

**NIGHTTIME SLEEP AID- diphenhydramine hcl tablet, film coated**  
**Strategic Sourcing Services, LLC (Health Mart)**

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**Health Mart 44-367**

***Active ingredient (in each caplet)***

Diphenhydramine HCl 25 mg

***Purpose***

Nighttime sleep-aid

***Use***

for relief of occasional sleeplessness

***Warnings***

**Do not use**

- in children under 12 years of age
- with any other product containing diphenhydramine, even one used on skin

**Ask a doctor before use if you have**

- a breathing problem such as emphysema or chronic bronchitis
- difficulty in urination due to enlargement of the prostate gland
- glaucoma

**Ask a doctor or pharmacist before use if you are**

taking sedatives or tranquilizers.

**When using this product**

- use caution when driving a motor vehicle or operating machinery
- drowsiness will occur
- avoid alcoholic beverages

**Stop use and ask a doctor if**

sleeplessness persists continuously for more than 2 weeks. Insomnia may be a symptom of a serious underlying medical illness.

**If pregnant or breast-feeding,**

ask a health professional before use.

**Keep out of reach of children.**

In case of overdose, get medical help or contact a Poison Control Center (1-800-222-1222) right away.

### ***Directions***

- **do not take more than directed**
- adults and children 12 years and over: take 2 caplets at bedtime if needed or as directed by a doctor
- children under 12 years: do not use

### ***Other information***

- **each caplet contains:** calcium 30 mg
- **TAMPER EVIDENT: DO NOT USE IF OUTER PACKAGE IS OPENED OR BLISTER IS TORN OR BROKEN**
- protect from moisture
- store at 25°C (77°F); excursions permitted between 15°-30°C (59°-86°F)
- see end flap for expiration date and lot number

### ***Inactive ingredients***

corn starch, dicalcium phosphate, FD&C blue #1 aluminum lake, magnesium stearate, microcrystalline cellulose, polyethylene glycol, polyvinyl alcohol, silica gel, stearic acid, talc, titanium dioxide

### ***Questions or comments?***

**Call 1-800-426-9391**

### ***Principal display panel***

**Health Mart®**

NDC 62011-0343-1

\*Compare to Simply Sleep® active ingredient

### **Nighttime Sleep Aid**

Diphenhydramine HCl 25 mg

Nighttime Sleep-Aid

### **Helps You Fall Asleep**

**Does NOT Contain Pain Reliever • Non-Habit Forming**

Actual Size

**24** Caplets

**TAMPER EVIDENT: DO NOT USE IF PACKAGE IS OPENED OR IF BLISTER UNIT IS TORN, BROKEN OR SHOWS ANY SIGNS OF TAMPERING**

\*This product is not manufactured or distributed by McNeil Consumer Healthcare, owner

of the registered trademark Simply Sleep®.  
50844 REV0516A36708

**McKESSON**

Another Quality Product  
Distributed by McKesson  
One Post Street, San Francisco, CA 94104  
Money Back Guarantee  
[healthmart.com](http://healthmart.com)

HealthMart.

# Nighttime Sleep Aid

NDC 62011-0343-1

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Nighttime Sleep-Aid

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Nighttime Sleep Aid

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no print / no varnish area  
lot no & exp. date

**McKESSON**  
Another Quality Product  
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One Post Street, San Francisco, CA 94104  
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REV0516A36708

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 ■ When using this product  
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## NIGHTTIME SLEEP AID

diphenhydramine hcl tablet, film coated

### Product Information

<b>Product Type</b>	HUMAN OTC DRUG	<b>Item Code (Source)</b>	NDC:62011-0343
<b>Route of Administration</b>	ORAL		

### Active Ingredient/Active Moiety

Ingredient Name	Basis of Strength	Strength
<b>DIPHENHYDRAMINE HYDROCHLORIDE</b> (UNII: TC2D6JAD40) (DIPHENHYDRAMINE - UNII: 8GTS82S83M)	DIPHENHYDRAMINE HYDROCHLORIDE	25 mg

### Inactive Ingredients

Ingredient Name	Strength
<b>STARCH, CORN</b> (UNII: O8232NY3SJ)	
<b>ANHYDROUS DIBASIC CALCIUM PHOSPHATE</b> (UNII: L11K75P92J)	
<b>FD&amp;C BLUE NO. 1 ALUMINUM LAKE</b> (UNII: J9EQA3S2JM)	
<b>MAGNESIUM STEARATE</b> (UNII: 70097M6I30)	
<b>MICROCRYSTALLINE CELLULOSE</b> (UNII: OP1R32D61U)	
<b>POLYETHYLENE GLYCOL, UNSPECIFIED</b> (UNII: 3WJQ0SDW1A)	
<b>POLYVINYL ALCOHOL, UNSPECIFIED</b> (UNII: 532B59J990)	
<b>SILICON DIOXIDE</b> (UNII: ETJ7Z6XBU4)	
<b>STEARIC ACID</b> (UNII: 4ELV7Z65AP)	
<b>TALC</b> (UNII: 7SEV7J4R1U)	
<b>TITANIUM DIOXIDE</b> (UNII: 15FIX9V2JP)	

### Product Characteristics

<b>Color</b>	blue	<b>Score</b>	no score
<b>Shape</b>	OVAL	<b>Size</b>	11mm
<b>Flavor</b>		<b>Imprint Code</b>	44;367
<b>Contains</b>			

### Packaging

#	Item Code	Package Description	Marketing Start Date	Marketing End Date
1	NDC:62011-0343-1	2 in 1 CARTON	06/10/2000	09/19/2024
1		12 in 1 BLISTER PACK; Type 0: Not a Combination Product		

## Marketing Information

Marketing Category	Application Number or Monograph Citation	Marketing Start Date	Marketing End Date
OTC Monograph Drug	M010	06/10/2000	09/19/2024

**Labeler** - Strategic Sourcing Services, LLC (Health Mart) (116956644)

## Establishment

Name	Address	ID/FEI	Business Operations
LNK International, Inc.		038154464	pack(62011-0343)

## Establishment

Name	Address	ID/FEI	Business Operations
LNK International, Inc.		832867837	pack(62011-0343)

## Establishment

Name	Address	ID/FEI	Business Operations
LNK International, Inc.		832867894	manufacture(62011-0343)

## Establishment

Name	Address	ID/FEI	Business Operations
LNK International, Inc.		868734088	manufacture(62011-0343) , pack(62011-0343)

## Establishment

Name	Address	ID/FEI	Business Operations
LNK International, Inc.		967626305	pack(62011-0343)

Revised: 12/2023

Strategic Sourcing Services, LLC (Health Mart)