

TENSION HEADACHE RELIEF- acetaminophen and caffeine tablet

SPIRIT PHARMACEUTICALS LLC

VALUMEDS™ TENSION HEADACHE RELIEF

Drug Facts

Active ingredients (in each caplet)

Acetaminophen 500 mg
Caffeine 65 mg

Purposes

Pain reliever
Pain reliever aid

Uses

- temporarily relieves minor aches and pains due to:
- headache
- muscular aches

Warnings

Liver Warning: This product contains acetaminophen. Severe liver damage may occur if you take.

- more than 6 caplets in 24 hours, which is the maximum daily amount.
- with other drugs containing acetaminophen
- 3 or more alcoholic drinks every day while using this product

Allergy alert: Acetaminophen may cause severe skin reactions.

Symptoms may include:

- skin reddening
- blisters
- rash

If a skin reaction occurs, stop use and seek medical help right away.

Caffeine warning: The recommended dose of this product contains about as much caffeine as a cup of coffee. Limit the use of caffeine-containing medications, foods, beverages while taking this product because too much caffeine may cause nervousness, irritability, sleeplessness, and, occasionally, rapid heartbeat.

Do not use

- if you are allergic to acetaminophen
- with any other drug containing acetaminophen (prescription or nonprescription). If you are not sure whether a drug contains acetaminophen, ask a doctor or pharmacist.

Ask a doctor before use if you have

- liver disease

Ask a doctor or pharmacist before use if you are

- taking the blood thinning drug warfarin

Stop use and ask a doctor if

- any new symptoms occur
- painful area is red or swollen
- pain gets worse or lasts more than 10 days
- fever gets worse or lasts for more than 3 days

These could be signs of a serious condition

If pregnant or breast feeding,

ask a health professional before use.

Keep Out of Reach of Children

In case of overdose, get medical help or contact a Poison Control Center right away. Quick medical attention is critical for adults as well as for children even if you do not notice any signs or symptoms. 1(800)222-1222

Directions

- **do not use more than directed**
- adults and children 12 years and over; take 2 caplets every 6 hours; not more than 6 caplets in 24 hours
- children under 12 years: ask a doctor

Other information

- store at 20°-25°C (68°-77°F)
- close cap tightly after use
- read all product information before using. Keep this box for important information.

Inactive ingredients

colloidal silicon dioxide, croscarmellose sodium, D&C Red#27, FD&C Blue#2, FD&C Yellow#6, magnesium stearate, microcrystalline cellulose, polyethylene glycol, polyvinyl alcohol, povidone, pregelatinized starch, purified water, stearic acid, talc, titanium dioxide

Questions or comments?

1-888-333-9792

PRINCIPAL DISPLAY PANEL**VALUMEDS™**

Compare to the active ingredients in EXCEDRIN® TENSION HEADACHE*

Tension Headache Relief

Acetaminophen & Caffeine

Pain Reliever/ Pain reliever aid

24 caplets

DISTRIBUTED BY

SPIRIT PHARMACEUTICALS LLC.

RONKONKOMA, NY 11779



TENSION HEADACHE RELIEF			
acetaminophen and caffeine tablet			
Product Information			
Product Type	HUMAN OTC DRUG	Item Code (Source)	NDC:68210-0190

Route of Administration	ORAL
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Active Ingredient/Active Moiety

Ingredient Name	Basis of Strength	Strength
ACETAMINOPHEN (UNII: 362O9ITL9D) (ACETAMINOPHEN - UNII:362O9ITL9D)	ACETAMINOPHEN	500 mg
CAFFEINE (UNII: 3G6A5W338E) (CAFFEINE - UNII:3G6A5W338E)	CAFFEINE	65 mg

Inactive Ingredients

Ingredient Name	Strength
SILICON DIOXIDE (UNII: ETJ7Z6XBU4)	
CROSCARMELLOSE SODIUM (UNII: M28OL1HH48)	
D&C RED NO. 27 (UNII: 2LRS185U6K)	
FD&C BLUE NO. 2 (UNII: L06K8R7DQK)	
FD&C YELLOW NO. 6 (UNII: H77VEI93A8)	
MAGNESIUM STEARATE (UNII: 70097M6I30)	
MICROCRYSTALLINE CELLULOSE (UNII: OP1R32D61U)	
POLYETHYLENE GLYCOL, UNSPECIFIED (UNII: 3WJQ0SDW1A)	
POLYVINYL ALCOHOL, UNSPECIFIED (UNII: 532B59J990)	
POVIDONE K30 (UNII: U725QWY32X)	
STARCH, PREGELATINIZED CORN (UNII: O8232NY3SJ)	
WATER (UNII: 059QF0KO0R)	
STEARIC ACID (UNII: 4ELV7Z65AP)	
TALC (UNII: 7SEV7J4R1U)	
TITANIUM DIOXIDE (UNII: 15FIX9V2JP)	

Product Characteristics

Color	red	Score	no score
Shape	OVAL (CAPSULE SHAPED TABLET)	Size	18mm
Flavor		Imprint Code	S431
Contains			

Packaging

#	Item Code	Package Description	Marketing Start Date	Marketing End Date
1	NDC:68210-0190-2	1 in 1 CARTON	04/10/2018	
1		24 in 1 BOTTLE, PLASTIC; Type 0: Not a Combination Product		

Marketing Information

Marketing Category	Application Number or Monograph Citation	Marketing Start Date	Marketing End Date
OTC Monograph Drug	M013	04/10/2018	

