Natural Epsom Salt - Magnesium Sulfate Powder
Anhui Twowin Machinery Imp. & Exp. Co., Ltd.

Disclaimer: Most OTC drugs are not reviewed and approved by FDA, however they may be marketed if they comply with applicable regulations and policies. FDA has not evaluated whether this product complies.

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Active Ingredient ................................................................. Purpose
Magnesium Sulfate USP (Epsom Salt)
Internal Use ................................................................. Saline Laxative
External Use ................................................................. Soaking Solution

Uses (Internal)
- Relieves occasional constipation (irregularity)
- Generally produces bowel movements in 1/2 to 6 hours

Uses (External)
- Relieves pain from minor sprains and bruises

Keep this and all drugs out of the reach of children. In case of accidental overdose, seek professional assistance or contact a Poison Control Center immediately.

Directions - For Internal Use as a Laxative
- do not exceed more than 2 doses per day
- may be taken as a single daily dose or in divided doses
- dissolve each dose in a full (8 ounces) of liquid

<table>
<thead>
<tr>
<th>Age</th>
<th>Dose</th>
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<tbody>
<tr>
<td>adults and children 12 years and older</td>
<td>2 to 4 level teaspoons (10 to 20 grams) daily</td>
</tr>
<tr>
<td>children 6 to under 12 years</td>
<td>1 to 2 level teaspoons (5 to 10 grams) daily</td>
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</table>

Not recommended for children under 6 years of age.

Natural Epsom Salt
Magnesium Sulfate U.S.P.
Soaking Solution
Saline Laxative
Soothes Minor Aches, Sprains & Sore Muscles
Calming & Rejuvenating
SORE FEET RELIEF: Add one cup of Amoray Care® Epsom Salt to one gallon of warm water and soak for at least 5 minutes at a time.

BATH SOAK: Add two cups of Amoray Care® Epsom Salt under warm running bath water to release its gentle aroma. Amoray Care® Epsom Salt helps relieve tension and provides a soothing, relaxing experience. Soak for at least 20 minutes.

First Aid Compress: Dissolve 2 cups of Amoray Care® Epsom Salt into two cups of hot water to make a compress, apply as a wet dressing with a towel to: soothe bruises & sprains, take the sting out of
insect bites, draw out splinters, alleviate pain from sports and overexertion.

**Keep out of reach of children.** Where prompt relief is not obtained or where there is evidence of infection, discontinue use and consult a physician. Hot or warm soaks should not be used by individuals with diabetes except on advice of a physician. Avoid contact with eyes.

EPSOM SALT WITHOUT SCENT CAN BE APPLIED FOR BOTH INTERNAL AND EXTERNAL USE, SCENTED EPSOM SALTS CAN BE APPLIED FOR EXTERNAL USE ONLY.

Store in a cool, dry place out of direct sunlight. Package sold by weight not volume, some settling may occur during shipment. If caking occurs, tap pouch gently to free granules.

**Warnings • Ask a doctor before use if you have:**

Kidney disease

a magnesium restricted diet

abdominal pain, nausea or vomiting

noticed a sudden change in bowel habits that persists over a period of 2 weeks

already used a laxative for a period longer than 1 week

**Ask a doctor or pharmacist before use if you are presently** taking any other drug. Take this product 2 or more hours before or after other drugs. Laxatives may affect how other drugs work.

When using this product, do not use more than directed.

**Stop and consult a doctor if:**

As laxative: * you have rectal bleeding or fail to have a bowel movement after use. This may indicate a serious condition. * You need to use a laxative for more than 1 week

As soaking solution: * you have redness, irritation, swelling, or infection occurs • hot or warm soaks should not be used by individuals with diabetes except with the advice of a physician

If pregnant or breast-feeding, ask a health professional before use.

EPSOM SALT WITHOUT SCENT CAN BE APPLIED FOR BOTH INTERNAL AND EXTERNAL USE, SCENTED EPSOM SALTS CAN BE APPLIED FOR EXTERNAL USE ONLY.

**Ingredients:**

Natural Magnesium Sulfate
# NATURAL EPSOM SALT
magnesium sulfate powder

## Product Information

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<tr>
<th>Product Type</th>
<th>Item Code (Source)</th>
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<td>HUMAN OTC DRUG</td>
<td>NDC:69232-001</td>
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<tr>
<th>Route of Administration</th>
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<td>TOPICAL</td>
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## Active Ingredient/Active Moiety

<table>
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<tr>
<th>Ingredient Name</th>
<th>Basis of Strength</th>
<th>Strength</th>
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<tbody>
<tr>
<td>MAGNESIUM SULFATE (UNII: DE08037SAB)</td>
<td>MAGNESIUM SULFATE</td>
<td>10 g in 10 g</td>
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<tr>
<td>(MAGNESIUM CATION - UNII:T6V3LHY838)</td>
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## Packaging

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## Marketing Information

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<tr>
<td>OTC monograph not final</td>
<td>part334</td>
<td>10/09/2014</td>
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**Labeler** - Anhui Twowin Machinery Imp. & Exp. Co., Ltd. (421251758)

### Establishment

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<th>Name</th>
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<th>ID/FEI</th>
<th>Business Operations</th>
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<td>421251758</td>
<td>manufacture(69232-001)</td>
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Revised: 10/2014

Anhui Twowin Machinery Imp. & Exp. Co., Ltd.