

**MENSTRUAL COMPLETE- acetaminophen, caffeine, pyrilamine maleate tablet,  
film coated  
Meijer Distribution, Inc.**

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**Meijer 44-390**

***Active ingredients (in each caplet)***

Acetaminophen 500 mg  
Caffeine 60 mg  
Pyrilamine maleate 15 mg

***Purpose***

Pain reliever  
Diuretic  
Antihistamine

***Uses***

for the temporary relief of these symptoms associated with menstrual periods:

- bloating
- headache
- muscle aches
- cramps
- backache
- fatigue
- water-weight gain

***Warnings***

**Liver warning:** This product contains acetaminophen. Severe liver damage may occur if you take

- more than 4,000 mg of acetaminophen in 24 hours
- with other drugs containing acetaminophen
- 3 or more alcoholic drinks every day while using this product

**Allergy alert:** Acetaminophen may cause severe skin reactions. Symptoms may include:

- skin reddening
- blisters
- rash

If a skin reaction occurs, stop use and seek medical help right away.

**Do not use**

- with any other drug containing acetaminophen (prescription or nonprescription). If you are not sure whether a drug contains acetaminophen, ask a doctor or pharmacist.
- if you have ever had an allergic reaction to this product or any of its ingredients

### **Ask a doctor before use if you have**

- difficulty in urination due to enlargement of the prostate gland
- liver disease
- glaucoma
- a breathing problem such as emphysema or chronic bronchitis

### **Ask a doctor or pharmacist before use if you are**

- taking the blood thinning drug warfarin
- taking sedatives or tranquilizers

### **When using this product**

- drowsiness may occur
- avoid alcoholic beverages
- alcohol, sedatives, and tranquilizers may increase drowsiness
- excitability may occur, especially in children
- use caution when driving a motor vehicle or operating machinery
- limit the use of caffeine-containing medications, foods, or beverages while taking this product because too much caffeine may cause nervousness, irritability, sleeplessness, and, occasionally, rapid heart rate. The recommended dose of this product contains about as much caffeine as a cup of coffee.

### **Stop use and ask a doctor if**

- new symptoms occur
- redness or swelling is present
- pain gets worse or lasts more than 10 days
- fever gets worse or lasts more than 3 days

These could be signs of a serious condition.

### **If pregnant or breast-feeding,**

ask a health professional before use.

### **Keep out of reach of children.**

In case of overdose, get medical help or contact a Poison Control Center right away. Prompt medical attention is critical for adults as well as for children even if you do not notice any signs or symptoms.

### ***Directions***

- **do not take more than directed**
- adults and children 12 years and over:
  - take 2 caplets with water
  - repeat every 6 hours, as needed

- do not exceed 6 caplets per day
- children under 12 years: ask a doctor

### **Other information**

- store at 25°C (77°F); excursions permitted between 15°-30°C (59°-86°F)
- see end flap for expiration date and lot number

### **Inactive ingredients**

corn starch, croscarmellose sodium, crospovidone, hypromellose, magnesium stearate, microcrystalline cellulose, polydextrose, polyethylene glycol, povidone, silicon dioxide, stearic acid, titanium dioxide, triacetin

### **Questions or comments?**

**1-800-426-9391**

### **Principal Display Panel**

meijer®

NDC 79481-0390-1

Menstrual  
Complete

### **Acetaminophen**

Caffeine | Pyrilamine maleate

Pain Reliever | Diuretic | Antihistamine

Multi-Symptom Relief of:  
Cramps, Bloating, Fatigue, Backache & Headache

Compare to  
Midol® Complete  
active ingredients\*

**40**  
Caplets  
actual size

TAMPER EVIDENT: DO NOT USE IF IMPRINTED SAFETY  
SEAL UNDER CAP IS BROKEN OR MISSING

\*This product is not manufactured or distributed by  
Bayer HealthCare LLC, owner of the registered trademark  
Midol® Complete. 50844 REV0623C39010

DIST. BY MEIJER  
DISTRIBUTION, INC.  
GRAND RAPIDS, MI 49544

**Drug Facts (continued)**

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**Drug Facts (continued)**

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- see end flap for expiration date and lot number
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**Inactive ingredients**

corn starch, croscarmellose sodium, crospovidone, hypromellose, magnesium stearate, microcrystalline cellulose, polydextrose, polyethylene glycol, povidone, silicon dioxide, stearic acid, titanium dioxide, trace

**(Questions or comments? 1-800-426-9391)**

**Drug Facts (continued)**

Do not use

- with any other drug containing acetaminophen (prescription or nonprescription). If you are not sure whether a drug contains acetaminophen, ask a doctor or pharmacist.
- if you have ever had an allergic reaction to this product or any of its ingredients

**Ask a doctor before use if you have**

- difficulty in urination due to enlargement of the prostate gland
- liver disease
- glaucoma

**Ask a doctor or pharmacist before use if you are**

- taking the blood thinning drug warfarin
- taking sedatives or tranquilizers
- driving or operating machinery

**When using this product**

- avoid alcoholic beverages
- excitability may occur, especially in children

**Drug Facts (continued)**

**Stop use and ask a doctor if**

- new symptoms occur
- redness or swelling is present
- pain gets worse or lasts more than 10 days
- fever gets worse or lasts more than 3 days

**If pregnant or breast-feeding, ask a health professional before use.**

**TAMPER EVIDENT: DO NOT USE IF IMPRINTED SAFETY SEAL UNDER CAP IS BROKEN OR MISSING**

\*This product is not manufactured or distributed by Bayer HealthCare LLC, owner of the registered trademark Midol® Complete. 50844 REV0623C39010

**OUR QUALITY GUARANTEE**  
  
 www.meijer.com

**DIST. BY MEIJER DISTRIBUTION, INC.**  
 GRAND RAPIDS, MI 49544  
 www.meijer.com

**Drug Facts (continued)**

**Warnings**

Liver warning: This product contains acetaminophen. Severe liver damage may occur if you take more than 4,000 mg of acetaminophen in 24 hours.

