

HEALTHMART MUCUS RELIEF FM- acetaminophen, dextromethorphan hbr, guaifenesin, phenylephrine hcl tablet

Mckesson

Disclaimer: Most OTC drugs are not reviewed and approved by FDA, however they may be marketed if they comply with applicable regulations and policies. FDA has not evaluated whether this product complies.

Mucus Relief FM

Active ingredients (in each caplet)

Acetaminophen 325 mg

Dextromethorphan HBr 10 mg

Guaifenesin 200 mg

Phenylephrine HCl 5 mg

Purpose

Pain reliever/Fever reducer

Cough Suppressant

Expectorant

Nasal decongestant

Uses

- temporarily relieves these common cold and flu symptoms:
- nasal congestion
- cough
- headache
- sore throat
- minor aches and pains
- temporarily reduces fever
- helps loosen (mucus) and thin bronchial secretions to drain bronchial tubes and make coughs more productive.

Warnings

Liver warning: This product contains acetaminophen. severe liver damage may occur if you take:

- more than 12 caplets in 24 hours, which is maximum daily amount
- with other drugs containing acetaminophen
- 3 or more alcoholic drinks daily while using this product
- **Sore throat warning:** if sore throat is severe, persists for more than 2 days, is accompanied or followed by fever, headache, rash, nausea or vomiting, consult a doctor promptly.

Do not use

- **with any other drug containing acetaminophen** (prescription or non prescription). If you are not sure whether a drug contains acetaminophen, ask a doctor or pharmacist.
- if you are now taking a prescription monoamine oxidase inhibitor (MAOI) (certain drugs for depression, psychiatric, or emotional conditions or parkinson's disease), or for 2 weeks after

stopping the MAOI drug. If you do not know if your prescription drug contains an MAOI, ask a doctor or pharmacist before taking this product.

Ask a doctor before use if you have

- liver disease
- heart disease
- high blood pressure
- thyroid disease
- diabetes
- trouble urinating due to an enlarged prostate gland
- persistent or chronic cough such as occurs with smoking, asthma, chronic bronchitis or emphysema
- cough that occurs with too much phlegm (mucus)

Ask a doctor or pharmacist before use if

you are taking the blood thinning drug warfarin

When using this product

do not use more than directed

Stop use and ask a doctor if

- nervousness, dizziness or sleeplessness occur
- pain, nasal congestion or cough gets worse or lasts more than 7 days
- fever gets worse or lasts more than 3 days
- redness or swelling is present
- new symptoms occur
- cough comes back, or occurs with rash or persistent headache. These could be signs of a serious condition.

If pregnant or breast-feeding,

ask a health professional before use. Keep out of reach of children.

Overdose warning:

Taking more than the recommended dose (overdose) may cause liver damage. In case of overdose, get medical help or contact a poison control center right away. Quick medical attention is critical for adults as well as for children even if you do not notice any signs or symptoms.

Directions

- do not take more than directed (see overdose warning)
- do not take more than 12 caplets in any 24 hour period
- Adults and children 12 years and older: take 2 caplets every 4 hours.
- Children under 12 years of age: do not use

Other information

- tamper evident: do not use if individual blister units are broken or open
- store between 15-30°C(59-86°F)

Inactive ingredients

Colloidal silicon dioxide, croscarmellose sodium, crospovidone, FD&C blue 1 aluminum lake, magnesium stearate, maltodextrin, microcrystalline cellulose, polyethylene glycol, polyvinyl alcohol, povidone, stearic acid, talc, titanium dioxide. May contain methacrylic acid copolymer, sodium bicarbonate

PDP

Health Mart

compare to Mucinex Fast-Max™ Cold, Flu and Sore Throat active ingredients

for ages 12+

mucus relief FM

adult cold, flu and sore throat

acetaminophen.....pain reliever/Fever reducer

dextromethorphan HBr.....cough Suppressant

guaifenesin...expectorant

phenylephrine HCl.....nasal congestion

soothing relief for headache, fever, cough, nasal and chest congestion

thins and loosens mucus

20 Caplets

NDC 62011-0219-1



Health Mart.
PHARMACY

compare to Mucinex® Fast-Max™
cold, flu & sore throat
caplets active ingredients*

for ages 12+

mucus relief FM

adult cold, flu & sore throat

acetaminophen...pain reliever/fever reducer
dextromethorphan HBr...cough suppressant
guaifenesin...expectorant
phenylephrine HCl...nasal decongestant



soothing relief for
headache, fever, cough,
nasal & chest congestion
thins & loosens mucus

20 caplets

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One Post Street, San Francisco, CA 94104
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www.healthmart.com/healthmartbrand

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for LOT & EXP
information

Drug Facts

Active Ingredients (In each caplet) Purpose

Acetaminophen 325 mg.....	Pain reliever/fever reducer
Dextromethorphan HBr 10 mg.....	Cough suppressant
Guaifenesin 200 mg.....	Expectorant
Phenylephrine HCl 5 mg.....	Nasal decongestant

Uses

- temporarily relieves these common cold and flu symptoms:
 - nasal congestion
 - cough
 - headache
 - sore throat
 - minor aches and pains
- temporarily reduces fever
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- with other drugs containing acetaminophen
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Do not use

- with any other drug containing acetaminophen (prescription or nonprescription). If you are not sure whether a drug contains acetaminophen, ask a doctor or pharmacist.
- if you are now taking a prescription monoamine oxidase inhibitor (MAOI) (certain drugs for depression, psychiatric, or emotional conditions, or Parkinson's disease), or for 2 weeks after stopping the MAOI drug. If you do not know if your prescription drug contains an MAOI, ask a doctor or pharmacist before taking this product.

