#### PUBLIX- calcium polycarbophil tablet, film coated PUBLIX SUPER MARKETS, INC

-----

### Publix Fiber Caplets Calcium Polycarbophil

## Drug Fats

### Active Ingredient (in each caplet)

Calcium polycarbophil 625 mg

equivalent to 500 mg polycarbophil

# PURPOSE

Bulk-forming laxative

# USES

- relieves occasional constipation to help restore and maintain regularity
- this product generally produces bowel movement in 12 to 72 hours

**Choking Warning:** Taking this product without adequate fluid may cause it to swell and block your throat or esophagus and may cause choking. Do not take this product if you have difficulty in swallowing. If you experience chest pain, vomiting, or difficulty in swallowing after taking this product, seek immediate medical attention.

### Ask a doctor before use if you have

- abdominal pain, nausea, or vomiting
- a sudden change in bowel habits that persists over a period of 2 weeks

### Ask your doctor or pharmacist before use if you are

taking any other drug. Take this product 2 or more hours before or after other drugs. All laxatives may affect how other drugs work.

### When using this product

- do not use for more than 7 days unless directed by a doctor
- do not take more than 8 tablets in a 24 hour period unless directed by a doctor

# Stop use and ask a doctor if

rectal bleeding occurs or if you fail to have a bowel movement after use of this or any other laxative. These could be signs of a serious condition.

### Keep out of reach of children.

In case of overdose, get medical help or contact a Poison Control Center right away at 1-800-222-1222.

# DIRECTIONS

- take each dose of this product with at least 8 ounces (a full glass) of water or other fluid. Taking this product without enough liquid may cause choking. (See choking warning).
- this product works naturally so continued use for one to three days is normally required to provide full benefit. Dosage may vary according to diet, exercise, previous laxative use or severity of constipation.

Age	Recommended dose	Daily maximum
adults & children 12 years of	2 caplets once a day	up to 4 times a day
age and over		
children under 12 years	consult a physician	

### OTHER INFORMATION

- each caplet contains: calcium 125 mg
- store at room temperature
- protect contents from moisture

### DO NOT USE IF PRINTED SEAL UNDER CAP IS TORN OR MISSING

calcium carbonate, caramel color, crospovidone, hypromellose, magnesium stearate, maltodextrin, microcrystalline cellulose, polyethylene glycol, silicon dioxide, sodium lauryl sulfate.

#### **Questions or Comments?**

1-866-467-2748

#### PRINCIPAL DISPLAY PANEL

NDC# 41415-021-90

### **\*COMPARE TO THE ACTIVE INGREDIENTS FIBERCON® Caplets**

Fiber Caplets

#### CALCIUM POLYCARBOPHIL 625 mg

BULK-FORMING FIBER LAXATIVE

- Gentle Relief of Constipation
- Won't Cause Gas or Bloating

#### 90 CAPLETS

### DISTRIBUTED BY: PUBLIX SUPAER MARKETS, INC.,

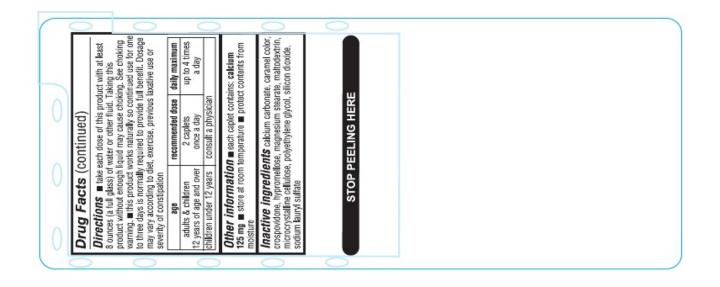
3300 PUBLIX CORPORATE PARKWAY, LAKELAND, FL 33811

## 1-888-267-3037 publix.com

### PUBLIX GUARANTEE: COMPLETE SATISFACTION OR YOUR MONEY BACK

\*This product is not manufactured or distributed by Pfizer Inc., owner of the registered trademark Fibercon<sup>®</sup> Caplets.





PUBLIX							
calcium polycarbophil tablet, f	ilm coated						
-							
Product Information							
Product Type	HUMAN OTC DRUG	Item Code (Source)	NDC:41415-021				
Route of Administration	ORAL						

<b>_</b>	nt/Active Moie	-				
	Ingredient Name B			<b>Basis of</b>	Strength	Strengt
C <b>ALCIUM POLYCARB</b> JNII:W25LM17A4W)				CALCIUM POLYCARBC	DPHIL	625 mg
nactive Ingredi	ents					
Ingredient Name						rength
ALCIUM CARBONAT	<b>FE</b> (UNII: H0G9379F	GK)				
ARAMEL (UNII: T9D9	•					
ROSPOVIDONE (UN						
IYPROMELLOSE, UN						
	-	130)				
		00100000110				
GILICON DIOXIDE (UN		<b>D</b> (UNII: 3WJQ0SDW1A)				
GODIUM LAURYL SUI	-	051411)				
		<b>.</b>				
Product Charac	teristics					
Color	WHITE	Score	Score		no score	
Shape	OVAL	Size	Size		19mm	
lavor		Imprint Code	•		RP120	
Contains						
Packaging						
# Item Code	Package	e Description	Marketi Da	ng Start Ite		ing End Ite
	0 in 1 BOTTLE; Type roduct	e 0: Not a Combination	05/21/2019			
	formation					
Marketing In			nh Marko	ting Start	Marke	ting End
Marketing In Marketing Category	Application N	lumber or Monogra Citation		Date		ate

Labeler - PUBLIX SUPER MARKETS, INC (006922009)

Revised: 11/2023