

**EPSOM SALT - magnesium sulfate crystal granule**  
**Kinray, Inc.**

*Disclaimer: Most OTC drugs are not reviewed and approved by FDA, however they may be marketed if they comply with applicable regulations and policies. FDA has not evaluated whether this product complies.*

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**Drug Facts**

**Active ingredient**

Magnesium Sulfate USP (epsom salt)

**Purpose**

saline laxative

soaking solution

**Uses**

Internal

relieves occasional constipation (irregularity)

generally produces bowel movement in 1/2 to 6 hours

External

relieves pain from minor sprains and bruises

**Warnings**

ask a doctor before use if you have

kidney disease

a magnesium restricted diet

stomach pain, nausea or vomiting

noticed a sudden change in bowel habits that lasts more than one week

**Ask a doctor or pharmacist before use if you are**

presently taking a prescription drug

**when using this product**

do not use more than directed.

**Stop use and ask a doctor if**

As a laxative,

you have rectal bleeding or no bowel movement after use .

These could be a sign of a serious condition.

you need to use a laxative more than one week.

As a soaking solution,

you have redness, irritation, swelling, or infection occurs.

hot or warm soaks should not be used by individuals with diabetes except with the advice of a physician.

**If pregnant or breast feeding**

ask a health professional before use.

**keep this and all drugs out of the reach of children.**

In case of accidental overdose, seek professional assistance or contact a poison control center immediately.

**Directions**

For Internal Use as a laxative

Adults and Children 12 years of age and older                      2-4 level teaspoons dissolved in a full glass (8oz) of water.

children 6 to under 12 years    1-2 level teaspoons dissolved in a full glass (8oz) of water.

not recommended for children under 6 years of age.

For External Use as a soaking solution

Adults dissolve 1/2 cup in a quart of water, and apply wet, with towel, etc.

As a bathing solution,

2 cups added to the bath water for a refreshing bath after strenuous exertion.

**principal display panel**

Preferred Plus Pharmacy

Epsom Salts Magnesium Sulfate USP Saline Laxative

Also for External Use as a soaking solution

For relief of pain from minor sprains and bruises

Distributed by Kinray Inc. Whitestone, NY 11357

OPEN

**EPSOM SALTS**

Tamper Evident: Do not use if heat sealed carton is improperly sealed.

PUSH APART

TO OPEN

PUSH APART

OPEN

**EPSOM SALTS**

Tamper Evident: Do not use if heat sealed carton is improperly sealed.

**DairyPak**



**EPSOM SALTS**

Magnesium Sulfate U.S.P.  
(Saline Laxative)

Also for External Use  
As a Soaking Solution

For Relief of Pain From  
Minor Sprains and Bruises

**NET WT. 4 LB. (1.81 KG)**

**Drug Facts**

**Active ingredient**      **Purpose**  
Magnesium sulfate USP (epsom salt)  
Internal use.....Saline laxative  
External use.....Soaking solution

**Uses**

**Internal** • relieves occasional constipation (irregularity)  
• generally produces bowel movement in 1/2 to 6 hours

**External** • relieves pain from minor sprains and bruises

**Warnings**

**Ask a doctor before use if you have**  
• kidney disease • a magnesium restricted diet  
• stomach pain, nausea or vomiting  
• noticed a sudden change in bowel habits that lasts more than 2 weeks

**Ask a doctor or pharmacist before use if you are presently taking a prescription drug.**

**When using this product**  
• do not use more than directed


**Stop use and ask a doctor if**  
**As a Laxative** • you have rectal bleeding or failure to have a bowel movement after use. This may indicate a serious condition.  
• you need to use a laxative for more than 1 week

**As a Soaking solution** • you have redness, irritation, swelling, or infection occurs  
• hot, or warm soaks should not be used by individuals with diabetes except with the advice of a physician.

**If pregnant or breast-feeding**, ask a health professional before use.

**Keep this and all drugs out of the reach of children.** In case of accidental overdose, seek professional assistance or contact a Poison Control Center immediately.

Drug facts continued on opposite panel



**EPSOM SALTS**

Magnesium Sulfate U.S.P.  
(Saline Laxative)

Also for External Use  
As a Soaking Solution

For Relief of Pain From  
Minor Sprains and Bruises

**NET WT. 4 LB. (1.81 KG)**

**Drug Facts** (continued)

**Directions** • do not exceed more than 2 doses per day; if necessary repeat dosage in 4 hours

**For internal use**

**As a laxative:**

age	dose
adults and children 12 years and older	2-4 level teaspoons dissolved in a full glass (8oz) of water.
children 6 years to under 12 years	1-2 level teaspoons dissolved in a full glass (8oz) of water.

**Not recommended for children under 6 years of age**

**Directions**



**For external use**

**As a soaking solution:** Adults dissolve 1/2 cup in a quart of water, and apply wet, with towel, etc.

**As a bathing solution:** 2 cups added to the bath water for a refreshing bath after strenuous exertion.

**Other information** dissolve well before use

DISTRIBUTED BY: KINRAY INC. WHITESTONE, NY 11357  
Questions or Comments? 1-866-534-4631

All Preferred Plus Pharmacy products are satisfaction guaranteed or your money back from retailer where purchased.

None

<b>EPSOM SALT</b>			
magnesium sulfate crystal granule			
<b>Product Information</b>			
<b>Product Type</b>	HUMAN OTC DRUG	<b>Item Code (Source)</b>	NDC:63777-204
<b>Route of Administration</b>	ORAL, TOPICAL		
<b>Active Ingredient/Active Moiety</b>			
	<b>Ingredient Name</b>	<b>Basis of Strength</b>	<b>Strength</b>
	MAGNESIUM SULFATE (UNII: DE08037SAB) (MAGNESIUM CATION - UNII:T6V3LHY838)	MAGNESIUM SULFATE	1.81 kg in 100 kg
<b>Inactive Ingredients</b>			
	<b>Ingredient Name</b>	<b>Strength</b>	

SULFIDE ION (UNII: G15I91XETI)

### Packaging

#	Item Code	Package Description	Marketing Start Date	Marketing End Date
1	NDC:63777-204-04	1.81 kg in 1 CARTON		

### Marketing Information

Marketing Category	Application Number or Monograph Citation	Marketing Start Date	Marketing End Date
OTC monograph not final	part334	06/14/2012	

**Labeler** - Kinray, Inc. (012574513)

**Registrant** - Aaron Industries, Inc. (030119387)

### Establishment

Name	Address	ID/FEI	Business Operations
Aaron Industries, Inc.		030119387	api manufacture(63777-204) , analysis(63777-204) , label(63777-204)

Revised: 6/2012

Kinray, Inc.