### HARRIS TEETER ACID REDUCER- lans oprazole capsule, delayed release Harris Teeter, LLC

-----

### Harris Teeter, LLC Acid Reducer Drug Facts

### Active ingredient (in each capsule)

Lansoprazole 15 mg

### Purpose

Acid reducer

### Use

- treats frequent heartburn (occurs <u>2 or more</u> days a week)
- not intended for immediate relief of heartburn; this drug may take 1 to 4 days for full effect

### Warnings

**Allergy alert**: Do not use if you are allergic to lansoprazole

#### Do not use

• if you have trouble or pain swallowing food, vomiting with blood, or bloody or black stools. These may be signs of a serious condition. See your doctor.

### Ask a doctor before use if you have

- liver disease
- had heartburn over 3 months. This may be a sign of a more serious condition.
- heartburn with **lightheadedness**, **sweating or dizziness**
- chest pain or shoulder pain with shortness of breath; sweating; pain spreading to arms, neck or shoulders; or lightheadedness
- frequent chest pain
- frequent wheezing, particularly with heartburn
- unexplained weight loss
- nausea or vomiting
- stomach pain

### Ask a doctor or pharmacist before use if you are

• taking a prescription drug. Acid reducers may interact with certain prescription drugs.

### Stop use and ask a doctor if

- your heartburn continues or worsens
- you need to take this product for more than 14 days
- you need to take more than 1 course of treatment every 4 months

- you get diarrhea
- you develop a rash or joint pain

### If pregnant or breast-feeding,

ask a health professional before use.

### Keep out of reach of children.

In case of overdose, get medical help or contact a Poison Control Center right away (1-800-222-1222).

### **Directions**

- adults 18 years of age and older
- this product is to be used once a day (every 24 hours), every day for 14 days
- it may take 1 to 4 days for full effect, although some people get complete relief of symptoms within 24 hours

### **14-Day Course of Treatment**

- swallow 1 capsule with a glass of water before eating in the morning
- take every day for 14 days
- do not take more than 1 capsule a day
- swallow whole. Do not crush or chew capsules.
- do not use for more than 14 days unless directed by your doctor

### **Repeated 14-Day Courses (if needed)**

- you may repeat a 14-day course every 4 months
- do not take for more than 14 days or more often than every 4 months unless directed by a doctor
- children under 18 years of age: ask a doctor before use. Heartburn in children may sometimes be caused by a serious condition.

### Other information

- read the directions, warnings and package insert before use
- keep the carton and package insert. They contain important information.
- store at 20-25°C (68-77°F)
- keep product out of high heat and humidity
- protect product from moisture
- close cap tightly after use

### **Inactive ingredients**

D&C red no. 28, D&C yellow no. 10, FD&C blue no. 1, gelatin, hypromellose, low substituted hydroxypropyl cellulose, mannitol, meglumine, methacrylic acid copolymer, pharmaceutical ink, polyethylene glycol, polysorbate 80, sodium lauryl sulfate, sugar spheres, talc, titanium dioxide

### Questions or comments?

#### **Consumer Information**

### Treats Frequent Heartburn

### Lansoprazole

### Delayed-Release Capsules 15 mg / Acid Reducer

- May take 1 to 4 days for full effect
- Sodium Free

## Please read the entire package insert before taking Lansoprazole Delayed-Release Capsules 15 mg.

Save for future reference.

### How Lansoprazole Delayed-Release Capsules 15 mg Treats Your Frequent Heartburn

Lansoprazole Delayed-Release Capsules 15 mg stops acid production at the source – the **pumps** that release acid into the stomach. Lansoprazole Delayed-Release Capsules 15 mg is taken once a day (every 24 hours), every day for 14 days.

### What You Can Expect When Taking Lansoprazole Delayed-Release Capsules 15 mg

Frequent heartburn can occur anytime during the 24-hour period (day or night). Take Lansoprazole Delayed-Release Capsules 15 mg in the morning before eating. Lansoprazole Delayed-Release Capsules 15 mg is clinically proven to treat frequent heartburn. Although some people get complete relief of symptoms within 24 hours, it may take 1 to 4 days for full effect. Make sure you take Lansoprazole Delayed-Release Capsules 15 mg every day for 14 days to treat your frequent heartburn.

### Who Should Take Lansoprazole Delayed-Release Capsules 15 mg

Adults (18 years and older) with **frequent heartburn** – when you have heartburn 2 or more days a week.

### Who Should NOT Take Lansoprazole Delayed-Release Capsules 15 mg

People who have one episode of heartburn a week or less, or who want immediate relief of heartburn.

### How to Take Lansoprazole Delayed-Release Capsules 15 mg

#### 14-DAY Course of Treatment

- Swallow 1 capsule with a glass of water before eating in the morning.
- Take every day for 14 days.
- Do not take more than 1 capsule a day.
- Swallow whole. Do not crush or chew capsules.
- Do not use for more than 14 days unless directed by your doctor.

### When to Take Lansoprazole Delayed-Release Capsules 15 mg Again

You may repeat a 14-day course of therapy every 4 months.

### When to Talk to Your Doctor

Do not take for more than 14 days or more often than every 4 months unless directed by a doctor.

### Warnings and When to Ask Your Doctor

**Allergy alert:** Do not use if you are allergic to lansoprazole

Do not use

• if you have trouble or pain swallowing food, vomiting with blood, or bloody or black stools. These may be signs of a serious condition. See your doctor.

