

**PREMENZA PMS SYMPTOM RELIEF- apis mellifica, chamomilla, cimicifuga racemosa, cyclamen europaeum, helonias dioica, ignatia amara, lac caninum, lycopodium clavatum, natrum muriaticum, nux vomica, platinum metallicum, sepia liquid
Hello Life, Inc.**

Disclaimer: This homeopathic product has not been evaluated by the Food and Drug Administration for safety or efficacy. FDA is not aware of scientific evidence to support homeopathy as effective.

Drug Facts

Active Ingredients (per dose)

Apis mellifica HPUS
Chamomilla HPUS
Cimicifuga racemosa HPUS
Cyclamen europaeum HPUS
Helonias dioica HPUS
Ignatia amara HPUS
Lac caninum HPUS
Lycopodium clavatum HPUS
Natrum muriaticum HPUS
Nux vomica HPUS
Platinum metallicum HPUS
Sepia HPUS

Each active ingredient contains equal volumes of 10X, 30X, and LM1 potencies. The letters “HPUS” indicate that the components in this product are officially monographed in the Homeopathic Pharmacopoeia of the United States. Product indications are based on Homeopathic Materia Medica. Product indications are based on Homeopathic Materia Medica.

Purpose

Apis mellifica HPUS.....Cramps
Chamomilla HPUS.....Sensitivity
Cimicifuga racemosa HPUS.....Migraines
Cyclamen europaeum HPUS.....Headaches
Helonias dioica HPUS.....Pain/weakness
Ignatia amara HPUS.....Mood swings
Lac caninum HPUS.....Weakness
Lycopodium clavatum HPUS.....Excessive hunger
Natrum muriaticum HPUS.....Water retention
Nux vomica HPUS.....Sensitivity
Platinum metallicum HPUS.....Irritability
Sepia HPUS.....Hot flashes

Uses

to temporarily relieve symptoms commonly associated with PMS, such as:

- exhaustion
- dullness
- drowsiness

- muscle weakness

Warnings

Ask a doctor before use if

- you are taking any other medications
- you have a medical condition

When using this product use only as directed.

Stop use and ask a doctor if symptoms persist or worsen.

If pregnant or breast-feeding, ask a health professional before use.

Keep out of the reach of children.

Directions

Dispense Premensa directly into mouth, or add recommended dosage into 8-12 oz purified (non-chlorinated) water and drink. Safe for ages 2 and up.

RECOMMENDED DOSAGE

1 mL twice per day
-or as needed*

*Excessive dosing may cause mild digestive discomfort.

Other information

- do not use if tamper seal is broken
- store in a cool, dry place
- product must not come in contact with metal
- do not store next to electrical devices or appliances

Inactive Ingredients

citric acid, potassium sorbate, purified ionized mineral water.

Questions or comments?

You can email us at info@hellolife.net or call us toll-free at **1.800.875.0850** Monday through Friday, 9am-5pm ET.

- **30-day supply**
- **dropper included**
- **Premensa is made without alcohol or sugar; no gluten added.**

Mftd for: HelloLife, Inc.

