

**PUBLIX- calcium polycarbophil tablet, film coated**  
**PUBLIX SUPER MARKETS, INC**

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**Publix Fiber Caplets Calcium Polycarbophil**

***Drug Facts***

**Active Ingredient (in each caplet)**

Calcium polycarbophil 625 mg

equivalent to 500 mg polycarbophil

**PURPOSE**

Bulk-forming laxative

***USES***

- relieves occasional constipation to help restore and maintain regularity
- this product generally produces bowel movement in 12 to 72 hours

**Choking Warning:** Taking this product without adequate fluid may cause it to swell and block your throat or esophagus and may cause choking. Do not take this product if you have difficulty in swallowing. If you experience chest pain, vomiting, or difficulty in swallowing or breathing after taking this product, seek immediate medical attention.

**Ask a doctor before use if you have**

- abdominal pain, nausea, or vomiting
- a sudden change in bowel habits that persists over a period of 2 weeks

**Ask your doctor or pharmacist before use if you are**

taking any other drug. Take this product 2 or more hours before or after other drugs. All laxatives may affect how other drugs work.

**When using this product**

- do not use for more than 7 days unless directed by a doctor
- do not take more than 8 tablets in a 24 hour period unless directed by a doctor

**Stop use and ask a doctor if**

rectal bleeding occurs or if you fail to have a bowel movement after use of this or any other laxative. These could be signs of a serious condition.

**Keep out of reach of children.**

In case of overdose, get medical help or contact a Poison Control Center right away at 1-800-222-1222.

## ***DIRECTIONS***

- take each dose of this product with at least 8 ounces (a full glass) of water or other fluid. Taking this product without enough liquid may cause choking. (See choking warning).
- this product works naturally so continued use for one to three days is normally required to provide full benefit. Dosage may vary according to diet, exercise, previous laxative use or severity of constipation.

<b>Age</b>	<b>Recommended dose</b>	<b>Daily maximum</b>
adults & children 12 years of age and over	2 caplets once a day	up to 4 times a day
children under 12 years	consult a physician	

## ***OTHER INFORMATION***

- each caplet contains: **calcium 125 mg**
- store at room temperature
- protect contents from moisture

## **DO NOT USE IF PRINTED SEAL UNDER CAP IS TORN OR MISSING**

calcium carbonate, caramel color, croscopovidone, hypromellose, magnesium stearate, maltodextrin, microcrystalline cellulose, polyethylene glycol, silicon dioxide, sodium lauryl sulfate.

## ***Questions or Comments?***

**1-866-467-2748**

## **PRINCIPAL DISPLAY PANEL**

NDC# 41415-021-90

**\*COMPARE TO THE ACTIVE INGREDIENTS FIBERCON<sup>®</sup> Caplets**

**Fiber Caplets**

**CALCIUM POLYCARBOPHIL 625 mg**

**BULK-FORMING FIBER LAXATIVE**

- Gentle Relief of Constipation
- Won't Cause Gas or Bloating

**90 CAPLETS**

**DISTRIBUTED BY: PUBLIX SUPAER MARKETS, INC.,**

**3300 PUBLIX CORPORATE PARKWAY, LAKELAND, FL 33811**

1-888-267-3037 [publix.com](http://publix.com)

**PUBLIX GUARANTEE:** COMPLETE SATISFACTION OR YOUR MONEY BACK

\*This product is not manufactured or distributed by Pfizer Inc., owner of the registered trademark Fibercon® Caplets.

  
**fibercaplets**  
CALCIUM POLYCARBOPHIL 625 mg  
BULK-FORMING FIBER LAXATIVE

  
ACTUAL SIZE

- Gentle relief of constipation
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**90** CAPLETS

\*Compare to the active ingredient in FiberCon® Caplets

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**Drug Facts**

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Calcium polycarbophil.....Bulk-forming laxative equivalent to 500 mg polycarbophil.

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**Warnings**  
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**Ask your doctor before use if you have** ■ abdominal pain, nausea or vomiting ■ a sudden change in bowel habits that persists over a period of 2 weeks.  
**Ask your doctor or pharmacist before use if you are taking any other drug.** Take this product 2 or more hours before or after other drugs. All laxatives may affect how other drugs work.  
**When using this product** ■ do not use for more than 7 days unless directed by a doctor ■ do not take more than 8 caplets in a 24 hour period unless directed by a doctor  
**Stop use and ask a doctor** if rectal bleeding occurs or if you fail to have a bowel movement after use of this or any other laxative. These could be signs of a serious condition.  
**Keep out of reach of children.** In case of overdose, get medical help or contact a Poison Control Center right away 1-800-222-1222.

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**PUBLIX.**  
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**PUBLIX GUARANTEE: COMPLETE SATISFACTION OR YOUR MONEY BACK**

LOT:

EXP:

  
0 41415 14977 9

READ ENTIRE LABEL  
FOLLOWING DIRECTIONS  
PEEL BACK HERE

**Drug Facts (continued)**

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**Other information** ■ each caplet contains: calcium 125 mg ■ store at room temperature ■ protect contents from moisture

**Inactive ingredients** calcium carbonate, caramel color, croscopolldone, hypromellose, magnesium stearate, maltodextrin, microcrystalline cellulose, polyethylene glycol, silicon dioxide, sodium lauryl sulfate

**STOP PEELING HERE**

**PUBLIX**

calcium polycarbophil tablet, film coated

Product Information			
Product Type	HUMAN OTC DRUG	Item Code (Source)	NDC:41415-021
Route of Administration	ORAL		

Active Ingredient/Active Moiety		
Ingredient Name	Basis of Strength	Strength
<b>CALCIUM POLYCARBOPHIL</b> (UNII: 8F049NKY49) (POLYCARBOPHIL - UNII:W25LM17A4W)	CALCIUM POLYCARBOPHIL	625 mg

Inactive Ingredients	
Ingredient Name	Strength
<b>CALCIUM CARBONATE</b> (UNII: H0G9379FGK)	
<b>CARAMEL</b> (UNII: T9D99G2B1R)	
<b>CROSPVIDONE</b> (UNII: 2S7830E561)	
<b>HYPROMELLOSE, UNSPECIFIED</b> (UNII: 3NXW29V3WO)	
<b>MAGNESIUM STEARATE</b> (UNII: 70097M6I3O)	
<b>MALTODEXTRIN</b> (UNII: 7CVR7L4A2D)	
<b>MICROCRYSTALLINE CELLULOSE</b> (UNII: OP1R32D61U)	
<b>POLYETHYLENE GLYCOL, UNSPECIFIED</b> (UNII: 3WJQ0SDW1A)	
<b>SILICON DIOXIDE</b> (UNII: ETJ7Z6XBU4)	
<b>SODIUM LAURYL SULFATE</b> (UNII: 368GB5141J)	

Product Characteristics			
<b>Color</b>	WHITE	<b>Score</b>	no score
<b>Shape</b>	OVAL	<b>Size</b>	19mm
<b>Flavor</b>		<b>Imprint Code</b>	RP120
<b>Contains</b>			

Packaging				
#	Item Code	Package Description	Marketing Start Date	Marketing End Date
1	NDC:41415-021-90	90 in 1 BOTTLE; Type 0: Not a Combination Product	05/21/2019	

Marketing Information			
Marketing Category	Application Number or Monograph Citation	Marketing Start Date	Marketing End Date
OTC Monograph Drug	M007	05/21/2019	

**Labeler** - PUBLIX SUPER MARKETS, INC (006922009)