

ARNICARE LEG CRAMPS- arnica montana whole, copper, magnesium phosphate, dibasic trihydrate, strychnos nux-vomica seed, passiflora incarnata top, claviceps purpurea sclerotium tablet
Laboratoires Boiron

Disclaimer: This homeopathic product has not been evaluated by the Food and Drug Administration for safety or efficacy. FDA is not aware of scientific evidence to support homeopathy as effective.

Arnicare Leg Cramps PM

Active ingredients (in each tablet)**

Arnica montana 6C HPUS (0.42 mg)

Cuprum metallicum 4C HPUS (0.42 mg)

Magnesia phosphorica 6C HPUS (0.42 mg)

Nux vomica 6C HPUS (0.42 mg) (contains less than 10^{-13} mg strychnine alkaloids)

Passiflora incarnata 3X HPUS (0.42 mg)

Secale cornutum 9C HPUS (0.42 mg) (contains less than 10^{-20} mg ergotamine alkaloids)

The letters "HPUS" indicate that the components in this product are officially monographed in the Homeopathic Pharmacopoeia of the United States.

Purpose*

Arnica montana 6C HPUS ... Temporarily relieves minor muscle pain

Cuprum metallicum 4C HPUS ... Relieves sudden muscle cramps in the legs, calves, feet, and toes

Magnesia phosphorica 6C HPUS ... Relieves flashing pain and cramps in the calves and thighs, at night

Nux vomica 6C HPUS ... Relieves cramps in the legs, thighs, calves and toes, at night

Passiflora incarnata 3X HPUS ... Helps to fall back asleep

Secale cornutum 9C HPUS ... Relieves leg cramps at night

Uses* temporarily relieves nighttime cramps in legs, thighs, calves, feet, and toes with accompanying occasional disrupted sleep

Stop use and ask a doctor if symptoms persist for more than 3 days or worsen, new symptoms occur, or if redness or swelling is present. These could be signs of a serious condition.

If pregnant or breast-feeding, ask a health professional before use.

Keep out of reach of children. In case of overdose, get medical help or contact a Poison Control Center right away.

- Adults and children 18 years of age and older: At the onset of symptoms, dissolve 2 tablets in the mouth at bedtime and during the night if needed, for up to 6 times per

24 hours.

- Children under 18 years of age: Not recommended.

croscarmellose sodium, lactose, magnesium stearate

Questions or comments?

Arnicare.com

BoironUSA.com

Info@Boiron.com

1-800-BOIRON-1

(1-800-264-7661)

Made in France

Distributed by Boiron, Inc.

Newtown Square, PA 19073

do not use if glued carton end flaps are open or if the blister seal is broken

store below 86 °F (30 °C)

60 Meltaway Tablets, unflavored

120 Meltaway Tablets, unflavored

Nighttime Leg Cramp Relief*

Plant-Based & Other Pure Actives

Non-Habit Forming

No Known Drug Interactions

No Artificial Sweeteners, Flavors, Colors or Preservatives

*CLAIMS BASED ON TRADITIONAL HOMEOPATHIC PRACTICE NOT ACCEPTED MEDICAL EVIDENCE. NOT FDA EVALUATED.

**C,K,CK, and X are homeopathic dilutions: see BoironUSA.com/info for details.

Drug Facts

Active ingredients* (in each tablet)	Purpose*
Arnica montana 6C HPUS (0.42 mg)	Temporarily relieves minor muscle pain
Cuprum metallicum 4C HPUS (0.42 mg)	Relieves sudden muscle cramps in the legs, calves, feet, and toes
Magnesia phosphorica 6C HPUS (0.42 mg)	Relieves flashing pain and cramps in the calves and thighs, at night
Nuxvomica 6C HPUS (0.42 mg) (contains less than 10 ⁻⁴ mg strychnine alkaloids)	Relieves cramps in the legs, thighs, calves and toes, at night
Passiflora incarnata 3X HPUS (0.42 mg)	Helps to fall back asleep
Secale cornutum 9C HPUS (0.42 mg) (contains less than 10 ⁻⁴ mg ergotamine alkaloids)	Relieves leg cramps at night

The letters "HPUS" indicate that the components in this product are officially monographed in the Homeopathic Pharmacopoeia of the United States.

