 6.0%	Topical Analgesic	<div style="text-align: center;"> <h2 style="margin: 0;">MUSCLE RELIEF</h2> <p style="margin: 5px 0;"><b>FAST ALL NATURAL PAIN RELIEF</b></p> <p style="margin: 5px 0;"><b>Temporary Relief From:</b></p> <ul style="list-style-type: none"> <li>• Arthritis</li> <li>• Back Pain</li> <li>• Muscle Aches</li> <li>• Congestion</li> <li>• Joint Pain</li> <li>• Sprains</li> <li>• Cramps</li> <li>• Insect Bites</li> </ul> <hr style="border: 1px solid yellow;"/> <p style="margin: 5px 0;"><b>FAST ACTING • NOT GREASY</b></p> <p style="margin: 5px 0;"><b>PLEASANT SCENT</b></p> <hr style="border: 1px solid yellow;"/> <p style="margin: 5px 0;">Spray-On Muscle Relief      8oz. (240ml.)</p> </div>
<b>Active Ingredients</b>	<b>Purpose</b>				
Menthol 6.0%	Topical Analgesic				

FDA Code# XXXXXXXXXX 09/21/2017

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Manufactured for & distributed by: **LaShe Naturals, LLC**  
 405 West Main, Suite 5D, West Fargo, ND 58078  
 800-270-7375 www.lashenaturals.com  
 2017 Rev.01

<b>DAKOTA MUSCLE RELIEF</b>			
menthol, unspecified form spray			
<b>Product Information</b>			
<b>Product Type</b>	HUMAN OTC DRUG	<b>Item Code (Source)</b>	NDC:71680-001
<b>Route of Administration</b>	TOPICAL		
<b>Active Ingredient/Active Moiety</b>			
	<b>Ingredient Name</b>	<b>Basis of Strength</b>	<b>Strength</b>
	MENTHOL, UNSPECIFIED FORM (UNII: L7T10EIP3A) (MENTHOL, UNSPECIFIED FORM - UNII:L7T10EIP3A)	MENTHOL, UNSPECIFIED FORM	60 mg in 1 mL
<b>Inactive Ingredients</b>			
	<b>Ingredient Name</b>		<b>Strength</b>
	ISOPROPYL ALCOHOL (UNII: ND2M416302)		
	Water (UNII: 059QF0KO0R)		
	Peppermint Oil (UNII: AV092KU4JH)		
	Eucalyptus Oil (UNII: 2R04ONI662)		
	Camphor Oil, White (UNII: 26P3H26Z9X)		
	CLOVE OIL (UNII: 578389D6D0)		
	Emu Oil (UNII: 344821WD61)		
<b>Packaging</b>			
<b>#</b>	<b>Item Code</b>	<b>Package Description</b>	<b>Marketing Start Date</b>
			<b>Marketing End Date</b>

<b>1</b>	NDC:71680-001-08	240 mL in 1 BOTTLE, PLASTIC; Type 0: Not a Combination Product	09/19/2017	
<b>2</b>	NDC:71680-001-02	60 mL in 1 BOTTLE, PLASTIC; Type 0: Not a Combination Product	09/19/2017	

## Marketing Information

Marketing Category	Application Number or Monograph Citation	Marketing Start Date	Marketing End Date
OTC MONOGRAPH NOT FINAL	part348	07/01/2008	

**Labeler** - LaShe Naturals, LLC (053397499)

Revised: 12/2021

LaShe Naturals, LLC