4460 44th St. SE, Ste. C-600

Grand Rapids, MI 49512

FDA Pharmaceutical Establishment # **1053442**, # **3009727070**

www.premensa.com

Principal Display Panel

NDC 49726-016-02

PREMENZA®

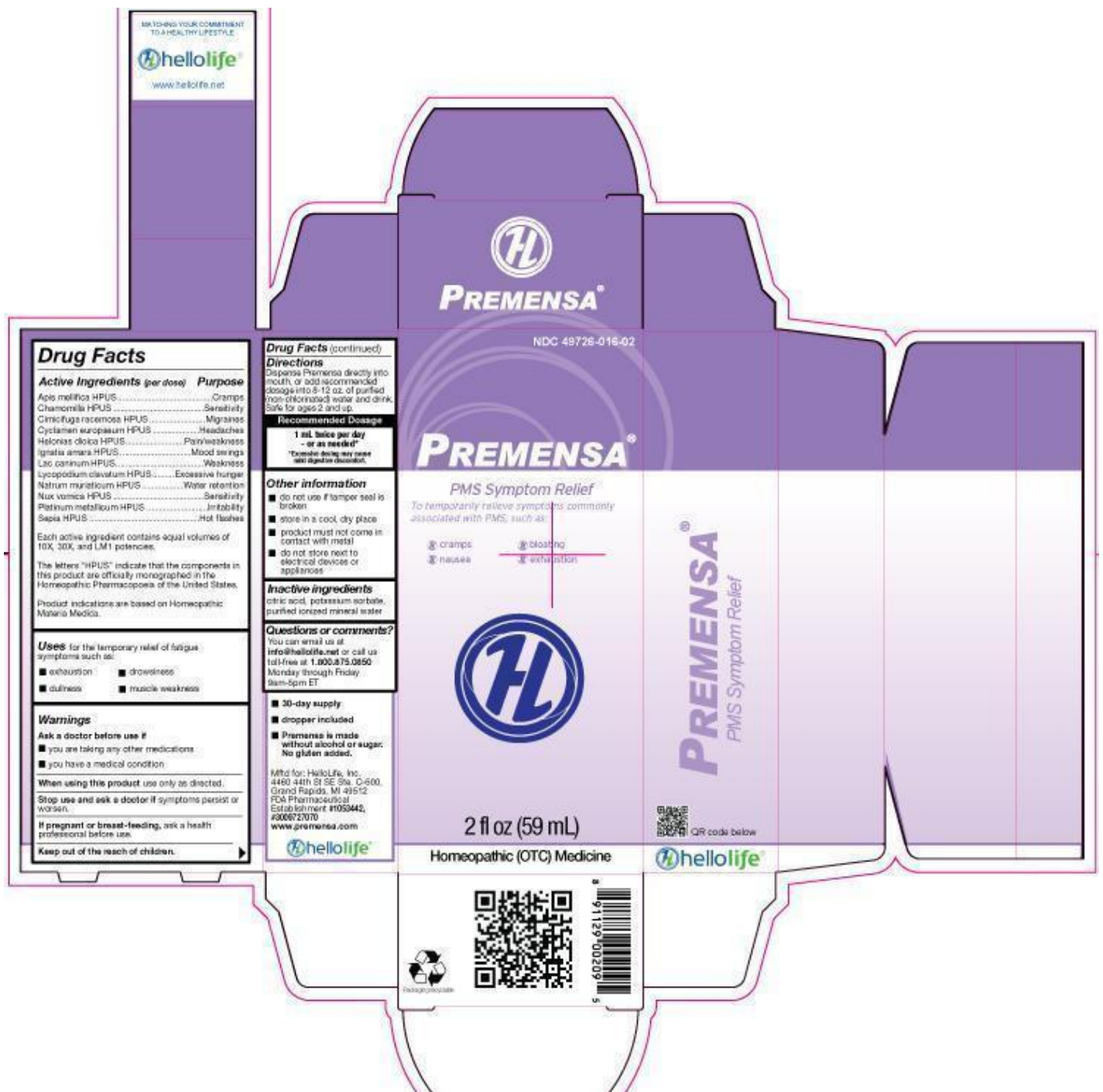
PMS Symptom Relief

To temporarily relieve symptoms commonly associated with PMS, such as:

- cramps
- nausea
- bloating
- exhaustion

2 fl. oz (59 mL)

Homeopathic (OTC) Medicine



PREMENSA PMS SYMPTOM RELIEF

apis mellifica, chamomilla, cimicifuga racemosa, cyclamen europaeum, helonias dioica, ignatia amara, lac caninum, lycopodium clavatum, natrum muriaticum, nux vomica, platinum metallicum, sepia liquid

Product Information

Product Type	HUMAN OTC DRUG	Item Code (Source)	NDC:49 726-0 16
Route of Administration	ORAL		

