

**ALA-HIST IR- dexbrompheniramine maleate tablet**  
**Poly Pharmaceuticals, Inc.**

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**ALA-HIST IR 2 mg Tablets**

**Drug Facts**

**Active ingredients**

***(in each tablet)***

Dexbrompheniramine Maleate 2 mg

**Purpose**

Antihistamine

**Uses**

Temporarily relieves these symptoms due to hay fever (allergic rhinitis) or upper respiratory allergies:

- runny nose
- sneezing
- itching of the nose or throat
- itchy, watery eyes

**Warnings**

**Ask a doctor before use if you have**

- a breathing problem such as emphysema or chronic bronchitis
- glaucoma
- trouble urinating due to enlargement of the prostate gland

**Ask a doctor or pharmacist before use if you are** taking sedatives or tranquilizers.

When using this product

- excitability may occur, especially in children
- may cause drowsiness
- avoid alcoholic drinks
- alcohol, sedatives, and tranquilizers may increase the drowsiness effect
- use caution when driving a motor vehicle or operating machinery

**If pregnant or breast-feeding,** ask a health professional before use.

**Keep out of reach of children.**

In case of overdose, get medical help or contact a Poison Control Center right away.

## Directions

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Adults and children 12 years of age and over:	1 tablet every 4 to 6 hours, not to exceed 6 tablets in 24 hours.
Children 6 to under 12 years of age:	1/2 tablet every 4 to 6 hours, not to exceed 3 tablets in 24 hours.
Children under 6 years of age:	Consult a doctor.

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## Other information

Store at 15° - 30°C (59° - 86°F).

Supplied in a tight, light-resistant container with a child-resistant cap.

Contains color additives including FD&C Yellow No. 5 (tartrazine).

Ala-Hist IR Tablets are dark green caplet shaped, scored tablets, debossed "Poly" bisect "783" on one side and plain on the other.

## Inactive ingredients

colloidal silicon dioxide, croscarmellose sodium, dibasic calcium phosphate dihydrate, FD&C Blue #1 aluminum lake, FD&C Yellow #5 aluminum lake, magnesium stearate, and silicified microcrystalline cellulose.

## Questions?

Call 1-800-882-1041

## Manufactured for:

Poly Pharmaceuticals  
Quitman, MS 39355

Rev. 02/12

## Product Packaging

The packaging below represents the labeling currently used.

Principal display panel and side panel for 60 tablets label:

NDC 50991-783-60

# ALA-HIST IR

dexbrompheniramine maleate tablet

Product Information				
Product Type	HUMAN OTC DRUG	Item Code (Source)	NDC:50991-783	
Route of Administration	ORAL			
Active Ingredient/Active Moiety				
Ingredient Name		Basis of Strength	Strength	
DEXBROMPHENIRAMINE MALEATE (UNII: BPA9UT29BS) (DEXBROMPHENIRAMINE - UNII: 75T64B71RP)		DEXBROMPHENIRAMINE MALEATE	2 mg	
Inactive Ingredients				
Ingredient Name			Strength	
CALCIUM PHOSPHATE, DIBASIC, DIHYDRATE (UNII: O7TSZ97GEP)				
SILICON DIOXIDE (UNII: ETJ7Z6XBU4)				
CELLULOSE, MICROCRYSTALLINE (UNII: OP1R32D61U)				
CROSCARMELLOSE SODIUM (UNII: M28OL1HH48)				
MAGNESIUM STEARATE (UNII: 70097M6I30)				
Product Characteristics				
Color	green (dark green)	Score	2 pieces	
Shape	OVAL	Size	11mm	
Flavor		Imprint Code	Poly;783	
Contains				
Packaging				
#	Item Code	Package Description	Marketing Start Date	Marketing End Date
1	NDC:50991-783-02	12 in 1 CARTON	08/22/2011	
1		1 in 1 BLISTER PACK; Type 0: Not a Combination Product		
2	NDC:50991-783-60	60 in 1 BOTTLE, PLASTIC; Type 0: Not a Combination Product	08/22/2011	
Marketing Information				
Marketing Category	Application Number or Monograph Citation		Marketing Start Date	Marketing End Date
OTC Monograph Drug	M012		08/22/2011	

**Labeler** - Poly Pharmaceuticals, Inc. (198449894)