

**SLEEP- aesculus hippocastanum, flos, ferrum phos, kali carb, kali phos, mag phos, nat mur, populus termula, flos, prunus cerasifera, flos spray  
Siddha Flower Essences LLC**

*Disclaimer: This homeopathic product has not been evaluated by the Food and Drug Administration for safety or efficacy. FDA is not aware of scientific evidence to support homeopathy as effective.*

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**Drug Facts**

**Active Ingredient**

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Each dose contains equal parts of:

Aesculus hippocastanum, flos (White Chestnut) 5X HPUS

Ferrum Phos 12X HPUS

Kali Carb 6C HPUS

Kali Phos 6X HPUS

Mag Phos 12X HPUS

Nat Mur 6X HPUS

Populus termula, flos (Aspen) 5X HPUS

Prunus cerasifera, flos 5X HPUS

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**Purpose**

Each dose contains equal parts of:

Aesculus hippocastanum, flos (White Chestnut) 5X HPUS.....can't sleep because of thoughts going around in head

Ferrum Phos 12X HPUS.....restlessness and sleeplessness; anxious dreams

Kali Carb 6C HPUS.....agitated sleep; sleepless after 2 a.m.

Kali Phos 6X HPUS.....sleeplessness from excessive mental exertion; worry over business troubles; from nervous exhaustion

Mag Phos 12X HPUS.....sleep disturbed by

troublesome dreams

Nat Mur 6X HPUS.....drowsiness during day;  
difficulty falling asleep; agitated sleep

Populus termula, flos (Aspen) 5X HPUS.....imagination runs wild

Prunus cerasifera, flos (Cherry Plum) 5X HPUS.....feeling blocked or  
congested inside

The letters HPUS indicate ingredients are in the Homeopathic Pharmacopoeia of the  
United States.

### **Uses**

- temporarily relieves symptoms of
- occasional sleeplessness
- agitated sleep
- sleeplessness from mental exertion
- drowsiness during day
- anxious dreams
- persistent unwanted thoughts

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indications are based on homeopathic materia medica, not clinical tests.

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### **Warnings**

**Stop use and ask a doctor** if symptoms persist or worsen

**If pregnant or breast-feeding** ask a health professional before use

**Keep out of reach of children**

### **Directions**

- spray in mouth at bedtime
- for maximum effect spray in mouth one hour before bed and again at bedtime
- can also be used after waking up in the middle of the night
- use 5 days per week until symptoms are relieved

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adults and children 12 years and over 4-5 sprays per dose

children 2 years to under 12 years 2-3 sprays per dose

children under 2 years

consult a doctor

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### **Other Information**

- do not use if plastic seal around cap is broken or missing.
- store in a cool, dry place.

### **Inactive Ingredients**

Dandelion\*, German Chamomile\*, Licorice\*, Lotus\*, Natural Flavor, Purified Water, Sandalwood\*, Valerian\*, Ylang Ylang\*

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\*flower essence

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*Questions or Comments?*

**Call 800.570.0021**

**Between 9am-5pm PST**

**info@siddhaflowers.com**

**siddhaflowers.com**

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MFD by Siddha Flower Essences  
Oxnard, CA 93030

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**Made in USA**

### **Side Panel**

homeopathy and flower essences:

- Jump start your body's natural ability to heal
- Natural, safe and non-habit forming
- No contraindications. May be effectively used with drugs and other supplements
- Alcohol, sugar, dairy and gluten free
- Prepared in purified water with natural preservatives
- Blends time-tested natural medicine with modern technology

- One month supply

## **FOUNDATIONAL REMEDIES**

*may be used with targeted remedies*

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stress relief  
*daily alignment*

emotional detox  
*deep-seated stress*

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## **TARGETED REMEDIES**

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sleep	male virility
healthy hair	blood sugar
female balance	lung and sinus
muscles and joints	throat and voice
youthful skin	teeth and gums
happy heart	hearing
digestion	sight

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## **Principal Display Panel**