Active Ingredient/Active Moiety

Ingredient Name	Basis of Strength	Strength
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APIS MELLIFERA (UNII: 7S82P3R43Z) (APIS MELLIFERA - UNII:7S82P3R43Z)	APIS MELLIFERA	10 [hp_X] in 59 mL
CHAMOMILE (UNII: FGL3685T2X) (CHAMOMILE - UNII:FGL3685T2X)	CHAMOMILE	10 [hp_X] in 59 mL
BLACK COHOSH (UNII: K73E24S6X9) (BLACK COHOSH - UNII:K73E24S6X9)	BLACK COHOSH	10 [hp_X] in 59 mL
CYCLAMEN PURPURASCENS TUBER (UNII: G728143D8Q) (CYCLAMEN PURPURASCENS TUBER - UNII:G728143D8Q)	CYCLAMEN PURPURASCENS TUBER	10 [hp_X] in 59 mL
CHAMAELIRIUM LUTEUM ROOT (UNII: DQV54Y5H3U) (CHAMAELIRIUM LUTEUM ROOT - UNII:DQV54Y5H3U)	CHAMAELIRIUM LUTEUM ROOT	10 [hp_X] in 59 mL
STRYCHNOS IGNATII SEED (UNII: 1NM3M2487K) (STRYCHNOS IGNATII SEED - UNII:1NM3M2487K)	STRYCHNOS IGNATII SEED	10 [hp_X] in 59 mL
CANIS LUPUS FAMILIARIS MILK (UNII: G39P120JQT) (CANIS LUPUS FAMILIARIS MILK - UNII:G39P120JQT)	CANIS LUPUS FAMILIARIS MILK	10 [hp_X] in 59 mL
LYCOPODIUM CLAVATUM SPORE (UNII: C88X29Y479) (LYCOPODIUM CLAVATUM SPORE - UNII:C88X29Y479)	LYCOPODIUM CLAVATUM SPORE	10 [hp_X] in 59 mL
SODIUM CHLORIDE (UNII: 451W47IQ8X) (SODIUM CATION - UNII:LYR4M0NH37)	SODIUM CHLORIDE	10 [hp_X] in 59 mL
STRYCHNOS NUX-VOMICA SEED (UNII: 269XH13919) (STRYCHNOS NUX-VOMICA SEED - UNII:269XH13919)	STRYCHNOS NUX-VOMICA SEED	10 [hp_X] in 59 mL
PLATINUM (UNII: 49DFR088MY) (PLATINUM - UNII:49DFR088MY)	PLATINUM	10 [hp_X] in 59 mL
SEPIA OFFICINALIS JUICE (UNII: QDL83WN8C2) (SEPIA OFFICINALIS JUICE - UNII:QDL83WN8C2)	SEPIA OFFICINALIS JUICE	10 [hp_X] in 59 mL

Inactive Ingredients

Ingredient Name	Strength
WATER (UNII: 059QF0K00R)	
POTASSIUM SORBATE (UNII: 1VPU26JZZ4)	
CITRIC ACID MONOHYDRATE (UNII: 2968PHW8QP)	

Packaging

#	Item Code	Package Description	Marketing Start Date	Marketing End Date
1	NDC:49726-016-02	1 in 1 CARTON	02/21/2011	
1		59 mL in 1 BOTTLE, DROPPER; Type 0: Not a Combination Product		

Marketing Information

Marketing Category	Application Number or Monograph Citation	Marketing Start Date	Marketing End Date
unapproved homeopathic		02/21/2011	

Labeler - Hello Life, Inc. (065619378)

Establishment

Name	Address	ID/FEI	Business Operations
Hello Life, Inc.		065619378	relabel(49726-016) , repack(49726-016)

Establishment

Name	Address	ID/FEI	Business Operations
King Bio Inc.		617901350	manufacture(49726-016)

Revised: 12/2018

Hello Life, Inc.