

**NIGHTTIME SLEEP AID MAXIMUM STRENGTH- diphenhydramine hcl capsule
OUR FAMILY (Nash Finch Company)**

Disclaimer: Most OTC drugs are not reviewed and approved by FDA, however they may be marketed if they comply with applicable regulations and policies. FDA has not evaluated whether this product complies.

Drug Facts

Active ingredient (in each softgel)

Diphenhydramine HCl 50 mg

Purpose

Nighttime sleep-aid

Use

for relief of occasional sleeplessness.

Warnings

Do not use

- for children under 12 years of age
- with any other product containing diphenhydramine, even one used on skin

Ask a doctor before use if you have

- a breathing problem such as emphysema or chronic bronchitis
- glaucoma
- trouble urinating due to an enlarged prostate gland

Ask a doctor or pharmacist before use if you are

taking sedatives or tranquilizers.

When using this product

avoid alcoholic drinks.

Stop use and ask a doctor if

sleeplessness persists continuously for more than 2 weeks. Insomnia may be a symptom of a serious underlying medical illness.

If pregnant or breast-feeding,

ask a health professional before use.

Keep out of reach of children.

In case of overdose, get medical help or contact a Poison Control Center right away.

Directions

- adults and children 12 years of age and over: 1 softgel (50 mg) at bedtime if needed, or as directed

by a doctor

Other information

- store at 15°-30°C (59°-86°F)

Inactive ingredients

edible white ink, FD&C blue #1, gelatin, glycerin, light mineral oil*, polyethylene glycol, purified water, sorbitol-sorbitan

*may contain this ingredient

Questions or comments?

Call 1-877-753-3935 Monday-Friday 9AM-5PM EST

Principal Display Panel

**Compare to the Active Ingredient in Unisom® SleepGels®

Nighttime

Sleep-Aid

diphenhydramine hydrochloride 50 mg

MAXIMUM STRENGTH

Softgels

**This product is not manufactured or distributed by Chattem, Inc., owner of the registered trademark Unisom® SleepGels®.

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7600 FRANCE AVE S, MPLS, MN 55435

www.ourfamilyfoods.com

KEEP OUTER CARTON FOR COMPLETE WARNINGS AND PRODUCT INFORMATION.

**TAMPER EVIDENT: DO NOT USE IF IMPRINTED SAFETY SEAL UNDER CAP IS
BROKEN OR MISSING.**

Package Label

NIGHTTIME SLEEP-AID

**Compare to the Active Ingredient in Unisom® SleepGels®.

Our Family
Quality Care Since 1964

Nighttime
Sleep-Aid

diphenhydramine hydrochloride 50 mg

MAXIMUM STRENGTH



32 Softgels

KEEP OUTER CARTON FOR COMPLETE WARNINGS AND PRODUCT INFORMATION.

Our Family
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Nighttime
Sleep-Aid

diphenhydramine hydrochloride 50 mg

MAXIMUM STRENGTH

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PLD-B
F23NF32

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www.ourfamilyfoods.com MF18827

Our Family brand products, simply return to the store where purchased. We will refund your money. **PLEASE** replace the item with a like item of the brand of your choice - FREE.

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Drug Facts (continued)
Inactive ingredients edible white ink, FD&C blue #1, gelatin, glycerin, glycerol, purified water, sorbitol-sorbitan polyethylene glycol, purified water, sorbitol-sorbitan
*may contain this ingredient

Other information
store at 15-30°C (59-86°F)

Directions
adults and children 12 years of age and over: 1 softgel (50 mg) at bedtime if needed, or as directed by a doctor

Warnings
Do not use
for children under 12 years of age
with any other product containing diphenhydramine, even one used on skin

Use for relief of occasional sleeplessness.
Active ingredient (in each softgel) Diphenhydramine HCl 50 mg. Nighttime Sleep-aid
Purpose

Ask a doctor before use if you have
a breathing problem such as emphysema or chronic bronchitis
trouble urinating due to an enlarged prostate gland
glaucoma
Ask a doctor or pharmacist before use if you are taking sedatives or tranquilizers.
When using this product avoid alcoholic drinks.
Stop use and ask a doctor if sleeplessness persists continuously for more than 2 weeks.
Insomnia may be a symptom of a serious underlying medical illness.
If pregnant or breast-feeding, ask a health professional before use.
Keep out of reach of children. In case of overdose, get medical help or contact a Poison Control Center right away.



Lot No.:
Exp. Date:

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Our Family Nighttime Sleep Aid Softgel

NIGHTTIME SLEEP AID MAXIMUM STRENGTH

diphenhydramine hcl capsule

Product Information

Product Type	HUMAN OTC DRUG	Item Code (Source)	NDC:70253-236
Route of Administration	ORAL		

Active Ingredient/Active Moiety

Ingredient Name	Basis of Strength	Strength
DIPHENHYDRAMINE HYDROCHLORIDE (UNII: TC2D6JAD40) (DIPHENHYDRAMINE - UNII:8GTS82S83M)	DIPHENHYDRAMINE HYDROCHLORIDE	50 mg

Inactive Ingredients

Ingredient Name	Strength
FD&C BLUE NO. 1 (UNII: H3R47K3TBD)	
GELATIN (UNII: 2G86QN327L)	
GLYCERIN (UNII: PDC6A3C0OX)	
LIGHT MINERAL OIL (UNII: N6K5787QVP)	
POLYETHYLENE GLYCOLS (UNII: 3WJQ0SDW1A)	
WATER (UNII: 059QF0K00R)	
SORBITAN (UNII: 6O92ICV9RU)	
SORBITOL (UNII: 506T60A25R)	

Product Characteristics

Color	BLUE	Score	no score
Shape	CAPSULE	Size	13mm
Flavor		Imprint Code	P50;A99;S90
Contains			

Packaging

#	Item Code	Package Description	Marketing Start Date	Marketing End Date
1	NDC:70253-236-03	1 in 1 BOX		
1		32 in 1 BOTTLE, PLASTIC		

Marketing Information

Marketing Category	Application Number or Monograph Citation	Marketing Start Date	Marketing End Date
OTC MONOGRAPH FINAL	part341	02/01/2014	

Labeler - OUR FAMILY (Nash Finch Company) (006962294)