**100% natural - no alcohol**

**siddha** cell salts + flower essences

### **sleep**

Difficulty Falling Asleep  
Restless and Sleepless  
Agitated Sleep

**sugar, dairy and gluten free**

**Homeopathic Remedy**

**1 US fl oz (29.6mL)**



one who is the  
excellent dream



sleep  
homeopathic oral spray

non GMO • no alcohol

NDC: 69779-012-01



sleep

Difficulty Falling Asleep  
Restless & Sleepless  
Agitated Sleep

sugar, dairy & gluten free

Homeopathic Remedy  
1 US fl oz (29.6mL)

homeopathy & flower essences:

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FOUNDATIONAL REMEDIES  
*may be used with targeted remedies*

stress relief  
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TARGETED REMEDIES

sleep	male balance
healthy hair	blood sugar
female balance	lung & sinus
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Drug Facts

Active Ingredient Purpose

Each dose contains equal parts of:  
Aesculus hippocastanum, flos 5X HPUS ..... can't sleep because of thoughts going around in head

Ferrum Phos 12X HPUS ..... restlessness and sleeplessness; anxious dreams

Kali Carb 6C HPUS ..... agitated sleep; sleepless after 2 a.m.

Kali Phos 6X HPUS ..... sleeplessness from excessive mental exertion; worry over business troubles; from nervous exhaustion

Mag Phos 12X HPUS ..... sleep disturbed by troublesome dreams

Nat Mur 6X HPUS ..... drowsiness during day; difficulty falling asleep; agitated sleep

Populus tremuloides, flos 5X HPUS ..... (Aspen) imagination runs wild

Prunus cerasifera, flos 5X HPUS ..... feeling (Cherry Plum) blocked or congested inside

The letters HPUS indicate ingredients are in the Homeopathic Pharmacopoeia of the United States

Uses • temporarily relieves symptoms of

- occasional sleeplessness
  - agitated sleep
  - sleeplessness from mental exertion
  - drowsiness during day
  - anxious dreams
  - persistent unwanted thoughts
- indications are based on homeopathic materia medica, not clinical tests.

Warnings

Stop use and ask a doctor if symptoms persist or worsen

If pregnant or breast-feeding ask a health professional before use

Keep out of reach of children →

Drug Facts (continued)

Directions

- spray in mouth at bedtime
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adults and children 4-5 sprays per dose

children 2 years to 2-3 sprays per dose

children under 2 years consult a doctor

Other Information

- do not use if plastic seal around cap is broken or missing.
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Inactive Ingredients

Dandelion\*, German Chamomile\*, Licorice\*, Lotus\*, Natural Flavor, Purified Water, Sandalwood\*, Valerian\*, Ylang Ylang\*

\* flower essence

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MFD by Siddha Flower Essences

Oxnard, CA 93030

Made in USA



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Lot No.

With Love & Gratitude





**Drug Facts**

**Active Ingredient..... Purpose**

Each dose contains equal parts of:

Aspen, flos 6X HPUS\* ..... imagination runs wild  
 Cherry Plum, flos 5X HPUS\* ..... feeling blocked or congested inside  
 Ferrum Phos 12X HPUS\* ..... restlessness and sleeplessness; anxious dreams  
 Kali Carb 6C HPUS\* ..... agitated sleep; sleepless after 2 a.m.  
 Kali Phos 6X HPUS\* ..... sleeplessness from excessive mental exertion; worry over business troubles; from nervous exhaustion  
 Mag Phos 12X HPUS\* ..... sleep disturbed by troublesome dreams  
 Nat Mur 6X HPUS\* ..... drowsiness during day; difficulty falling asleep; agitated sleep  
 White Chestnut, flos 5X HPUS\* ..... can't sleep because of thoughts going around in head

\*The letters HPUS indicate that these ingredients are officially monographed in the Homeopathic Pharmacopoeia of the United States.

**Uses** temporarily relieves symptoms of  
 • occasional sleeplessness • agitated sleep • sleeplessness from mental exertion • drowsiness during day  
 • anxious dreams • persistent unwanted thoughts

Indications are based on homeopathic materia medica, not clinical tests.

**Warnings**  
 Stop use and ask a doctor if symptoms persist or worsen

DO NOT use if seal is broken.

