

SLEEP AID NIGHTTIME- diphenhydramine hcl tablet, film coated
Better Living Brands, LLC

Signature Care 44-367

Active ingredient (in each caplet)

Diphenhydramine HCl 25 mg

Purpose

Nighttime sleep-aid

Uses

- for relief of occasional sleeplessness
- reduces time to fall asleep if you have difficulty falling asleep

Warnings

Do not use

- for children under 12 years of age
- with any other product containing diphenhydramine, even one used on skin

Ask a doctor before use if you have

- glaucoma
- a breathing problem such as emphysema or chronic bronchitis
- difficulty in urination due to enlargement of the prostate gland

Ask a doctor or pharmacist before use if you are

taking sedatives or tranquilizers.

When using this product

avoid alcoholic beverages.

Stop use and ask a doctor if

sleeplessness persists continuously for more than 2 weeks. Insomnia may be a symptom of a serious underlying medical illness.

If pregnant or breast-feeding,

ask a health professional before use.

Keep out of reach of children.

In case of overdose, get medical help or contact a Poison Control Center right away.

Directions

- **do not take more than directed**
- adults and children 12 years and over: take 2 caplets at bedtime if needed or as directed by a doctor
- children under 12 years: do not use

Other information

- **each caplet contains:** calcium 30 mg
- protect from moisture
- store at 25°C (77°F); excursions permitted between 15°-30°C (59°-86°F)
- see end flap for expiration date and lot number

Inactive ingredients

corn starch, dibasic calcium phosphate dihydrate, FD&C blue #1 aluminum lake, magnesium stearate, microcrystalline cellulose, polyethylene glycol, polyvinyl alcohol, silicon dioxide, stearic acid, talc, titanium dioxide

Questions or comments?

1-800-426-9391

Principal Display Panel

Signature

care®

Quality Guaranteed

Compare to

Simply Sleep®

active ingredient*

NDC 21130-763-12

Nighttime

Sleep Aid

DIPHENHYDRAMINE HCl 25 mg

Nighttime Sleep-Aid

- Safe, Effective & Non-habit Forming
- Helps You Fall Asleep
- Not for treating Pain, Cold or Flu

Actual Size

100 CAPLETS

**TAMPER EVIDENT: DO NOT USE IF IMPRINTED
SAFETY SEAL UNDER CAP IS BROKEN OR MISSING**

*This product is not manufactured or distributed by
Johnson & Johnson Corporation, distributors of
Simply Sleep®.

50844 REV1019F36712

DISTRIBUTED BY
BETTER LIVING BRANDS LLC
P.O. BOX 99, PLEASANTON, CA 94566-0009
1-888-723-3929
www.betterlivingbrandsLLC.com

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Quality Guaranteed

Nighttime Sleep Aid

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Quality Guaranteed

Nighttime Sleep Aid

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B-1817-367-12-S

REV1019F36712

Drug Facts (continued)

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KEEP OUTER PACKAGE FOR COMPLETE PRODUCT INFORMATION

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SLEEP AID NIGHTTIME

diphenhydramine hcl tablet, film coated

Product Information

Product Type	HUMAN OTC DRUG	Item Code (Source)	NDC:21130-763
Route of Administration	ORAL		

Active Ingredient/Active Moiety				
Ingredient Name			Basis of Strength	Strength
DIPHENHYDRAMINE HYDROCHLORIDE (UNII: TC2D6JAD40) (DIPHENHYDRAMINE - UNII:8GTS82S83M)			DIPHENHYDRAMINE HYDROCHLORIDE	25 mg
Inactive Ingredients				
Ingredient Name				Strength
STARCH, CORN (UNII: O8232NY3SJ)				
DIBASIC CALCIUM PHOSPHATE DIHYDRATE (UNII: O7TSZ97GEP)				
FD&C BLUE NO. 1 ALUMINUM LAKE (UNII: J9EQA3S2JM)				
MAGNESIUM STEARATE (UNII: 70097M6I30)				
MICROCRYSTALLINE CELLULOSE (UNII: OP1R32D61U)				
POLYETHYLENE GLYCOL, UNSPECIFIED (UNII: 3WJQ0SDW1A)				
POLYVINYL ALCOHOL, UNSPECIFIED (UNII: 532B59J990)				
SILICON DIOXIDE (UNII: ETJ7Z6XBU4)				
STEARIC ACID (UNII: 4ELV7Z65AP)				
TALC (UNII: 7SEV7J4R1U)				
TITANIUM DIOXIDE (UNII: 15FIX9V2JP)				
Product Characteristics				
Color	blue	Score	no score	
Shape	OVAL	Size	11mm	
Flavor		Imprint Code	44;367	
Contains				
Packaging				
#	Item Code	Package Description	Marketing Start Date	Marketing End Date
1	NDC:21130-763-08	2 in 1 CARTON	06/10/2000	
1		12 in 1 BLISTER PACK; Type 0: Not a Combination Product		
2	NDC:21130-763-12	1 in 1 CARTON	06/10/2000	
2		100 in 1 BOTTLE, PLASTIC; Type 0: Not a Combination Product		
3	NDC:21130-763-06	1 in 1 CARTON	06/10/2000	
3		200 in 1 BOTTLE; Type 0: Not a Combination Product		
Marketing Information				
Marketing Category		Application Number or Monograph Citation	Marketing Start Date	Marketing End Date
OTC Monograph Drug		M010	06/10/2000	

Labeler - Better Living Brands, LLC (009137209)

Establishment

Name	Address	ID/FEI	Business Operations
LNK International, Inc.		038154464	pack(21130-763)

Establishment

Name	Address	ID/FEI	Business Operations
LNK International, Inc.		832867837	manufacture(21130-763) , pack(21130-763)

Establishment

Name	Address	ID/FEI	Business Operations
LNK International, Inc.		832867894	manufacture(21130-763)

Establishment

Name	Address	ID/FEI	Business Operations
LNK International, Inc.		868734088	manufacture(21130-763)

Establishment

Name	Address	ID/FEI	Business Operations
LNK International, Inc.		967626305	pack(21130-763)

Establishment

Name	Address	ID/FEI	Business Operations
LNK International, Inc.		117025878	manufacture(21130-763)

Revised: 9/2023

Better Living Brands, LLC