

**VALUMEDS NATURAL LAXATIVE- sennosides tablet, film coated**  
**Spirit Pharmaceuticals LLC**

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**NATURAL LAXATIVE**

***Drug Facts***

**Active ingredient (in each tablet)**

Sennosides 8.6 mg

**Purpose**

Laxative

**Uses**

- relieves occasional constipation (irregularity)
- generally produces bowel movement in 6-12 hours

**Warnings**

**Do not use**

- laxative products for longer than 1 week, unless directed by a doctor

**Ask a doctor before use if you have**

- stomach pain
- nausea
- vomiting
- noticed a sudden change in bowel habits that lasts over 2 weeks

**Stop use and ask a doctor if** you have rectal bleeding or fail to have a bowel movement after use of a laxative. These may indicate a serious condition.

**If pregnant or breast-feeding,** ask a health professional before use.

**Keep out of reach of children.** In case of overdose, get medical help or contact a Poison Control Center right away.

**Directions**

<b>Age</b>	<b>Starting Dosage</b>	<b>Maximum Dosage</b>
adults and children 12 years of age or over	2 tablets once a day	4 tablets twice a day
children 6 to under 12 years	1 tablet once a day	2 tablets twice a day

children 2 to under 6 years	1/2 tablet once a day	1 tablet twice a day
children under 2 years	ask a doctor	ask a doctor

### Other information

- each tablet contains: **calcium 24 mg and sodium 3 mg**
- store at 25°C (77°F); excursions permitted between 15°-30°C (59°-86°F)

### Inactive ingredients

Colloidal silicon dioxide, croscarmellose sodium, dicalcium phosphate, hypromellose, liquid paraffin, magnesium stearate, microcrystalline cellulose, maltodextrin, purified water, sodium lauryl sulphate, stearic acid