LOT# S01-03818-A

Keep out of reach of children

## SLEEP

aesculus hippocastanum, flos, ferrum phos, kali carb, kali phos, mag phos, nat mur, populus termula, flos, prunus cerasifera, flos spray

### Product Information

<b>Product Type</b>	HUMAN OTC DRUG	<b>Item Code (Source)</b>	NDC:69779-012
<b>Route of Administration</b>	ORAL		

### Active Ingredient/Active Moiety

Ingredient Name	Basis of Strength	Strength
<b>AESCULUS HIPPOCASTANUM FLOWER</b> (UNII: KK0Z92II8M) (AESCULUS HIPPOCASTANUM FLOWER - UNII:KK0Z92II8M)	AESCULUS HIPPOCASTANUM FLOWER	5 [hp_X] in 29.6 mL
<b>FERROSOFERRIC PHOSPHATE</b> (UNII: 91GQH8I5F7) (FERROSOFERRIC PHOSPHATE - UNII:91GQH8I5F7)	FERROSOFERRIC PHOSPHATE	12 [hp_X] in 29.6 mL
<b>POTASSIUM CARBONATE</b> (UNII: BQN1B9B9HA) (CARBONATE ION - UNII:7UJQ5OPE7D)	POTASSIUM CARBONATE	6 [hp_C] in 29.6 mL
<b>POTASSIUM PHOSPHATE, DIBASIC</b> (UNII: CI71S98N1Z) (POTASSIUM CATION - UNII:295O53K152)	POTASSIUM PHOSPHATE, DIBASIC	6 [hp_X] in 29.6 mL
<b>MAGNESIUM PHOSPHATE, DIBASIC TRIHYDRATE</b> (UNII: HF539G9L3Q) (MAGNESIUM CATION - UNII:T6V3LHY838)	MAGNESIUM PHOSPHATE, DIBASIC TRIHYDRATE	12 [hp_X] in 29.6 mL

<b>SODIUM CHLORIDE</b> (UNII: 451W47IQ8X) (SODIUM CATION - UNII:LYR4M0NH37)	SODIUM CHLORIDE	6 [hp_X] in 29.6 mL
<b>POPULUS TREMULA FLOWERING TOP</b> (UNII: 5Q01F7TPJJ) (POPULUS TREMULA FLOWERING TOP - UNII:5Q01F7TPJJ)	POPULUS TREMULA FLOWERING TOP	5 [hp_X] in 29.6 mL
<b>PRUNUS CERASIFERA FLOWER</b> (UNII: 0KD7R09EAS) (PRUNUS CERASIFERA FLOWER - UNII:0KD7R09EAS)	PRUNUS CERASIFERA FLOWER	5 [hp_X] in 29.6 mL

### Inactive Ingredients

Ingredient Name	Strength
<b>TARAXACUM OFFICINALE FLOWERING TOP</b> (UNII: DQS85W46HV)	
<b>MATRICARIA RECUTITA FLOWERING TOP</b> (UNII: 3VNC7T6Z02)	
<b>LICORICE</b> (UNII: 61ZBX54883)	
<b>NELUMBO NUCIFERA FLOWER</b> (UNII: 61W322NLDV)	
<b>WATER</b> (UNII: 059QF0KO0R)	
<b>SANDALWOOD</b> (UNII: 3641YW25N2)	
<b>VALERIAN</b> (UNII: JWF5YAW3QW)	
<b>CANANGA ODORATA FLOWER</b> (UNII: 76GTF6Z97M)	

### Packaging

#	Item Code	Package Description	Marketing Start Date	Marketing End Date
1	NDC:69779-012-01	1 in 1 CARTON	04/09/2015	
1		29.6 mL in 1 BOTTLE; Type 0: Not a Combination Product		
2	NDC:69779-012-02	1 in 1 CARTON	04/03/2019	
2		7.5 mL in 1 BOTTLE; Type 0: Not a Combination Product		

### Marketing Information

Marketing Category	Application Number or Monograph Citation	Marketing Start Date	Marketing End Date
unapproved homeopathic		04/09/2015	

**Labeler** - Siddha Flower Essences LLC (053674034)

**Registrant** - Siddha Flower Essences LLC (053674034)

### Establishment

Name	Address	ID/FEI	Business Operations
Siddha Flower Essences LLC		053674034	manufacture(69779-012)