### Ask a doctor before use if you have

- liver disease
- had heartburn over 3 months. This may be a sign of a more serious condition.
- heartburn with **lightheadedness**, **sweating or dizziness**
- chest pain or shoulder pain with shortness of breath; sweating; pain spreading to arms, neck or shoulders; or lightheadedness
- frequent chest pain
- frequent wheezing, particularly with heartburn
- unexplained weight loss
- nausea or vomiting
- stomach pain

### Ask a doctor or pharmacist before use if you are

• taking a prescription drug. Acid reducers may interact with certain prescription drugs.

### Stop use and ask a doctor if

- your heartburn continues or worsens
- you need to take this product for more than 14 days
- you need to take more than 1 course of treatment every 4 months
- you get diarrhea
- you develop a rash or joint pain

**If pregnant or breast-feeding,** ask a health professional before use.

**Keep out of reach of children.** In case of overdose, get medical help or contact a Poison Control Center right away (1-800-222-1222).

### **Tips for Managing Heartburn**

- Avoid foods or drinks that are more likely to cause heartburn, such as rich, spicy, fatty and fried foods, chocolate, caffeine, alcohol and even some acidic fruits and vegetables.
- Eat slowly and do not eat big meals.
- Do not eat late at night or just before bedtime.
- Do not lie flat or bend over soon after eating.
- Raise the head of your bed.
- Wear loose-fitting clothing around your stomach.
- If you are overweight, lose weight.
- If you smoke, quit smoking.

### Clinical studies prove Lansoprazole Delayed-Release Capsules 15 mg effectively treats frequent heartburn

In three clinical studies, Lansoprazole Delayed-Release Capsules 15 mg was shown to be significantly better than placebo in treating frequent heartburn.

### How Lansoprazole Delayed-Release Capsules 15 mg is Sold

Lansoprazole Delayed-Release Capsules 15 mg is available in 14 capsule, 28 capsule and 42 capsule sizes. These sizes contain one, two and three 14-day courses of treatment, respectively. Do not use for more than 14 days in a row unless directed by your doctor. For the 28 count (two 14-day courses) and the 42 count (three 14-day courses), you may repeat a 14-day course every 4 months.

# For Questions or Comments About Lansoprazole Delayed-Release Capsules 15 mg Call 1-800-719-9260

Distributed By

Perrigo®

Allegan, MI 49010

:3T300 00 J6

### Package/Label Principal Display Panel

Treats Frequent Heartburn

24 HR LANSOPRAZOLE DELAYED-RELEASE CAPSULES 15 mg ACID REDUCER

May take 1 to 4 days for full effect

Sodium Free

Compare to the active ingredient in Prevacid® 24 HR

**ACTUAL SIZE** 

Three 14-Day Courses of Treatment

42 CAPSULES



lansoprazole capsule, delayed release

<b>Product Information</b>	oduct Information			
Product Type	HUMAN OTC DRUG	Item Code (Source)	NDC:69256-401	
Route of Administration	ORAL			

Active Ingredient/Active Moiety			
Ingredient Name	Basis of Strength	Strength	
LANSOPRAZOLE (UNII: 0K5C5T2QPG) (LANSOPRAZOLE - UNII:0K5C5T2QPG)	LANSOPRAZOLE	15 mg	

Inactive Ingredients		
Ingredient Name	Strength	
<b>D&amp;C RED NO. 28</b> (UNII: 767IP0 Y5NH)		
D&C YELLOW NO. 10 (UNII: 35SW5USQ3G)		
FD&C BLUE NO. 1 (UNII: H3R47K3TBD)		
GELATIN, UNSPECIFIED (UNII: 2G86QN327L)		
HYPROMELLOSE, UNSPECIFIED (UNII: 3NXW29V3WO)		
LOW-SUBSTITUTED HYDROXYPROPYL CELLULOSE, UNSPECIFIED (UNII: 2165RE0K14)		
MANNITOL (UNII: 30 WL53L36 A)		
MEGLUMINE (UNII: 6 HG8 UB2MUY)		
POLYETHYLENE GLYCOL, UNSPECIFIED (UNII: 3WJQ0SDW1A)		
POLYSORBATE 80 (UNII: 6OZP39ZG8H)		
SODIUM LAURYL SULFATE (UNII: 368GB5141J)		
TALC (UNII: 7SEV7J4R1U)		
TITANIUM DIO XIDE (UNII: 15FIX9 V2JP)		

Product Characteristics			
Color	PINK, GREEN	Score	no score
Shape	CAPSULE	Size	16 mm
Flavor		Imprint Code	L3T3
Contains			

P	Packaging			
#	Item Code	Package Description	<b>Marketing Start Date</b>	<b>Marketing End Date</b>
1	NDC:69256-401-01	1 in 1 CARTON	03/30/2015	
1		14 in 1 BOTTLE; Type 0: Not a Combination Product		
2	NDC:69256-401-03	3 in 1 CARTON	09/29/2017	
2		14 in 1 BOTTLE; Type 0: Not a Combination Product		

Marketing Information			
Marketing Category	Application Number or Monograph Citation	Marketing Start Date	Marketing End Date
ANDA	ANDA202319	03/30/2015	

### Labeler - Harris Teeter, LLC (048463103)

Revised: 4/2020 Harris Teeter, LLC