### Questions or comments?

Call **1-888-333-9792**

### Distributed By:

**Spirit Pharmaceuticals, LLC**

**Ronkonkoma, NY 11779**

### PRINCIPAL DISPLAY PANEL

\*COMPARE TO THE ACTIVE

INGREDIENT IN SENOKOT®

Natural Laxative

Sennosides USP, 8.6 mg

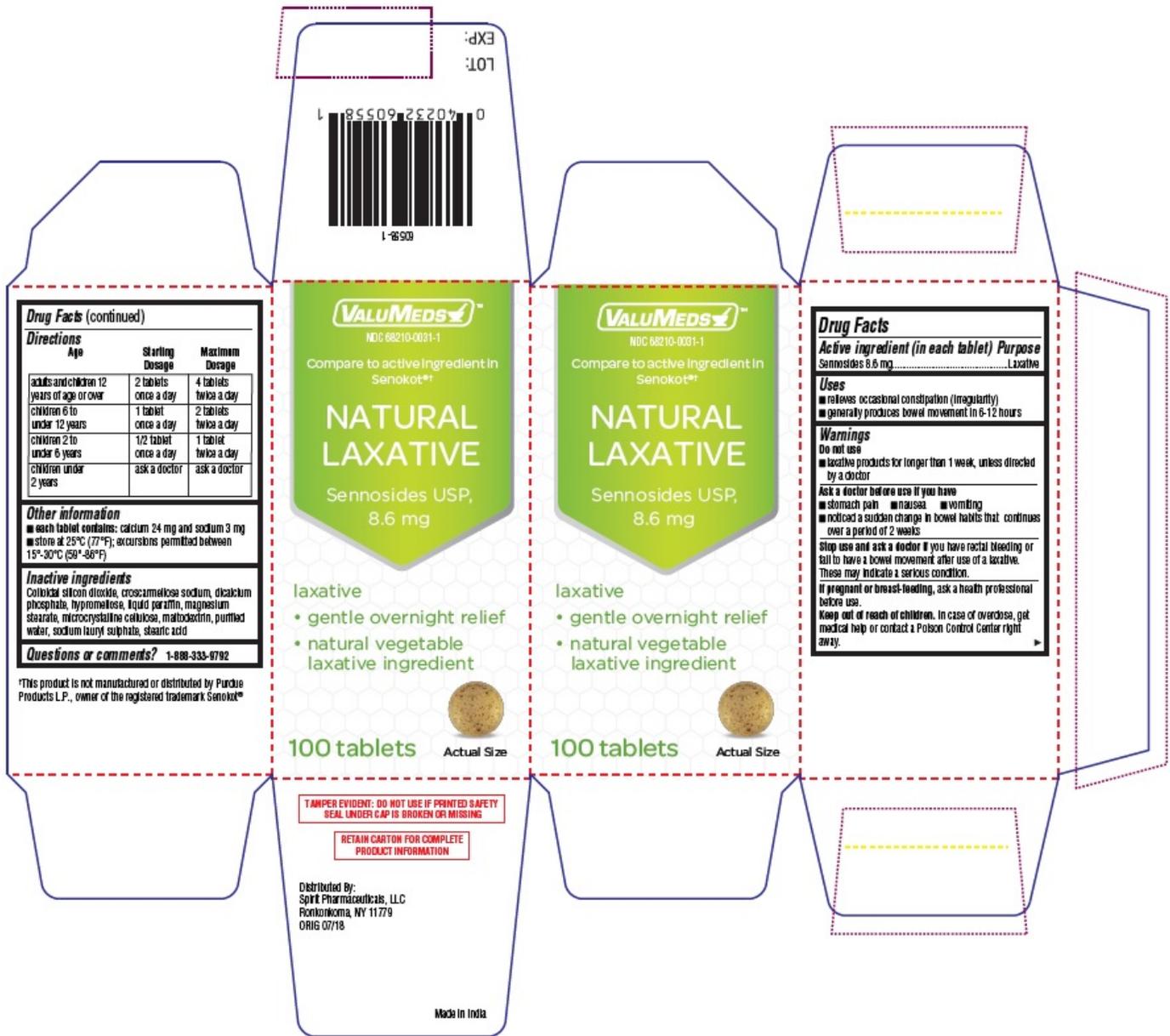
Laxative

Gentle, Overnight Relief

Natural Vegetable Laxative Ingredient

Actual Size

100 TABLETS



VALUMEDS NATURAL LAXATIVE			
sennosides tablet, film coated			
Product Information			
Product Type	HUMAN OTC DRUG	Item Code (Source)	NDC:68210-0031
Route of Administration	ORAL		
Active Ingredient/Active Moiety			
	Ingredient Name	Basis of Strength	Strength
	SENNOSIDES (UNII: 3FYP5M0IJX) (SENNOSIDES - UNII:3FYP5M0IJX)	SENNOSIDES	8.6 mg
Inactive Ingredients			
	Ingredient Name		Strength

<b>MAGNESIUM STEARATE</b> (UNII: 70097M6I30)
<b>CELLULOSE, MICROCRYSTALLINE</b> (UNII: OP1R32D61U)
<b>MALTODEXTRIN</b> (UNII: 7CVR7L4A2D)
<b>WATER</b> (UNII: 059QF0KO0R)
<b>SODIUM LAURYL SULFATE</b> (UNII: 368GB5141J)
<b>STEARIC ACID</b> (UNII: 4ELV7Z65AP)
<b>SILICON DIOXIDE</b> (UNII: ETJ7Z6XBU4)
<b>CROSCARMELLOSE SODIUM</b> (UNII: M28OL1HH48)
<b>ANHYDROUS DIBASIC CALCIUM PHOSPHATE</b> (UNII: L11K75P92J)
<b>HYPROMELLOSE, UNSPECIFIED</b> (UNII: 3NXW29V3WO)
<b>MINERAL OIL</b> (UNII: T5L8T28FGP)

### Product Characteristics

<b>Color</b>	brown	<b>Score</b>	no score
<b>Shape</b>	ROUND	<b>Size</b>	9mm
<b>Flavor</b>		<b>Imprint Code</b>	S8
<b>Contains</b>			

### Packaging

#	Item Code	Package Description	Marketing Start Date	Marketing End Date
1	NDC:68210-0031-1	1 in 1 CARTON	03/10/2020	
1		100 in 1 BOTTLE; Type 0: Not a Combination Product		

### Marketing Information

Marketing Category	Application Number or Monograph Citation	Marketing Start Date	Marketing End Date
OTC Monograph Drug	M007	03/10/2020	

**Labeler** - Spirit Pharmaceuticals LLC (179621011)

Revised: 12/2023

Spirit Pharmaceuticals LLC