OB COMPLETE PREMIER- .beta.-carotene, calcium ascorbate, cholecalciferol, .alpha.-tocopherol succinate, d-, thiamine mononitrate, riboflavin, niacinamide, pyridoxine hydrochloride, folic acid, cyanocobalamin, calcium malate, iron, ferrous asparto glycinate, magnesium malate, zinc glycinate, and copper tablet, coated **Vertical Pharmaceuticals, LLC** 

**OB Complete<sup>®</sup> Premier** 

# SUPPLEMENT FACTS

Supplement Fact	S	u	p	p		e	m	e	n	t	F	a	C	t	S
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Serving Size: 1 Tablet Servings Per Box: 30

	Amount per Serving	% DV for Pregnant and Lactating Women
Vitamin A (as Beta Carotene) 630	mcg RAE (2100 IU)	48%
Vitamin C (as Calcium Ascorbate)	120 mg	100%
Calcium (as DimaCal® di-Calcium Malate)	100 mg	8%
Vitamin D (as Cholecalciferol)	20 mcg (800 IU)	133%
Vitamin E (as d-Alpha Tocopheryl Succina	te) 13 mg <sup>†</sup> (20 IU)	68%
Thiamin (as Thiamine Mononitrate)	2 mg	143%
Riboflavin	3.4 mg	213%
Niacin (as Niacinamide)	10 mg NE	56%
Vitamin B6 (as Pyridoxine HCI)	10 mg	500%
Folate (Fe	1667 mcg DFE olic Acid 1000 mcg)	278%
Vitamin B12 (as Cyanocobalamin)	15 mcg	536%
Iron (as Ferronyl <sup>®</sup> Carbonyl Iron 30 mg an Sumalate <sup>®</sup> ** Ferrous Asparto Glycinate 20		185%
Magnesium (as Di-Magnesium Malate)*	15 mg	4%
Zinc (as TRAACS® Zinc Glycinate Chelate	e)* 10 mg	77%
Copper (as Copper Glycinate)	1 mg	77%
† Equal to mg alpha-tocopherol		

Other Ingredients: Microcrystalline Cellulose, DiCal Phosphate, Croscarmellose Sodium, Pink Color Coating (Hydroxypropylmethyl Cellulose, Polyvinyl Alcohol, Titanium Dioxide, Polyethylene Glycol, Talc and FDC Red #40 Lake), Fumed Silica, Stearic Acid, Magnesium Stearate, Acacia and Povidone K30.

# VEGETARIAN FRIENDLY

# **GLUTEN-, LACTOSE- AND SUGAR-FREE**

OB Complete® Premier is a prescription multivitamin/multimineral indicated for use in improving the nutritional status of women prior to conception, throughout pregnancy, and in the postnatal period for both lactating and non-lactating mothers.

# CONTRAINDICATIONS

OB Complete® Premier should not be used by patients with a known hypersensitivity to any of the listed ingredients.

#### WARNINGS

WARNING: Accidental overdose of iron-containing products is a leading cause of fatal poisoning in children under 6. KEEP OUT OF REACH OF CHILDREN. In case of accidental overdose, call a doctor or poison control center immediately.

#### **PRECAUTIONS**

Folic acid alone is improper therapy in the treatment of pernicious anemia and other megaloblastic anemias where vitamin  $B_{12}$  is deficient. Folic acid in doses above 0.1 mg daily may obscure pernicious anemia in that hematologic remission can occur while neurologic manifestations remain progressive. Allergic sensitization has been reported following both oral and parenteral administration of folic acid.

The patient's medical conditions and consumption of other drugs, herbs, and/or supplements should be considered.

#### DRUG INTERACTIONS

OB Complete® Premier tablets are not recommended for and should not be given to patients receiving levodopa because the action of levodopa is antagonized by pyridoxine. There is a possibility of increased bleeding due to pyridoxine interaction with anticoagulants (e.g., Aspirin, Heparin, Clopidogrel).

#### **ADVERSE REACTIONS**

Adverse reactions have been reported with specific vitamins and minerals but generally at levels substantially higher than those contained herein. However, allergic and idiosyncratic reactions are possible at lower levels. Iron, even at the usual recommended levels, has been associated with gastrointestinal intolerance in some patients.

#### DESCRIPTION

OB Complete® Premier is pink tablet, imprinted "VP043".

# **DIRECTIONS FOR USE**

One tablet daily or as directed by a physician.

# **HOW SUPPLIED**

OB Complete® Premier is supplied in a carton of 30 tablets, packaged in 3 child resistant unit-dose blister cards of 10 tablets per card.

Product Code: 68025-043-30

### **STORAGE**

Store at controlled room temperature 15°-30°C (59°-86°F) [See USP]. Protect from light, moisture and excessive heat.

# KEEP THIS PRODUCT OUT OF REACH OF CHILDREN.

\*DimaCal and TRAACS are registered trademarks of Albion International, Inc. Malates covered by U.S. Patent No. 6,706,904. Chelate covered by U.S. Patent No. 7,838,042 and patents pending.

\*\*Sumalate® (Ferrous Asparto Glycinate) is a registered trademark of Albion International, Inc. and is covered by the following patents: U.S. Pat. No. 6,716,814; U.S. Pat. No. 8,007,846 and U.S. Pat. No. 8,425,956.

# For use on the order of a healthcare practitioner

Call your doctor about side effects. To report side effects, call Vertical Pharmaceuticals at 1-770-509-4500 or FDA at 1-800-FDA-1088 or www.fda.gov/medwatch.