Do not drink alcohol or take other drugs containing acetaminophen while using this product.

**Ally alert:** Acetaminophen may cause severe skin reactions. Symptoms may include: rash, skin redness, blisters.

If a skin reaction occurs, stop use and seek medical help right away.

**Drug Facts (continued)**

**Active ingredients (in each caplet)**

- Acetaminophen 500 mg
- Caffeine 60 mg
- Pyriminamine maleate 15 mg

**Purpose**

Pain reliever

**Uses**

for the temporary relief of these symptoms associated with menstrual periods:

- muscle aches
- headache
- backache
- fatigue
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**Drug Facts (continued)**

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- Severe liver damage may occur if you take more than 4,000 mg of acetaminophen in 24 hours.

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no print/no varnish area  
 lot no. & exp. date

PID 3145678  
 7 088201 87731 3

B-1214-390-10-R  
 REV0623C39010

NDC 794481-0390-1

Compare to Midol® Complete active ingredients\*

**meijer**

**Menstrual Complete**

**Acetaminophen**  
 Caffeine | Pyriminamine maleate

**40 Caplets**

Pain Reliever | Diuretic | Antihistamine

Multi-Symptom Relief of:  
 Cramps, Bloating, Fatigue, Backache & Headache

  
 actual size

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# MENSTRUAL COMPLETE

acetaminophen, caffeine, pyrilamine maleate tablet, film coated

## Product Information

<b>Product Type</b>	HUMAN OTC DRUG	<b>Item Code (Source)</b>	NDC:79481-0390
<b>Route of Administration</b>	ORAL		

## Active Ingredient/Active Moiety

Ingredient Name	Basis of Strength	Strength
<b>ACETAMINOPHEN</b> (UNII: 362O9ITL9D) (ACETAMINOPHEN - UNII:362O9ITL9D)	ACETAMINOPHEN	500 mg
<b>CAFFEINE</b> (UNII: 3G6A5W338E) (CAFFEINE - UNII:3G6A5W338E)	CAFFEINE	60 mg
<b>PYRILAMINE MALEATE</b> (UNII: R35D29L3ZA) (PYRILAMINE - UNII:HPE317O9TL)	PYRILAMINE MALEATE	15 mg

## Inactive Ingredients

Ingredient Name	Strength
<b>STARCH, CORN</b> (UNII: O8232NY3SJ)	
<b>CROSCARMELLOSE SODIUM</b> (UNII: M28OL1HH48)	
<b>CROSPVIDONE, UNSPECIFIED</b> (UNII: 2S7830E561)	
<b>HYPROMELLOSE, UNSPECIFIED</b> (UNII: 3NXW29V3WO)	
<b>MAGNESIUM STEARATE</b> (UNII: 70097M6I30)	
<b>MICROCRYSTALLINE CELLULOSE</b> (UNII: OP1R32D61U)	
<b>POLYDEXTROSE</b> (UNII: VH2XOU12IE)	
<b>POLYETHYLENE GLYCOL, UNSPECIFIED</b> (UNII: 3WJQ0SDW1A)	
<b>POVIDONE, UNSPECIFIED</b> (UNII: FZ989GH94E)	
<b>SILICON DIOXIDE</b> (UNII: ETJ7Z6XBU4)	
<b>STEARIC ACID</b> (UNII: 4ELV7Z65AP)	
<b>TITANIUM DIOXIDE</b> (UNII: 15FIX9V2JP)	
<b>TRIACETIN</b> (UNII: XHX3C3X673)	

## Product Characteristics

<b>Color</b>	white	<b>Score</b>	no score
<b>Shape</b>	OVAL	<b>Size</b>	17mm
<b>Flavor</b>		<b>Imprint Code</b>	44;390
<b>Contains</b>			

## Packaging

#	Item Code	Package Description	Marketing Start Date	Marketing End Date
1	NDC:79481-0390-1	1 in 1 CARTON	05/15/2024	
1		40 in 1 BOTTLE, PLASTIC; Type 0: Not a Combination Product		

## Marketing Information

Marketing Category	Application Number or Monograph Citation	Marketing Start Date	Marketing End Date
OTC Monograph Drug	M013	05/15/2024	

**Labeler** - Meijer Distribution, Inc. (006959555)

## Establishment

Name	Address	ID/FEI	Business Operations
LNK International, Inc.		038154464	pack(79481-0390)

## Establishment

Name	Address	ID/FEI	Business Operations
LNK International, Inc.		832867837	manufacture(79481-0390) , pack(79481-0390)

## Establishment

Name	Address	ID/FEI	Business Operations
LNK International, Inc.		832867894	manufacture(79481-0390)

## Establishment

Name	Address	ID/FEI	Business Operations
LNK International, Inc.		967626305	pack(79481-0390)

## Establishment

Name	Address	ID/FEI	Business Operations
LNK International, Inc.		117025878	manufacture(79481-0390)

Revised: 5/2024

Meijer Distribution, Inc.