Uses* temporarily relieves nighttime cramps in legs, thighs, calves, feet, and toes with accompanying occasional disrupted sleep

Warnings

Stop use and ask a doctor if symptoms persist for more than 3 days or worsen, new symptoms occur, or if redness or swelling is present. These could be signs of a serious condition.

If pregnant or breast-feeding, ask a health professional before use.

Keep out of reach of children. In case of overdose, get medical help or contact a Poison Control Center right away.

Directions

- Adults and children 18 years of age and older: At the onset of symptoms, dissolve 2 tablets in the mouth at bedtime and during the night if needed, for up to 6 times per 24 hours.
- Children under 18 years of age: Not recommended.

Other information

- do not use if glued carton end flaps are open or if the blister seal is broken
- store below 86°F (30°C)

*CLAIMS BASED ON TRADITIONAL HOMEOPATHIC PRACTICE, NOT ACCEPTED MEDICAL EVIDENCE. NOT FDA EVALUATED. *C, K, CK, and X are homeopathic dilutions: see BoironUSA.com/info for details.

Drug Facts (continued)

Inactive Ingredients
croscarmellose sodium, lactose, magnesium stearate

Questions or comments?

Arnicare.com
BoironUSA.com
Info@Boiron.com
1-800-BOIRON-1
(1-800-264-7661)

Made in France
Distributed by Boiron Inc.
Newtown Square, PA 19073
please recycle



NIGHTTIME LEG CRAMP RELIEF*

Arnicare®
LEG CRAMPS PM
MELTAWAY TABLETS

HOMEOPATHIC MEDICINE

Helps You Fall Back Asleep

BOIRON®
World Leader in Homeopathic Medicines

120
MELTAWAY TABLETS
Unflavored

NIGHTTIME RELIEF

Arnicare®
LEG CRAMPS PM

Adults and children 18 years of age and older: At the onset of symptoms, dissolve 2 tablets in the mouth at bedtime and during the night if needed, for up to 6 times per 24 hours. Children under 18 years of age: Not recommended.



Drug Facts

Active ingredients* (in each tablet)	Purpose*
Arnica montana 6C HPUS (0.42 mg)	Temporarily relieves minor muscle pain
Cuprum metallicum 4C HPUS (0.42 mg)	Relieves sudden muscle cramps in the legs, calves, feet, and toes
Magnesia phosphorica 6C HPUS (0.42 mg)	Relieves flashing pain and cramps in the calves and thighs, at night
Nuxvomica 6C HPUS (0.42 mg) (contains less than 10 ⁻⁴ mg strychnine alkaloids)	Relieves cramps in the legs, thighs, calves and toes, at night
Passiflora incarnata 3X HPUS (0.42 mg)	Helps to fall back asleep
Secale cornutum 9C HPUS (0.42 mg) (contains less than 10 ⁻⁴ mg ergotamine alkaloids)	Relieves leg cramps at night

The letters "HPUS" indicate that the components in this product are officially monographed in the Homeopathic Pharmacopoeia of the United States.

Uses* temporarily relieves nighttime cramps in legs, thighs, calves, feet, and toes with accompanying occasional disrupted sleep

Warnings

Stop use and ask a doctor if symptoms persist for more than 3 days or worsen, new symptoms occur, or if redness or swelling is present. These could be signs of a serious condition.

If pregnant or breast-feeding, ask a health professional before use.

Keep out of reach of children. In case of overdose, get medical help or contact a Poison Control Center right away.

Directions

- Adults and children 18 years of age and older: At the onset of symptoms, dissolve 2 tablets in the mouth at bedtime and during the night if needed, for up to 6 times per 24 hours.
- Children under 18 years of age: Not recommended.

Other information

- do not use if glued carton end flaps are open or if the blister seal is broken
- store below 86°F (30°C)

*CLAIMS BASED ON TRADITIONAL HOMEOPATHIC PRACTICE, NOT ACCEPTED MEDICAL EVIDENCE. NOT FDA EVALUATED. *C, K, CK, and X are homeopathic dilutions: see BoironUSA.com/info for details.