Distributed by: Vertical Pharmaceuticals, LLC Alpharetta, GA 30005



# PRINCIPAL DISPLAY PANEL - 30 Tablet Blister Pack Carton 68025-043-30

Vegetarian Friendly, Gluten, Lactose and Sugar-Free

OB COMPLETE® *Premier* 

30 Tablets

**VERTICAL**PHARMACEUTICALS, LLC



# **OB COMPLETE PREMIER**

.beta.-carotene, calcium ascorbate, cholecalciferol, .alpha.-tocopherol succinate, d-, thiamine mononitrate, riboflavin, niacinamide, pyridoxine hydrochloride, folic acid, cyanocobalamin, calcium malate, iron, ferrous asparto glycinate, magnesium malate, zinc glycinate, and copper tablet, coated

Product Information						
Product Type	DIETARY SUPPLEMENT	Item Code (Source)	NHRIC:68025-043			
Route of Administration	ORAL					

Active Ingredient/Active Moiety					
Ingredient Name	<b>Basis of Strength</b>	Strength			
BETA CAROTENE (UNII: 01YAE03M7J) (BETA CAROTENE - UNII:01YAE03M7J)	BETA CAROTENE	2100 [iU]			
CALCIUM ASCORBATE (UNII: 183E4W213W) (ASCORBIC ACID - UNII:PQ6CK8PD0R)	ASCORBIC ACID	120 mg			
CHOLECALCIFEROL (UNII: 1C6V77QF41) (CHOLECALCIFEROL - UNII:1C6V77QF41)	CHOLECALCIFEROL	800 [iU]			
.ALPHATOCOPHEROL SUCCINATE, D- (UNII: LU4B53JYVE) (.ALPHATOCOPHEROL, D UNII:N9PR3490H9)	.ALPHATOCOPHEROL, D-	20 [iU]			
THIAMINE MONONITRATE (UNII: 8K0I04919X) (Thiamine ION - UNII:4ABT0J945J)	THIAMINE	2 mg			
RIBOFLAVIN (UNII: TLM29760FR) (RIBOFLAVIN - UNII:TLM29760FR)	RIBOFLAVIN	3.4 mg			
NIACINAMIDE (UNII: 25X5118RD4) (NIACINAMIDE - UNII:25X5118RD4)	NIACINAMIDE	10 mg			
PYRIDOXINE HYDROCHLORIDE (UNII: 68Y4CF58BV) (PYRIDOXINE - UNII: KV2JZ 1BI6Z)	PYRIDOXINE HYDROCHLORIDE	10 mg			
FOLIC ACID (UNII: 935E97BOY8) (FOLIC ACID - UNII:935E97BOY8)	FOLIC ACID	1 mg			
CYANOCOBALAMIN (UNII: P6YC3EG204) (CYANOCOBALAMIN - UNII:P6YC3EG204)	CYANOCOBALAMIN	15 ug			
CALCIUM MALATE (UNII: D48OP746DW) (CALCIUM CATION - UNII:2M83C4R6ZB)	CALCIUM CATION	100 mg			
IRON PENTACARBONYL (UNII: 6WQ62TAQ6Z) (FERROUS CATION - UNII:GW89581OWR)	FERROUS CATION	30 mg			
FERROUS ASPARTO GLYCINATE (UNII: H7426RGB3L) (FERROUS CATION - UNII:GW895810WR)	FERROUS CATION	20 mg			
MAGNESIUM MALATE (UNII: LA9X9UJA2Z) (MAGNESIUM CATION - UNII:T6V3LHY838)	MAGNESIUM CATION	15 mg			
ZINC GLYCINATE (UNII: 681VJX72FE) (ZINC CATION - UNII:13S1S8SF37)	ZINC CATION	10 mg			
CUPRIC GLYCINATE (UNII: 68VAV8QID7) (CUPRIC CATION - UNII:8CBV67279L)	CUPRIC CATION	1 mg			

Inactive Ingredients					
Ingredient Name	Strength				
CELLULOSE, MICROCRYSTALLINE (UNII: OP1R32D61U)					
CALCIUM PHOSPHATE (UNII: 97Z1W3NDX)					
CROSCARMELLOSE SODIUM (UNII: M280L1HH48)					
HYPROMELLOSES (UNII: 3NXW29V3WO)					
POLYVINYL ALCOHOL, UNSPECIFIED (UNII: 532B59J990)					
TITANIUM DIOXIDE (UNII: 15FIX9V2JP)					
POLYETHYLENE GLYCOL, UNSPECIFIED (UNII: 3WJQ0SDW1A)					
TALC (UNII: 7SEV7J4R1U)					
FD&C RED NO. 40 (UNII: WZB9127XOA)					
SILICON DIOXIDE (UNII: ETJ7Z6XBU4)					
STEARIC ACID (UNII: 4ELV7Z65AP)					
MAGNESIUM STEARATE (UNII: 70097M6I30)					
ACACIA (UNII: 5C5403N26O)					
POVIDONE K30 (UNII: U725QWY32X)					

	Packaging								
	# Item Code	Package Description	<b>Marketing Start Date</b>	<b>Marketing End Date</b>					
l	<b>1</b> NHRIC:68025-043-30	3 in 1 CARTON							
	1	10 in 1 BLISTER PACK							
	1	10 in 1 BLISTER PACK							

Marketing Information							
Application Number or Monograph Citation	Marketing Start Date	Marketing End Date					
	12/31/2010						
	Application Number or Monograph	Application Number or Monograph Marketing Start Citation Date					

Supplement Facts						
Serving Size :		Serving per Container :				
	<b>Amount Per Serving</b>	% Daily Value				
color						
imprint						
scoring	1					
shape						
size (solid drugs)	19 mm					

**Labeler -** Vertical Pharmaceuticals, LLC (173169017)

Revised: 2/2022 Vertical Pharmaceuticals, LLC