

**ACETAMINOPHEN PM EXTRA STRENGTH- acetaminophen, diphenhydramine
hcl tablet, film coated
ARMY AND AIR FORCE EXCHANGE SERVICE**

Exchange Select 44-235

Active ingredients (in each caplet)

Acetaminophen 500 mg
Diphenhydramine HCl 25 mg

Purpose

Pain reliever
Nighttime sleep-aid

Uses

temporary relief of occasional headaches and minor aches and pains with accompanying sleeplessness

Warnings

Liver warning: This product contains acetaminophen. Severe liver damage may occur if you take

- more than 4,000 mg of acetaminophen in 24 hours
- with other drugs containing acetaminophen
- 3 or more alcoholic drinks every day while using this product

Allergy alert: Acetaminophen may cause severe skin reactions. Symptoms may include:

- skin reddening
- blisters
- rash

If a skin reaction occurs, stop use and seek medical help right away.

Do not use

- with any other product containing diphenhydramine, even one used on skin
- in children under 12 years of age
- with any other drug containing acetaminophen (prescription or nonprescription). If you are not sure whether a drug contains acetaminophen, ask a doctor or pharmacist.
- if you have ever had an allergic reaction to this product or any of its ingredients

Ask a doctor before use if you have

- a breathing problem such as emphysema or chronic bronchitis

- liver disease
- glaucoma
- difficulty in urination due to enlargement of the prostate gland

Ask a doctor or pharmacist before use if you are

- taking the blood thinning drug warfarin
- taking sedatives or tranquilizers

When using this product

- avoid alcoholic beverages
- drowsiness will occur
- do not drive a motor vehicle or operate machinery

Stop use and ask a doctor if

- sleeplessness persists continuously for more than 2 weeks. Insomnia may be a symptom of a serious underlying medical illness.
- new symptoms occur
- redness or swelling is present
- pain gets worse or lasts more than 10 days
- fever gets worse or lasts more than 3 days

These could be signs of a serious condition.

If pregnant or breast-feeding,

ask a health professional before use.

Keep out of reach of children.

In case of accidental overdose, get medical help or contact a Poison Control Center right away. Prompt medical attention is critical for adults as well as for children even if you do not notice any signs or symptoms.

Directions

- **do not take more than directed**
- adults and children 12 years and over: take 2 caplets at bedtime. Do not take more than 2 caplets of this product in 24 hours.
- children under 12 years: do not use

Other information

- store at 25°C (77°F); excursions permitted between 15°-30°C (59°-86°F)
- see end flap for expiration date and lot number

Inactive ingredients

colloidal silicon dioxide, corn starch, croscarmellose sodium, FD&C blue #1 aluminum lake, microcrystalline cellulose, polyethylene glycol, polyvinyl alcohol, povidone, stearic acid, talc, titanium dioxide

Questions or comments?

1-800-426-9391

Principal Display Panel

exchange/√**select**[™]

Compare To The Active Ingredients of
Extra Strength Tylenol[®] PM*

**Extra Strength
Acetaminophen PM**

Acetaminophen 500 mg
Diphenhydramine HCl 25 mg
Pain Reliever/Nighttime Sleep-Aid

Actual Size

50 Caplets

Contains no aspirin • Non-habit forming

√**quality value**

*This product is not manufactured or distributed
by Johnson & Johnson Corporation, owner of the
registered trademark Extra Strength Tylenol[®] PM.

50844 REV0521P23515

"SATISFACTION GUARANTEED OR YOUR MONEY BACK"

Manufactured For Your Military Exchanges
Distributed by: LNK International, Inc.
Hauppauge, NY 11788
1-800-426-9391

**TAMPER EVIDENT: DO NOT USE IF IMPRINTED
SAFETY SEAL UNDER CAP IS BROKEN OR MISSING**



ACETAMINOPHEN PM EXTRA STRENGTH

acetaminophen, diphenhydramine hcl tablet, film coated

Product Information

Product Type	HUMAN OTC DRUG	Item Code (Source)	NDC:55301-235
Route of Administration	ORAL		

Active Ingredient/Active Moiety

Ingredient Name	Basis of Strength	Strength
ACETAMINOPHEN (UNII: 362O9ITL9D) (ACETAMINOPHEN - UNII:362O9ITL9D)	ACETAMINOPHEN	500 mg
DIPHENHYDRAMINE HYDROCHLORIDE (UNII: TC2D6JAD40) (DIPHENHYDRAMINE - UNII:8GTS82S83M)	DIPHENHYDRAMINE HYDROCHLORIDE	25 mg

Inactive Ingredients

Ingredient Name	Strength
SILICON DIOXIDE (UNII: ETJ7Z6XBU4)	
STARCH, CORN (UNII: O8232NY3SJ)	
CROSCARMELOSE SODIUM (UNII: M28OL1HH48)	
FD&C BLUE NO. 1 ALUMINUM LAKE (UNII: J9EQA3S2JM)	
MICROCRYSTALLINE CELLULOSE (UNII: OP1R32D61U)	
POLYETHYLENE GLYCOL, UNSPECIFIED (UNII: 3WJQ0SDW1A)	
POLYVINYL ALCOHOL, UNSPECIFIED (UNII: 532B59J990)	
POVIDONE, UNSPECIFIED (UNII: FZ989GH94E)	
STEARIC ACID (UNII: 4ELV7Z65AP)	
TALC (UNII: 7SEV7J4R1U)	
TITANIUM DIOXIDE (UNII: 15FIX9V2JP)	

Product Characteristics

Color	blue	Score	no score
Shape	OVAL	Size	17mm
Flavor		Imprint Code	44;235
Contains			

Packaging

#	Item Code	Package Description	Marketing Start Date	Marketing End Date
1	NDC:55301-235-15	1 in 1 CARTON	05/15/1994	
1		50 in 1 BOTTLE, PLASTIC; Type 0: Not a Combination Product		
2	NDC:55301-235-06	200 in 1 BOTTLE, PLASTIC; Type 0: Not a Combination Product	05/15/1994	

Marketing Information

Marketing Category	Application Number or Monograph Citation	Marketing Start Date	Marketing End Date
OTC Monograph Drug	M013	05/15/1994	

Labeler - ARMY AND AIR FORCE EXCHANGE SERVICE (001695568)

Establishment

Name	Address	ID/FEI	Business Operations
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LNK International, Inc.		038154464	pack(55301-235)
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Establishment

Name	Address	ID/FEI	Business Operations
LNK International, Inc.		832867837	manufacture(55301-235) , pack(55301-235)

Establishment

Name	Address	ID/FEI	Business Operations
LNK International, Inc.		832867894	manufacture(55301-235)

Establishment

Name	Address	ID/FEI	Business Operations
LNK International, Inc.		868734088	manufacture(55301-235)

Establishment

Name	Address	ID/FEI	Business Operations
LNK International, Inc.		967626305	pack(55301-235)

Revised: 11/2023

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