EPSOM SALT - magnesium sulfate granule
Old East Main Co.

Disclaimer: Most OTC drugs are not reviewed and approved by FDA, however they may be marketed if they comply with applicable regulations and policies. FDA has not evaluated whether this product complies.

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Epsom Salt 029

Active ingredient
Magnesium sulfate USP (heptahydrate) 100%

Purpose
Saline Laxative

Uses
• for relief of occasional constipation (irregularity)
• this product generally produces bowel movement in 1/2 to 6 hours

Warnings

Ask a doctor before use if you have
• kidney disease
• a magnesium-restricted diet
• abdominal pain, nausea, or vomiting
• noticed a sudden change in bowel habits that persists over a period of 2 weeks
• already used a laxative for a period longer than 1 week

Ask a doctor or pharmacist before use if you are
taking any other drug. Take this product 2 or more hours before or after other drugs. Laxatives may affect how other drugs work.

Stop use and ask a doctor if
you have rectal bleeding or failure to have a bowel movement after use. These could be signs of a serious condition.

Directions
• do not exceed recommended daily dosage
• drink a full glass (8 ounces) of liquid with each dose
• may be taken as a single daily dose or in divided doses
• dissolve the dose in 8 ounces of water. Lemon juice may be added to improve the taste

adults and children 12 years and over - 2 to 6 level teaspoons (10 to 30 grams) daily
children 6 to under 12 years - 1 to 2 level teaspoons (5 to 10 grams) daily
children under 6 years - consult a doctor
Keep out of reach of children.
In case of overdose, get medical help or contact a Poison Control Center right away.

Other information
• Each teaspoon (5 grams) contains: magnesium 495 mg

Guaranteed Analysis
Magnesium (Mg) ................................................. 9.8% - 9.8% Soluble Magnesium (Mg)
Sulfur (S) ..................................................... 12.9% - 12.9% Combined Sulfur (S)
Derived from: magnesium sulfate
F-1253

Information regarding the contents and levels of metals in this product is available on the Internet at:
http://agr.wa.gov
GUARANTEED BY: Vi-Jon, Inc
8515 Page Ave.
St. Louis, MO 63114

Tamper evident Packaging:
Caution: This package has been sealed for your protection. Do not use if package is open, torn or mutilated.

For Salaine Laxative see Directions
For external use as a soaking aid for minor sprains and bruises
Directions: Dissolve 2 cupfuls of this product per gallon of water. Apply with bandages or toweling for 30 minutes up to three times a day, or use as a soak or in bath.
Use warm water for best results.
Caution: If prompt relief is not obtained or there is evidence of infection, discontinue use and consult your physician. Hot or warm soaks should not be used by individuals with diabetes except on the advice of a physician.

Directions for use (fertilizer)
for use as a fertilizer apply at the following rates:

Lawns:
Apply at a rate of 1/2 pound per one thousand square feet of lawn.

For use as a plant food supplement apply at the following rates:
Tomatoes, Roses - One teaspoon per foot plant height every two weeks.
Evergreens, Azaleas, Rhododendrons - apply one tablespoon per nine sq. ft. (3' x 3') over the root zone every two to four weeks.
Garden Plants and Shrubbery - Sprinkle 2 tablespoons around the base of each plant.
Trees - Apply two tablespoons per nine sq. ft. (3' x 3') over root zone once every four months.
Garden Startup - Sprinkle approximately one cup per 100 sq. ft. (10' x 10') and mix into soil prior to planting.
Houseplants - Mix one teaspoon per gallon of water and feed to plants every one to four weeks.
For quicker results water plants after applying this product.

DISTRIBUTED BY OLD EAST MAIN CO.
100 MISSION RIDGE
GOODLETTSVILLE, TN 37072
principal display panel

trueliving
outdoors
EPSOM
SALT

MAGNESIUM SULFATE

- Plant Food Supplement
- For Bigger, More Vigorous Plants
- Resealable Pouch

NET WT 8 LB (3.62 kg)
**EPSOM SALT**
magnesium sulfate granule

### Product Information

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<thead>
<tr>
<th>Product Type</th>
<th>Item Code (Source)</th>
<th>NDC:55910-648</th>
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<tr>
<td>HUMAN OTC DRUG</td>
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<tr>
<td><strong>Route of Administration</strong></td>
<td><strong>ORAL</strong></td>
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### Active Ingredient/Active Moiety

<table>
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<th>Ingredient Name</th>
<th>Basis of Strength</th>
<th>Strength</th>
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<tr>
<td>MAGNESIUM SULFATE HEPTAHYDRATE (UNII: SK47B8698T) (MAGNESIUM CATION - UNII:6V3LHY838)</td>
<td>MAGNESIUM SULFATE HEPTAHYDRATE</td>
<td>1 g in 1 g</td>
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### Product Characteristics

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<table>
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**Packaging**

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**Marketing Information**

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**Labeler** - Old East Main Co. (068331990)

**Registrant** - Vi Jon (790752542)

**Establishment**

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<th>Name</th>
<th>Address</th>
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<td>Vi Jon</td>
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<td>790752542</td>
<td>manufacture(55910-648)</td>
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Revised: 11/2020

Old East Main Co.