Ask a doctor before use if you have

- liver disease
- thyroid disease
- diabetes
- high blood pressure
- heart disease
- trouble urinating due to an enlarged prostate gland
- persistent or chronic cough such as occurs with smoking, asthma, chronic bronchitis or emphysema
- cough that occurs with too much phlegm (mucus)

Drug Facts (continued)

Ask a doctor or pharmacist before use if you are taking the blood thinning drug warfarin.

When using this product do not use more than directed.

Stop use and ask a doctor if

- nervousness, dizziness or sleeplessness occur
 - pain, nasal congestion or cough gets worse or lasts more than 7 days
 - fever gets worse or lasts more than 3 days
 - redness or swelling is present
 - new symptoms occur
 - cough comes back, or occurs with rash or persistent headache.
- These could be signs of a serious condition.

If pregnant or breast-feeding, ask a health professional before use. Keep out of reach of children.

Overdose warning: Taking more than the recommended dose (overdose) may cause liver damage. In case of overdose, get medical help or contact a Poison Control Center right away. Quick medical attention is critical for adults as well as for children even if you do not notice any signs or symptoms.

Directions

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Inactive Ingredients

colloidal silicon dioxide, croscarmellose sodium, crospovidone, FD&C blue #1 aluminum lake, magnesium stearate, maltodextrin, microcrystalline cellulose, polyethylene glycol, polyvinyl alcohol, povidone, stearic acid, talc, titanium dioxide. May contain methacrylic acid copolymer, sodium bicarbonate.

*This product is not manufactured or distributed by Reckitt Benckiser, the distributor of Mucinex® Fast-Max™ Cold, Flu and Sore Throat Caplets.

KEEP OUTER PACKAGE FOR COMPLETE PRODUCT INFORMATION

196 REV 0413



MFR# 53041 REV 0513

HEALTHMART MUCUS RELIEF FM

acetaminophen, dextromethorphan hbr, guaifenesin, phenylephrine hcl tablet

Product Information

Product Type	HUMAN OTC DRUG	Item Code (Source)	NDC:62011-0219
Route of Administration	ORAL		

Active Ingredient/Active Moiety

Ingredient Name	Basis of Strength	Strength
ACETAMINOPHEN (UNII: 362O9ITL9D) (ACETAMINOPHEN - UNII:362O9ITL9D)	ACETAMINOPHEN	325 mg
DEXTROMETHORPHAN HYDROBROMIDE (UNII: 9D2RTI9KYH) (DEXTROMETHORPHAN - UNII:7355X3ROTS)	DEXTROMETHORPHAN HYDROBROMIDE	10 mg
GUAIFENESIN (UNII: 495W7451VQ) (GUAIFENESIN - UNII:495W7451VQ)	GUAIFENESIN	200 mg
PHENYLEPHRINE HYDROCHLORIDE (UNII: 04JA59TNSJ) (PHENYLEPHRINE - UNII:1WS297W6MV)	PHENYLEPHRINE HYDROCHLORIDE	5 mg

Inactive Ingredients

Ingredient Name	Strength
COLLOIDAL SILICON DIOXIDE (UNII: ETJ7Z6XBU4)	
CROSCARMELLOSE SODIUM (UNII: M28OL1HH48)	
CROSPVIDONE (UNII: 68401960MK)	
FD&C BLUE NO. 1 (UNII: H3R47K3TBD)	
MAGNESIUM STEARATE (UNII: 70097M6I30)	
MALTODEXTRIN (UNII: 7CVR7L4A2D)	
CELLULOSE, MICROCRYSTALLINE (UNII: OP1R32D61U)	
POLYETHYLENE GLYCOLS (UNII: 3WJQ0SDW1A)	
POLYVINYL ALCOHOL (UNII: 532B59J990)	
POVIDONE (UNII: FZ989GH94E)	
STEARIC ACID (UNII: 4ELV7Z65AP)	
TALC (UNII: 7SEV7J4R1U)	
TITANIUM DIOXIDE (UNII: 15FIX9V2JP)	

Other Ingredients

Ingredient Kind	Ingredient Name	Quantity
May contain	METHACRYLIC ACID (UNII: 1CS02G8656)	
May contain	SODIUM BICARBONATE (UNII: 8MDF5V39QO)	

Product Characteristics

Color	blue	Score	no score
Shape	capsule	Size	19mm
Flavor		Imprint Code	G196
Contains			

Packaging

#	Item Code	Package Description	Marketing Start Date	Marketing End Date
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1	NDC:62011-0219-1	2 in 1 CARTON		
1		10 in 1 BLISTER PACK		

Marketing Information

Marketing Category	Application Number or Monograph Citation	Marketing Start Date	Marketing End Date
OTC monograph final	part341	04/04/2013	

Labeler - Mckesson (177667227)

Revised: 4/2014

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