Drug Facts (continued)

Inactive Ingredients
croscarmellose sodium, lactose, magnesium stearate

Questions or comments?

Arnicare.com
BoironUSA.com
Info@Boiron.com
1-800-BOIRON-1
(1-800-264-7661)

please recycle

Made in France
Distributed by Boiron Inc.
Newtown Square, PA 19073



NIGHTTIME LEG CRAMP RELIEF*

Arnicare®
LEG CRAMPS PM
MELTAWAY TABLETS

HOMEOPATHIC MEDICINE

Helps You Fall Back Asleep

BOIRON®
World Leader in Homeopathic Medicines

60
MELTAWAY TABLETS
Unflavored



Adults and children 18 years of age and older:
 At the onset of symptoms, dissolve 2 tablets in
 the mouth at bedtime and during the night if
 needed, for up to 6 times per 24 hours. Children
 under 18 years of age: Not recommended.



ARNICARE LEG CRAMPS

arnica montana whole, copper, magnesium phosphate, dibasic trihydrate, strychnos nux-vomica seed, passiflora incarnata top, claviceps purpurea sclerotium tablet

Product Information

Product Type	HUMAN OTC DRUG	Item Code (Source)	NDC:0220-9079
Route of Administration	ORAL		

Active Ingredient/Active Moiety

Ingredient Name	Basis of Strength	Strength
PASSIFLORA INCARNATA TOP (UNII: CLF5YFS11O) (PASSIFLORA INCARNATA TOP - UNII:CLF5YFS11O)	PASSIFLORA INCARNATA TOP	3 [hp_X]
COPPER (UNII: 789U1901C5) (COPPER - UNII:789U1901C5)	COPPER	4 [hp_C]
ARNICA MONTANA (UNII: O80TY208Z W) (ARNICA MONTANA - UNII:O80TY208Z W)	ARNICA MONTANA	6 [hp_C]
MAGNESIUM PHOSPHATE, DIBASIC TRIHYDRATE (UNII: HF539G9L3Q) (MAGNESIUM CATION - UNII:T6V3LHY838)	MAGNESIUM PHOSPHATE, DIBASIC TRIHYDRATE	6 [hp_C]
STRYCHNOS NUX-VOMICA SEED (UNII: 269XH13919) (STRYCHNOS NUX-VOMICA SEED - UNII:269XH13919)	STRYCHNOS NUX-VOMICA SEED	6 [hp_C]
CLAVICEPS PURPUREA SCLEROTIUM (UNII: 01G9XEA93N) (CLAVICEPS PURPUREA SCLEROTIUM - UNII:01G9XEA93N)	CLAVICEPS PURPUREA SCLEROTIUM	9 [hp_C]

Inactive Ingredients

Ingredient Name	Strength
MAGNESIUM STEARATE (UNII: 70097M6I30)	
CROSCARMELOSE SODIUM (UNII: M28OL1HH48)	
LACTOSE, UNSPECIFIED FORM (UNII: J2B2A4N98G)	

Product Characteristics

Color	white	Score	score with uneven pieces
Shape	ROUND	Size	9mm
Flavor		Imprint Code	Boiron
Contains			

Packaging

#	Item Code	Package Description	Marketing Start Date	Marketing End Date
1	NDC:0220-9079-04	1 in 1 CARTON	09/11/2023	
1		60 in 1 BLISTER PACK; Type 0: Not a Combination Product		
2	NDC:0220-9079-29	1 in 1 CARTON	11/07/2023	
2		120 in 1 BLISTER PACK; Type 0: Not a Combination Product		

Marketing Information

Marketing Category	Application Number or Monograph Citation	Marketing Start Date	Marketing End Date
unapproved homeopathic		09/11/2023	

Labeler - Laboratoires Boiron (282560473)

Registrant - Boiron Inc. (014892269)

Establishment

Name	Address	ID/FEI	Business Operations
Boiron		282560473	manufacture(0220-9079)

Revised: 11/2023

Laboratoires Boiron